

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 100 Boys 11 & Under 400 LC Meter Freestyle					Event 100 Boys 12-13 400 LC Meter Freestyle					
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time		
1	Poultney, Matthew	11	Curro Aquatics-CP	5:10.05		2	Loots, Noah C	4:44.69		
	35.29	1:14.79	1:55.74	2:36.50		1:05.35	1:41.70	2:18.15	2:55.36	
	3:16.72	3:55.96	4:33.55	5:10.05		3:32.41	4:09.23	4:44.69		
2	Steyn, Harry	11	Curro Aquatics-CP	5:10.84		3	Van Zyl, Daniël R	4:44.97		
	33.62	1:12.03	1:52.25	2:32.16		1:07.38	2:20.54	3:34.17	4:44.97	
	3:12.92	3:53.28	4:33.09	5:10.84		2:57.65	3:34.32	4:46.65		
3	Mallin, Lukas	10	Swimlab-CP	5:12.80		4	Oaten, Rourke	4:46.65		
	34.86	1:14.35	1:54.26	2:35.65		1:09.19	1:46.10	2:23.41		
	3:15.24	3:55.64	4:34.76	5:12.80		2:57.65	3:34.32	4:46.65		
4	Daniels, Tylan H	11	Aqua Dolphin-CP	5:21.29		5	Boshoff, Keanu A	4:53.62		
	36.51	1:16.42	1:57.19	2:38.47		31.45	1:06.95	1:43.25	2:20.47	
	3:19.31	4:00.93	4:42.08	5:21.29		2:57.86	3:35.88	4:15.49	4:53.62	
5	Van Onselen, Pierre S	11	Tygers-CP	5:23.82		6	Mccollum, Aiden I	4:54.55		
	35.11	1:16.28	1:57.57	2:39.20		1:10.76	1:47.75	2:26.02	3:03.53	
	3:20.61	4:02.49	4:44.87	5:23.82		3:41.73	4:19.03	4:54.55		
6	Bond, Ben L	10	ROA-ED	5:33.16		7	Allott, Jaydon K	4:54.72		
	36.65	1:18.75		2:02.30		1:08.62	2:23.53	3:40.07	4:54.72	
	4:11.80	5:33.16				3:03.11	3:40.93	4:18.35	4:54.79	
7	Skordis, Boyd A	10	Aqua Dolphin-CP	5:39.66		8	Smit, Reynard-Gray	4:54.79		
	38.80	1:21.91	2:05.98	2:50.26		32.23	1:09.07	1:46.94	2:25.13	
	3:33.92	4:16.58	4:59.33	5:39.66		3:03.11	3:40.93	4:18.35	4:54.79	
8	Joyce, Guy	10	Curro Aquatics-CP	5:42.38		9	Trower, Michael	4:55.15		
		38.28		1:21.19		32.23	1:08.64	1:46.30	2:24.28	
		2:05.56	5:42.38			3:02.50	3:41.81	4:19.19	4:55.15	
9	Van Wyngaard, Daniël C	10	ROA-ED	5:42.90		10	Wagener, Tiaan H	4:56.87		
	37.78	1:20.64	2:05.24	2:50.70		32.64	1:09.53	1:47.37	2:25.89	
	3:34.72	4:19.74	5:04.24	5:42.90		3:04.61	3:43.34	4:21.29	4:56.87	
10	Poultney, Daniel	9	Curro Aquatics-CP	5:51.06		11	Van Wyk, Jack R	4:59.37		
	39.34	1:23.10	2:08.60	2:53.86		1:09.07	2:25.32	3:42.50	4:59.37	
	3:38.91	4:24.00	5:08.01	5:51.06		32.81	1:09.15	1:47.53	2:26.34	
11	Gerber, Luke M	11	Curro Aquatics-CP	5:51.15			3:05.05	3:43.93	4:22.48	4:59.40
	38.22	1:21.84	2:06.85	2:51.90		31.94	1:09.50	1:47.37	2:26.57	
	3:37.85	4:23.53	5:08.03	5:51.15		3:04.54	3:43.82	4:22.24	4:59.48	
12	Viljoen, Jagger F	11	Aqua Sharks-CP	5:52.42		12	Faulkner, Callum E	4:59.40		
	40.87	1:25.24	2:10.02	2:53.80		32.81	1:09.15	1:47.53	2:26.34	
	3:38.23	4:22.70	5:52.42			3:05.05	3:43.93	4:22.48	4:59.40	
13	Coetzee, Tristan R	11	Fish Eagle-ED	5:57.92		13	Hahn, Kyle H	4:59.48		
	37.99	1:23.58	2:11.29	2:56.78		31.94	1:09.50	1:47.37	2:26.57	
	3:43.93	4:31.15	5:16.67	5:57.92		3:04.54	3:43.82	4:22.24	4:59.48	
14	Heunis, Johan C	11	Barracudas-CP	5:58.11		14	Pautz, Benjamin R	4:59.82		
	38.32	1:23.57	2:10.07	2:57.53		33.53	1:10.82	1:48.96	2:27.08	
	3:44.28	4:32.03	5:17.20	5:58.11		3:05.42	3:44.20	4:22.88	4:59.82	
15	Van der Merwe, Logan	11	Tygers-CP	6:04.16		15	Barnard, Daniël B	5:00.81		
	39.49	1:25.07	2:12.28	2:59.78		34.43	1:12.50	1:51.35	2:29.70	
	3:45.99	4:33.61	5:20.43	6:04.16		3:08.68	3:47.05	4:24.96	5:00.81	
16	Kuhn, Adrian-Brand	10	Curro Aquatics-CP	6:10.38		16	Fletcher, Tyler D	5:01.63		
	39.54	1:25.70	2:13.61			32.89	1:10.90	1:49.05	2:27.11	
	3:49.17	4:36.77	5:24.20	6:10.38		3:04.78	3:42.67	4:23.32	5:01.63	
Event 100 Boys 12-13 400 LC Meter Freestyle					Event 100 Boys 12-13 400 LC Meter Freestyle					
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time		
1	Breebaart, Joshua	12	Curro Aquatics-CP	4:43.87		17	Du Plessis, Paul	5:02.07		
	1:07.73	2:20.38	3:33.32	4:43.87		32.82	1:09.65	1:47.59	2:26.93	
						3:06.17	3:46.65	4:25.32	5:02.07	
					18	Viljoen, Llewelyn	5:02.12			
						32.89	1:10.90	1:49.05	2:27.11	
						3:04.78	3:42.67	4:23.32	5:01.63	
					19	Hough, Caleb	5:02.52			
						1:05.31	1:43.14	2:21.97	3:01.98	
						3:42.06	4:22.68	5:02.52		
					20	Schaefer, Daniel C	5:03.02			
						33.30	1:10.81	1:49.01	2:28.04	
						3:06.92	3:46.31	4:25.52	5:03.02	
					21	Bright, Michael C	5:03.03			
						33.45	1:11.40	1:50.41	2:29.26	
						3:07.95	3:47.72	4:26.74	5:03.03	
					22	Boshoff, Mickayle C	5:03.30			
						33.79	1:12.01	1:50.89	2:29.35	
						3:08.74	3:48.68	4:27.86	5:03.30	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 100 Boys 12-13 400 LC Meter Freestyle)

Name	Age	Team	Finals Time	
23 Wright, Jonah S	13	Tygers-CP	5:03.43	
24 Barnard, Theo J	12	Swartland Aquati-WC	5:03.72	
			33.67	1:11.32
			1:50.75	2:29.81
			3:08.25	3:47.29
			4:26.26	5:03.72
25 Lichthart, Nicus	13	Quick Silver-CP	5:04.03	
26 Spencer, Marcus W	13	Cybersmart-CP	5:05.72	
27 Vd Watt, Earle	12	Curro Aquatics-CP	5:06.49	
			33.81	1:11.60
			1:50.62	2:29.81
			3:09.27	3:49.26
			4:29.91	5:06.49
28 van Rensburg, Tristan	12	Curro Aquatics-CP	5:09.66	
			33.40	1:12.59
			1:52.93	2:33.50
			3:14.25	3:55.11
			4:33.50	5:09.66
29 Balt, Christiaan O	13	Players-TS	5:14.19	
30 Parr, Colbyn S	13	Knysna Aquatics-ED	5:14.83	
			33.38	1:11.64
			1:51.41	2:31.47
			3:12.77	3:53.25
			4:35.40	5:14.83
31 Bosch, Ewan Y	12	Tygers-CP	5:16.04	
			34.45	1:13.71
			1:53.81	2:34.85
			3:15.78	3:57.33
			4:37.87	5:16.04
32 Weber, Daniel	13	Players-CE	5:16.36	
			33.72	1:12.74
			1:53.08	2:34.47
			3:15.19	3:55.93
			4:37.13	5:16.36
33 February, Dillon S	12	Curro Aquatics-CP	5:17.65	
			34.81	1:14.26
			1:55.05	2:35.00
			3:15.27	3:56.85
			4:38.26	5:17.65
34 Hodgskiss, Fin J	13	SSISA-CP	5:18.29	
			32.85	1:10.39
			1:48.60	2:28.63
			3:09.62	3:52.02
			4:35.08	5:18.29
35 Stander, Christiaan L	12	Aquasharks Winel-CE	5:21.37	
			34.76	1:14.65
			1:55.62	2:37.50
			3:18.90	4:01.52
			4:41.80	5:21.37
36 Heunis, Le Roux	12	Tygers-CP	5:24.21	
			34.94	1:17.16
			1:58.52	2:41.32
			3:22.28	4:04.44
			4:44.94	5:24.21
37 Visagie, Dian	12	Swartland Aquati-WC	5:25.72	
			35.55	1:15.18
			1:56.72	2:38.61
			3:20.59	4:02.84
			4:45.48	5:25.72
38 Visser, Wessel M	13	Uwc-CP	5:29.34	
39 Van Vondel, Roland	13	Tygers-CP	5:30.62	
			37.08	1:19.52
			2:01.41	2:43.41
			4:08.59	4:50.02
			4:50.02	5:30.62
40 Du Randt, Zack S	13	Tygers-CP	5:33.14	
			33.58	1:13.42
			1:55.04	2:38.03
			3:21.45	4:49.94
			4:49.94	5:33.14
41 Coates, Caleb	12	Fish Eagle-ED	5:33.60	
			35.95	1:17.14
			2:00.52	2:43.69
			3:28.11	4:11.94
			4:54.91	5:33.60
42 Douries, Ean	13	Curro Aquatics-CP	5:34.13	
			36.75	1:16.82
			1:57.49	2:39.40
			3:22.38	4:06.12
			4:50.24	5:34.13
43 Gamielidien, Idreess	13	Marlin-CP	5:36.44	
			35.48	1:16.45
			1:58.46	2:41.08
			3:24.92	4:09.44
			4:53.84	5:36.44
44 Harvey, Waylon	13	Cybersmart-CP	5:40.03	
			36.52	1:19.08
			2:03.35	2:47.93
			3:31.72	4:16.53
			4:59.74	5:40.03

45 Lamminga, Jack	13	TaperGo-WC	5:55.71	
			39.62	2:08.36
			3:39.43	4:26.29
			5:11.34	5:55.71
--- Van Dyk, Stephaan	13	Blouberg Marlins-CP	DNF	
			Swimmer did not finish	
--- VerLoren Van Themaat, Hein	12	Lane Leader-CE	NS	

Event 100 Men 14-15 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	4:27.00	
			1:03.25	2:11.57
			3:19.52	4:27.00
2 Dos-Santos, Andrei	15	Cybersmart-CP	4:29.68	
			1:01.77	2:09.98
			3:20.30	4:29.68
3 Yeowart, Seth W	14	Curro Aquatics-CP	4:31.03	
			1:03.77	2:12.55
			3:22.66	4:31.03
4 Snyders, Kyle	14	TaperGo-WC	4:33.94	
			1:05.20	2:16.11
			3:26.72	4:33.94
5 Smith, Sebastian N	15	Tygers-CP	4:34.94	
			1:04.87	2:14.56
			3:25.49	4:34.94
6 Yeowart, Luke D	14	Curro Aquatics-CP	4:39.19	
			1:07.18	2:18.67
			3:30.71	4:39.19
7 Goussard, Henry	14	Curro Aquatics-CP	4:41.54	
			1:05.50	2:17.51
			3:31.31	4:41.54
8 Van der Merwe, Noah B	14	Swimlab-CP	4:42.08	
			1:05.34	2:16.13
			3:29.62	4:42.08
9 Kotzè, Max M	15	Blouberg Marlins-CP	4:42.73	
			1:06.08	2:19.78
			3:33.07	4:42.73
10 Burger, Rosseau	15	Lane Leader-CE	4:43.17	
			1:07.74	2:19.98
			3:33.42	4:43.17
11 Roman, Noah P	14	Aqua Dolphin-CP	4:44.00	
			1:08.05	3:33.15
			4:44.00	
12 Basson, Lucca N	15	Silver Fins-CP	4:44.24	
			31.26	1:06.93
			1:42.93	2:19.51
			2:55.06	3:31.82
			4:08.57	4:44.24
13 Southey, Jamie	15	Aqua Dolphin-CP	4:44.54	
			1:07.79	2:20.82
			3:33.76	4:44.54
14 Afonso, Aragon G	14	Quick Silver-CP	4:46.76	
			31.77	1:07.33
			1:43.84	2:20.80
			2:57.77	3:34.78
			4:11.35	4:46.76
15 Spencer, Charles A	15	Cybersmart-CP	4:47.42	
			30.02	1:04.72
			1:41.42	2:19.07
			3:34.69	4:11.83
			4:11.83	4:47.42
16 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	4:48.40	
			32.99	1:09.50
			1:46.29	2:23.07
			3:00.07	3:37.17
			4:14.21	4:48.40
17 Williams, Evan B	14	SSISA-CP	4:49.16	
			1:08.82	2:24.37
			3:37.41	4:49.16
18 Pullock, Sam J	15	Curro Hermanus-OB	4:51.10	
			1:07.39	2:22.76
			3:38.06	4:51.10
19 Bouwer, Jason	14	Tygers-CP	4:52.59	
			1:07.16	1:44.33
			2:21.87	2:59.70
			3:37.39	4:16.41
			4:52.59	
20 Grovè, Daniël	15	Curro Hermanus-OB	4:54.06	
			1:06.25	1:43.62
			2:21.84	3:00.03
			3:39.45	4:17.69
			4:54.06	
21 Fernold, AJ	14	Fish Eagle-ED	4:55.12	
			1:05.94	1:43.77
			2:22.33	3:01.09
			3:39.41	4:18.12
			4:55.12	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 100 Men 14-15 400 LC Meter Freestyle)

Name	Age	Team	Finals Time
22 Njoroge, Alphonse	15	Curro Aquatics-CP	4:55.58
	1:09.40	2:25.09	3:41.49 4:55.58
23 Wing, James L	14	Curro Aquatics-CP	4:58.81
24 Liedeman, Mark	14	Swartland Aquati-WC	5:00.11
	30.51 1:05.45	1:44.13 2:24.25	3:02.64 3:43.06
		4:22.58 5:00.11	
25 Poggenpoel, Troy J	15	SSISA-CP	5:04.74
	31.84 1:08.89	1:46.91 2:26.23	3:05.60 3:45.58
		4:25.65 5:04.74	
26 Nagendrakumar, Puneet	14	Streamline-CP	5:05.22

Event 100 Men 16 & Over 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Bailey, Ethan J	21	Aqua Dolphin-CP	4:09.78
	1:00.39	2:04.17	3:08.36 4:09.78
2 Wolson, Daniel A	17	Swimlab-CP	4:10.86
	1:00.44	2:04.49	3:08.43 4:10.86
3 Wright, Keegan	18	Tygers-CP	4:12.15
	1:00.56	2:04.56	3:08.53 4:12.15
4 Bannister, Joshua G	16	Tygers-CP	4:17.11
	1:01.78	2:08.37	3:14.46 4:17.11
5 McWilliam, Benn D	18	Tygers-CP	4:17.70
	1:00.74	2:05.98	3:12.30 4:17.70
6 Pretorius, Luuk E	16	Knysna Aquatics-ED	4:19.44
	1:00.97	2:09.09	3:13.36 4:19.44
7 Forbes, Thomas P	20	Lane Leader-CE	4:20.96
	1:00.13	2:05.10	3:12.75 4:20.96
8 Terblanche, Luan L	16	Tygers-CP	4:24.74
	1:01.55	2:08.45	3:16.53 4:24.74
9 Solomon, Ethan	16	Aqua Dolphin-CP	4:32.69
	1:04.89	2:14.71	3:24.35 4:32.69
10 Karsten, Jody	17	Blouberg Marlins-CP	4:32.82
	1:03.58	2:12.56	3:23.48 4:32.82
11 Pheeha, Junior J	18	ACAQ-CC	4:33.16
	1:03.07	2:12.08	3:23.07 4:33.16
12 McPetrie, James L	17	Manta-CP	4:34.54
	1:04.29	2:14.96	3:26.73 4:34.54
13 Pautz, Nathan M	16	Blouberg Marlins-CP	4:34.84
	1:05.22	2:16.22	3:26.69 4:34.84
14 Myburgh, Ruan	16	Blouberg Marlins-CP	4:39.16
	1:05.39	2:17.31	4:39.16
15 Allott, Jack R	16	Aqua Athlete Cta-CP	4:41.14
	1:05.02	2:16.34	3:28.40 4:41.14
16 Louw, Guillaume	21	Curro Aquatics-CP	4:41.29
	1:04.53	2:16.08	3:27.93 4:41.29
17 Atkinson, Samuel A	16	Swartland Aquati-WC	4:45.16
	1:06.02	2:19.42	3:32.59 4:45.16
18 Boonzaaier, Simon F	17	Aquasharks Winel-CE	4:48.55
	1:04.97	2:17.23	3:32.99 4:48.55
19 Bowers, Joshua A	21	Manta-CP	4:55.82
	1:05.86	2:23.47	3:40.66 4:55.82
20 Southworth, Matthew W	16	Cybersmart-CP	4:56.15
	1:05.51	1:43.59	2:21.12 3:00.58
	3:39.13	4:18.99	4:56.15
21 Jani, Tawanda	17	Cybersmart-CP	4:56.59
	1:08.13	2:24.86	3:42.66 4:56.59

22 Lombard, Kyle M	16	Curro Aquatics-CP	4:59.77
	1:07.78	2:23.31	3:43.16 4:59.77

Event 101 Girls 11 & Under 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Johnson, Ella J	11	Swimlab-CP	5:17.34
	35.36	1:14.30	1:54.32 2:35.14
	3:16.64	3:57.84	4:38.97 5:17.34
2 Bishop, Caro	11	Vineyard-CP	5:21.28
	35.11	1:15.14	1:55.12 2:36.33
	3:17.83	3:58.98	4:41.74 5:21.28
3 Dabrowski, Leah A	11	Blouberg Marlins-CP	5:23.28
	34.18		1:55.46
	3:19.67		4:43.68 5:23.28
4 Hofinger, Charlotte M	11	Aqua Sharks-CP	5:37.85
	38.34	1:21.28	2:05.83 2:49.77
	3:33.27	4:16.18	4:58.66 5:37.85
5 Olivier, Gianna G	11	Paarl Aquarius-CE	5:38.03
	37.76	1:19.78	2:02.62 2:46.64
		4:15.46	4:57.98 5:38.03
6 Gilligan, Saskia	11	Blouberg Marlins-CP	5:45.79
	36.09	1:17.24	2:01.73 2:47.79
	3:34.42	4:20.56	5:04.96 5:45.79
7 Nel, Olivia	11	TaperGo-WC	5:47.46
	38.93	1:22.38	2:06.91 2:52.45
	3:37.69	4:22.26	5:05.73 5:47.46
8 Adams, Ella	11	Tygers-CP	5:54.72
	37.37	1:20.49	2:05.03 2:51.38
	3:37.46	4:24.11	5:10.40 5:54.72
9 Parfitt, Cayden C	11	Curro Aquatics-CP	5:55.64
	38.98		1:22.93 2:08.10
		4:26.00	5:55.64
10 Emjedi, Saffiya	11	Swimlab-CP	6:07.42
	38.62	1:23.67	2:11.46 2:59.64
	3:48.15	4:36.91	5:24.26 6:07.42

Event 101 Girls 12-13 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	4:51.04
	32.83	1:09.08	1:46.27 2:23.27
	3:00.40	3:37.52	4:15.00 4:51.04
2 Lorenzen, Ava E	12	Blouberg Marlins-CP	4:51.39
	32.20	1:08.20	1:45.53 2:22.87
	3:00.24	3:38.30	4:15.68 4:51.39
3 Coetsee, Isabeau L	12	Fish Eagle-ED	4:53.36
	31.21	1:07.28	1:44.64 2:22.38
	3:00.80	3:39.59	4:17.17 4:53.36
4 Swanepoel, Lulu A	13	Aqua Sharks-CP	4:55.33
	33.86	1:11.19	1:49.71 2:27.86
	3:05.05	3:42.52	4:19.26 4:55.33
5 Williams, Aqeelah	12	Uwc-CP	5:00.20
	33.20	1:10.58	1:48.03 2:26.50
	3:04.60	3:43.89	4:22.41 5:00.20
6 Ahmed, Ayla	13	Vineyard-CP	5:00.89
	33.63	1:10.96	1:49.80 2:28.88
	3:07.98	3:47.74	4:26.00 5:00.89

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 101 Girls 12-13 400 LC Meter Freestyle)

Name	Age	Team	Finals Time	
7 Billson, Amelie	12	Curro Aquatics-CP	5:03.89	
			34.18	1:12.15
			1:50.73	2:29.40
			3:08.35	3:47.33
			4:26.09	5:03.89
8 De Villiers, Anja	13	Tygers-CP	5:04.34	
			33.75	1:12.09
			1:51.20	2:29.55
			3:09.43	3:47.16
			4:27.15	5:04.34
9 Joyce, Jenna	12	Curro Aquatics-CP	5:08.14	
			34.57	1:13.62
			1:52.28	2:31.93
			3:11.80	3:51.73
			4:30.94	5:08.14
10 Roff, Mikaela	12	ROA-ED	5:09.35	
			35.13	1:14.72
			1:54.18	2:33.34
			3:12.29	3:51.49
			4:31.15	5:09.35
11 Olivier, Julie M	12	Tygers-CP	5:11.05	
			34.78	1:13.51
			1:53.07	2:33.80
			3:13.80	3:54.38
			4:33.86	5:11.05
12 Lockitch, Zara	12	Cybersmart-CP	5:12.68	
			35.10	1:13.31
			1:52.96	2:33.06
			3:13.07	3:53.56
			4:34.11	5:12.68
13 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	5:14.95	
			36.19	1:15.71
			1:55.90	2:35.79
			3:16.65	3:56.20
			4:36.80	5:14.95
14 Sonnekus, Anya	13	Tygers-CP	5:17.40	
			35.90	1:15.15
			1:55.03	2:35.67
			3:17.30	3:58.22
			4:39.31	5:17.40
15 Nilsson, Rebecca B	13	Tygers-CP	5:20.10	
			33.90	1:12.06
			1:53.15	2:34.81
			3:17.34	3:59.83
			4:40.23	5:20.10
16 Chibharo, Lethabo L	12	Tygers-CP	5:21.37	
			34.84	1:15.00
			1:55.91	2:37.86
			3:19.27	4:00.77
			4:41.78	5:21.37
17 Els, Jamie	12	Aqua Dolphin-CP	5:22.08	
			36.48	1:15.96
			1:56.72	2:36.81
			3:18.37	3:59.91
			4:40.98	5:22.08
18 Sabbagha, Georgia	12	Paarl Aquarius-CE	5:22.34	
			35.22	1:14.14
				2:37.47
			3:19.34	4:43.07
			4:43.07	5:22.34
19 Bircher, Storm Z	13	Curro Hermanus-OB	5:24.46	
			34.35	1:14.88
			1:56.31	2:37.68
			3:20.18	4:02.77
			4:45.72	5:24.46
20 Madeley, Amy O	12	Anac SC-CP	5:24.57	
			34.35	1:13.27
			1:54.39	2:37.12
			3:19.90	4:02.08
			4:44.61	5:24.57
21 Retief, Jane	12	Lane Leader-CE	5:27.17	
			34.29	1:14.37
			1:56.03	2:38.43
			3:20.72	4:03.28
			4:46.30	5:27.17
22 Boshoff, Anja	12	Tygers-CP	5:28.50	
			35.45	1:15.67
			1:56.95	2:39.35
			3:21.63	4:04.75
			4:47.32	5:28.50
23 Mare, Isabella	13	Curro Aquatics-CP	5:30.52	
			36.97	1:18.56
			2:00.68	2:43.82
			3:27.07	4:09.83
			4:50.96	5:30.52
24 Heldsinger, Alexa L	13	SSISA-CP	5:30.57	
			35.99	1:18.43
			2:01.98	2:44.64
			3:27.12	4:10.01
			4:51.37	5:30.57

25 Jordaan, Mikayla E	12	Curro Aquatics-CP	5:30.70	
			36.01	1:17.34
			1:59.56	2:41.00
			3:22.36	4:05.22
			4:48.12	5:30.70
26 Stilwaney, Mia C	12	Paarl Aquarius-CE	5:30.74	
			36.56	1:59.57
			3:24.26	4:49.83
			4:49.83	5:30.74
27 Dimatellis, Zoi	12	Fish Eagle-ED	5:32.34	
			34.73	1:15.20
			1:58.00	2:40.76
			3:24.44	4:06.97
			5:32.34	
28 Schäfer, Kyla	13	Knysna Aquatics-ED	5:32.54	
			35.68	1:16.61
			1:59.50	2:43.02
			3:24.80	4:08.38
			4:51.86	5:32.54
29 Coetzee, Marli	12	Curro Aquatics-CP	5:44.06	
			38.64	1:21.84
			2:05.70	2:49.77
			3:34.47	4:18.50
			5:02.79	5:44.06
30 Grebe, Ava	12	Curro Hermanus-OB	5:47.64	
			36.59	1:19.37
			2:04.32	2:49.45
			3:35.06	4:20.36
			5:04.99	5:47.64

Event 101 Women 14-15 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lambert, Bailey G	15	SEAL-UM	4:44.81	
			31.37	1:06.25
			1:41.76	2:18.49
			2:55.31	3:31.50
			4:08.71	4:44.81
2 Grütter, Arabelle	14	ROA-ED	4:52.28	
			32.30	1:08.68
			1:45.57	2:22.90
			2:59.98	3:37.73
			4:15.21	4:52.28
3 Raimond, Marike M	15	Tygers-CP	4:54.76	
			31.88	1:07.26
			1:44.63	2:22.08
			3:00.53	3:39.06
			4:17.80	4:54.76
4 Noble, Reese O	14	Swimlab-CP	4:58.13	
			31.77	1:07.53
			1:44.89	2:23.36
			3:01.62	3:40.74
			4:20.32	4:58.13
5 Van Der Wath, Izi	14	Knysna Aquatics-ED	4:58.17	
			33.87	1:11.05
			1:49.07	2:27.04
			3:04.99	3:42.99
			4:21.28	4:58.17
6 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	4:58.96	
			32.79	1:09.73
			1:47.33	2:26.06
			3:04.80	3:43.88
			4:22.24	4:58.96
7 Newton, Ava L	15	Curro Aquatics-CP	4:59.99	
			32.56	1:08.38
			1:45.59	2:23.45
			3:02.12	3:40.86
			4:20.68	4:59.99
8 Grobler, Zané	14	Fish Eagle-ED	5:01.87	
			33.25	1:10.10
			1:47.82	2:26.54
			3:05.72	3:45.52
			4:24.97	5:01.87
9 Hartung, Amy M	15	Aqua Sharks-CP	5:02.31	
			34.38	1:12.46
			1:51.31	2:30.11
			3:08.54	3:46.71
			4:24.75	5:02.31
10 Liebenberg, Emily M	15	Aquasharks Winel-CE	5:02.79	
			33.08	1:10.22
			1:49.02	2:28.31
			3:07.80	3:46.84
			4:25.44	5:02.79
11 Laubscher, Mikalla I	14	Aqua Sharks-CP	5:05.09	
			32.80	1:10.75
			1:49.85	2:29.61
			3:08.64	3:48.18
			4:27.19	5:05.09
12 Blake, Abi E	14	Curro Aquatics-CP	5:05.67	
			34.38	1:12.62
			1:51.18	2:30.73
			3:09.45	3:48.32
			4:26.86	5:05.67

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 101 Women 14-15 400 LC Meter Freestyle)

Name	Age	Team	Finals Time	
13 Huang, Shi Han A	15	Blouberg Marlins-CP	5:05.75	
			32.39	1:08.27
			1:45.33	2:24.65
			3:04.45	4:27.22
			5:05.75	
14 Hahn, Kayleigh K	15	Fish Eagle-ED	5:06.07	
			32.90	1:09.98
			3:07.82	4:27.16
			2:28.36	5:06.07
15 Burke, Hannah	15	Streamline-CP	5:06.21	
			33.53	1:11.99
			3:08.93	4:27.96
			5:06.21	
16 Louw, Anieka	14	Curro Aquatics-CP	5:08.59	
			32.94	1:09.77
			3:08.32	4:27.46
			5:08.59	
17 Visser, Cara	14	Cybersmart-CP	5:10.00	
			33.34	1:10.88
			3:08.58	4:29.49
			5:10.00	
18 Röntgen, Carine	15	Aquasharks Winel-CE	5:10.19	
			33.72	1:10.98
			3:10.32	4:31.59
			5:10.19	
19 Rossouw, Cara	15	Tygers-CP	5:12.58	
			34.14	1:12.79
			3:13.31	4:33.96
			5:12.58	
20 Hayes, Kerrigan L	15	Curro Aquatics-CP	5:13.08	
			34.52	1:13.77
			3:10.65	4:32.10
			5:13.08	
21 Rossouw, Emma M	15	Tygers-CP	5:19.96	
			33.64	1:12.21
			3:16.73	4:40.83
			5:19.96	
22 Adams, Sydni M	15	Vineyard-CP	5:24.17	
			34.17	1:13.83
			3:19.93	4:45.01
			5:24.17	

Event 101 Women 16 & Over 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Horne, Kaitlyne D	17	Pea-NM	4:28.99	
			30.08	1:03.08
			2:45.58	3:20.03
			4:28.99	
2 Neilson, Hannah K	19	Uwc-CP	4:33.05	
			30.66	1:04.43
			2:48.83	3:23.99
			4:33.05	
3 vd Walt, Mia	20	Tuks-TS	4:41.80	
			31.55	1:06.43
			2:54.38	3:30.14
			4:41.80	
4 Steenkamp, Veneske	16	Fish Eagle-ED	4:47.57	
			32.65	1:08.46
			2:59.02	3:36.33
			4:47.57	
5 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	4:52.07	
			32.43	1:08.27
			2:59.77	3:37.70
			4:52.07	
6 Laubscher, Maya R	17	Aqua Sharks-CP	4:53.14	
			32.68	1:08.49
			2:59.84	3:37.68
			4:53.14	
7 De Roubaix, Maric M	17	Lane Leader-CE	4:53.48	
			32.59	1:08.25
			2:59.21	3:37.23
			4:53.48	

8 Vd Wal, Mieke	16	Curro Aquatics-CP	4:55.16	
			32.46	1:08.09
			2:59.84	3:38.46
			4:17.17	4:55.16
9 Glover, Erin K	16	Tygers-CP	4:57.30	
			33.48	1:10.61
			3:04.74	3:43.24
			4:20.67	4:57.30
10 Smit, Jenna	17	Curro Aquatics-CP	4:57.48	
			32.70	1:08.72
			3:02.58	3:40.90
			4:19.66	4:57.48
11 Theron, Jady	17	Players-CE	5:01.39	
			31.67	1:07.86
			3:05.06	3:45.22
			4:23.41	5:01.39
12 Gennarakis, Christina	17	Curro Aquatics-CP	5:02.69	
			31.73	1:07.81
			3:03.00	3:42.87
			4:23.31	5:02.69
13 Blend, Kirsten J	32	Curro Aquatics-CP	5:07.86	
			33.96	1:12.43
			3:10.37	3:50.05
			4:29.39	5:07.86
14 Olivier, Shani	17	Paarl Aquarius-CE	5:12.46	
			35.84	1:14.88
			3:14.50	3:53.94
			4:33.03	5:12.46
15 Loubser, Jenna L	16	Streamline-CP	5:16.09	
			34.41	1:12.90
			3:12.95	3:54.40
			4:36.13	5:16.09

Event 101 Women 400 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time	
1 Janse Van Rensburg, Minke SJ	20	Fish Eagle-ED	6:23.70	
			38.09	1:23.58
			3:56.84	4:46.84
			5:37.34	6:23.70

Event 102 Men 4x200 LC Meter Freestyle Relay

Team	Relay	Finals Time	
1 Lane Leader-CE	A	7:49.76	
		1) Truter, Petrus C 21	2) Clarke, Liam 17
		3) Forbes, Thomas P 20	4) Muller, Righardt 22
		56.57	1:56.78
		3:53.23	2:52.52
		6:50.22	5:55.91
2 Tygers-CP	A	7:56.91	
		1) Trower, Nic T 15	2) Wright, Keegan 18
		3) West, Gabriel 20	4) Esterhuysen, Joshua N 17
		57.63	2:01.26
		4:00.07	4:57.58
		6:54.93	7:56.91
3 Lane Leader-CE	B	8:15.43	
		1) Bromfield, Michael V 23	2) Geyser, Jacques M 17
		3) Uys, Keegan 17	4) Clayton, Franco P 18
		57.18	1:59.10
		4:03.12	5:02.25
		7:09.06	8:15.43
4 Tygers-CP	B	8:19.50	
		1) McWilliam, Benn D 18	2) Strydom, Conrad M 16
		3) Terblanche, Luan L 16	4) Bannister, Joshua G 16
		59.73	2:05.68
		4:12.44	5:12.09
		7:16.74	8:19.50
			3:05.74
			6:18.33

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 102 Men 4x200 LC Meter Freestyle Relay)

Team	Relay	Finals Time
5 Curro Aquatics-CP	A	8:51.83
1) Louw, Guillaume 21	2) Bezuidenhout, Ernst E 14	
3) Goussard, Henry 14	4) Lombard, Kyle M 16	
1:01.16 2:11.73	3:13.28	
4:20.34 5:26.29	6:37.10	
7:41.61 8:51.83		
6 Curro Aquatics-CP	B	9:10.66
1) Yeowart, Seth W 14	2) Wing, James L 14	
3) Njoroge, Alphonse 15	4) Yeowart, Luke D 14	
1:04.09 2:11.95	4:32.43	
	6:56.35	
9:10.66		
--- Vineyard-CP	A	DQ
Changed order of swimmers		
1) Hendricks, Robert A 19	2) Haupt, Rhys A 15	
3) Williams, Logan 14	4) Theron, Luca D 16	
58.19 2:01.60	3:03.02	
4:10.12 5:14.39	6:30.49	
7:31.13 DQ		

Event 103 Women 4x200 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Lane Leader-CE	A	9:01.78
1) Morris, Grace 16	2) De Roubaix, Maric M 17	
3) Knoblauch, Cara 17	4) Cronjè, Danielle 16	
1:04.19 2:10.23	3:17.04 4:30.81	
4:41.42 5:35.72	6:43.03 9:01.78	
2 Curro Aquatics-CP	A	9:22.70
1) Gennarakis, Christina 17	2) Smit, Jenna 17	
3) De Wet, Emma M 17	4) Blend, Kirsten J 32	
1:07.77 2:20.94	3:28.48 4:40.88	
5:45.38 6:57.16	8:07.11 9:22.70	
3 Tygers-CP	A	9:27.68
1) Raimond, Marike M 15	2) Glover, Erin K 16	
3) Senekal, Margo 15	4) Kotze, Abigail 15	
1:09.40 2:24.96	3:33.96 4:47.86	
5:58.34 7:16.78	8:19.37 9:27.68	
4 Curro Aquatics-CP	B	9:33.28
1) Vd Wal, Mieke 16	2) Newton, Ava L 15	
3) Louw, Anieka 14	4) Hayes, Kerrigan L 15	
1:08.40 2:21.46	3:30.01 4:45.35	
5:53.40 7:09.00	8:16.85 9:33.28	
5 Tygers-CP	B	9:59.61
1) De Villiers, Anja 13	2) Olivier, Julie M 12	
3) Ryser, Aurora 17	4) Burger, Juanè 14	
1:12.26 2:31.32	3:44.78 5:02.12	
6:12.21 7:29.08	8:40.61 9:59.61	

Event 200 Boys 11 & Under 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Poultney, Matthew	11 Curro Aquatics-CP	1:14.27
36.63 1:14.27		
2 Mallin, Lukas	10 Swimlab-CP	1:14.60
36.42 1:14.60		
3 Steyn, Harry	11 Curro Aquatics-CP	1:17.76
37.71 1:17.76		

4 Van Onselen, Pierre S	11 Tygers-CP	1:17.95
37.59 1:17.95		
5 Schabort, Lowen	11 Quicksilver Wine-CE	1:18.15
38.48 1:18.15		
6 Louw, James	11 Vineyard-CP	1:20.75
39.25 1:20.75		
7 Schoeman, Mateo J	11 Quicksilver Wine-CE	1:21.05
38.95 1:21.05		
8 Pieterse, Nicholas N	11 Stellenbosch Aqu-CE	1:25.76

Event 200 Boys 11 & Under 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Poultney, Matthew	11 Curro Aquatics-CP	1:17.05
38.03 1:17.05		
2 Steyn, Harry	11 Curro Aquatics-CP	1:18.66
38.21 1:18.66		
3 Schabort, Lowen	11 Quicksilver Wine-CE	1:20.13
38.60 1:20.51		
4 Mallin, Lukas	10 Swimlab-CP	1:20.51
38.60 1:20.51		
5 Van Onselen, Pierre S	11 Tygers-CP	1:20.53
39.31 1:20.53		
6 Schoeman, Mateo J	11 Quicksilver Wine-CE	1:22.50
40.26 1:22.50		
7 Louw, James	11 Vineyard-CP	1:23.13
40.32 1:23.13		
8 Pieterse, Nicholas N	11 Stellenbosch Aqu-CE	1:25.09
40.87 1:25.09		
9 Gerber, Luke M	11 Curro Aquatics-CP	1:25.40
42.14 1:25.51		
10 Kuhn, Adrian-Brand	10 Curro Aquatics-CP	1:25.51
42.14 1:25.51		
11 Joyce, Guy	10 Curro Aquatics-CP	1:25.67
42.33 1:26.23		
12 Heunis, Johan C	11 Barracudas-CP	1:25.72
42.00 1:26.84		
13 Stenekamp, Keanu	11 Aqua Sharks-CP	1:26.23
42.00 1:26.84		
14 Desai, Rohin T	11 Swimlab-CP	1:26.84
42.00 1:26.84		
15 Viljoen, Jagger F	11 Aqua Sharks-CP	1:27.41
42.03 1:28.24		
16 Spangenberg, Zach A	11 Xcel Swim Academ-CP	1:27.75
43.88 1:28.88		
17 Titus, Brody	11 Paarl Aquarius-CE	1:28.24
43.88 1:28.88		
18 Van Wyngaard, Daniël C	10 ROA-ED	1:28.88
44.08 1:30.58		
19 Lubbe, Mikael B	11 Aqua Sharks-CP	1:30.04
44.08 1:30.58		
20 Poultney, Daniel	9 Curro Aquatics-CP	1:30.58
44.08 1:30.58		
21 Sebastian, Alexander	11 Manta-CP	1:32.77

Event 200 Boys 12-13 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Hahn, Kyle H	12 Fish Eagle-ED	1:09.16
34.09 1:09.16		
2 Bright, Michael C	12 Curro Aquatics-CP	1:09.94
34.52 1:09.94		
3 Parr, Colbyn S	13 Knysna Aquatics-ED	1:10.83
34.31 1:10.83		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 200 Boys 12-13 100 LC Meter Backstroke)

Name	Age	Team	Finals Time
4 Benecke, Delmar	13	Vineyard-CP	1:11.37
	34.38	1:11.37	
*5 Wright, Jonah S	13	Tygers-CP	1:12.12
	35.16	1:12.12	
*5 Lichthart, Nicus	13	Quick Silver-CP	1:12.12
	34.38	1:12.12	
7 Van Vondel, Roland	13	Tygers-CP	1:12.57
	35.73	1:12.57	
8 Van Zyl, Daniël R	13	Tygers-CP	1:14.44
	36.05	1:14.44	

Event 200 Boys 12-13 100 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Hahn, Kyle H	12	Fish Eagle-ED	1:11.72
	34.28	1:11.72	
2 Benecke, Delmar	13	Vineyard-CP	1:12.34
	35.55	1:12.34	
3 Parr, Colbyn S	13	Knysna Aquatics-ED	1:12.51
	34.54	1:12.51	
4 Lichthart, Nicus	13	Quick Silver-CP	1:12.52
	34.94	1:12.52	
5 Van Zyl, Daniël R	13	Tygers-CP	1:13.28
	35.59	1:13.28	
6 Van Vondel, Roland	13	Tygers-CP	1:13.43
	36.54	1:13.43	
7 Bright, Michael C	12	Curro Aquatics-CP	1:14.00
	35.75	1:14.00	
8 Wright, Jonah S	13	Tygers-CP	1:14.04
	36.24	1:14.04	
9 Matthee, Burger P	13	Agulhas-OB	1:14.52
	35.46	1:14.52	
10 Vd Watt, Earle	12	Curro Aquatics-CP	1:14.76
	36.07	1:14.76	
11 Oaten, Rourke	13	Silver Fins-CP	1:14.88
12 Smit, Reynard-Gray	13	Streamline-CP	1:14.93
	36.36	1:14.93	
13 Jooste, Ben D	12	Curro Hermanus-OB	1:15.02
	36.50	1:15.02	
14 Muller, Lukas D	13	Quick Silver-CP	1:15.03
	36.73	1:15.03	
15 Kruger, Zachary C	12	Swartland Aquati-WC	1:15.23
	36.30	1:15.23	
16 Barnard, Theo J	12	Swartland Aquati-WC	1:15.33
	36.96	1:15.33	
17 Schaefer, Daniel C	12	Players-CE	1:15.99
18 Coleman, Travis	13	Blouberg Marlins-CP	1:16.01
	37.09	1:16.01	
19 Visagie, Dian	12	Swartland Aquati-WC	1:16.60
	37.11	1:16.60	
20 Van Wyk, Jack R	13	Curro Aquatics-CP	1:16.64
21 Heunis, Le Roux	12	Tygers-CP	1:16.77
	37.18	1:16.77	
22 Barnard, Daniël B	12	Xcel Swim Academ-CP	1:16.96
	37.25	1:16.96	

23 VerLoren Van Themaat, Hein	12	Lane Leader-CE	1:17.01
24 Wessels, Connor M	13	Blouberg Marlins-CP	1:17.10
	36.98	1:17.10	
25 Addinall, Ethan	13	Manta-CP	1:17.12
	38.09	1:17.12	
26 Hodgskiss, Fin J	13	SSISA-CP	1:17.16
27 Faulkner, Callum E	13	Blouberg Marlins-CP	1:17.34
28 Spencer, Marcus W	13	Cybersmart-CP	1:17.85
29 Troskie, Roean	13	Quick Silver-CP	1:18.15
	37.46	1:18.15	
30 Harvey, Waylon	13	Cybersmart-CP	1:18.48
	38.27	1:18.48	
31 Francis, Ethan	13	Marlin-CP	1:19.01
	37.44	1:19.01	
32 February, Dillon S	12	Curro Aquatics-CP	1:19.59
	38.18	1:19.59	
33 Wagener, Tiaan H	12	Aquasharks Winel-CE	1:19.71
	39.02	1:19.71	
34 Bosch, Ewan Y	12	Tygers-CP	1:20.11
	39.47	1:20.11	
35 Du Plessis, Paul	12	Tuks-TS	1:20.22
	39.42	1:20.22	
36 Pautz, Benjamin R	12	Blouberg Marlins-CP	1:20.30
	38.59	1:20.30	
37 Janse van Rensburg, Daniël P	13	Barracudas-CP	1:21.52
	39.84	1:21.52	
38 Van Dyk, Stephaan	13	Blouberg Marlins-CP	1:21.80
	38.93	1:21.80	
39 Shipton, Christopher J	12	Quick Silver-CP	1:22.40
40 Tresfon, Robbie	13	Vineyard-CP	1:22.63
	40.55	1:22.63	
41 Fortune, Hakeem	13	Manta-CP	1:22.98
	40.54	1:22.98	
42 Jacobs, Seth G	12	Manta-CP	1:23.37
	41.25	1:23.37	
43 Froneman, Dylan R	13	Blouberg Marlins-CP	1:23.43
	42.11	1:23.43	
44 Du Randt, Zack S	13	Tygers-CP	1:25.30
	41.15	1:25.30	
45 Lewis, Amaru C	12	Paarl Aquarius-CE	1:26.72

Event 200 Men 14-15 100 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	59.07
	28.29	59.07	
2 Bestel, Luc M	15	Vineyard-CP	59.64
	28.80	59.64	
3 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	1:02.84
	30.44	1:02.84	
4 Van Schaik, Luc	14	Vineyard-CP	1:02.96
	30.55	1:02.96	
5 Snyders, Kyle	14	TaperGo-WC	1:03.22
	31.11	1:03.22	
6 Trower, Nic T	15	Tygers-CP	1:03.31
	30.61	1:03.31	
7 Gilmour, Connor A	14	Streamline-CP	1:03.86
	30.72	1:03.86	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 200 Men 14-15 100 LC Meter Backstroke)

Name	Age	Team	Finals Time
8 Fernold, AJ	14	Fish Eagle-ED	1:04.84
	30.97	1:04.84	

Event 200 Men 14-15 100 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Bestel, Luc M	15	Vineyard-CP	1:00.46
	29.47	1:00.46	
2 Kotze, Eric B	14	Stellenbosch Aqu-CE	1:01.09
	29.79	1:01.09	
3 Trower, Nic T	15	Tygers-CP	1:03.68
	30.97	1:03.68	
4 Gilmour, Connor A	14	Streamline-CP	1:03.99
	30.43	1:03.99	
5 Snyders, Kyle	14	TaperGo-WC	1:04.19
	31.53	1:04.19	
6 Van Schaik, Luc	14	Vineyard-CP	1:04.31
	30.92	1:04.31	
7 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	1:04.41
	31.20	1:04.41	
8 Fernold, AJ	14	Fish Eagle-ED	1:05.77
	32.07	1:05.77	
9 Njoroge, Alphonse	15	Curro Aquatics-CP	1:06.48
10 Haupt, Rhys A	15	Vineyard-CP	1:06.57
	32.42	1:06.57	
11 De Kock, John P	15	Stellenbosch Aqu-CE	1:06.72
	32.26	1:06.72	
12 Smith, Sebastian N	15	Tygers-CP	1:07.80
	32.99	1:07.80	
13 Bouwer, Jason	14	Tygers-CP	1:07.92
	33.53	1:07.92	
14 Schultz, Heinrich W	15	Lane Leader-CE	1:07.97
	33.22	1:07.97	
15 Burger, Rosseau	15	Lane Leader-CE	1:08.51
	32.98	1:08.51	
16 Grovè, Daniël	15	Curro Hermanus-OB	1:08.94
	33.71	1:08.94	
17 Kotzè, Max M	15	Blouberg Marlins-CP	1:09.27
	33.68	1:09.27	
18 Das Neves, Lucas P	15	Tygers-CP	1:10.10
	34.63	1:10.10	
19 Vd Merwe, Thomas	15	Lane Leader-CE	1:10.27
20 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	1:10.65
	34.66	1:10.65	
21 Williams, Evan B	14	SSISA-CP	1:11.13
	34.25	1:11.13	
22 Yeowart, Seth W	14	Curro Aquatics-CP	1:11.53
	35.16	1:11.53	
23 Grobler, Chris I	14	Curro Aquatics-CP	1:12.16
	35.31	1:12.16	
24 Waters, Steven G	15	Lane Leader-CE	1:12.23
	34.25	1:12.23	
25 De Bruyn, Cornè C	15	Aqua Sharks-CP	1:12.57
	34.72	1:12.57	

26 Spencer, Charles A	15	Cybersmart-CP	1:12.67
	34.44	1:12.67	
27 Southey, Jamie	15	Aqua Dolphin-CP	1:12.75
	35.47	1:12.75	
28 Cleophas, Kyle	15	Paarl Aquarius-CE	1:12.86
	34.87	1:12.86	
29 Beukes, Jaden L	15	Walmers-CP	1:13.23
	35.15	1:13.23	
30 Nagendrakumar, Puneet	14	Streamline-CP	1:13.68
	35.01	1:13.68	
31 Poggenpoel, Troy J	15	SSISA-CP	1:14.30
	35.95	1:14.30	
32 van Wyk, Tariq K	14	Curro Aquatics-CP	1:14.97
	36.32	1:14.97	
33 Abrahams, Rayhan	15	Walmers-CP	1:15.42
	34.62	1:15.42	
34 Van Heerden, Hendré B	15	Fish Eagle-ED	1:16.49
35 Coolen, Jonathan T	14	Stellenbosch Aqu-CE	1:17.15
	36.56	1:17.15	
36 Pearson-Adams, Wolfe D	14	Swimlab-CP	1:18.36
	36.99	1:18.36	
--- Sirin, Ben	15	Vineyard-CP	NS

Event 200 Men 16 & Over 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Pearson, Tai Lee L	17	Tuks-TS	56.89
	27.61	56.89	
2 Boshoff, Juan C	19	Tuks-TS	57.60
	28.55	57.60	
3 Heslop, Jonathan V	21	Tuks-TS	1:01.04
	29.53	1:01.04	
4 Labuschagne, Jeremy	18	SSISA-CP	1:01.58
5 Wollenschlaeger, Noah	16	Vineyard-CP	1:01.71
	30.02	1:01.71	
6 Coetzer, Milan J	17	Cybersmart-CP	1:01.72
	29.83	1:01.72	
7 Loots, Andre S	16	Lane Leader-CE	1:01.83
	29.95	1:01.83	
8 Pretorius, Luuk E	16	Knysna Aquatics-ED	1:01.84
	29.66	1:01.84	
9 Foot, Aiden C	18	Swartland Aquati-WC	1:02.63
	30.16	1:02.63	
10 McPetrie, James L	17	Manta-CP	1:04.93
	31.53	1:04.93	
11 Myburgh, Ruan	16	Blouberg Marlins-CP	1:05.05
	31.97	1:05.05	
12 Orchard, Thomas J	17	Swartland Aquati-WC	1:05.07
	31.67	1:05.07	
13 Karsten, Jody	17	Blouberg Marlins-CP	1:05.13
	32.13	1:05.13	
14 Meier, Conrad	16	Tuks-TS	1:05.41
	30.81	1:05.41	
15 Louw, Guillaume	21	Curro Aquatics-CP	1:06.95
	31.70	1:06.95	
16 Kleinhans, Kyle	18	SSISA-CP	1:08.39
	32.64	1:08.39	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 200 Men 16 & Over 100 LC Meter Backstroke				
Name	Age	Team	Prelim Time	
Preliminaries				
1 Pool-Jones, Jonah B	22	Lane Leader-CE	57.33	
	27.66	57.33		
2 Pearson, Tai Lee L	17	Tuks-TS	57.55	
	27.92	57.55		
3 Boshoff, Juan C	19	Tuks-TS	58.16	
	28.58	58.16		
4 Labuschagne, Jeremy	18	SSISA-CP	1:01.41	
	29.84	1:01.41		
5 Esterhuysen, Joshua N	17	Tygers-CP	1:01.47	
	30.26	1:01.47		
6 Coetzer, Milan J	17	Cybersmart-CP	1:01.96	
	30.21	1:01.96		
7 Loots, Andre S	16	Lane Leader-CE	1:02.04	
	30.04	1:02.04		
8 Pretorius, Luuk E	16	Knysna Aquatics-ED	1:02.11	
	29.64	1:02.11		
9 Wollenschlaeger, Noah	16	Vineyard-CP	1:02.28	
	30.16	1:02.28		
10 Webb, Corey	21	SSISA-CP	1:02.37	
	29.49	1:02.37		
11 Foot, Aiden C	18	Swartland Aquati-WC	1:02.79	
	30.17	1:02.79		
12 Heslop, Jonathan V	21	Tuks-TS	1:02.88	
	30.66	1:02.88		
13 McPetrie, James L	17	Manta-CP	1:05.39	
	32.22	1:05.39		
14 Meier, Conrad	16	Tuks-TS	1:05.46	
	31.05	1:05.46		
15 Kleinhans, Kyle	18	SSISA-CP	1:05.50	
16 Karsten, Jody	17	Blouberg Marlins-CP	1:05.51	
	32.32	1:05.51		
17 Myburgh, Ruan	16	Blouberg Marlins-CP	1:05.55	
	31.43	1:05.55		
18 Orchard, Thomas J	17	Swartland Aquati-WC	1:05.74	
	31.40	1:05.74		
19 Louw, Guillaume	21	Curro Aquatics-CP	1:06.19	
	31.35	1:06.19		
20 Van Helden, Ethan C	16	Aqua Sharks-CP	1:06.31	
	31.82	1:06.31		
21 Krige, Aiden S	17	Curro Aquatics-CP	1:06.48	
	32.47	1:06.48		
22 Smit, MJ M	16	Swimlab-CP	1:06.51	
23 Walker, Yohan G	16	Vineyard-CP	1:06.58	
	32.37	1:06.58		
24 Bannister, Joshua G	16	Tygers-CP	1:06.78	
25 Terblanche, Luan L	16	Tygers-CP	1:06.84	
	32.60	1:06.84		
26 Breet, Dawie-Louw L	17	Players-CE	1:07.04	
	31.78	1:07.04		
27 Moolman, Carter S	16	Manta-CP	1:07.08	
	32.03	1:07.08		
28 Van der Merwe, Josh E	16	Swimlab-CP	1:07.19	
	31.30	1:07.19		
29 Bowers, Joshua A	21	Manta-CP	1:07.65	
	32.41	1:07.65		
30 Gounden, Mikhael A	19	TaperGo-WC	1:08.31	
	32.77	1:08.31		
31 Mia, Sirhaan	18	Marlin-CP	1:08.49	
	32.21	1:08.49		
32 Arnott, Carter J	16	Aqua Sharks-CP	1:08.94	
	34.16	1:08.94		
33 Eilers, De-Anzo C	18	KALA	1:09.21	
	33.19	1:09.21		
34 Engelbrecht, Ruben J	17	Players-CE	1:09.94	
	32.96	1:09.94		
35 Lombard, Kyle M	16	Curro Aquatics-CP	1:10.21	
	34.23	1:10.21		
36 Gilbert, Thomas O	16	Swimlab-CP	1:10.49	
	34.08	1:10.49		
37 Viljoen, Jaden R	16	Aqua Sharks-CP	1:10.58	
	34.03	1:10.58		
38 Beukes, Mateo A	19	Walmers-CP	1:11.30	
	34.96	1:11.30		
39 Van der Watt, Alpheus J	16	Players-CE	1:12.07	
	34.48	1:12.07		
40 Saayman, Dehan	16	Players-CE	1:12.10	
	34.41	1:12.10		
41 Rohner, Jayden M	17	Blouberg Marlins-CP	1:12.11	
	33.93	1:12.11		
42 Hewitt-Smook, Kristian	16	Swartland Aquati-WC	1:12.42	
	34.43	1:12.42		
43 De Jager, Nathan B	16	Aqua Sharks-CP	1:13.58	
	34.85	1:13.58		
44 Szapira, Saul	18	Tygers-CP	1:14.72	
	36.14	1:14.72		
45 Burmeister, Marius	16	Quicksilver Wine-CE	1:15.33	
	36.35	1:15.33		
---	Louw, Adriaan B	18	Tuks-TS	DQ
	Swimmers head did not surface at or before 15 meter mark following the st			
	27.90	DQ		
Event 201 Girls 11 & Under 100 LC Meter Backstroke				
Name	Age	Team	Finals Time	
Finals				
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	1:17.14	
	37.71	1:17.14		
2 Odendaal, Sarah-Kate	11	Quick Silver-CP	1:18.45	
	37.92	1:18.45		
3 Cullis, Emma	11	Vineyard-CP	1:19.13	
4 Kruger, Livvy	11	Players-CE	1:21.08	
5 Parfitt, Cayden C	11	Curro Aquatics-CP	1:23.44	
	40.67	1:23.44		
6 Julies, Grace J	11	Xcel Swim Academ-CP	1:23.93	
	41.27	1:23.93		
7 Johnson, Ella J	11	Swimlab-CP	1:25.13	
	40.95	1:25.13		
8 Nel, Olivia	11	TaperGo-WC	1:25.92	
	42.29	1:25.92		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 201 Girls 11 & Under 100 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	1:19.80
	38.60	1:19.80	
2 Odendaal, Sarah-Kate	11	Quick Silver-CP	1:20.40
	38.75	1:20.40	
3 Kruger, Livvy	11	Players-CE	1:21.71
	39.65	1:21.71	
4 Cullis, Emma	11	Vineyard-CP	1:23.59
	39.50	1:23.59	
5 Julies, Grace J	11	Xcel Swim Academ-CP	1:23.83
	41.30	1:23.83	
6 Parfitt, Cayden C	11	Curro Aquatics-CP	1:24.36
	41.06	1:24.36	
7 Nel, Olivia	11	TaperGo-WC	1:25.22
	42.10	1:25.22	
8 Johnson, Ella J	11	Swimlab-CP	1:26.56
	42.17	1:26.56	
9 Gilligan, Saskia	11	Blouberg Marlins-CP	1:26.57
	40.74	1:26.57	
10 Beyers, Lize M	11	Agulhas-OB	1:27.59
	42.70	1:27.59	
11 Gerber, Kayla M	11	Stellenbosch Aqu-CE	1:27.91
	41.20	1:27.91	
12 Barthus, Alessia	11	Manta-CP	1:28.43
13 Normington, Olivia	11	Xcel Swim Academ-CP	1:28.46
	43.01	1:28.46	
14 Knott, Cayleigh	11	Aqua Sharks-CP	1:28.96
	42.97	1:28.96	
15 Douglas, Keyla	11	ROA-ED	1:30.19
16 Hendricks, Jada	11	Tygers-CP	1:30.49
	43.78	1:30.49	
17 Kalapac, Lexi	11	Streamline-CP	1:30.66
18 Olivier, Gianna G	11	Paarl Aquarius-CE	1:32.59
19 Adams, Ella	11	Tygers-CP	1:37.91
	47.01	1:37.91	

Event 201 Girls 12-13 100 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Smith, Sophie	13	Vineyard-CP	1:05.98
	32.41	1:05.98	
2 Bayly, Arabella	13	Vineyard-CP	1:07.22
3 Coetsee, Isabeau L	12	Fish Eagle-ED	1:08.84
	32.76	1:08.84	
4 Lorenzen, Ava E	12	Blouberg Marlins-CP	1:12.49
	35.24	1:12.49	
5 Coetzee, Liane	13	Players-CE	1:15.13
6 Boshoff, Anja	12	Tygers-CP	1:15.91
	36.25	1:15.91	
7 De Villiers, Anja	13	Tygers-CP	1:16.46
	37.27	1:16.46	
8 Mocke, Sarah	12	Swimlab-CP	1:18.83
	38.28	1:18.83	

Event 201 Girls 12-13 100 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Smith, Sophie	13	Vineyard-CP	1:06.63
	32.80	1:06.63	
2 Bayly, Arabella	13	Vineyard-CP	1:07.20
3 Coetsee, Isabeau L	12	Fish Eagle-ED	1:09.62
	32.51	1:09.62	
4 Lorenzen, Ava E	12	Blouberg Marlins-CP	1:11.93
	34.77	1:11.93	
5 De Villiers, Anja	13	Tygers-CP	1:15.08
	37.06	1:15.08	
6 Coetzee, Liane	13	Players-CE	1:15.70
7 Mocke, Sarah	12	Swimlab-CP	1:16.30
	37.14	1:16.30	
8 Boshoff, Anja	12	Tygers-CP	1:16.50
	36.02	1:16.50	
9 Dimatellis, Zoi	12	Fish Eagle-ED	1:16.65
10 Esterhuysen, Alice	13	Stars-CK	1:17.36
	37.81	1:17.36	
11 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	1:17.58
	37.65	1:17.58	
12 Van Wyk, Katie R	13	Blouberg Marlins-CP	1:17.97
	37.98	1:17.97	
13 Schäfer, Kyla	13	Knysna Aquatics-ED	1:18.32
	38.00	1:18.32	
14 Bircher, Storm Z	13	Curro Hermanus-OB	1:18.99
	37.21	1:18.99	
15 Thirsk, Savannah	12	Tygers-CP	1:19.01
16 Basson, Lenè	13	TaperGo-WC	1:19.03
	37.93	1:19.03	
17 Roff, Mikaela	12	ROA-ED	1:19.25
	38.80	1:19.25	
18 De Beer, Isabella C	13	Quicksilver Wine-CE	1:19.42
	38.35	1:19.42	
19 Gullan, Sophia	12	Vineyard-CP	1:19.99
	38.31	1:19.99	
20 Cronjé, Miané	13	Fish Eagle-ED	1:20.07
	38.53	1:20.07	
21 Pearson-Adams, Oshun O	12	Swimlab-CP	1:20.39
	38.25	1:20.39	
22 Brooker, Isabella J	13	Aqua Athlete Cta-CP	1:20.47
	39.25	1:20.47	
23 Billson, Amelie	12	Curro Aquatics-CP	1:20.70
	38.62	1:20.70	
24 Flack, Francesca	13	TaperGo-WC	1:20.84
25 Nienaber, Mila J	13	Quicksilver Wine-CE	1:21.17
	39.84	1:21.17	
26 Van den Berg, Nika	13	Quicksilver Wine-CE	1:21.33
27 Groves, Philippa R	13	SSISA-CP	1:21.92
28 Stevenson, Mikayla	12	Quick Silver-CP	1:22.40
	39.14	1:22.40	
29 Burger, Johané	12	ROA-ED	1:22.48
30 Jantjies, Zara	12	Manta-CP	1:22.50
	40.30	1:22.50	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 201 Girls 12-13 100 LC Meter Backstroke)

Name	Age	Team	Prelim Time
31 Kröger, Sammy	13	Barracudas-CP	1:22.51
39.74	1:22.51		
32 Van Dyk, Zani	12	Aqua Sharks-CP	1:22.60
40.28	1:22.60		
33 Lindsay, Edith J	13	Fish Eagle-ED	1:22.64
34 Madeley, Amy O	12	Anac SC-CP	1:22.72
39.75	1:22.72		
35 Coetzee, Marli	12	Curro Aquatics-CP	1:23.36
40.71	1:23.36		
36 McGluwa, Jovanah N	12	Curro Aquatics-CP	1:23.37
40.46	1:23.37		
37 Sabbagha, Georgia	12	Paarl Aquarius-CE	1:23.52
38 Longueira, Ava L	12	Aqua Sharks-CP	1:23.93
39.77	1:23.93		
39 Mare, Isabella	13	Curro Aquatics-CP	1:25.81
40 Barkhuysen, Jani	13	Aqua Sharks-CP	1:25.93
40.72	1:25.93		
41 Harper, Maddie I	13	Knysna Aquatics-ED	1:26.09
41.41	1:26.09		
42 Barnes, Caitlin M	12	Swimlab-CP	1:26.14
43 Sonnekus, Anya	13	Tygers-CP	1:26.17
42.27	1:26.17		
44 Heldsinger, Gia	12	SSISA-CP	1:26.62
41.01	1:26.62		
45 Van Heerden, Hannah	12	Aqua Athlete Cta-CP	1:28.18
41.88	1:28.18		
46 Atkinson, Anouk E	13	Swartland Aquati-WC	1:29.40
47 Liebenberg, Aimee L	12	Swartland Aquati-WC	1:30.47
48 Esterhuyse, Frances	13	Stars-CK	1:32.06
43.59	1:32.06		
49 Wallis, Juliette	13	Greydogs-CP	1:33.36
45.58	1:33.36		
--- Lewis, Erin	13	Vineyard-CP	DQ
Swimmer stood on the bottom of the pool (except Freestyle)			
40.70	DQ		

Event 201 Women 14-15 100 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Orchard, Milan M	14	Vineyard-CP	1:05.17
31.71	1:05.17		
2 Lambert, Bailey G	15	SEAL-UM	1:05.72
31.99	1:05.72		
3 Hebler, Lily M	15	Quicksilver Wine-CE	1:06.76
32.33	1:06.76		
4 Newton, Ava L	15	Curro Aquatics-CP	1:08.73
33.62	1:08.73		
5 Trout, Sophia L	15	Vineyard-CP	1:10.69
34.23	1:10.69		
6 Combrink, Amy	15	Vineyard-CP	1:10.82
33.59	1:10.82		
7 Hayes, Kerrigan L	15	Curro Aquatics-CP	1:11.20
34.68	1:11.20		
8 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	1:11.91
33.42	1:11.91		

Event 201 Women 14-15 100 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Lambert, Bailey G	15	SEAL-UM	1:05.42
31.65	1:05.42		
2 Orchard, Milan M	14	Vineyard-CP	1:05.99
31.84	1:05.99		
3 Hebler, Lily M	15	Quicksilver Wine-CE	1:07.64
32.65	1:07.64		
4 Newton, Ava L	15	Curro Aquatics-CP	1:09.53
33.22	1:09.53		
5 Hayes, Kerrigan L	15	Curro Aquatics-CP	1:09.88
33.53	1:09.88		
6 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	1:10.52
33.40	1:10.52		
7 Trout, Sophia L	15	Vineyard-CP	1:11.51
34.38	1:11.51		
8 Combrink, Amy	15	Vineyard-CP	1:11.57
34.33	1:11.57		
9 Visser, Cara	14	Cybersmart-CP	1:11.80
35.29	1:11.80		
10 Juries, Sam C	15	TaperGo-WC	1:12.21
34.78	1:12.21		
11 Vd Merwe, Mi-Ly	15	Lane Leader-CE	1:12.44
34.92	1:12.44		
12 Holman, Acaylia	14	Vineyard-CP	1:12.84
34.95	1:12.84		
13 Grütter, Arabelle	14	ROA-ED	1:13.37
35.19	1:13.37		
14 Huang, Shi Han A	15	Blouberg Marlins-CP	1:13.42
15 Riley, Logan	14	Curro Aquatics-CP	1:13.56
34.99	1:13.56		
16 Wium, Mari	15	Quicksilver Wine-CE	1:14.09
36.29	1:14.09		
17 Putter, Demi	14	Curro Aquatics-CP	1:14.36
18 Coleman, Madison	15	Blouberg Marlins-CP	1:14.60
36.24	1:14.60		
19 Raimond, Marike M	15	Tygers-CP	1:14.64
36.59	1:14.64		
20 Jantzen, Zianè	15	Quick Silver-CP	1:14.65
35.78	1:14.65		
21 Noble, Reese O	14	Swimlab-CP	1:14.81
35.95	1:14.81		
22 Burke, Hannah	15	Streamline-CP	1:15.40
36.29	1:15.40		
23 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	1:15.45
36.57	1:15.45		
24 Morris, Jenna	15	Vineyard-CP	1:15.78
36.05	1:15.78		
25 Louw, Anieka	14	Curro Aquatics-CP	1:16.45
36.62	1:16.45		
26 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	1:17.05
37.12	1:17.05		
27 Senekal, Margo	15	Tygers-CP	1:17.47
37.27	1:17.47		
28 Rossouw, Emma M	15	Tygers-CP	1:17.60

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 201 Women 14-15 100 LC Meter Backstroke)

Name	Age	Team	Prelim Time
29 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	1:18.13
37.72	1:18.13		
30 Dreyer, Arne'	14	Stellenbosch Aqu-CE	1:18.52
38.26	1:18.52		
31 Saayman, Nika D	14	Players-CE	1:18.73
37.47	1:18.73		
32 De Oliveira, Aliyah	14	Tygers-CP	1:19.00
37.79	1:19.00		
33 Fabricius, Kaylin	15	Barracudas-CP	1:19.32
34 Baillie, Gabi J	14	Fish Eagle-ED	1:20.27
39.17	1:20.27		
35 Stevens, Judy C	15	Quick Silver-CP	1:20.66
39.77	1:20.66		
36 Hager, Carle	14	Aquasharks Winel-CE	1:20.70
38.88	1:20.70		
37 Botha, Chelsea	14	Curro Aquatics-CP	1:20.75
38.68	1:20.75		
38 Visser, Sandri	15	Players-CE	1:22.81
39.82	1:22.81		

Event 201 Women 16 & Over 100 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Morris, Grace	16	Lane Leader-CE	1:04.02
30.70	1:04.02		
2 Burgess, Cassidy S	16	Vineyard-CP	1:04.64
30.82	1:04.64		
3 Wessels, Christine	18	Tuks-TS	1:07.95
32.79	1:07.95		
4 De Jongh, Grace	18	Lane Leader-CE	1:08.57
5 Du Plessis, Chanel P	17	Cybersmart-CP	1:09.34
33.95	1:09.34		
6 Lombard, Jana	17	Lane Leader-CE	1:09.70
34.07	1:09.70		
7 Cronjè, Danielle	16	Lane Leader-CE	1:09.84
32.85	1:09.84		
8 Ryser, Aurora	17	Tygers-CP	1:09.87
33.67	1:09.87		
9 Smidt, Clio J	17	Vineyard-CP	1:11.75
34.71	1:11.75		
10 Lategan, Emma M	16	Curro Aquatics-CP	1:12.56
11 Smit, Jenna	17	Curro Aquatics-CP	1:12.62
36.02	1:12.62		
12 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	1:13.03
34.94	1:13.03		
13 Bulose, Megan	20	Uwc-CP	1:14.30
34.75	1:14.30		
14 Jurado, Stephanie C	16	SSISA-CP	1:14.54
35.80	1:14.54		
15 Vd Wal, Mieke	16	Curro Aquatics-CP	1:15.30
36.65	1:15.30		
16 Bester, Lisa	17	The Well-CE	1:16.20
37.55	1:16.20		

Event 201 Women 16 & Over 100 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Burgess, Cassidy S	16	Vineyard-CP	1:04.96
31.34	1:04.96		
2 Morris, Grace	16	Lane Leader-CE	1:05.95
31.15	1:05.95		
3 De Wet, Emma M	17	Curro Aquatics-CP	1:06.98
32.66	1:06.98		
4 Lombard, Jana	17	Lane Leader-CE	1:08.06
33.09	1:08.06		
5 De Jongh, Grace	18	Lane Leader-CE	1:08.08
32.31	1:08.08		
6 Du Plessis, Chanel P	17	Cybersmart-CP	1:09.05
7 Cronjè, Danielle	16	Lane Leader-CE	1:09.59
33.41	1:09.59		
8 Wessels, Christine	18	Tuks-TS	1:10.32
33.27	1:10.32		
9 Ryser, Aurora	17	Tygers-CP	1:10.46
33.47	1:10.46		
10 Smit, Jenna	17	Curro Aquatics-CP	1:11.35
34.24	1:11.35		
11 Smidt, Clio J	17	Vineyard-CP	1:11.63
34.32	1:11.63		
12 Ribeiro, Nuria A	22	Maties-CE	1:12.29
34.45	1:12.29		
13 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	1:12.97
34.49	1:12.97		
14 Lategan, Emma M	16	Curro Aquatics-CP	1:13.00
34.95	1:13.00		
15 Steenkamp, Veneske	16	Fish Eagle-ED	1:13.94
35.05	1:13.94		
16 Vd Wal, Mieke	16	Curro Aquatics-CP	1:15.01
36.32	1:15.01		
17 Smith, Lara E	16	Tygers-CP	1:15.52
36.25	1:15.52		
18 Van Huyssteen, Miette	17	Curro Hermanus-OB	1:16.09
36.44	1:16.09		
19 Jurado, Stephanie C	16	SSISA-CP	1:16.10
36.83	1:16.10		
20 Watson, Caitlin C	17	Blouberg Marlins-CP	1:16.44
36.37	1:16.44		
21 Bester, Lisa	17	The Well-CE	1:17.20
38.11	1:17.20		
22 Bulose, Megan	20	Uwc-CP	1:17.32
36.32	1:17.32		
23 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	1:17.70
37.85	1:17.70		
24 Jeftha, Zara L	16	Marlin-CP	1:25.91
41.54	1:25.91		

Event 202 Boys 13 & Under 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Loots, Noah C	13	Aqua Sharks-CP	2:30.16
32.51	1:10.12	1:49.44	2:30.16

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 202 Boys 13 & Under 200 LC Meter Butterfly)

Name	Age	Team	Finals Time
2 Van Zyl, Daniël R	13	Tygers-CP	2:38.24
33.88	1:14.25	2:38.24	
3 Mccollum, Aiden I	12	Aqua Dolphin-CP	2:41.24
35.38	1:15.37	1:57.14	2:41.24
4 Bright, Michael C	12	Curro Aquatics-CP	2:42.17
35.05	1:16.59	1:59.76	2:42.17
5 Boshoff, Mickayle C	12	Knysna Aquatics-ED	2:48.17
34.78	1:18.06	2:03.66	2:48.17
6 Bosch, Ewan Y	12	Tygers-CP	2:49.55
37.30	1:20.40	2:04.77	2:49.55
7 Barnard, Theo J	12	Swartland Aquati-WC	2:58.30
37.07	1:22.34	2:10.46	2:58.30
8 Titus, Brody	11	Paarl Aquarius-CE	2:58.81
38.29	1:22.88	2:58.81	
--- Smit, Reynard-Gray	13	Streamline-CP	DQ
Alternating movement of legs or feet			
35.23	1:17.91	2:02.57	DQ

Event 202 Men 14-15 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Dos-Santos, Andrei	15	Cybersmart-CP	2:20.01
31.61	1:07.02	1:43.95	2:20.01
2 Bouwer, Jason	14	Tygers-CP	2:23.12
31.63	1:09.48	1:45.75	2:23.12
3 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:31.79
32.35	1:09.14	1:49.20	2:31.79
4 Roman, Noah P	14	Aqua Dolphin-CP	2:32.07
33.99	1:12.22	1:52.78	2:32.07
5 Kotzè, Arden C	14	Swartland Aquati-WC	2:32.69
31.31	1:08.49	1:49.59	2:32.69
6 Yeowart, Luke D	14	Curro Aquatics-CP	2:33.36
34.56	1:13.83	1:53.54	2:33.36
7 Pullock, Sam J	15	Curro Hermanus-OB	2:45.93
33.34	1:13.72	1:57.66	2:45.93
8 Rheeder, Liam M	14	Paarl Aquarius-CE	2:47.89
34.07	1:14.23	2:00.02	2:47.89
9 Beukes, Jaden L	15	Walmers-CP	2:52.56
34.05	1:13.76	2:52.56	
10 Langeveldt, Christiano C	14	Aqua Dolphin-CP	3:11.96
37.74	1:24.65	2:19.20	3:11.96

Event 202 Men 16 & Over 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Eaton, Jarden D	19	CRSC-JH	2:07.98
28.62	1:02.01	1:35.39	2:07.98
2 Pearson, Tai Lee L	17	Tuks-TS	2:08.32
29.05	1:02.51	1:36.81	2:08.32
3 Bailey, Ethan J	21	Aqua Dolphin-CP	2:08.38
28.79	1:01.82	1:34.59	2:08.38
4 West, Gabriel	20	Tygers-CP	2:11.56
29.43	1:03.03	1:37.49	2:11.56
5 Strydom, Conrad M	16	Tygers-CP	2:18.22
29.34	1:04.86	2:18.22	
6 Southworth, Matthew W	16	Cybersmart-CP	2:18.46
29.96	1:04.55	1:41.36	2:18.46

7 Terblanche, Luan L	16	Tygers-CP	2:23.72
30.80	1:06.33	1:43.93	2:23.72
8 Louw, Guillaume	21	Curro Aquatics-CP	2:25.81
31.92	1:07.42	1:45.40	2:25.81
9 Solomon, Ethan	16	Aqua Dolphin-CP	2:26.49
31.94	1:08.29	1:47.29	2:26.49
10 Beukes, Mateo A	19	Walmers-CP	2:34.11
32.65	1:11.38	1:51.52	2:34.11
11 Pheeha, Junior J	18	ACAQ-CC	2:35.79
31.95	1:08.95	1:50.47	2:35.79

Event 203 Girls 13 & Under 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	2:34.63
34.07	1:13.61	1:54.02	2:34.63
2 Lorenzen, Ava E	12	Blouberg Marlins-CP	2:38.40
33.94	1:13.21	1:55.51	2:38.40
3 Williams, Aqeelah	12	Uwc-CP	2:47.31
35.46	1:18.62	2:03.41	2:47.31
4 Swanepoel, Lulu A	13	Aqua Sharks-CP	2:47.87
37.36	1:21.49	2:05.57	2:47.87
5 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	3:00.52
38.36	1:25.94	2:16.26	3:00.52
6 Lockitch, Zara	12	Cybersmart-CP	3:04.13
39.78	1:26.88	2:15.93	3:04.13
7 Stilwaney, Mia C	12	Paarl Aquarius-CE	3:11.57
39.41	1:28.20	3:11.57	

Event 203 Women 14-15 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Kotze, Abigail	15	Tygers-CP	2:20.85
31.50	1:07.56	1:44.04	2:20.85
2 Liebenberg, Emily M	15	Aquasharks Winel-CE	2:42.57
35.90	1:17.74	1:59.82	2:42.57
3 Gerber, Simonè M	14	Curro Aquatics-CP	2:42.84
36.42	1:18.35	2:01.87	2:42.84
4 Hartung, Amy M	15	Aqua Sharks-CP	2:53.16
37.48	1:21.83	2:07.96	2:53.16
5 Hayes, Kerrigan L	15	Curro Aquatics-CP	2:59.15
38.73	1:24.12	2:12.11	2:59.15
6 Putter, Demi	14	Curro Aquatics-CP	2:59.42
37.04	1:22.23	2:09.86	2:59.42

Event 203 Women 16 & Over 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Prinsloo, Mila	17	Aquasharks Winel-CE	2:24.94
31.98	1:09.36	1:47.33	2:24.94
2 Horne, Kaitlynn D	17	Pea-NM	2:26.76
31.59	1:08.32	1:47.14	2:26.76
3 De Wet, Emma M	17	Curro Aquatics-CP	2:29.46
32.03	1:09.10	1:48.77	2:29.46
4 Steenkamp, Veneske	16	Fish Eagle-ED	2:30.51
33.00	1:10.61	1:49.71	2:30.51
5 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	2:30.96
32.20	1:09.81	1:50.14	2:30.96
6 Du Plessis, Chanel P	17	Cybersmart-CP	2:32.00
34.14	1:13.00	1:52.84	2:32.00
7 Vd Wal, Mieke	16	Curro Aquatics-CP	2:41.78
34.75	1:15.97	1:59.85	2:41.78

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 203 Women 16 & Over 200 LC Meter Butterfly)

Name	Age	Team	Finals Time
8 Blend, Kirsten J	32	Curro Aquatics-CP	2:47.79
	35.28	1:15.76	2:00.94
			2:47.79
9 Gennarakis, Christina	17	Curro Aquatics-CP	2:55.54
	37.38	1:22.18	2:55.54

Event 204 Boys 11 & Under 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Kleu, Wian M	11	Stellenbosch Aqu-CE	38.60
2 Poultney, Matthew	11	Curro Aquatics-CP	38.65
3 Maughan, Patrick F	11	Aqua Sharks-CP	39.83
4 Daniels, Tylan H	11	Aqua Dolphin-CP	40.31
5 Serfontein, John-Lourens	11	ROA-ED	41.71
6 Schoeman, Mateo J	11	Quicksilver Wine-CE	42.40
7 Kenmuir, Ethan	11	Vineyard-CP	42.82
8 Van Onselen, Pierre S	11	Tygers-CP	43.67

Event 204 Boys 11 & Under 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Poultney, Matthew	11	Curro Aquatics-CP	39.46
2 Kleu, Wian M	11	Stellenbosch Aqu-CE	39.56
3 Maughan, Patrick F	11	Aqua Sharks-CP	40.17
4 Daniels, Tylan H	11	Aqua Dolphin-CP	41.04
5 Serfontein, John-Lourens	11	ROA-ED	42.63
6 Kenmuir, Ethan	11	Vineyard-CP	43.29
7 Schoeman, Mateo J	11	Quicksilver Wine-CE	43.49
8 Van Onselen, Pierre S	11	Tygers-CP	44.21
9 Titus, Brody	11	Paarl Aquarius-CE	44.64
10 Stenekamp, Keanu	11	Aqua Sharks-CP	44.72
11 Grobler, Reynhardt	10	The Well-CE	45.37
12 Van Heerden, Emile L	11	Fish Eagle-ED	45.45
13 Lange, Oliver	11	Vineyard-CP	45.87
14 Bond, Ben L	10	ROA-ED	46.82
15 Poultney, Daniel	9	Curro Aquatics-CP	47.27
16 Van Wyngaard, Daniël C	10	ROA-ED	48.55
17 Lubbe, Mikael B	11	Aqua Sharks-CP	49.06

Event 204 Boys 12-13 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Viljoen, Llewelyn	13	Fish Eagle-ED	34.28
2 Torbochkin, Daniel S	13	Aqua Sharks-CP	34.40
3 Loots, Noah C	13	Aqua Sharks-CP	35.63
4 Swart, Nico N	13	Aqua Sharks-CP	36.06
5 Hahn, Kyle H	12	Fish Eagle-ED	36.42
6 Douries, Ean	13	Curro Aquatics-CP	36.47
7 Coleman, Travis	13	Blouberg Marlins-CP	37.39
	30.41	37.39	
8 Van Vondel, Roland	13	Tygers-CP	37.52

Event 204 Boys 12-13 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Torbochkin, Daniel S	13	Aqua Sharks-CP	35.45
2 Loots, Noah C	13	Aqua Sharks-CP	35.93

3 Viljoen, Llewelyn	13	Fish Eagle-ED	36.01
4 Swart, Nico N	13	Aqua Sharks-CP	36.26
5 Douries, Ean	13	Curro Aquatics-CP	36.63
6 Van Vondel, Roland	13	Tygers-CP	36.66
7 Coleman, Travis	13	Blouberg Marlins-CP	37.22
8 Hahn, Kyle H	12	Fish Eagle-ED	37.24
9 Van Heerden, Christian	13	Aqua Athlete Cta-CP	37.81
10 van Rensburg, Tristan	12	Curro Aquatics-CP	38.35
11 Vorster, Caiden	13	TaperGo-WC	38.41
12 Faulkner, Callum E	13	Blouberg Marlins-CP	38.97
13 Coates, Caleb	12	Fish Eagle-ED	39.10
14 Muller, Lukas D	13	Quick Silver-CP	39.22
15 Allott, Jaydon K	12	Aqua Athlete Cta-CP	39.24
16 Van Zyl, Daniël R	13	Tygers-CP	39.57
17 De Jager, Eben	13	Quicksilver Wine-CE	39.61
18 Van Dyk, Stephaan	13	Blouberg Marlins-CP	40.46
19 Addinall, Ethan	13	Manta-CP	40.47
20 Trautman, Liam	13	Curro Hermanus-OB	41.43
21 Wagener, Tiaan H	12	Aquasharks Winel-CE	41.91
22 Barnard, Daniël B	12	Xcel Swim Academ-CP	42.12
23 Jonas, Leonardo	13	Players-CE	42.59
24 Jacobs, Seth G	12	Manta-CP	42.70
25 Heunis, Le Roux	12	Tygers-CP	42.71
26 Bosch, Ewan Y	12	Tygers-CP	42.90
27 Chippendale, Xavier L	13	Manta-CP	43.00
28 Fortune, Hakeem	13	Manta-CP	43.61
29 Froneman, Dylan R	13	Blouberg Marlins-CP	43.74
30 Troskie, Jean	13	Quick Silver-CP	43.79
31 Stander, Christiaan L	12	Aquasharks Winel-CE	44.25
32 February, Dillon S	12	Curro Aquatics-CP	44.42
33 Janse van Rensburg, Daniël P	13	Barracudas-CP	45.48
34 Du Randt, Zack S	13	Tygers-CP	45.81
35 Tresfon, Robbie	13	Vineyard-CP	48.68
36 Lewis, Amaru C	12	Paarl Aquarius-CE	49.84

Event 204 Men 14-15 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Gilbert, Andrew A	15	Swimlab-CP	30.39
2 Kotze, Eric B	14	Stellenbosch Aqu-CE	30.73
3 Williams, Jayden J	15	Paarl Aquarius-CE	31.20
4 Wing, James L	14	Curro Aquatics-CP	32.50
5 Haupt, Rhys A	15	Vineyard-CP	32.65
6 Stanfliet, Nicholas	14	Vineyard-CP	33.42
7 Kalapac, Joshua	15	Streamline-CP	33.52
8 Van Heerden, Hendré B	15	Fish Eagle-ED	33.92

Event 204 Men 14-15 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Gilbert, Andrew A	15	Swimlab-CP	30.61
2 Kotze, Eric B	14	Stellenbosch Aqu-CE	31.23
3 Williams, Jayden J	15	Paarl Aquarius-CE	31.61
4 Haupt, Rhys A	15	Vineyard-CP	32.95
*5 Wing, James L	14	Curro Aquatics-CP	33.01
*5 Stanfliet, Nicholas	14	Vineyard-CP	33.01
7 Kalapac, Joshua	15	Streamline-CP	33.91

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 204 Men 14-15 50 LC Meter Breaststroke)

Name	Age	Team	Prelim Time
8 Van Heerden, Hendré B	15	Fish Eagle-ED	34.82
9 Yeowart, Luke D	14	Curro Aquatics-CP	35.17
10 Basson, Trishaun T	15	Marlin-CP	35.19
11 Goussard, Henry	14	Curro Aquatics-CP	35.37
12 Wagner, Noah J	14	Swimlab-CP	35.42
13 Mansfield, Luke T	14	Stellenbosch Aqu-CE	35.62
14 Schultz, Heinrich W	15	Lane Leader-CE	35.65
15 Hendricks, Tyson S	14	ROA-ED	35.73
16 Liedeman, Mark	14	Swartland Aquati-WC	35.74
17 Basson, Lucca N	15	Silver Fins-CP	36.15
18 Fourie, Juvan	15	Quicksilver Wine-CE	36.22
19 Van der Merwe, Noah B	14	Swimlab-CP	36.29
20 Smith, Sebastian N	15	Tygers-CP	36.46
21 Vd Berg, Wilan	15	Quicksilver Wine-CE	37.38
22 Daniels, Joshua D	14	Streamline-CP	37.45
23 Williams, Evan B	14	SSISA-CP	37.60
24 Abrahams, Rayhan	15	Walmers-CP	38.40
25 Cleophas, Kyle	15	Paarl Aquarius-CE	39.23
26 van Wyk, Tariq K	14	Curro Aquatics-CP	41.98
--- Sirin, Ben	15	Vineyard-CP	NS

Event 204 Men 16 & Over 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Truter, Petrus C	21	Lane Leader-CE	28.91
2 Emslie, Joshua D	22	Maties-CE	29.11
3 Clayton, Franco P	18	Lane Leader-CE	30.11
4 Heslop, Jonathan V	21	Tuks-TS	30.73
5 Sack, Benji	28	SSISA-CP	30.78
6 Hendricks, Joshua	17	Curro Aquatics-CP	31.34
*7 Moncherry, Adam J	26	Lane Leader-CE	31.90
*7 Bester, Francois A	17	Quicksilver Wine-CE	31.90
9 Theron, Luca D	16	Vineyard-CP	32.00
10 Jani, Tawanda	17	Cybersmart-CP	32.12
11 McWilliam, Benn D	18	Tygers-CP	32.26
12 Bromfield, Michael V	23	Lane Leader-CE	32.62
13 Krenin, Damon R	17	Curro Aquatics-CP	32.87
14 Southworth, Matthew W	16	Cybersmart-CP	32.94
15 Alexander, Ammaar	17	Marlin-CP	33.37
16 Saayman, Dehan	16	Players-CE	33.56

Event 204 Men 16 & Over 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Emslie, Joshua D	22	Maties-CE	29.30
2 Truter, Petrus C	21	Lane Leader-CE	29.44
3 Sack, Benji	28	SSISA-CP	30.46
4 Clayton, Franco P	18	Lane Leader-CE	30.51
5 Bester, Francois A	17	Quicksilver Wine-CE	31.53
6 Theron, Luca D	16	Vineyard-CP	31.81
7 Hendricks, Joshua	17	Curro Aquatics-CP	31.84
8 McWilliam, Benn D	18	Tygers-CP	32.00
9 Heslop, Jonathan V	21	Tuks-TS	32.11
10 Jani, Tawanda	17	Cybersmart-CP	32.16
11 Moncherry, Adam J	26	Lane Leader-CE	32.17

12 Krenin, Damon R	17	Curro Aquatics-CP	32.75
13 Bromfield, Michael V	23	Lane Leader-CE	33.15
14 Alexander, Ammaar	17	Marlin-CP	33.32
15 Saayman, Dehan	16	Players-CE	33.38
16 Southworth, Matthew W	16	Cybersmart-CP	33.40
17 Terblanche, Luan L	16	Tygers-CP	33.62
18 Zellie, Thomas J	17	Swimlab-CP	33.73
19 Omar, Ilyas I	18	Marlin-CP	34.21
20 Pautz, Nathan M	16	Blouberg Marlins-CP	34.35
21 Simpson, Jesse	16	Vineyard-CP	34.47
22 Du Preez, Shaun	17	SSISA-CP	34.80
23 Eilers, De-Anzo C	18	KALA	34.82
24 Witbooi, Reinhardt J	17	Stellenbosch Aqu-CE	35.03
25 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	35.10
26 Van der Watt, Alpheus J	16	Players-CE	35.20
27 Wilson, Christian G	19	Streamline-CP	35.51
28 Lombard, Kyle M	16	Curro Aquatics-CP	35.54

Event 204 Men 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
1 Terblanche, Tiaan SB13	13	Fish Eagle-ED	44.36

Event 205 Girls 11 & Under 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Kalapac, Lexi	11	Streamline-CP	40.55
2 Julies, Grace J	11	Xcel Swim Academ-CP	40.72
3 Bishop, Caro	11	Vineyard-CP	41.03
4 Gerber, Kayla M	11	Stellenbosch Aqu-CE	41.45
5 Coetsee, Elke M	10	Fish Eagle-ED	41.79
6 Ahmed, Bria	11	Vineyard-CP	42.53
7 Dabrowski, Leah A	11	Blouberg Marlins-CP	43.47
8 Normington, Olivia	11	Xcel Swim Academ-CP	44.44

Event 205 Girls 11 & Under 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Julies, Grace J	11	Xcel Swim Academ-CP	41.19
2 Coetsee, Elke M	10	Fish Eagle-ED	41.69
3 Bishop, Caro	11	Vineyard-CP	41.70
4 Kalapac, Lexi	11	Streamline-CP	42.83
5 Gerber, Kayla M	11	Stellenbosch Aqu-CE	42.93
6 Ahmed, Bria	11	Vineyard-CP	44.03
7 Dabrowski, Leah A	11	Blouberg Marlins-CP	44.19
8 Normington, Olivia	11	Xcel Swim Academ-CP	44.59
9 Gilligan, Saskia	11	Blouberg Marlins-CP	44.60
10 Van Zyl, Neanè	11	Greydogs-CP	44.87
11 Cullis, Emma	11	Vineyard-CP	45.13
12 Olivier, Gianna G	11	Paarl Aquarius-CE	45.33
13 Kruger, Livvy	11	Players-CE	45.96
14 Hendricks, Jada	11	Tygers-CP	47.27
15 Arenz, Jessica	11	Manta-CP	47.89
16 Emjedi, Saffiya	11	Swimlab-CP	49.07
17 Beyers, Lize M	11	Agulhas-OB	49.39

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 205 Girls 12-13 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Horn, Anna	12	Xcel Swim Academ-CP	36.01
2 Joyce, Jenna	12	Curro Aquatics-CP	37.45
	15.08	37.45	
3 Heldsinger, Alexa L	13	SSISA-CP	37.54
4 Latimer, Olivia H	12	Swimlab-CP	37.74
5 Fury, Amelia J	13	Vineyard-CP	38.38
6 Charles, Tyla	12	Vineyard-CP	38.41
7 Pretorius, Kara	12	SSISA-CP	38.86
8 Oliver, Isabella	13	Quicksilver Wine-CE	39.28

Event 205 Girls 12-13 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Horn, Anna	12	Xcel Swim Academ-CP	36.18
2 Joyce, Jenna	12	Curro Aquatics-CP	37.31
3 Latimer, Olivia H	12	Swimlab-CP	38.19
4 Pretorius, Kara	12	SSISA-CP	39.15
5 Heldsinger, Alexa L	13	SSISA-CP	39.41
6 Fury, Amelia J	13	Vineyard-CP	39.50
7 Charles, Tyla	12	Vineyard-CP	39.58
8 Oliver, Isabella	13	Quicksilver Wine-CE	39.85
9 Harper, Maddie I	13	Knysna Aquatics-ED	40.33
10 Mare, Isabella	13	Curro Aquatics-CP	40.76
11 Hawley, Nicola	13	Players-CE	41.29
12 Williams, Aqeelah	12	Uwc-CP	41.31
13 Faul, Ellen J	13	Quicksilver Wine-CE	41.38
14 Louw, Mali R	12	The Well-CE	41.55
15 Stilwaney, Mia C	12	Paarl Aquarius-CE	42.02
16 Grebe, Ava	12	Curro Hermanus-OB	42.10
17 Halford, Harper C	12	Manta-CP	42.24
18 Chibharo, Lethabo L	12	Tygers-CP	42.28
19 Dimatellis, Zoi	12	Fish Eagle-ED	42.37
20 Van Wyk, Katie R	13	Blouberg Marlins-CP	42.46
21 Retief, Jane	12	Lane Leader-CE	42.54
22 Van Dyk, Zani	12	Aqua Sharks-CP	42.63
23 Schäfer, Kyla	13	Knysna Aquatics-ED	42.84
24 Jurgens, Chloe-Leigh	12	Manta-CP	42.85
25 Lindsay, Edith J	13	Fish Eagle-ED	43.37
26 Nienaber, Mila J	13	Quicksilver Wine-CE	43.39
27 Billson, Amelie	12	Curro Aquatics-CP	43.47
28 Stevenson, Mikayla	12	Quick Silver-CP	43.95
29 Atkinson, Anouk E	13	Swartland Aquati-WC	44.07
30 Esterhuyse, Frances	13	Stars-CK	44.83
31 Sonnekus, Anya	13	Tygers-CP	44.99
32 Goldman, Jasmine	13	Vineyard-CP	45.69
33 Cronjé, Miané	13	Fish Eagle-ED	46.36
34 Stahmer, Alexa	12	Fish Eagle-ED	46.48
35 De Beer, Isabella C	13	Quicksilver Wine-CE	46.75

Event 205 Women 14-15 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Combrink, Amy	15	Vineyard-CP	35.16

2 Coleman, Madison	15	Blouberg Marlins-CP	35.68
3 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	36.09
4 Richter, Mignon K	15	Swimlab-CP	36.48
5 Van Der Wath, Izi	14	Knysna Aquatics-ED	36.55
6 Gerber, Simonè M	14	Curro Aquatics-CP	36.56
7 Van Niekerk, Ona	15	Fish Eagle-ED	36.79
8 Hebler, Lily M	15	Quicksilver Wine-CE	37.27

Event 205 Women 14-15 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Combrink, Amy	15	Vineyard-CP	35.19
2 Coleman, Madison	15	Blouberg Marlins-CP	35.76
3 Richter, Mignon K	15	Swimlab-CP	36.48
4 Gerber, Simonè M	14	Curro Aquatics-CP	36.80
5 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	36.81
6 Van Der Wath, Izi	14	Knysna Aquatics-ED	37.29
7 Hebler, Lily M	15	Quicksilver Wine-CE	37.56
8 Van Niekerk, Ona	15	Fish Eagle-ED	37.59
9 Putter, Demi	14	Curro Aquatics-CP	37.98
10 Grobler, Zané	14	Fish Eagle-ED	38.28
11 Fabricius, Kaylin	15	Barracudas-CP	38.48
12 Laubscher, Mikalla I	14	Aqua Sharks-CP	38.49
13 Dreyer, Arne'	14	Stellenbosch Aqu-CE	38.91
14 Hahn, Kayleigh K	15	Fish Eagle-ED	39.02
15 Morris, Jenna	15	Vineyard-CP	39.18
16 Adams, Sydney M	15	Vineyard-CP	39.28
17 Barnard, Adelmari D	14	Swartland Aquati-WC	39.53
18 Visser, Sandri	15	Players-CE	39.84
19 De Oliveira, Aliyah	14	Tygers-CP	39.91
20 Botha, Chelsea	14	Curro Aquatics-CP	40.58
21 Riley, Logan	14	Curro Aquatics-CP	41.25
22 Baillie, Gabi J	14	Fish Eagle-ED	42.92

Event 205 Women 16 & Over 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Cope, Morgan M	18	Lane Leader-CE	32.49
2 Straszacker, Kristen C	24	Curro Aquatics-CP	34.45
3 Meier, Marné	25	Curro Aquatics-CP	34.48
4 Fury, Rebecca G	17	Vineyard-CP	34.67
5 Vd Wal, Mieke	16	Curro Aquatics-CP	36.05
6 Hugo, Anika S	18	Quicksilver Wine-CE	36.37
7 Schreuder, Hannah G	16	Swimlab-CP	36.40
8 Pharoah, Morgan L	19	Tuks-TS	37.04
9 Jeftha, Zara L	16	Marlin-CP	37.06
10 Bulose, Megan	20	Uwc-CP	37.54
11 Olivier, Shani	17	Paarl Aquarius-CE	38.04
12 Ryser, Aurora	17	Tygers-CP	39.01
13 Witten, Hannah	17	Aqua Dolphin-CP	40.01
14 Jurado, Stephanie C	16	SSISA-CP	40.24
15 Loubser, Jenna L	16	Streamline-CP	41.45
16 Lategan, Emma M	16	Curro Aquatics-CP	42.39

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 205 Women 16 & Over 50 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Cope, Morgan M	18	Lane Leader-CE	32.39
2 Straszacker, Kristen C	24	Curro Aquatics-CP	34.50
3 Meier, Marné	25	Curro Aquatics-CP	34.93
4 Fury, Rebecca G	17	Vineyard-CP	35.26
5 Vd Wal, Mieke	16	Curro Aquatics-CP	35.86
6 Hugo, Anika S	18	Quicksilver Wine-CE	36.37
7 Pharoah, Morgan L	19	Tuks-TS	37.06
8 Jeftha, Zara L	16	Marlin-CP	37.20
9 Schreuder, Hannah G	16	Swimlab-CP	37.27
10 Olivier, Shani	17	Paarl Aquarius-CE	38.01
11 Bulose, Megan	20	Uwc-CP	38.91
12 Witten, Hannah	17	Aqua Dolphin-CP	39.62
13 Ryser, Aurora	17	Tygers-CP	39.83
14 Jurado, Stephanie C	16	SSISA-CP	40.76
15 Lategan, Emma M	16	Curro Aquatics-CP	40.85
16 Loubser, Jenna L	16	Streamline-CP	41.84
17 Smith, Lara E	16	Tygers-CP	41.87
18 Glover, Erin K	16	Tygers-CP	42.01

Event 205 Women 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
1 Janse Van Rensburg, Minke SE	20	Fish Eagle-ED	51.02

Event 206 Boys 11 & Under 200 LC Meter Freestyle

Name	Age	Team	Finals Time
A - Final			
1 Mallin, Lukas	10	Swimlab-CP	2:23.92
			32.49 1:09.09 1:47.01 2:23.92
2 Poultney, Matthew	11	Curro Aquatics-CP	2:25.64
			33.67 1:11.63 1:49.49 2:25.64
3 Steyn, Harry	11	Curro Aquatics-CP	2:29.97
			33.39 1:11.37 1:51.10 2:29.97
4 Van Onselen, Pierre S	11	Tygers-CP	2:31.79
			34.71 1:13.50 2:31.79
5 Daniels, Tylan H	11	Aqua Dolphin-CP	2:32.66
			34.79 1:14.01 1:54.09 2:32.66
6 Kleu, Wian M	11	Stellenbosch Aqu-CE	2:34.12
			35.96 1:15.73 1:56.14 2:34.12
7 Bond, Ben L	10	ROA-ED	2:39.78
			36.51 1:17.98 2:39.78
8 Schabert, Lowen	11	Quicksilver Wine-CE	2:39.84
			35.09 1:15.46 1:57.54 2:39.84

Event 206 Boys 11 & Under 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Mallin, Lukas	10	Swimlab-CP	2:27.26
			33.72 1:11.86 1:49.84 2:27.26
2 Poultney, Matthew	11	Curro Aquatics-CP	2:28.72
			34.51 1:13.54 1:52.77 2:28.72
3 Steyn, Harry	11	Curro Aquatics-CP	2:30.42
			33.36 1:12.22 1:51.96 2:30.42

4 Van Onselen, Pierre S	11	Tygers-CP	2:34.04
			34.45 1:14.16 1:55.51 2:34.04
5 Daniels, Tylan H	11	Aqua Dolphin-CP	2:34.82
			36.38 1:15.75 1:55.84 2:34.82
6 Kleu, Wian M	11	Stellenbosch Aqu-CE	2:35.17
			35.75 1:17.18 1:59.20 2:35.17
7 Schabert, Lowen	11	Quicksilver Wine-CE	2:39.60
			36.38 1:17.85 1:59.43 2:39.60
8 Bond, Ben L	10	ROA-ED	2:40.68
			1:18.89 2:01.98 2:40.68
9 Grobler, Reynhardt	10	The Well-CE	2:41.35
			37.39 1:20.16 2:01.90 2:41.35
10 Skordis, Boyd A	10	Aqua Dolphin-CP	2:41.58
			37.80 1:20.30 2:41.58
11 Joyce, Guy	10	Curro Aquatics-CP	2:41.67
			2:01.55 2:41.67
12 Viljoen, Jagger F	11	Aqua Sharks-CP	2:42.46
			36.23 1:18.57 2:01.53 2:42.46
13 Serfontein, John-Lourens	11	ROA-ED	2:43.16
			36.37 1:18.17 2:00.57 2:43.16
14 Pieterse, Nicholas N	11	Stellenbosch Aqu-CE	2:43.84
			2:03.03 2:43.84
15 Louw, James	11	Vineyard-CP	2:43.86
			35.96 1:17.47 2:01.02 2:43.86
16 Desai, Rohin T	11	Swimlab-CP	2:43.93
			37.33 1:20.72 2:03.55 2:43.93
17 Gerber, Luke M	11	Curro Aquatics-CP	2:44.47
			37.45 2:02.79 2:44.47
18 Coetzee, Tristan R	11	Fish Eagle-ED	2:47.35
			36.36 1:21.98 2:07.51 2:47.35
19 Van Wyngaard, Daniël C	10	ROA-ED	2:48.19
			38.93 1:22.90 2:07.69 2:48.19
20 Poultney, Daniel	9	Curro Aquatics-CP	2:48.59
			38.76 1:22.14 2:05.95 2:48.59
21 Sebastian, Alexander	11	Manta-CP	2:49.49
			36.99 1:19.94 2:49.49
22 Van der Merwe, Logan	11	Tygers-CP	2:51.44
			38.72 1:22.24 2:07.13 2:51.44
23 Spangenberg, Zach A	11	Xcel Swim Academ-CP	2:51.77
			40.12 1:25.43 2:51.77
--- Lange, Oliver	11	Vineyard-CP	NS

Event 206 Boys 12-13 200 LC Meter Freestyle

Name	Age	Team	Finals Time
A - Final			
1 Boshoff, Keanu A	13	Knysna Aquatics-ED	2:12.01
			31.44 1:05.72 1:40.42 2:12.01
2 Oaten, Rourke	13	Silver Fins-CP	2:14.95
			31.62 1:04.68 2:14.95
3 Breebaart, Joshua	12	Curro Aquatics-CP	2:14.98
			31.28 1:05.95 1:41.80 2:14.98
4 Hough, Caleb	13	TaperGo-WC	2:16.50
			31.03 1:06.80 1:41.55 2:16.50
5 Van Zyl, Daniël R	13	Tygers-CP	2:17.70
			1:06.89 1:42.76 2:17.70
6 Fletcher, Tyler D	13	Fish Eagle-ED	2:17.71
			31.86 1:06.99 2:17.71

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

A - Final ... (Event 206 Boys 12-13 200 LC Meter Freestyle)

Name	Age	Team	Finals Time
7 Wright, Jonah S	13	Tygers-CP	2:18.06
	31.10	1:07.15	1:44.00 2:18.06
8 Smit, Reynard-Gray	13	Streamline-CP	2:22.45
	31.86	1:08.16	2:22.45

Event 206 Boys 12-13 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Boshoff, Keanu A	13	Knysna Aquatics-ED	2:15.38
	29.34	1:04.05	1:40.94 2:15.38
2 Oaten, Rourke	13	Silver Fins-CP	2:15.76
	31.63	1:06.39	1:41.54 2:15.76
3 Breebaart, Joshua	12	Curro Aquatics-CP	2:17.61
	31.79	1:07.32	1:43.53 2:17.61
4 Van Zyl, Daniël R	13	Tygers-CP	2:17.82
	31.63	1:06.78	1:43.27 2:17.82
5 Hough, Caleb	13	TaperGo-WC	2:20.27
	30.80	1:06.68	1:42.50 2:20.27
6 Fletcher, Tyler D	13	Fish Eagle-ED	2:20.54
	31.14	1:07.83	1:44.99 2:20.54
7 Wright, Jonah S	13	Tygers-CP	2:20.72
	30.98	1:07.23	1:45.03 2:20.72
8 Smit, Reynard-Gray	13	Streamline-CP	2:20.82
	32.39	1:08.32	1:45.25 2:20.82
9 Balt, Christiaan O	13	Players-TS	2:20.83
	31.72	1:07.96	1:46.52 2:20.83
10 Allott, Jaydon K	12	Aqua Athlete Cta-CP	2:21.46
	32.68	1:08.80	1:45.79 2:21.46
11 Mccollum, Aiden I	12	Aqua Dolphin-CP	2:21.86
	32.99	1:08.76	1:45.88 2:21.86
12 Coleman, Travis	13	Blouberg Marlins-CP	2:22.26
	32.86	1:09.31	1:46.88 2:22.26
13 Wagener, Tiaan H	12	Aquasharks Winel-CE	2:22.73
	32.48	1:09.22	1:46.38 2:22.73
14 Du Plessis, Paul	12	Tuks-TS	2:22.96
	32.27	1:09.26	1:46.96 2:22.96
15 Barnard, Daniël B	12	Xcel Swim Academ-CP	2:23.09
	33.29	1:10.60	1:47.44 2:23.09
16 Pautz, Benjamin R	12	Blouberg Marlins-CP	2:23.15
	32.53	1:09.12	1:46.42 2:23.15
17 Barnard, Theo J	12	Swartland Aquati-WC	2:23.61
	32.63	1:09.64	1:46.73 2:23.61
18 Bright, Michael C	12	Curro Aquatics-CP	2:23.82
	33.25	1:10.23	1:48.36 2:23.82
19 Van Wyk, Jack R	13	Curro Aquatics-CP	2:24.62
	32.72	1:09.53	1:47.14 2:24.62
20 Viljoen, Llewelyn	13	Fish Eagle-ED	2:25.16
	33.33	1:10.21	1:48.31 2:25.16
21 van Rensburg, Tristan	12	Curro Aquatics-CP	2:25.58
	32.84	1:10.54	1:49.02 2:25.58
22 Faulkner, Callum E	13	Blouberg Marlins-CP	2:25.83
	32.94	1:09.98	1:48.53 2:25.83
23 Schaefer, Daniel C	12	Players-CE	2:26.00
	33.31	1:11.21	1:48.56 2:26.00

24 Kruger, Zachary C	12	Swartland Aquati-WC	2:26.41
	32.82	1:49.08	2:26.41
25 Spencer, Marcus W	13	Cybersmart-CP	2:26.49
	33.05	1:11.20	1:49.56 2:26.49
26 VerLoren Van Themaat, Hein	12	Lane Leader-CE	2:27.03
	33.79	1:11.57	1:50.59 2:27.03
27 Hodgskiss, Fin J	13	SSISA-CP	2:27.35
	32.61	1:10.07	1:49.08 2:27.35
28 Van Dyk, Stephaan	13	Blouberg Marlins-CP	2:27.53
	32.43	1:11.40	1:50.94 2:27.53
29 Parr, Colbyn S	13	Knysna Aquatics-ED	2:27.68
	33.41	1:10.93	1:49.92 2:27.68
30 Vorster, Caiden	13	TaperGo-WC	2:27.70
	32.27	1:11.11	1:50.78 2:27.70
31 Vd Watt, Earle	12	Curro Aquatics-CP	2:27.95
	33.40	1:11.44	1:50.73 2:27.95
32 Visser, Wessel M	13	Uwc-CP	2:28.01
	33.31	1:10.69	1:49.68 2:28.01
33 Addinall, Ethan	13	Manta-CP	2:28.07
	33.76	1:11.69	1:50.90 2:28.07
34 Jooste, Ben D	12	Curro Hermanus-OB	2:28.55
	33.79	1:12.21	1:51.13 2:28.55
35 Muller, Lukas D	13	Quick Silver-CP	2:28.75
	33.26	1:10.88	1:50.55 2:28.75
36 Bosch, Ewan Y	12	Tygers-CP	2:30.47
	33.81	1:12.11	1:51.65 2:30.47
37 Van Vondel, Roland	13	Tygers-CP	2:31.66
	34.08	1:12.54	1:52.23 2:31.66
38 Wessels, Connor M	13	Blouberg Marlins-CP	2:31.78
	33.29	1:12.75	1:53.19 2:31.78
39 Visagie, Dian	12	Swartland Aquati-WC	2:31.80
	34.28	1:12.96	1:52.87 2:31.80
40 Froneman, Dylan R	13	Blouberg Marlins-CP	2:32.42
	34.91	1:15.01	1:53.73 2:32.42
41 February, Dillon S	12	Curro Aquatics-CP	2:33.85
	35.82	1:15.45	1:55.89 2:33.85
42 Douries, Ean	13	Curro Aquatics-CP	2:34.92
	35.10	1:15.12	1:56.24 2:34.92
43 Heunis, Le Roux	12	Tygers-CP	2:34.99
	34.91	1:15.90	1:55.67 2:34.99
44 Coates, Caleb	12	Fish Eagle-ED	2:35.70
	34.16	1:14.66	1:55.43 2:35.70
45 Stander, Christiaan L	12	Aquasharks Winel-CE	2:35.85
	34.94	1:14.55	1:55.63 2:35.85
46 Jacobs, Seth G	12	Manta-CP	2:37.46
	36.27	1:17.45	2:00.41 2:37.46
47 Trautman, Liam	13	Curro Hermanus-OB	2:38.48
48 Jonas, Leonardo	13	Players-CE	2:38.55
		1:14.31	2:38.55
49 Chippendale, Xavier L	13	Manta-CP	2:44.80
	36.28	1:17.67	2:03.38 2:44.80
50 Lewis, Amaru C	12	Paarl Aquarius-CE	2:47.76
	38.05	1:20.97	2:05.69 2:47.76
51 Lamminga, Jack	13	TaperGo-WC	2:52.10
	38.38	1:22.61	2:07.51 2:52.10
52 Tresfon, Robbie	13	Vineyard-CP	2:53.50
	37.36	2:53.50	
--- Weber, Daniel	13	Players-CE	NS

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 206 Men 14-15 200 LC Meter Freestyle									
Name		Age	Team	Finals Time					
A - Final					17	Burger, Rosseau	15	Lane Leader-CE	2:14.60
1	Dos-Santos, Andrei	15	Cybersmart-CP	2:05.48	31.00	1:05.52	1:40.66	2:14.60	
	28.98	1:01.30	1:33.10	2:05.48					
2	Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:05.78	18	Gilbert, Andrew A	15	Swimlab-CP	2:14.72
	28.99	1:01.38	1:34.08	2:05.78	30.36	1:05.78	1:40.78	2:14.72	
3	Williams, Logan	14	Vineyard-CP	2:07.28	19	Pieterse, Marcelle J	14	Xcel Swim Academ-CP	2:15.69
	29.19	1:01.59	1:34.90	2:07.28	31.09	1:06.44	1:41.71	2:15.69	
4	Van der Merwe, Noah B	14	Swimlab-CP	2:07.77	20	Fernold, AJ	14	Fish Eagle-ED	2:15.99
	29.06	1:01.57	1:35.38	2:07.77	30.90	1:05.77	1:41.01	2:15.99	
5	Snyders, Kyle	14	TaperGo-WC	2:09.31	21	Williams, Evan B	14	SSISA-CP	2:16.49
	29.10	1:02.57	1:36.97	2:09.31	30.58	1:06.20	1:41.53	2:16.49	
6	Kalapac, Joshua	15	Streamline-CP	2:09.39	22	Afonso, Aragon G	14	Quick Silver-CP	2:16.90
	29.77	1:03.30	1:37.28	2:09.39	31.33	1:06.73	1:42.67	2:16.90	
7	Kotzè, Max M	15	Blouberg Marlins-CP	2:09.62	23	Roman, Noah P	14	Aqua Dolphin-CP	2:17.10
	30.29	1:03.57	1:37.64	2:09.62	31.51	1:06.93	1:43.45	2:17.10	
8	Basson, Lucca N	15	Silver Fins-CP	2:09.80	24	De Bruyn, Cornè C	15	Aqua Sharks-CP	2:17.19
	29.49	1:02.65	1:36.80	2:09.80	31.08	1:06.51	1:42.08	2:17.19	
Event 206 Men 14-15 200 LC Meter Freestyle					25	Cleophas, Kyle	15	Paarl Aquarius-CE	2:17.39
Name		Age	Team	Prelim Time					
Preliminaries					26	Wing, James L	14	Curro Aquatics-CP	2:17.76
1	Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:08.37	27	Liedeman, Mark	14	Swartland Aquati-WC	2:18.45
	29.58	1:02.25	1:35.40	2:08.37	29.69	1:03.55	1:41.26	2:18.45	
2	Snyders, Kyle	14	TaperGo-WC	2:08.94	28	Germishuys, Liam J	15	Quicksilver Wine-CE	2:18.47
		1:01.64	1:36.51	2:08.94	29.73	1:04.92	1:42.91	2:18.47	
3	Williams, Logan	14	Vineyard-CP	2:08.98	29	Grovè, Daniël	15	Curro Hermanus-OB	2:18.66
	29.34	1:01.41	1:34.78	2:08.98	30.72	1:05.47	1:42.76	2:18.66	
4	Basson, Lucca N	15	Silver Fins-CP	2:09.15	30	Bouwer, Jason	14	Tygers-CP	2:18.72
	29.58	1:02.93	1:36.75	2:09.15	32.16	1:07.33	1:43.41	2:18.72	
5	Dos-Santos, Andrei	15	Cybersmart-CP	2:09.53	31	Waters, Steven G	15	Lane Leader-CE	2:18.95
	29.05	1:01.42	1:35.56	2:09.53		1:06.63	1:43.19	2:18.95	
6	Kotzè, Max M	15	Blouberg Marlins-CP	2:10.02	32	Wagner, Noah J	14	Swimlab-CP	2:19.34
	28.99	1:01.96	1:36.26	2:10.02	30.95	1:06.61	1:42.82	2:19.34	
7	Van der Merwe, Noah B	14	Swimlab-CP	2:10.33	*33	Mansfield, Luke T	14	Stellenbosch Aqu-CE	2:19.54
	29.02	1:02.33	1:37.20	2:10.33	31.00	1:05.78	1:42.64	2:19.54	
8	Kalapac, Joshua	15	Streamline-CP	2:10.63	*33	Njoroge, Alphonse	15	Curro Aquatics-CP	2:19.54
	29.02	1:02.12	1:36.32	2:10.63	32.44	1:08.20	1:44.53	2:19.54	
9	Yeowart, Seth W	14	Curro Aquatics-CP	2:11.17	35	Coolen, Jonathan T	14	Stellenbosch Aqu-CE	2:19.95
	30.60	1:04.10	1:38.94	2:11.17	30.75	1:06.56	1:43.78	2:19.95	
10	Spencer, Charles A	15	Cybersmart-CP	2:11.32	36	Vermeulen, Hanco	15	Aquasharks Winel-CE	2:20.22
	29.64	1:02.84	1:37.48	2:11.32	30.72	1:07.29	1:45.93	2:20.22	
11	Gilmour, Connor A	14	Streamline-CP	2:11.93	37	Southey, Jamie	15	Aqua Dolphin-CP	2:20.23
	28.52	1:01.29	1:36.15	2:11.93	32.44	1:08.54	1:44.47	2:20.23	
12	Vd Merwe, Thomas	15	Lane Leader-CE	2:12.65	38	Poggenpoel, Troy J	15	SSISA-CP	2:20.62
	30.32	1:04.57	1:39.26	2:12.65	31.64	1:07.54	1:44.77	2:20.62	
13	Smith, Sebastian N	15	Tygers-CP	2:12.81	39	Minnaar, Nicolas	14	Tygers-CP	2:22.03
	30.11	1:03.86	1:38.54	2:12.81	31.48	1:07.87	1:45.47	2:22.03	
14	Goussard, Henry	14	Curro Aquatics-CP	2:12.91	40	Grobler, Chris I	14	Curro Aquatics-CP	2:23.10
	30.61	1:05.44	1:39.95	2:12.91	33.39	1:10.33	1:46.90	2:23.10	
15	Yeowart, Luke D	14	Curro Aquatics-CP	2:14.28	41	van Wyk, Tariq K	14	Curro Aquatics-CP	2:24.32
	31.52	1:05.98	1:40.86	2:14.28	32.37	1:09.49	1:47.54	2:24.32	
16	Das Neves, Lucas P	15	Tygers-CP	2:14.35	42	Langeveldt, Christiano C	14	Aqua Dolphin-CP	2:26.54
	29.80	1:03.78	1:39.52	2:14.35	33.71	1:11.54	1:48.93	2:26.54	
					43	Daniels, Joshua D	14	Streamline-CP	2:27.86
					31.64	1:09.23	1:48.26	2:27.86	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 206 Men 16 & Over 200 LC Meter Freestyle

Name	Age	Team	Finals Time
A - Final			
1 Pearson, Tai Lee L	17	Tuks-TS	1:55.34
26.08	55.33	1:25.25	1:55.34
2 Wolson, Daniel A	17	Swimlab-CP	1:55.60
27.17	56.52	1:26.21	1:55.60
3 Esterhuysen, Joshua N	17	Tygers-CP	1:56.91
26.48	55.72	1:26.27	1:56.91
4 Clarke, Liam	17	Lane Leader-CE	1:58.31
26.83	57.06	1:27.68	1:58.31
5 Wright, Keegan	18	Tygers-CP	1:58.42
27.31	56.74	1:27.44	1:58.42
6 Pretorius, Luuk E	16	Knysna Aquatics-ED	1:59.39
26.93	57.26	1:28.11	1:59.39
7 Bailey, Ethan J	21	Aqua Dolphin-CP	1:59.88
27.69	58.63	1:29.69	1:59.88
8 Bannister, Joshua G	16	Tygers-CP	2:02.16
28.07	59.29	1:31.29	2:02.16
B - Final			
9 Forbes, Thomas P	20	Lane Leader-CE	2:02.24
29.21	1:00.76	1:31.81	2:02.24
10 McWilliam, Benn D	18	Tygers-CP	2:02.30
28.95	59.94	1:31.37	2:02.30
11 Uys, Keegan	17	Lane Leader-CE	2:04.29
28.98	1:00.72	1:32.69	2:04.29
12 Geysler, Jacques M	17	Lane Leader-CE	2:05.32
28.62	1:00.74	1:33.72	2:05.32
13 Loots, Andre S	16	Lane Leader-CE	2:05.56
28.34	1:00.85	1:33.63	2:05.56
14 Pheeha, Junior J	18	ACAQ-CC	2:05.71
28.93	1:00.77	1:33.08	2:05.71
15 Terblanche, Luan L	16	Tygers-CP	2:06.47
28.75	1:00.76	1:33.36	2:06.47
16 Meier, Conrad	16	Tuks-TS	2:07.50
29.36	1:01.63	1:34.94	2:07.50
Event 206 Men 16 & Over 200 LC Meter Freestyle			
Name	Age	Team	Prelim Time
Preliminaries			
1 Clarke, Liam	17	Lane Leader-CE	1:57.81
26.99	57.23	1:27.62	1:57.81
2 Wolson, Daniel A	17	Swimlab-CP	1:59.45
27.94	58.13	1:29.01	1:59.45
3 Pretorius, Luuk E	16	Knysna Aquatics-ED	1:59.62
26.72	55.92	1:27.32	1:59.62
4 Esterhuysen, Joshua N	17	Tygers-CP	2:00.70
27.89	58.76	1:29.57	2:00.70
5 Bailey, Ethan J	21	Aqua Dolphin-CP	2:01.46
28.69	59.75	1:30.64	2:01.46
6 Bannister, Joshua G	16	Tygers-CP	2:01.63
28.40	59.78	1:31.49	2:01.63
7 Wright, Keegan	18	Tygers-CP	2:01.97
27.75	59.13	1:30.88	2:01.97
8 Pearson, Tai Lee L	17	Tuks-TS	2:02.02
28.33	1:00.42	1:32.48	2:02.02

9 Forbes, Thomas P	20	Lane Leader-CE	2:03.21
29.46	1:01.04	1:32.23	2:03.21
10 Terblanche, Luan L	16	Tygers-CP	2:04.67
28.62	1:00.22	1:32.51	2:04.67
11 Uys, Keegan	17	Lane Leader-CE	2:04.72
28.15	1:00.13	1:32.85	2:04.72
12 Geysler, Jacques M	17	Lane Leader-CE	2:05.00
28.37	1:00.86	1:33.63	2:05.00
13 McWilliam, Benn D	18	Tygers-CP	2:05.10
28.81	1:00.33	1:32.90	2:05.10
14 Pheeha, Junior J	18	ACAQ-CC	2:06.84
28.71	1:00.74	1:33.54	2:06.84
*15 Meier, Conrad	16	Tuks-TS	2:07.01
28.99	1:00.98	1:34.02	2:07.01
*15 Loots, Andre S	16	Lane Leader-CE	2:07.01
28.19	1:00.23	1:33.90	2:07.01
17 Karsten, Jody	17	Blouberg Marlins-CP	2:07.36
29.41	1:01.33	1:34.54	2:07.36
18 Clayton, Franco P	18	Lane Leader-CE	2:07.41
30.47	1:03.37	1:36.67	2:07.41
19 Swart, Niklis	19	Maties-CE	2:07.98
28.85	1:01.03	1:35.04	2:07.98
20 Zellie, Thomas J	17	Swimlab-CP	2:08.90
28.70	1:02.32	1:36.07	2:08.90
21 McPetrie, James L	17	Manta-CP	2:09.46
29.57		1:36.72	2:09.46
22 Pautz, Nathan M	16	Blouberg Marlins-CP	2:09.50
29.60	1:02.90	1:37.00	2:09.50
23 Van Wyk, Wesley R	18	Aqua Sharks-CP	2:09.72
28.87	1:02.31	1:35.94	2:09.72
24 Forbes, Nicholas J	18	Lane Leader-CE	2:10.09
29.20	1:02.09	1:35.89	2:10.09
25 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	2:10.15
27.55	59.17	1:34.25	2:10.15
26 Myburgh, Ruan	16	Blouberg Marlins-CP	2:10.27
29.64	1:03.72	1:37.80	2:10.27
27 Solomon, Ethan	16	Aqua Dolphin-CP	2:10.42
29.97	1:03.08	1:36.57	2:10.42
28 Allott, Jack R	16	Aqua Athlete Cta-CP	2:11.28
30.06	1:02.95	1:37.59	2:11.28
29 Louw, Guillaume	21	Curro Aquatics-CP	2:11.39
30.17	1:03.29	1:37.20	2:11.39
30 Arnott, Carter J	16	Aqua Sharks-CP	2:11.61
30.13	1:03.85	1:37.22	2:11.61
31 Smit, MJ M	16	Swimlab-CP	2:12.08
28.55	1:00.81	1:36.12	2:12.08
32 Foot, Aiden C	18	Swartland Aquati-WC	2:12.15
29.38	1:02.33	1:37.50	2:12.15
33 Waters, Zack L	19	Lane Leader-CE	2:12.28
29.65	1:02.82	1:37.38	2:12.28
34 Benecke, Alexander	16	SSISA-CP	2:12.64
29.79	1:03.09	1:38.05	2:12.64
35 Beukes, Mateo A	19	Walmers-CP	2:13.13
30.84	1:05.59	1:40.02	2:13.13
36 Eilers, De-Anzo C	18	KALA	2:13.31
29.86	1:03.26	1:38.59	2:13.31

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 206 Men 16 & Over 200 LC Meter Freestyle)

Name	Age	Team	Prelim Time	
37 Walker, Yohan G	16	Vineyard-CP	2:13.36	
	30.00	1:04.38	1:39.22	2:13.36
38 Atkinson, Samuel A	16	Swartland Aquati-WC	2:13.59	
	29.67	1:03.14	1:38.16	2:13.59
39 Heyes, Garrick T	16	Aqua Sharks-CP	2:14.05	
	29.69	1:04.25	1:39.95	2:14.05
40 Linscott, Nathan J	20	Uwc-CP	2:15.52	
	28.05	1:01.53	1:38.38	2:15.52
41 Witbooi, Reinhardt J	17	Stellenbosch Aqu-CE	2:15.94	
	30.42	1:03.94	1:39.69	2:15.94
42 Southworth, Matthew W	16	Cybersmart-CP	2:15.99	
	29.75	1:03.97	2:15.99	
43 Boonzaaier, Simon F	17	Aquasharks Winel-CE	2:16.13	
	30.48	1:04.73	1:40.44	2:16.13
44 Lombard, Kyle M	16	Curro Aquatics-CP	2:16.73	
	30.83	1:05.58	1:41.74	2:16.73
45 Du Preez, Shaun	17	SSISA-CP	2:16.86	
	30.13	1:04.09	1:40.76	2:16.86
46 Hewitt-Smook, Kristian	16	Swartland Aquati-WC	2:17.13	
	31.42	1:06.37	1:42.97	2:17.13
47 Schreuder, Steffen	16	Aquasharks Winel-CE	2:17.14	
	31.21	1:05.89	1:41.55	2:17.14
48 De Jager, Nathan B	16	Aqua Sharks-CP	2:17.67	
	30.28	1:05.57	1:42.34	2:17.67
49 Viljoen, Jaden R	16	Aqua Sharks-CP	2:17.72	
	30.48	1:05.92	1:42.21	2:17.72
50 Jani, Tawanda	17	Cybersmart-CP	2:19.64	
	30.97	1:06.13	1:43.44	2:19.64
51 Hendricks, Joshua	17	Curro Aquatics-CP	2:19.74	
	31.30	1:06.48	1:43.67	2:19.74
52 Mia, Sirhaan	18	Marlin-CP	2:19.84	
	30.44	1:05.54	1:42.37	2:19.84
53 Bowers, Joshua A	21	Manta-CP	2:21.21	
	30.30	1:04.95	1:43.16	2:21.21
54 Pincente, Matthew	16	Swimlab-CP	2:24.68	
	32.04	1:08.20	1:47.35	2:24.68
55 Anthony, Ammar	21	Marlin-CP	2:26.55	
	31.08	1:06.74	1:45.24	2:26.55
56 Pedro, Tamkeen	16	Walmers-CP	2:27.61	
	31.25	1:08.15	2:27.61	

Event 206 Men 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time	
1 Terblanche, Tiaan S13	13	Fish Eagle-ED	3:02.69	
	38.93	1:27.14	2:18.07	3:02.69

Event 207 Girls 11 & Under 200 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bishop, Caro	11	Vineyard-CP	2:28.20	
	34.06	1:12.00	1:50.76	2:28.20
2 Johnson, Ella J	11	Swimlab-CP	2:28.57	
	34.07	1:12.31	1:50.87	2:28.57
3 Dabrowski, Leah A	11	Blouberg Marlins-CP	2:33.98	
	34.47	1:13.05	2:33.98	

4 Julies, Grace J	11	Xcel Swim Academ-CP	2:37.90	
	35.87	1:15.82	1:57.50	2:37.90
5 Kruger, Livvy	11	Players-CE	2:39.07	
	34.32	1:14.07	1:57.07	2:39.07
6 Hofinger, Charlotte M	11	Aqua Sharks-CP	2:39.37	
	35.87	1:16.80	1:59.07	2:39.37
7 Coetsee, Elke M	10	Fish Eagle-ED	2:39.61	
	35.49	1:16.62	1:59.53	2:39.61
8 Douglas, Keyla	11	ROA-ED	2:39.76	
	36.16	1:17.64	2:00.18	2:39.76

Event 207 Girls 11 & Under 200 LC Meter Freestyle

Name	Age	Team	Prelim Time	
1 Bishop, Caro	11	Vineyard-CP	2:31.86	
	34.50	1:13.86	1:53.98	2:31.86
2 Johnson, Ella J	11	Swimlab-CP	2:32.82	
	34.99	1:14.32	1:54.07	2:32.82
3 Julies, Grace J	11	Xcel Swim Academ-CP	2:37.16	
	35.99	1:16.49	2:37.16	
4 Dabrowski, Leah A	11	Blouberg Marlins-CP	2:37.27	
	34.52	1:14.48	1:56.84	2:37.27
5 Coetsee, Elke M	10	Fish Eagle-ED	2:39.03	
	34.75	1:15.27	1:57.98	2:39.03
6 Kruger, Livvy	11	Players-CE	2:41.05	
	34.67	1:15.31	1:58.49	2:41.05
7 Douglas, Keyla	11	ROA-ED	2:41.89	
	36.95		2:01.01	2:41.89
8 Hofinger, Charlotte M	11	Aqua Sharks-CP	2:42.47	
	36.79	1:18.42	2:01.88	2:42.47
9 Adams, Ella	11	Tygers-CP	2:43.65	
	37.61	1:19.22	2:02.62	2:43.65
10 Cupido, Kirsten	11	Cybersmart-CP	2:44.92	
	36.85	1:18.55	2:02.28	2:44.92
11 Nel, Olivia	11	TaperGo-WC	2:45.68	
	37.89	1:20.40	2:04.36	2:45.68
12 Olivier, Gianna G	11	Paarl Aquarius-CE	2:48.82	
	39.92	1:22.48	2:48.82	
13 Arenz, Jessica	11	Manta-CP	2:50.20	
	37.22	1:21.97	2:06.38	2:50.20
14 Parfitt, Cayden C	11	Curro Aquatics-CP	2:50.59	
	38.09	1:21.61	2:07.74	2:50.59
15 Ahmed, Bria	11	Vineyard-CP	2:51.88	
	38.30	1:23.27	2:09.80	2:51.88
16 Barthus, Alessia	11	Manta-CP	3:07.72	
	39.63	1:29.29	2:20.29	3:07.72
--- Emjedi, Saffiya	11	Swimlab-CP	NS	

Event 207 Girls 12-13 200 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Coetsee, Isabeau L	12	Fish Eagle-ED	2:15.06	
	30.23	1:04.21	1:39.39	2:15.06
2 Lorenzen, Ava E	12	Blouberg Marlins-CP	2:16.56	
	31.23	1:05.51	1:41.69	2:16.56
3 Swanepoel, Lulu A	13	Aqua Sharks-CP	2:21.41	
	32.20	1:08.00	2:21.41	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 207 Girls 12-13 200 LC Meter Freestyle)

Name	Age	Team	Finals Time
4 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	2:22.19
	32.39	1:08.54	1:45.92 2:22.19
5 Mocke, Sarah	12	Swimlab-CP	2:22.46
	32.58	1:09.05	1:46.81 2:22.46
6 Williams, Aqeelah	12	Uwc-CP	2:24.13
	32.95	1:09.98	1:47.16 2:24.13
7 Roff, Mikaela	12	ROA-ED	2:24.36
	33.31	1:10.69	2:24.36
8 De Villiers, Anja	13	Tygers-CP	2:28.22
	33.57	1:11.26	1:50.34 2:28.22

Event 207 Girls 12-13 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Coetsee, Isabeau L	12	Fish Eagle-ED	2:17.55
	30.72	1:06.08	1:42.15 2:17.55
2 Lorenzen, Ava E	12	Blouberg Marlins-CP	2:19.16
	32.07	1:07.14	1:43.88 2:19.16
3 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	2:21.91
	32.56	1:08.87	1:46.03 2:21.91
4 Swanepoel, Lulu A	13	Aqua Sharks-CP	2:22.18
	33.11	1:09.38	1:46.84 2:22.18
5 Mocke, Sarah	12	Swimlab-CP	2:22.37
	33.20	1:09.52	1:47.30 2:22.37
6 Williams, Aqeelah	12	Uwc-CP	2:23.50
	32.80	1:09.31	1:46.58 2:23.50
7 De Villiers, Anja	13	Tygers-CP	2:26.00
	33.48	1:11.54	1:49.72 2:26.00
8 Roff, Mikaela	12	ROA-ED	2:26.33
	33.68	1:11.50	1:49.10 2:26.33
9 Fury, Amelia J	13	Vineyard-CP	2:26.53
	33.12	1:09.51	1:48.56 2:26.53
10 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	2:27.78
	34.12	1:10.99	1:49.90 2:27.78
11 Billson, Amelie	12	Curro Aquatics-CP	2:27.97
	33.86	1:11.61	1:50.29 2:27.97
12 Lockitch, Zara	12	Cybersmart-CP	2:30.17
	35.65	1:14.22	1:53.35 2:30.17
13 Faul, Ellen J	13	Quicksilver Wine-CE	2:31.08
	33.89	1:12.34	1:51.97 2:31.08
14 Schäfer, Kyla	13	Knysna Aquatics-ED	2:31.79
	35.74	1:16.73	1:53.77 2:31.79
15 Basson, Lenè	13	TaperGo-WC	2:33.41
	35.15	1:14.06	1:54.79 2:33.41
16 Gullan, Sophia	12	Vineyard-CP	2:33.44
	33.85	1:13.03	2:33.44
17 Burger, Johané	12	ROA-ED	2:33.58
	35.55	1:14.63	1:55.62 2:33.58
18 Joyce, Jenna	12	Curro Aquatics-CP	2:33.72
	35.04	1:14.29	1:54.29 2:33.72
19 Chibharo, Lethabo L	12	Tygers-CP	2:33.86
	34.68	1:13.86	1:54.09 2:33.86
20 Sabbagha, Georgia	12	Paarl Aquarius-CE	2:34.00
	35.60	1:15.65	1:56.07 2:34.00

21 Madeley, Amy O	12	Anac SC-CP	2:34.15
	34.80	1:13.86	1:54.85 2:34.15
22 Groves, Philippa R	13	SSISA-CP	2:34.46
	34.72	1:14.60	1:55.50 2:34.46
23 Bircher, Storm Z	13	Curro Hermanus-OB	2:34.57
	36.40	1:17.05	1:57.50 2:34.57
24 Sonnekus, Anya	13	Tygers-CP	2:34.83
	35.79	1:15.46	1:55.95 2:34.83
25 Nilsson, Rebecca B	13	Tygers-CP	2:34.90
	34.28	1:13.74	1:54.24 2:34.90
26 Brooker, Isabella J	13	Aqua Athlete Cta-CP	2:35.18
	34.60	1:14.79	1:55.84 2:35.18
27 Van Wyk, Katie R	13	Blouberg Marlins-CP	2:35.33
	34.54	1:14.18	1:55.62 2:35.33
28 Botha, Rebecca P	13	Knysna Aquatics-ED	2:35.52
	35.72	1:15.81	1:56.08 2:35.52
29 Els, Jamie	12	Aqua Dolphin-CP	2:35.88
	36.00	1:15.87	1:56.32 2:35.88
30 Flack, Francesca	13	TaperGo-WC	2:36.33
	34.81	1:14.49	1:56.93 2:36.33
31 Coetzee, Liane	13	Players-CE	2:36.79
	34.57	1:14.39	1:56.44 2:36.79
32 Hawley, Nicola	13	Players-CE	2:37.18
	34.14	1:14.85	2:37.18
33 Harper, Maddie I	13	Knysna Aquatics-ED	2:38.55
	37.22	1:18.41	1:59.31 2:38.55
34 Nienaber, Mila J	13	Quicksilver Wine-CE	2:38.81
	36.17	1:17.42	2:00.07 2:38.81
35 De Beer, Isabella C	13	Quicksilver Wine-CE	2:38.94
	35.45	1:16.86	1:59.25 2:38.94
36 Jantjies, Zara	12	Manta-CP	2:39.07
	36.01	1:17.27	1:59.76 2:39.07
37 Heldsinger, Gia	12	SSISA-CP	2:39.19
	35.57	1:16.28	1:59.08 2:39.19
38 Heldsinger, Alexa L	13	SSISA-CP	2:39.33
	36.36	1:18.30	1:59.74 2:39.33
39 Longueira, Ava L	12	Aqua Sharks-CP	2:40.42
	35.50	1:15.29	2:40.42
40 McGluwa, Jovanah N	12	Curro Aquatics-CP	2:40.63
	36.48	1:17.75	2:00.30 2:40.63
41 Jordaan, Mikayla E	12	Curro Aquatics-CP	2:41.27
	36.22	1:17.35	1:59.31 2:41.27
42 Stilwaney, Mia C	12	Paarl Aquarius-CE	2:41.57
	36.03		2:00.00 2:41.57
43 Barnes, Caitlin M	12	Swimlab-CP	2:42.67
	36.91	1:19.62	2:03.84 2:42.67
44 Cronjé, Miané	13	Fish Eagle-ED	2:43.77
	36.46	1:18.74	2:43.77
45 Grebe, Ava	12	Curro Hermanus-OB	2:44.12
	35.96	1:18.62	2:02.09 2:44.12
46 Thirsk, Savannah	12	Tygers-CP	2:44.40
	37.44	1:19.60	2:02.83 2:44.40
47 Coetzee, Marli	12	Curro Aquatics-CP	2:45.17
	37.74	1:20.90	2:05.31 2:45.17
48 Jurgens, Chloe-Leigh	12	Manta-CP	2:45.59
	36.94	1:19.21	2:03.01 2:45.59
49 Pretorius, Kara	12	SSISA-CP	2:48.93
	37.37	1:20.73	2:06.39 2:48.93

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 207 Girls 12-13 200 LC Meter Freestyle)

Name	Age	Team	Prelim Time
50 Liebenberg, Aimee L	12	Swartland Aquati-WC	2:51.57
	38.76	1:23.64	2:09.26 2:51.57
51 Stevenson, Mikayla	12	Quick Silver-CP	2:53.08
	36.71	1:20.10	2:07.11 2:53.08
--- Louw, Mali R	12	The Well-CE	DQ
	False start		
	39.67	1:25.53	DQ

Event 207 Women 14-15 200 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Kotze, Abigail	15	Tygers-CP	2:10.53
	31.00	1:04.70	1:38.47 2:10.53
2 Lambert, Bailey G	15	SEAL-UM	2:11.47
	31.27	1:05.45	1:39.41 2:11.47
3 Grütter, Arabelle	14	ROA-ED	2:16.45
	31.82	1:06.67	1:42.12 2:16.45
4 Huang, Shi Han A	15	Blouberg Marlins-CP	2:18.40
	32.51	1:08.09	1:43.39 2:18.40
5 Visser, Cara	14	Cybersmart-CP	2:18.59
	31.83	1:06.92	1:42.08 2:18.59
6 Louw, Anieka	14	Curro Aquatics-CP	2:19.47
	31.84	1:06.91	1:43.22 2:19.47
7 Noble, Reese O	14	Swimlab-CP	2:20.34
	31.84	1:07.03	1:43.77 2:20.34
8 Van Der Wath, Izi	14	Knysna Aquatics-ED	2:22.60
	33.04	1:09.23	1:46.53 2:22.60

Event 207 Women 14-15 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Kotze, Abigail	15	Tygers-CP	2:10.09
	29.54	1:01.91	1:35.78 2:10.09
2 Lambert, Bailey G	15	SEAL-UM	2:12.34
	30.52	1:04.72	1:38.72 2:12.34
3 Grütter, Arabelle	14	ROA-ED	2:16.28
	31.87	1:06.25	1:41.30 2:16.28
4 Visser, Cara	14	Cybersmart-CP	2:18.64
	32.25	1:08.26	1:43.60 2:18.64
5 Huang, Shi Han A	15	Blouberg Marlins-CP	2:19.37
	32.40	1:08.47	1:43.66 2:19.37
6 Louw, Anieka	14	Curro Aquatics-CP	2:19.99
	31.94	1:07.23	1:44.03 2:19.99
7 Noble, Reese O	14	Swimlab-CP	2:20.65
	32.17	1:07.90	1:44.35 2:20.65
8 Van Der Wath, Izi	14	Knysna Aquatics-ED	2:20.95
	31.17	1:07.09	1:44.25 2:20.95
9 Raimond, Marike M	15	Tygers-CP	2:21.56
	31.79	1:07.35	1:44.57 2:21.56
10 Newton, Ava L	15	Curro Aquatics-CP	2:21.63
	32.13	1:08.22	1:44.89 2:21.63
11 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	2:21.94
	32.35	1:08.33	1:45.93 2:21.94
12 Grobler, Zané	14	Fish Eagle-ED	2:22.38
	32.96	1:09.03	1:46.57 2:22.38

*13 Laubscher, Mikalla I	14	Aqua Sharks-CP	2:22.60
	33.06	1:08.87	1:45.74 2:22.60
*13 Liebenberg, Emily M	15	Aquasharks Winel-CE	2:22.60
	31.75	1:07.48	1:45.09 2:22.60
15 Hahn, Kayleigh K	15	Fish Eagle-ED	2:22.74
	32.28	1:08.83	1:46.04 2:22.74
16 Hayes, Kerrigan L	15	Curro Aquatics-CP	2:23.30
	32.59	1:08.82	1:46.32 2:23.30
17 Senekal, Margo	15	Tygers-CP	2:24.09
	32.20	1:07.89	1:46.09 2:24.09
18 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	2:24.12
	32.81	1:08.71	1:46.52 2:24.12
19 Burke, Hannah	15	Streamline-CP	2:24.13
	33.41	1:10.04	2:24.13
20 Hartung, Amy M	15	Aqua Sharks-CP	2:24.86
	33.78	1:10.15	1:47.90 2:24.86
21 Blake, Abi E	14	Curro Aquatics-CP	2:25.17
	33.06	1:09.88	1:47.87 2:25.17
22 Juries, Sam C	15	TaperGo-WC	2:25.35
	32.82	1:08.33	1:45.97 2:25.35
23 Thirsk, Madison	14	Tygers-CP	2:25.63
	33.72	1:11.67	1:49.13 2:25.63
24 Röntgen, Carine	15	Aquasharks Winel-CE	2:26.28
	33.41	1:10.50	1:48.77 2:26.28
25 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	2:28.43
	32.41	1:09.97	1:49.41 2:28.43
26 Jantzen, Zianè	15	Quick Silver-CP	2:29.01
	34.83	1:12.78	1:51.61 2:29.01
27 Van Niekerk, Ona	15	Fish Eagle-ED	2:29.62
	34.32	1:11.97	1:50.71 2:29.62
28 Burger, Juanè	14	Tygers-CP	2:29.95
	33.61	1:11.72	1:51.02 2:29.95
29 Rossouw, Emma M	15	Tygers-CP	2:30.62
	33.53	1:10.89	1:50.65 2:30.62
30 Coleman, Madison	15	Blouberg Marlins-CP	2:31.90
	34.76	1:13.95	1:53.36 2:31.90
31 Saayman, Nika D	14	Players-CE	2:32.93
	33.10	1:12.23	1:53.54 2:32.93
32 Hager, Carle	14	Aquasharks Winel-CE	2:33.78
	34.96	1:13.59	1:54.62 2:33.78

Event 207 Women 16 & Over 200 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Morris, Grace	16	Lane Leader-CE	2:09.19
	30.33	1:03.77	1:36.62 2:09.19
2 Horne, Kaitlynne D	17	Pea-NM	2:09.21
	30.48	1:03.68	1:36.96 2:09.21
3 Groepes, Rachel L	18	Tuks-TS	2:11.32
	30.33	1:04.09	1:38.40 2:11.32
4 Knoblauch, Cara	17	Lane Leader-CE	2:12.48
	30.43	1:04.20	1:38.04 2:12.48
5 vd Walt, Mia	20	Tuks-TS	2:12.64
	30.40	1:04.10	1:38.73 2:12.64
6 Neilson, Hannah K	19	Uwc-CP	2:13.46
	30.72	1:04.20	1:39.22 2:13.46
7 Fury, Rebecca G	17	Vineyard-CP	2:13.87
	30.82	1:04.35	1:39.11 2:13.87

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 207 Women 16 & Over 200 LC Meter Freestyle)

Name	Age	Team	Finals Time
8 Prinsloo, Mila	17	Aquasharks Winel-CE	2:14.98
	31.35	1:06.26	1:41.50 2:14.98
9 Steenkamp, Veneske	16	Fish Eagle-ED	2:15.58
	31.61	1:06.13	1:40.76 2:15.58
10 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	2:16.72
	31.40	1:05.98	1:41.54 2:16.72
11 Christie, Leah E	19	TaperGo-WC	2:18.73
	31.75	1:06.73	1:42.41 2:18.73
12 Pharoah, Morgan L	19	Tuks-TS	2:19.71
	31.87	1:07.52	1:43.70 2:19.71
13 Theron, Jady	17	Players-CE	2:21.17
	31.19	1:06.08	1:43.64 2:21.17
14 De Roubaix, Maric M	17	Lane Leader-CE	2:21.21
	31.98	1:07.28	1:43.82 2:21.21
15 Vd Wal, Mieke	16	Curro Aquatics-CP	2:21.91
	32.90		1:46.47 2:21.91
16 Gennarakis, Christina	17	Curro Aquatics-CP	2:22.22
	32.88	1:09.35	1:46.55 2:22.22

Event 207 Women 16 & Over 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Knoblauch, Cara	17	Lane Leader-CE	2:10.50
	29.42	1:02.06	1:35.96 2:10.50
2 Morris, Grace	16	Lane Leader-CE	2:11.41
	30.28	1:02.81	1:36.47 2:11.41
3 Groepes, Rachel L	18	Tuks-TS	2:12.25
	30.32	1:04.07	1:38.38 2:12.25
4 Horne, Kaitlynn D	17	Pea-NM	2:13.55
	30.90	1:04.68	1:39.26 2:13.55
5 vd Walt, Mia	20	Tuks-TS	2:13.62
	30.72	1:04.82	1:39.75 2:13.62
6 Fury, Rebecca G	17	Vineyard-CP	2:14.77
	30.78	1:04.31	1:39.62 2:14.77
7 Neilson, Hannah K	19	Uwc-CP	2:14.80
	30.89	1:04.79	1:40.03 2:14.80
8 Christie, Leah E	19	TaperGo-WC	2:16.15
	30.42	1:04.08	1:39.81 2:16.15
9 Prinsloo, Mila	17	Aquasharks Winel-CE	2:17.84
	31.15	1:06.43	1:42.45 2:17.84
10 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	2:18.28
	32.20	1:07.42	1:43.50 2:18.28
11 Pharoah, Morgan L	19	Tuks-TS	2:18.61
	32.33	1:07.27	1:43.39 2:18.61
12 Steenkamp, Veneske	16	Fish Eagle-ED	2:18.95
	31.25	1:06.25	1:42.36 2:18.95
13 Gennarakis, Christina	17	Curro Aquatics-CP	2:19.01
	31.43	1:05.97	1:42.25 2:19.01
14 Du Plessis, Chanel P	17	Cybersmart-CP	2:19.08
	32.25	1:07.54	1:43.87 2:19.08
15 Theron, Jady	17	Players-CE	2:19.46
	31.13	1:06.18	1:43.23 2:19.46
16 Smit, Jenna	17	Curro Aquatics-CP	2:20.09
	31.88	1:06.74	1:43.41 2:20.09

17 De Roubaix, Maric M	17	Lane Leader-CE	2:21.03
	31.92	1:07.48	1:44.11 2:21.03
18 Vd Wal, Mieke	16	Curro Aquatics-CP	2:21.98
	32.27	1:08.65	1:45.89 2:21.98
19 Webber, Isabella L	17	Vineyard-CP	2:23.60
	33.35	1:10.12	1:47.38 2:23.60
20 Glover, Erin K	16	Tygers-CP	2:23.97
	33.12	1:09.74	1:47.25 2:23.97
21 Blend, Kirsten J	32	Curro Aquatics-CP	2:25.27
	32.91	1:09.41	1:47.63 2:25.27
22 Watson, Caitlin C	17	Blouberg Marlins-CP	2:26.92
	33.79	1:10.90	1:49.33 2:26.92
23 Ryser, Aurora	17	Tygers-CP	2:28.68
	33.90	1:11.44	1:49.95 2:28.68
24 Loubser, Jenna L	16	Streamline-CP	2:28.96
	33.40	1:11.03	1:50.11 2:28.96
25 Olivier, Shani	17	Paarl Aquarius-CE	2:30.56
	34.92	1:13.16	1:52.46 2:30.56
26 Schreuder, Hannah G	16	Swimlab-CP	2:32.43
	34.34	1:13.08	1:53.75 2:32.43
27 Lategan, Emma M	16	Curro Aquatics-CP	2:38.65
	36.58	1:17.07	1:58.05 2:38.65

Event 207 Women 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	2:53.60
	36.63	1:21.40	2:09.46 2:53.60

Event 208 Boys 11 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Curro Aquatics-CP	A	4:44.06
	1) Poultney, Matthew 11	2) Breebaart, Matthew 9
	3) Steyn, Harry 11	4) Joyce, Guy 10
	31.21 1:06.22	1:42.32 2:21.30
	2:54.40 3:31.23	4:05.77 4:44.06
2 Vineyard-CP	A	5:00.46
	1) Lange, Oliver 11	2) Vermaak, Bo 11
	3) Bunyard, Thomas 11	4) Louw, James 11
	35.12 1:14.77	1:49.24 2:29.20
	3:07.50 3:48.04	4:21.79 5:00.46
3 Tygers-CP	A	5:05.76
	1) Van der Merwe, Logan 11	2) Perez Castellano, Emilio 11
	3) Swartz, Seth J 10	4) Van Onselen, Pierre S 11
	36.41 1:16.37	2:35.65
	3:14.05 3:57.34	4:30.37 5:05.76
4 Curro Aquatics-CP	B	5:07.02
	1) Poultney, Daniel 9	2) Gerber, Luke M 11
	3) Kuhn, Adrian-Brand 10	4) Fouche, Ryan 10
	35.40 1:16.62	1:51.57 2:31.61
	3:08.67 3:50.94	4:26.88 5:07.02
5 Aqua Sharks-CP	A	5:20.91
	1) Viljoen, Jagger F 11	2) Stenekamp, Keanu 11
	3) Lubbe, Mikael B 11	4) Van Dyk, Adriaan J 10
	35.51 1:16.30	1:52.61 2:34.66
	3:13.53 3:57.39	5:20.91

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 208 Boys 11 & Under 4x100 LC Meter Freestyle Relay)

Team	Relay	Finals Time
--- Vineyard-CP	B	DQ
1) Loxton, Camden 10	2) Magotsi, Ahadi 11	
3) Kenmuir, Ethan 11	4) Hauser, Paul 11	
41.30	1:28.15	
2:53.89	DQ	

Event 209 Girls 11 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	4:58.87
1) Ahmed, Bria 11	2) Cullis, Emma 11	
3) Voysey, Ella N 11	4) Bishop, Caro 11	
35.79 1:14.74	1:49.67 2:28.08	
3:04.03 3:45.33	4:19.01 4:58.87	
2 Tygers-CP	A	5:06.73
1) Adams, Ella 11	2) Van Onselen, Annabelle 10	
3) Hendricks, Jada 11	4) Newkirk, Gia 11	
35.86 1:15.92	1:52.08	
3:10.40 3:50.19	4:25.56 5:06.73	
3 Curro Aquatics-CP	A	5:19.95
1) Hengst, Emily A 11	2) Parfitt, Cayden C 11	
3) Kuhn, Alexa J 11	4) De Lange, Niah 9	
36.49 1:19.56		
2:36.27 3:14.77	5:19.95	
4 Aqua Sharks-CP	A	5:28.47
1) Sprong, Jaime M 11	2) Swanepoel, Pia Q 10	
3) Knott, Cayleigh 11	4) Makore, Bonaventure M 11	
36.45 1:19.39	1:58.52 2:43.22	
3:23.75 4:09.63	4:46.17 5:28.47	
5 Curro Aquatics-CP	B	5:41.76
1) Scheffer, Shaylee C 10	2) Vd Wal, Kaylee 11	
3) Le Roux, Tshogo L 11	4) Vd Wal, Dine 11	
37.59	1:57.58 2:42.80	
3:24.99 4:13.83	4:53.25 5:41.76	

Event 210 Boys 13 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Curro Aquatics-CP	A	4:18.69
1) Bright, Michael C 12	2) Van Wyk, Jack R 13	
3) Breebaart, Joshua 12	4) van Rensburg, Tristan 12	
31.70 1:06.02	1:35.74 2:09.93	
2:40.20 3:13.38	3:44.15 4:18.69	
2 Blouberg Marlins-CP	A	4:19.47
1) Van Dyk, Stephaan 13	2) Faulkner, Callum E 13	
3) Pautz, Benjamin R 12	4) Coleman, Travis 13	
31.34 1:05.97	1:37.22 2:11.34	
2:42.35 3:17.00	3:47.20 4:19.47	
3 Tygers-CP	A	4:20.16
1) Wright, Jonah S 13	2) Du Randt, Zack S 13	
3) Trower, Michael 13	4) Van Zyl, Daniël R 13	
29.63 1:02.70	1:34.44 2:12.22	
2:42.51 3:17.30	3:46.75 4:20.16	
4 Aqua Sharks-CP	A	4:21.37
1) Swart, Nico N 13	2) Pitout, Zachary J 13	
3) Torbochkin, Daniel S 13	4) Loots, Noah C 13	
31.06 1:05.31	1:37.40 2:13.61	
2:44.60 3:20.68	3:48.75 4:21.37	

5 Curro Aquatics-CP	B	4:36.71
1) Douries, Ean 13	2) February, Dillon S 12	
3) Vd Watt, Earle 12	4) Lewis, Callum R 13	
31.82 1:07.95	1:41.73 2:18.49	
2:50.43 3:26.70	4:36.71	
6 Manta-CP	A	4:45.77
1) Addinall, Ethan 13	2) Fortune, Hakeem 13	
3) Chippendale, Xavier L 13	4) Sebastian, Alexander 11	
31.71 1:06.82	1:41.70 2:21.34	
2:51.91 3:29.83	4:45.77	
7 Vineyard-CP	A	4:49.25
1) Tresfon, Robbie 13	2) Benecke, Delmar 13	
3) Harder, Callum R 11	4) Akinci, Can Batu 12	
	1:08.94 1:40.11 2:15.29	
2:52.75 3:38.93	4:12.81 4:49.25	
8 Tygers-CP	B	4:51.26
1) Bosch, Ewan Y 12	2) Van Vondel, Roland 13	
3) Heunis, Le Roux 12	4) Newham, Christopher J 12	
32.90 1:07.62	1:39.81 2:16.85	
2:50.20 3:27.64	4:04.98 4:51.26	

Event 211 Girls 13 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	4:23.47
1) Fury, Amelia J 13	2) Smith, Sophie 13	
3) Gullan, Sophia 12	4) Bayly, Arabella 13	
31.58 1:05.07	1:35.77 2:09.80	
2:41.87 3:18.97	3:49.16 4:23.47	
2 Tygers-CP	A	4:31.70
1) Nilsson, Rebecca B 13	2) Chibharo, Lethabo L 12	
3) Sonnekus, Anya 13	4) De Villiers, Anja 13	
32.08 1:07.35	1:39.57 2:15.92	
	2:28.23 2:48.63 4:31.70	
3 Blouberg Marlins-CP	A	4:38.28
1) Van Wyk, Katie R 13	2) Gilligan, Saskia 11	
3) Dabrowski, Leah A 11	4) Lorenzen, Ava E 12	
32.36 1:08.56	1:42.99 2:22.84	
2:55.67 3:33.83	4:04.54 4:38.28	
4 Curro Aquatics-CP	A	4:41.95
1) Billson, Amelie 12	2) Mare, Isabella 13	
3) Joyce, Jenna 12	4) McGluwa, Jovanah N 12	
33.40 1:09.86	1:43.28 2:20.68	
2:53.72 3:30.55	4:03.50 4:41.95	
5 Vineyard-CP	B	4:43.02
1) Goldman, Jasmine 13	2) Charles, Tyla 12	
3) Lewis, Erin 13	4) Nixon, Sofia 13	
34.99 1:12.33	1:45.71 2:21.54	
2:56.33 3:35.33	4:07.05 4:43.02	
6 SSISA-CP	A	4:47.83
1) Heldsinger, Gia 12	2) Heldsinger, Alexa L 13	
3) Pretorius, Kara 12	4) Groves, Philippa R 13	
33.79 1:12.25	1:46.07 2:22.13	
2:56.85 3:36.95	4:10.45 4:47.83	
7 Swimlab-CP	A	4:52.48
1) Latimer, Olivia H 12	2) Barnes, Caitlin M 12	
3) Johnson, Ella J 11	4) Conradie, Emilie M 12	
33.83 1:11.39	1:46.51 2:27.74	
3:01.48 3:38.47	4:13.65 4:52.48	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 211 Girls 13 & Under 4x100 LC Meter Freestyle Relay)

Team	Relay	Finals Time
8 Xcel Swim Academ-CP	A	4:52.95
1) Julies, Grace J 11	2) Normington, Olivia 11	
3) Horn, Anna 12	4) Jansen van Rensburg, Mia 12	
34.63 1:14.81	1:48.13	
3:05.61 3:44.92	4:17.17 4:52.95	
9 Manta-CP	A	4:53.96
1) Halford, Harper C 12	2) Jantjies, Zara 12	
3) Jurgens, Chloe-Leigh 12	4) Arenz, Jessica 11	
33.76 1:12.17	1:45.45 2:22.56	
2:58.65 3:38.13	4:12.68 4:53.96	
10 Curro Aquatics-CP	B	5:01.64
1) Coetzee, Marli 12	2) Jordaan, Mikayla E 12	
3) Gersbach, Esté 12	4) De Wit, Rua 12	
34.33 1:14.25	1:48.29	
3:03.34 3:44.25	5:01.64	
11 Tygers-CP	B	5:02.39
1) Boshoff, Anja 12	2) Van Der Ross, Peyton I 13	
3) Bouwer, Juno 12	4) Thirsk, Savannah 12	
33.76 1:11.10	2:28.46	
3:05.63 3:47.96	4:23.12 5:02.39	
12 Aqua Sharks-CP	A	5:07.93
1) Van Dyk, Zani 12	2) Pitout, Addison P 10	
3) Hofinger, Charlotte M 11	4) Boshoff, Briah Q 12	
35.01 1:13.90	1:50.41 2:32.90	
3:09.70 3:49.63	4:25.71 5:07.93	

Event 213 Boys 15 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	3:47.51
1) Bestel, Luc M 15	2) Haupt, Rhys A 15	
3) Williams, Logan 14	4) Van Schaik, Luc 14	
26.68 54.97	1:21.58 1:51.15	
2:18.67 2:49.43	3:16.52 3:47.51	
2 Tygers-CP	A	3:54.82
1) Das Neves, Lucas P 15	2) Minnaar, Nicolas 14	
3) Smith, Sebastian N 15	4) Trower, Nic T 15	
27.97 58.99	1:28.91 2:02.33	
2:29.85 3:00.98	3:26.51 3:54.82	
3 Curro Aquatics-CP	A	3:55.13
1) Goussard, Henry 14	2) Yeowart, Seth W 14	
3) Wing, James L 14	4) Bezuidenhout, Ernst E 14	
28.43 59.04	1:27.82 1:59.51	
2:27.64 2:58.48	3:25.49 3:55.13	
4 Streamline-CP	A	3:58.03
1) Gilmour, Connor A 14	2) Daniels, Joshua D 14	
3) Nagendrakumar, Puneet 14	4) Kalapac, Joshua 15	
27.32 57.61	1:26.38 1:58.82	
2:28.29 3:01.70	3:28.01 3:58.03	
5 Swimlab-CP	A	4:01.03
1) Van der Merwe, Noah B 14	2) Wagner, Noah J 14	
3) Gilbert, Andrew A 15	4) Pearson-Adams, Wolfe D 14	
28.35 58.86	1:27.97 1:59.66	
2:27.04 2:58.93	3:27.35 4:01.03	

6 Lane Leader-CE	A	4:01.35
1) Vd Merwe, Thomas 15	2) Burger, Rosseau 15	
3) Waters, Steven G 15	4) Schultz, Heinrich W 15	
29.04 1:01.34	1:29.82 2:02.11	
2:31.10 3:03.16	3:30.39 4:01.35	
7 Curro Aquatics-CP	B	4:15.51
1) Grobler, Chris I 14	2) Njoroge, Alphonse 15	
3) van Wyk, Tariq K 14	4) Yeowart, Luke D 14	
29.99 1:03.60	1:33.69 2:07.88	
2:38.37 3:12.57	3:42.78 4:15.51	
8 Vineyard-CP	B	4:31.19
1) Stanfliet, Nicholas 14	2) Jurado, Ondjaki O 13	
3) Cole, Jarryd 14	4) Theron, Oloff A 14	
29.70 1:02.94	1:34.57 2:11.74	
2:45.00 3:22.13	3:53.94 4:31.19	

Event 214 Girls 15 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	4:18.17
1) Combrink, Amy 15	2) Orchard, Milan M 14	
3) Trout, Sophia L 15	4) Adams, Sydni M 15	
29.67 1:03.93	1:33.99 2:07.30	
2:38.25 3:13.43	3:44.37 4:18.17	
2 Curro Aquatics-CP	A	4:18.90
1) Louw, Anieka 14	2) Newton, Ava L 15	
3) Hayes, Kerrigan L 15	4) Gerber, Simonè M 14	
30.91 1:05.49	1:34.97 2:09.86	
2:40.80 3:15.95	3:46.41 4:18.90	
3 Tygers-CP	A	4:20.69
1) Raimond, Marike M 15	2) Burger, Juanè 14	
3) Senekal, Margo 15	4) Kotze, Abigail 15	
30.88 1:05.37	1:37.46 2:13.91	
2:45.37 3:21.40	3:49.76 4:20.69	
4 Curro Aquatics-CP	B	4:29.98
1) Botha, Chelsea 14	2) Blake, Abi E 14	
3) Putter, Demi 14	4) Riley, Logan 14	
32.64 1:09.33	1:41.33 2:16.81	
2:47.96 3:22.94	3:53.72 4:29.98	
5 Tygers-CP	B	4:38.02
1) Thirsk, Madison 14	2) De Oliveira, Aliyah 14	
3) Rossouw, Cara 15	4) Rossouw, Emma M 15	
33.19 1:09.44	1:41.67 2:19.23	
2:51.49	3:59.98 4:38.02	
6 Swimlab-CP	A	4:38.95
1) Noble, Reese O 14	2) Richter, Mignon K 15	
3) Pearson-Adams, Oshun O 12	4) Barnes, Caitlin M 12	
31.54 1:05.99	1:37.72 2:12.52	
2:45.90 3:23.41	3:59.22 4:38.95	
7 Aqua Sharks-CP	A	4:39.73
1) Hartung, Amy M 15	2) Laubscher, Mikalla I 14	
3) Wilensky, Mikayla 11	4) Longueira, Ava L 12	
33.14 1:11.21	1:41.23 2:15.89	
2:50.11 3:29.29	4:01.79 4:39.73	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 215 Men 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Lane Leader-CE	A	3:29.84
1) Pool-Jones, Jonah B 22	2) Moncherry, Adam J 26	
3) Truter, Petrus C 21	4) Muller, Righardt 22	
24.81 52.07	1:16.56 1:45.77	
2:10.16 2:37.46	3:01.98 3:29.84	
2 Lane Leader-CE	B	3:37.14
1) Bromfield, Michael V 23	2) Loots, Andre S 16	
3) Clarke, Liam 17	4) Kriegler, Christiaan C 19	
25.70 54.19	1:20.21 1:49.99	
2:15.14 2:43.03	3:08.22 3:37.14	
3 Tygers-CP	A	3:37.44
1) West, Gabriel 20	2) Wright, Keegan 18	
3) Strydom, Conrad M 16	4) Esterhuysen, Joshua N 17	
26.10 54.56	1:20.07 1:48.82	
2:15.39 2:44.43	3:09.56 3:37.44	
4 Vineyard-CP	A	3:43.99
1) Hendricks, Robert A 19	2) Wollenschlaeger, Noah 16	
3) Walker, Yohan G 16	4) Theron, Luca D 16	
25.96 54.07	1:20.67 1:50.53	
2:17.29 2:47.89	3:14.05 3:43.99	
5 Aqua Sharks-CP	A	3:47.39
1) Van Wyk, Wesley R 18	2) Arnott, Carter J 16	
3) Abrahams, Matthew N 25	4) Heyes, Garrick T 16	
26.80 56.39	1:23.90 1:54.29	
2:21.17 2:50.89	3:16.87 3:47.39	
6 Swimlab-CP	A	3:48.27
1) Wolson, Daniel A 17	2) Zellie, Thomas J 17	
3) Van der Merwe, Josh E 16	4) Pincente, Matthew 16	
26.65 54.49	1:21.40 1:51.47	
2:18.77 2:50.35	3:18.76 3:48.27	
7 Blouberg Marlins-CP	A	3:51.32
1) Kotzè, Max M 15	2) Pautz, Nathan M 16	
3) Myburgh, Ruan 16	4) Karsten, Jody 17	
28.07 58.43	1:25.42 1:55.52	
2:23.08 2:54.34	3:22.09 3:51.32	
8 SSISA-CP	A	3:55.18
1) Du Preez, Shaun 17	2) Kleinhans, Kyle 18	
3) Labuschagne, Jeremy 18	4) Benecke, Alexander 16	
27.68 57.84	1:25.31 1:57.31	
2:24.63 2:56.04	3:23.99 3:55.18	
9 Tygers-CP	B	3:55.58
1) McWilliam, Benn D 18	2) Terblanche, Luan L 16	
3) Bouwer, Jason 14	4) Bannister, Joshua G 16	
27.49 57.02	1:24.86 1:55.63	
2:26.67 3:00.36	3:26.66 3:55.58	
10 Curro Aquatics-CP	A	3:56.46
1) Krenin, Damon R 17	2) Hendricks, Joshua 17	
3) Lombard, Kyle M 16	4) Louw, Guillaume 21	
27.59 59.00	1:26.83 1:59.11	
2:26.58 2:58.51	3:25.67 3:56.46	
11 Aqua Sharks-CP	B	3:57.25
1) De Jager, Nathan B 16	2) Viljoen, Jaden R 16	
3) De Bruyn, Cornè C 15	4) Van Helden, Ethan C 16	
28.29 1:00.10	1:27.01 1:58.53	
2:26.36 2:58.90	3:26.41 3:57.25	

12 Walmers-CP	A	4:02.37
1) Beukes, Mateo A 19	2) Pedro, Tamkeen 16	
3) Beukes, Jaden L 15	4) Abrahams, Rayhan 15	
28.06 57.77	1:25.65 1:57.50	
2:26.73 2:59.75	4:02.37	
--- Swartland Aquati-WC	A	NS
1) Atkinson, Samuel A 16	2) Hewitt-Smook, Kristian 16	
3) Orchard, Thomas J 17	4) Foot, Aiden C 18	

Event 216 Women 4x100 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Lane Leader-CE	A	4:03.10
1) Cromhout, Hannah E 20	2) Knoblauch, Cara 17	
3) Morris, Grace 16	4) De Jongh, Grace 18	
28.61 1:01.33	1:29.97 2:00.90	
2:29.26 3:00.80	3:29.74 4:03.10	
2 Vineyard-CP	A	4:06.88
1) Fury, Rebecca G 17	2) Burgess, Cassidy S 16	
3) Daffarn, Eri J 20	4) Webber, Isabella L 17	
29.04 1:00.90	1:30.43 2:01.75	
2:30.40 3:03.26	3:33.61 4:06.88	
3 Curro Aquatics-CP	A	4:15.59
1) De Wet, Emma M 17	2) Gennarakis, Christina 17	
3) Meier, Marné 25	4) Smit, Jenna 17	
29.57 1:04.11	1:34.25 2:07.91	
2:38.09 3:11.83	3:42.07 4:15.59	
4 Blouberg Marlins-CP	A	4:21.40
1) Coleman, Madison 15	2) Zeelie, Shanna-Leigh 15	
3) Kotzè, Tamsyn G 17	4) Huang, Shi Han A 15	
32.14 1:08.28	1:39.52 2:13.49	
2:43.95 3:17.34	3:47.72 4:21.40	
5 Curro Aquatics-CP	B	4:26.28
1) Straszacker, Kristen C 24	2) Vd Wal, Mieke 16	
3) Blend, Kirsten J 32	4) Lategan, Emma M 16	
30.80 1:04.86	1:35.62 2:11.25	
2:43.13 3:17.32	3:49.39 4:26.28	
6 Tygers-CP	A	4:27.73
1) Glover, Erin K 16	2) Otterbach, Lily 14	
3) Ryser, Aurora 17	4) Smith, Lara E 16	
32.26 1:06.92	1:39.47 2:15.91	
2:46.90 3:21.73	3:52.61 4:27.73	
7 Lane Leader-CE	B	4:28.17
1) Vd Merwe, Mi-Ly 15	2) De Roubaix, Maric M 17	
3) Cronjè, Danielle 16	4) Lombard, Jana 17	
32.63 1:10.30	1:41.95 2:16.11	
2:45.71 3:19.72	3:53.18 4:28.17	

Event 300 Girls 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Bishop, Caro	11	Vineyard-CP	1:08.38
33.54	1:08.38		
2 Dabrowski, Leah A	11	Blouberg Marlins-CP	1:08.47
32.98	1:08.47		
3 Johnson, Ella J	11	Swimlab-CP	1:10.08
33.77	1:10.08		
4 Wilensky, Mikayla	11	Aqua Sharks-CP	1:11.29
5 Kruger, Livvy	11	Players-CE	1:12.03
34.17	1:12.03		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 300 Girls 11 & Under 100 LC Meter Freestyle)

Name	Age	Team	Finals Time
6 Julies, Grace J	11	Xcel Swim Academ-CP	1:12.18
	35.05	1:12.18	
7 Douglas, Keyla	11	ROA-ED	1:12.19
	34.65	1:12.19	
8 Cullis, Emma	11	Vineyard-CP	1:13.32
	35.11	1:13.32	

Event 300 Girls 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	1:10.57
2 Johnson, Ella J	11	Swimlab-CP	1:11.35
	34.40	1:11.35	
3 Bishop, Caro	11	Vineyard-CP	1:11.47
	34.20	1:11.47	
4 Kruger, Livvy	11	Players-CE	1:11.87
	33.76	1:11.87	
5 Douglas, Keyla	11	ROA-ED	1:13.71
	35.24	1:13.71	
6 Wilensky, Mikayla	11	Aqua Sharks-CP	1:14.08
	35.39	1:14.08	
7 Julies, Grace J	11	Xcel Swim Academ-CP	1:14.35
	36.29	1:14.35	
8 Cullis, Emma	11	Vineyard-CP	1:14.39
	35.52	1:14.39	

9 Hofinger, Charlotte M	11	Aqua Sharks-CP	1:14.55
	36.00	1:14.55	
10 Cupido, Kirsten	11	Cybersmart-CP	1:14.96
11 Olivier, Gianna G	11	Paarl Aquarius-CE	1:15.30
	36.73	1:15.30	
12 Gilligan, Saskia	11	Blouberg Marlins-CP	1:15.49
	35.30	1:15.49	
13 Beyers, Lize M	11	Agulhas-OB	1:15.95
	36.08	1:15.95	
14 Gerber, Kayla M	11	Stellenbosch Aqu-CE	1:16.05
15 Adams, Ella	11	Tygers-CP	1:16.75
16 Pitout, Addison P	10	Aqua Sharks-CP	1:17.88
	37.05	1:17.88	
17 Newkirk, Gia	11	Tygers-CP	1:18.25
	37.50	1:18.25	
18 Nel, Olivia	11	TaperGo-WC	1:19.12
19 Odendaal, Sarah-Kate	11	Quick Silver-CP	1:20.82
	36.73	1:20.82	
20 Arenz, Jessica	11	Manta-CP	1:21.13
	37.86	1:21.13	
21 Tranter, Alexia R	11	SSISA-CP	1:22.44
	38.49	1:22.44	
--- Kalapac, Lexi	11	Streamline-CP	NS

Event 300 Girls 12-13 100 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Coetsee, Isabeau L	12	Fish Eagle-ED	1:02.32
	29.31	1:02.32	

2 Lorenzen, Ava E	12	Blouberg Marlins-CP	1:02.43
	30.17	1:02.43	
3 Smith, Sophie	13	Vineyard-CP	1:04.32
	31.19	1:04.32	
4 Swanepoel, Lulu A	13	Aqua Sharks-CP	1:05.19
	32.13	1:05.19	
5 Williams, Aqeelah	12	Uwc-CP	1:06.41
	32.49	1:06.41	
6 Esterhuyse, Alice	13	Stars-CK	1:06.65
	32.10	1:06.65	
7 De Villiers, Anja	13	Tygers-CP	1:07.92
	32.32	1:07.92	
8 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	1:08.02
	32.62	1:08.02	

Event 300 Girls 12-13 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Coetsee, Isabeau L	12	Fish Eagle-ED	1:02.94
	29.34	1:02.94	
2 Lorenzen, Ava E	12	Blouberg Marlins-CP	1:03.92
	30.19	1:03.92	
3 Smith, Sophie	13	Vineyard-CP	1:04.86
	31.45	1:04.86	
4 De Villiers, Anja	13	Tygers-CP	1:05.75
	30.88	1:05.75	
5 Swanepoel, Lulu A	13	Aqua Sharks-CP	1:06.16
	31.77	1:06.16	
6 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	1:06.99
	32.04	1:06.99	
7 Williams, Aqeelah	12	Uwc-CP	1:07.32
	32.02	1:07.32	
8 Esterhuyse, Alice	13	Stars-CK	1:07.64
	32.16	1:07.64	
9 Botha, Rebecca P	13	Knysna Aquatics-ED	1:07.66
10 Faul, Ellen J	13	Quicksilver Wine-CE	1:07.75
	32.48	1:07.75	
11 Roff, Mikaela	12	ROA-ED	1:07.89
12 Nilsson, Rebecca B	13	Tygers-CP	1:08.29
	32.61	1:08.29	
13 Nixon, Sofia	13	Vineyard-CP	1:08.32
	32.05	1:08.32	
14 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	1:08.34
	32.73	1:08.34	
15 Coetzee, Liane	13	Players-CE	1:08.85
	31.99	1:08.85	
16 Van Wyk, Josie	12	Lane Leader-CE	1:09.05
	33.64	1:09.05	
17 Gullan, Sophia	12	Vineyard-CP	1:09.31
	32.81	1:09.31	
18 Groves, Philippa R	13	SSISA-CP	1:09.52
	32.68	1:09.52	
19 Billson, Amelie	12	Curro Aquatics-CP	1:09.54
	33.39	1:09.54	
20 Olivier, Julie M	12	Tygers-CP	1:09.55
	33.05	1:09.55	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 300 Girls 12-13 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
21 Flack, Francesca	13	TaperGo-WC	1:09.65
33.40	1:09.65		
22 Lockitch, Zara	12	Cybersmart-CP	1:09.68
34.16	1:09.68		
23 Lindsay, Edith J	13	Fish Eagle-ED	1:09.78
33.00	1:09.78		
24 Brooker, Isabella J	13	Aqua Athlete Cta-CP	1:10.03
33.18	1:10.03		
25 Sabbagha, Georgia	12	Paarl Aquarius-CE	1:10.04
26 Hawley, Nicola	13	Players-CE	1:10.12
27 Burger, Johané	12	ROA-ED	1:10.36
33.98	1:10.36		
28 Sonnekus, Anya	13	Tygers-CP	1:10.50
33.94	1:10.50		
29 Heldsinger, Gia	12	SSISA-CP	1:10.65
33.93	1:10.65		
30 Dimatellis, Zoi	12	Fish Eagle-ED	1:10.76
33.28	1:10.76		
31 Chibharo, Lethabo L	12	Tygers-CP	1:10.86
33.81	1:10.86		
32 Harper, Maddie I	13	Knysna Aquatics-ED	1:11.04
34.74	1:11.04		
33 Schäfer, Kyla	13	Knysna Aquatics-ED	1:11.14
34 Longueira, Ava L	12	Aqua Sharks-CP	1:11.29
33.75	1:11.29		
35 Latimer, Olivia H	12	Swimlab-CP	1:11.32
34.75	1:11.32		
36 Nienaber, Mila J	13	Quicksilver Wine-CE	1:11.38
34.10	1:11.38		
37 McGluwa, Jovanah N	12	Curro Aquatics-CP	1:11.39
34.97	1:11.39		
38 Jantjies, Zara	12	Manta-CP	1:12.12
34.65	1:12.12		
39 Charles, Tyla	12	Vineyard-CP	1:12.35
35.43	1:12.35		
40 Mare, Isabella	13	Curro Aquatics-CP	1:12.50
34.80	1:12.50		
41 Els, Jamie	12	Aqua Dolphin-CP	1:12.80
34.75	1:12.80		
42 Van Dyk, Zani	12	Aqua Sharks-CP	1:13.14
35.23	1:13.14		
43 Oliver, Isabella	13	Quicksilver Wine-CE	1:13.34
34.75	1:13.34		
44 Pearson-Adams, Oshun O	12	Swimlab-CP	1:13.69
34.99	1:13.69		
45 Van Heerden, Hannah	12	Aqua Athlete Cta-CP	1:13.76
46 Halford, Harper C	12	Manta-CP	1:14.02
34.87	1:14.02		
47 Heldsinger, Alexa L	13	SSISA-CP	1:14.25
35.07	1:14.25		
48 Van den Berg, Nika	13	Quicksilver Wine-CE	1:14.97
49 Lewis, Erin	13	Vineyard-CP	1:15.51
50 Lourens, Mia	13	Curro Aquatics-CP	1:15.62
35.17	1:15.62		
51 Stahmer, Alexa	12	Fish Eagle-ED	1:16.09
52 Wallis, Juliette	13	Greydogs-CP	1:16.34

53 Vd Bank, Mienke	13	Curro Hermanus-OB	1:16.40
36.53	1:16.40		
54 Louw, Mali R	12	The Well-CE	1:16.53
55 Thirsk, Savannah	12	Tygers-CP	1:16.57
35.98	1:16.57		
56 Castleden, Sophia K	12	Stellenbosch Aqu-CE	1:18.04
36.63	1:18.04		
57 Grebe, Ava	12	Curro Hermanus-OB	1:18.45
36.16	1:18.45		
58 Barkhuysen, Jani	13	Aqua Sharks-CP	1:18.60

Event 300 Women 14-15 100 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Kotze, Abigail	15	Tygers-CP	59.30
28.74	59.30		
2 Lambert, Bailey G	15	SEAL-UM	1:00.36
29.37	1:00.36		
3 Orchard, Milan M	14	Vineyard-CP	1:03.30
30.42	1:03.30		
4 Huang, Shi Han A	15	Blouberg Marlins-CP	1:03.43
30.96	1:03.43		
5 Visser, Cara	14	Cybersmart-CP	1:03.45
30.71	1:03.45		
6 Van Der Wath, Izi	14	Knysna Aquatics-ED	1:03.62
30.52	1:03.62		
7 Wium, Mari	15	Quicksilver Wine-CE	1:03.79
31.28	1:03.79		
8 Grütter, Arabelle	14	ROA-ED	1:04.11
30.65	1:04.11		

Event 300 Women 14-15 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Kotze, Abigail	15	Tygers-CP	1:00.61
29.06	1:00.61		
2 Lambert, Bailey G	15	SEAL-UM	1:00.99
29.09	1:00.99		
3 Orchard, Milan M	14	Vineyard-CP	1:03.64
31.08	1:03.64		
4 Van Der Wath, Izi	14	Knysna Aquatics-ED	1:03.66
30.14	1:03.66		
5 Visser, Cara	14	Cybersmart-CP	1:03.72
30.97	1:03.72		
6 Grütter, Arabelle	14	ROA-ED	1:04.04
30.69	1:04.04		
7 Hebler, Lily M	15	Quicksilver Wine-CE	1:04.05
30.31	1:04.05		
8 Huang, Shi Han A	15	Blouberg Marlins-CP	1:04.29
30.78	1:04.29		
9 Wium, Mari	15	Quicksilver Wine-CE	1:04.67
31.47	1:04.67		
10 Laubscher, Mikalla I	14	Aqua Sharks-CP	1:04.68
30.51	1:04.68		
11 Gerber, Simonè M	14	Curro Aquatics-CP	1:04.76
30.92	1:04.76		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 300 Women 14-15 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
12 Combrink, Amy	15	Vineyard-CP	1:05.03
			31.08 1:05.03
13 Louw, Anieka	14	Curro Aquatics-CP	1:05.13
			31.14 1:05.13
14 Fabricius, Kaylin	15	Barracudas-CP	1:05.48
			31.48 1:05.48
15 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	1:05.49
			31.30 1:05.49
16 Raimond, Marike M	15	Tygers-CP	1:05.62
			30.92 1:05.62
17 Liebenberg, Emily M	15	Aquasharks Winel-CE	1:05.81
			30.99 1:05.81
18 Senekal, Margo	15	Tygers-CP	1:05.88
			31.72 1:05.88
19 Burke, Hannah	15	Streamline-CP	1:06.06
			31.86 1:06.06
20 Noble, Reese O	14	Swimlab-CP	1:06.10
			31.40 1:06.10
21 Adams, Sydni M	15	Vineyard-CP	1:06.33
			31.08 1:06.33
22 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	1:06.38
			31.19 1:06.38
23 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	1:06.97
			32.34 1:06.97
24 Grobler, Zané	14	Fish Eagle-ED	1:07.00
			32.35 1:07.00
25 Hayes, Kerrigan L	15	Curro Aquatics-CP	1:07.37
			31.87 1:07.37
*26 Bruwer, Casey	15	Aqua Athlete Cta-CP	1:07.72
			32.25 1:07.72
*26 Riley, Logan	14	Curro Aquatics-CP	1:07.72
			32.49 1:07.72
28 Juries, Sam C	15	TaperGo-WC	1:07.80
			32.14 1:07.80
29 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	1:08.11
			31.94 1:08.11
30 Röntgen, Carine	15	Aquasharks Winel-CE	1:08.13
			32.64 1:08.13
*31 Thirsk, Madison	14	Tygers-CP	1:08.92
			33.05 1:08.92
*31 Hager, Carle	14	Aquasharks Winel-CE	1:08.92
			33.24 1:08.92
33 Coleman, Madison	15	Blouberg Marlins-CP	1:09.06
			32.63 1:09.06
34 Trout, Sophia L	15	Vineyard-CP	1:09.11
			32.83 1:09.11
35 Vd Merwe, Mi-Ly	15	Lane Leader-CE	1:09.28
			33.47 1:09.28
36 Barnard, Adelmari D	14	Swartland Aquati-WC	1:10.72
			33.35 1:10.72
--- Botha, Chelsea	14	Curro Aquatics-CP	NS

Event 300 Women 16 & Over 100 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Morris, Grace	16	Lane Leader-CE	58.42
			27.84 58.42
2 Knoblauch, Cara	17	Lane Leader-CE	58.75
			28.32 58.75
3 Groepes, Rachel L	18	Tuks-TS	58.95
			28.26 58.95
4 Miari Fulcis, Alessandra	23	Blouberg Marlins-CP	59.52
			27.99 59.52
5 Wessels, Christine	18	Tuks-TS	1:00.29
			29.25 1:00.29
6 Burgess, Cassidy S	16	Vineyard-CP	1:00.44
			29.28 1:00.44
7 Christie, Leah E	19	TaperGo-WC	1:00.48
			29.00 1:00.48
8 Fury, Rebecca G	17	Vineyard-CP	1:00.57
			29.17 1:00.57
9 Cronjè, Danielle	16	Lane Leader-CE	1:01.61
			29.03 1:01.61
10 Smit, Jenna	17	Curro Aquatics-CP	1:02.77
			30.30 1:02.77
11 Gennarakis, Christina	17	Curro Aquatics-CP	1:02.78
			29.66 1:02.78
12 Steenkamp, Veneske	16	Fish Eagle-ED	1:02.88
			30.33 1:02.88
13 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	1:03.50
			30.72 1:03.50
14 Hugo, Anika S	18	Quicksilver Wine-CE	1:05.65
			30.99 1:05.65
--- Theron, Jady	17	Players-CE	NS

Event 300 Women 16 & Over 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Groepes, Rachel L	18	Tuks-TS	59.50
			28.39 59.50
2 Knoblauch, Cara	17	Lane Leader-CE	59.61
			28.87 59.61
3 Morris, Grace	16	Lane Leader-CE	59.72
			28.26 59.72
4 Miari Fulcis, Alessandra	23	Blouberg Marlins-CP	59.81
			28.27 59.81
5 Burgess, Cassidy S	16	Vineyard-CP	1:01.21
			29.29 1:01.21
6 Cromhout, Hannah E	20	Lane Leader-CE	1:01.74
			29.35 1:01.74
7 Christie, Leah E	19	TaperGo-WC	1:02.20
			29.55 1:02.20
8 Fury, Rebecca G	17	Vineyard-CP	1:02.27
			29.38 1:02.27
9 Wessels, Christine	18	Tuks-TS	1:02.40
			29.62 1:02.40
10 Horne, Kaitlynn D	17	Pea-NM	1:02.66
			30.39 1:02.66

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 300 Women 16 & Over 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
11 Prinsloo, Mila	17	Aquasharks Winel-CE	1:02.84
30.17			1:02.84
12 Cronjè, Danielle	16	Lane Leader-CE	1:02.94
30.08			1:02.94
13 Smit, Jenna	17	Curro Aquatics-CP	1:03.04
30.59			1:03.04
14 Gennarakis, Christina	17	Curro Aquatics-CP	1:03.17
30.26			1:03.17
15 vd Walt, Mia	20	Tuks-TS	1:03.66
30.09			1:03.66
16 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	1:03.73
30.31			1:03.73
17 Steenkamp, Veneske	16	Fish Eagle-ED	1:03.89
30.96			1:03.89
18 Du Plessis, Chanel P	17	Cybersmart-CP	1:04.12
30.72			1:04.12
19 Ribeiro, Nuria A	22	Maties-CE	1:04.13
29.91			1:04.13
20 Theron, Jady	17	Players-CE	1:04.65
31.03			1:04.65
21 Hugo, Anika S	18	Quicksilver Wine-CE	1:05.08
31.12			1:05.08
22 Neilson, Hannah K	19	Uwc-CP	1:05.15
31.25			1:05.15
23 Webber, Isabella L	17	Vineyard-CP	1:05.25
31.03			1:05.25
24 Blend, Kirsten J	32	Curro Aquatics-CP	1:05.26
30.85			1:05.26
25 Glover, Erin K	16	Tygers-CP	1:05.97
31.80			1:05.97
26 De Roubaix, Maric M	17	Lane Leader-CE	1:06.00
27 Heyes, Danielle A	18	Aqua Sharks-CP	1:06.95
29.88			1:06.95
28 Watson, Caitlin C	17	Blouberg Marlins-CP	1:07.01
32.99			1:07.01
29 Bulose, Megan	20	Uwc-CP	1:08.11
31.41			1:08.11
30 Fourie, Petro Marié	19	Lane Leader-CE	1:08.40
32.15			1:08.40
31 Smidt, Clio J	17	Vineyard-CP	1:09.43
32.56			1:09.43
32 Witten, Hannah	17	Aqua Dolphin-CP	1:09.61
32.87			1:09.61

Event 300 Women 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
*1 Thiart, Annelie S15	13	TaperGo-WC	1:17.06
37.23			1:17.06
*1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	1:20.19
35.75			1:20.19

Event 301 Boys 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Mallin, Lukas	10	Swimlab-CP	1:04.60
31.24			1:04.60
2 Poultney, Matthew	11	Curro Aquatics-CP	1:04.70
32.03			1:04.70
3 Kleu, Wian M	11	Stellenbosch Aqu-CE	1:06.44
32.10			1:06.44
4 Steyn, Harry	11	Curro Aquatics-CP	1:07.84
32.53			1:07.84
5 Van Onselen, Pierre S	11	Tygers-CP	1:09.32
33.10			1:09.32
6 Louw, James	11	Vineyard-CP	1:10.61
33.84			1:10.61
7 Grobler, Reynhardt	10	The Well-CE	1:10.64
33.72			1:10.64
8 Schoeman, Mateo J	11	Quicksilver Wine-CE	1:11.34
34.44			1:11.34

Event 301 Boys 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Poultney, Matthew	11	Curro Aquatics-CP	1:06.53
31.91			1:06.53
2 Kleu, Wian M	11	Stellenbosch Aqu-CE	1:07.12
32.05			1:07.12
3 Mallin, Lukas	10	Swimlab-CP	1:07.87
31.63			1:07.87
4 Steyn, Harry	11	Curro Aquatics-CP	1:10.36
33.54			1:10.36
5 Van Onselen, Pierre S	11	Tygers-CP	1:10.44
33.43			1:10.44
6 Schoeman, Mateo J	11	Quicksilver Wine-CE	1:11.08
34.26			1:11.08
7 Grobler, Reynhardt	10	The Well-CE	1:11.12
34.37			1:11.12
8 Louw, James	11	Vineyard-CP	1:11.38
33.90			1:11.38
9 Serfontein, John-Lourens	11	ROA-ED	1:11.43
33.28			1:11.43
10 Daniels, Tylan H	11	Aqua Dolphin-CP	1:11.47
35.75			1:11.47
11 Schabort, Lowen	11	Quicksilver Wine-CE	1:11.53
34.94			1:11.53
12 Joyce, Guy	10	Curro Aquatics-CP	1:13.31
13 Viljoen, Jagger F	11	Aqua Sharks-CP	1:14.32
35.52			1:14.32
14 Pieterse, Nicholas N	11	Stellenbosch Aqu-CE	1:14.58
15 Desai, Rohin T	11	Swimlab-CP	1:14.75
34.97			1:14.75
16 Gerber, Luke M	11	Curro Aquatics-CP	1:15.40
35.51			1:15.40
17 Skordis, Boyd A	10	Aqua Dolphin-CP	1:15.42
36.20			1:15.42

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 301 Boys 11 & Under 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
18 Spangenberg, Zach A	11	Xcel Swim Academ-CP	1:15.43
			37.20 1:15.43
19 Maughan, Patrick F	11	Aqua Sharks-CP	1:16.73
			36.87 1:16.73
20 Wetzl, Alex J	11	Stellenbosch Aqu-CE	1:16.85
21 Poultney, Daniel	9	Curro Aquatics-CP	1:17.29
			37.33 1:17.29
22 Kuhn, Adrian-Brand	10	Curro Aquatics-CP	1:17.46
			36.77 1:17.46
23 Titus, Brody	11	Paarl Aquarius-CE	1:18.46
			35.89 1:18.46
24 Van Heerden, Emile L	11	Fish Eagle-ED	1:23.08
			38.66 1:23.08
25 Kotze, Christian S	11	Stellenbosch Aqu-CE	1:27.48

Event 301 Boys 12-13 100 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Boshoff, Keanu A	13	Knysna Aquatics-ED	58.31
			29.08 58.31
2 Loots, Noah C	13	Aqua Sharks-CP	1:00.78
			29.42 1:00.78
3 Wright, Jonah S	13	Tygers-CP	1:02.46
			29.82 1:02.46
4 Oaten, Rourke	13	Silver Fins-CP	1:02.77
			30.57 1:02.77
5 Fletcher, Tyler D	13	Fish Eagle-ED	1:02.85
			29.95 1:02.85
6 Van Zyl, Daniël R	13	Tygers-CP	1:03.46
			30.44 1:03.46
7 Coleman, Travis	13	Blouberg Marlins-CP	1:03.54
			30.95 1:03.54
8 VerLoren Van Themaat, Hein	12	Lane Leader-CE	1:04.48
			31.69 1:04.48

Event 301 Boys 12-13 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Boshoff, Keanu A	13	Knysna Aquatics-ED	59.76
			28.65 59.76
2 Loots, Noah C	13	Aqua Sharks-CP	1:01.20
			29.03 1:01.20
3 Wright, Jonah S	13	Tygers-CP	1:02.30
			29.95 1:02.30
4 Oaten, Rourke	13	Silver Fins-CP	1:02.54
			30.62 1:02.54
5 Fletcher, Tyler D	13	Fish Eagle-ED	1:03.04
			30.07 1:03.04
6 Van Zyl, Daniël R	13	Tygers-CP	1:03.14
			30.47 1:03.14
7 Coleman, Travis	13	Blouberg Marlins-CP	1:03.34
8 VerLoren Van Themaat, Hein	12	Lane Leader-CE	1:03.51
			31.00 1:03.51
9 Hahn, Kyle H	12	Fish Eagle-ED	1:03.72
			30.46 1:03.72

10 Breebaart, Joshua	12	Curro Aquatics-CP	1:03.76
			30.59 1:03.76
11 Balt, Christiaan O	13	Players-TS	1:03.81
			30.00 1:03.81
12 Muller, Lukas D	13	Quick Silver-CP	1:03.98
			30.87 1:03.98
13 Vorster, Caiden	13	TaperGo-WC	1:04.60
			30.32 1:04.60
14 Addinall, Ethan	13	Manta-CP	1:04.87
			31.53 1:04.87
15 Mccollum, Aiden I	12	Aqua Dolphin-CP	1:04.96
			31.98 1:04.96
16 Van Heerden, Christian	13	Aqua Athlete Cta-CP	1:05.13
			31.22 1:05.13
*17 Matthee, Burger P	13	Agulhas-OB	1:05.31
			30.00 1:05.31
*17 van Rensburg, Tristan	12	Curro Aquatics-CP	1:05.31
			30.93 1:05.31
*17 Van Wyk, Jack R	13	Curro Aquatics-CP	1:05.31
			30.68 1:05.31
*17 Hough, Caleb	13	TaperGo-WC	1:05.31
			30.61 1:05.31
21 Spencer, Marcus W	13	Cybersmart-CP	1:05.42
			31.49 1:05.42
*22 Barnard, Theo J	12	Swartland Aquati-WC	1:05.54
			31.12 1:05.54
*22 Trower, Michael	13	Tygers-CP	1:05.54
			30.97 1:05.54
24 Du Plessis, Paul	12	Tuks-TS	1:05.74
			31.54 1:05.74
25 Hodgskiss, Fin J	13	SSISA-CP	1:05.75
			30.69 1:05.75
26 Francis, Ethan	13	Marlin-CP	1:05.83
			31.33 1:05.83
27 Wagener, Tiaan H	12	Aquasharks Winel-CE	1:05.85
			32.10 1:05.85
28 Van Dyk, Stephaan	13	Blouberg Marlins-CP	1:05.88
			31.35 1:05.88
29 Pautz, Benjamin R	12	Blouberg Marlins-CP	1:05.90
			31.31 1:05.90
30 Smit, Reynard-Gray	13	Streamline-CP	1:05.92
			31.67 1:05.92
31 Weber, Daniel	13	Players-CE	1:06.05
			31.34 1:06.05
32 Faulkner, Callum E	13	Blouberg Marlins-CP	1:06.16
			31.95 1:06.16
33 Lichthart, Nicus	13	Quick Silver-CP	1:06.20
			31.37 1:06.20
34 Wessels, Connor M	13	Blouberg Marlins-CP	1:06.30
			30.91 1:06.30
35 Coates, Caleb	12	Fish Eagle-ED	1:06.59
			31.37 1:06.59
36 Barnard, Daniël B	12	Xcel Swim Academ-CP	1:06.66
			32.11 1:06.66
37 Parr, Colbyn S	13	Knysna Aquatics-ED	1:06.88
			31.68 1:06.88

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 301 Boys 12-13 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
38 Visser, Wessel M	13	Uwc-CP	1:06.93
	32.22	1:06.93	
39 Benecke, Delmar	13	Vineyard-CP	1:06.96
	31.92	1:06.96	
40 Kruger, Zachary C	12	Swartland Aquati-WC	1:07.02
41 Van Vondel, Roland	13	Tygers-CP	1:07.11
	32.73	1:07.11	
42 Bright, Michael C	12	Curro Aquatics-CP	1:07.38
	32.62	1:07.38	
43 Schaefer, Daniel C	12	Players-CE	1:07.53
	32.02	1:07.53	
44 Bosch, Ewan Y	12	Tygers-CP	1:08.16
	33.46	1:08.16	
45 Trautman, Liam	13	Curro Hermanus-OB	1:08.21
*46 Jacobs, Seth G	12	Manta-CP	1:08.30
	33.49	1:08.30	
*46 Jonas, Leonardo	13	Players-CE	1:08.30
48 Vd Watt, Earle	12	Curro Aquatics-CP	1:08.44
	32.24	1:08.44	
49 Allott, Jaydon K	12	Aqua Athlete Cta-CP	1:08.48
	31.89	1:08.48	
50 Tresfon, Robbie	13	Vineyard-CP	1:08.54
51 Boshoff, Mickayle C	12	Knysna Aquatics-ED	1:08.89
	32.17	1:08.89	
52 Froneman, Dylan R	13	Blouberg Marlins-CP	1:08.96
	32.98	1:08.96	
53 Janse van Rensburg, Daniël P	13	Barracudas-CP	1:09.28
	32.68	1:09.28	
54 Du Randt, Zack S	13	Tygers-CP	1:09.86
	33.20	1:09.86	
*55 Douries, Ean	13	Curro Aquatics-CP	1:09.87
	33.60	1:09.87	
*55 Chippendale, Xavier L	13	Manta-CP	1:09.87
	33.00	1:09.87	
57 Heunis, Le Roux	12	Tygers-CP	1:10.03
58 Pitout, Zachary J	13	Aqua Sharks-CP	1:10.27
	33.04	1:10.27	
59 Lewis, Callum R	13	Curro Aquatics-CP	1:10.33
60 Pedro, Maahier	13	Walmers-CP	1:10.37
	33.23	1:10.37	
61 Stander, Christiaan L	12	Aquasharks Winel-CE	1:10.98
	33.96	1:10.98	
62 Harvey, Waylon	13	Cybersmart-CP	1:13.24
	33.99	1:13.24	

Event 301 Men 14-15 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Trower, Nic T	15	Tygers-CP	53.79
	26.02	53.79	
2 Kotze, Eric B	14	Stellenbosch Aqu-CE	54.21
	25.92	54.21	
3 Bestel, Luc M	15	Vineyard-CP	54.34
	26.00	54.34	
*4 Snyders, Kyle	14	TaperGo-WC	56.88
	27.41	56.88	

*4 Haupt, Rhys A	15	Vineyard-CP	56.88
	26.98	56.88	
6 Dos-Santos, Andrei	15	Cybersmart-CP	56.98
	26.55	56.98	
7 Kalapac, Joshua	15	Streamline-CP	57.33
	27.57	57.33	
8 Gilmour, Connor A	14	Streamline-CP	57.86
	27.61	57.86	

Event 301 Men 14-15 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	54.33
2 Trower, Nic T	15	Tygers-CP	54.78
	25.90	54.78	
3 Bestel, Luc M	15	Vineyard-CP	55.26
	26.74	55.26	
4 Gilmour, Connor A	14	Streamline-CP	57.20
	27.18	57.20	
5 Dos-Santos, Andrei	15	Cybersmart-CP	57.25
	27.61	57.25	
6 Haupt, Rhys A	15	Vineyard-CP	57.38
	26.88	57.38	
7 Snyders, Kyle	14	TaperGo-WC	57.48
8 Kalapac, Joshua	15	Streamline-CP	57.54
	26.85	57.54	
9 De Kock, John P	15	Stellenbosch Aqu-CE	58.04
	27.62	58.04	
10 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	58.18
	28.16	58.18	
11 Basson, Lucca N	15	Silver Fins-CP	58.34
	27.98	58.34	
12 Van der Merwe, Noah B	14	Swimlab-CP	58.35
	28.44	58.35	
13 Smith, Sebastian N	15	Tygers-CP	58.52
	28.08	58.52	
14 Pullock, Sam J	15	Curro Hermanus-OB	58.55
	27.84	58.55	
15 Schultz, Heinrich W	15	Lane Leader-CE	58.65
	27.75	58.65	
16 Kotzè, Max M	15	Blouberg Marlins-CP	58.82
	28.45	58.82	
17 Williams, Logan	14	Vineyard-CP	58.84
	27.29	58.84	
18 Van Schaik, Luc	14	Vineyard-CP	58.89
	28.22	58.89	
19 Vd Merwe, Thomas	15	Lane Leader-CE	58.95
	28.79	58.95	
20 Yeowart, Seth W	14	Curro Aquatics-CP	59.96
	29.22	59.96	
21 Spencer, Charles A	15	Cybersmart-CP	1:00.04
	28.14	1:00.04	
22 Germishuys, Liam J	15	Quicksilver Wine-CE	1:00.16
	28.61	1:00.16	
23 Das Neves, Lucas P	15	Tygers-CP	1:00.28
	28.54	1:00.28	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 301 Men 14-15 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
24 Fernold, AJ	14	Fish Eagle-ED	1:00.47
			28.92 1:00.47
25 De Bruyn, Cornè C	15	Aqua Sharks-CP	1:00.67
			28.55 1:00.67
26 Wing, James L	14	Curro Aquatics-CP	1:00.88
			29.38 1:00.88
27 Waters, Steven G	15	Lane Leader-CE	1:01.09
			28.82 1:01.09
28 Wagner, Noah J	14	Swimlab-CP	1:01.13
			29.73 1:01.13
29 Liedeman, Mark	14	Swartland Aquati-WC	1:01.71
			28.76 1:01.71
30 Cleophas, Kyle	15	Paarl Aquarius-CE	1:01.74
			28.64 1:01.74
31 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	1:01.88
			29.79 1:01.88
32 Roman, Noah P	14	Aqua Dolphin-CP	1:02.22
			29.93 1:02.22
33 Williams, Evan B	14	SSISA-CP	1:02.30
			30.04 1:02.30
34 Daniels, Joshua D	14	Streamline-CP	1:02.44
			29.03 1:02.44
35 Pearson-Adams, Wolfe D	14	Swimlab-CP	1:02.47
			29.36 1:02.47
*36 Afonso, Aragon G	14	Quick Silver-CP	1:02.71
			30.07 1:02.71
*36 Mansfield, Luke T	14	Stellenbosch Aqu-CE	1:02.71
			30.06 1:02.71
38 Abrahams, Rayhan	15	Walmers-CP	1:02.75
39 Poggenpoel, Troy J	15	SSISA-CP	1:03.42
			29.94 1:03.42
40 Beukes, Jaden L	15	Walmers-CP	1:03.45
			29.41 1:03.45
41 Bouwer, Jason	14	Tygers-CP	1:03.75
			31.02 1:03.75
42 Njoroge, Alphonse	15	Curro Aquatics-CP	1:03.79
*43 Nagendrakumar, Puneet	14	Streamline-CP	1:03.89
			30.47 1:03.89
*43 Minnaar, Nicolas	14	Tygers-CP	1:03.89
			30.58 1:03.89
45 Grobler, Chris I	14	Curro Aquatics-CP	1:04.26
			30.51 1:04.26
46 Oosthuizen, Ethan	14	Players-CE	1:04.46
			30.31 1:04.46
47 Southey, Jamie	15	Aqua Dolphin-CP	1:04.82
			30.46 1:04.82
48 Vd Berg, Wilan	15	Quicksilver Wine-CE	1:06.88
49 Langeveldt, Christiano C	14	Aqua Dolphin-CP	1:07.72
			33.27 1:07.72

Event 301 Men 16 & Over 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Muller, Righardt	22	Lane Leader-CE	51.42
			24.61 51.42

2 Pearson, Tai Lee L	17	Tuks-TS	52.11
			25.39 52.11
3 Esterhuysen, Joshua N	17	Tygers-CP	52.18
			24.97 52.18
4 Clarke, Liam	17	Lane Leader-CE	53.52
			25.55 53.52
5 Hendricks, Robert A	19	Vineyard-CP	53.72
			25.89 53.72
6 Wolson, Daniel A	17	Swimlab-CP	54.16
			26.22 54.16
7 Pretorius, Luuk E	16	Knysna Aquatics-ED	54.31
			26.01 54.31
8 Bromfield, Michael V	23	Lane Leader-CE	54.34
			26.16 54.34
9 Geyser, Jacques M	17	Lane Leader-CE	54.39
			26.38 54.39
10 West, Gabriel	20	Tygers-CP	54.47
			26.31 54.47
11 Wright, Keegan	18	Tygers-CP	54.51
			26.20 54.51
12 Loots, Andre S	16	Lane Leader-CE	54.84
			26.44 54.84
13 Moncherry, Adam J	26	Lane Leader-CE	55.13
			25.82 55.13
14 Uys, Keegan	17	Lane Leader-CE	55.72
			26.84 55.72
15 Wollenschlaeger, Noah	16	Vineyard-CP	56.45
			27.13 56.45
16 Pheeha, Junior J	18	ACAQ-CC	56.53
			26.95 56.53

Event 301 Men 16 & Over 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Muller, Righardt	22	Lane Leader-CE	52.49
			24.95 52.49
2 Moncherry, Adam J	26	Lane Leader-CE	52.61
			25.02 52.61
3 Esterhuysen, Joshua N	17	Tygers-CP	52.70
			25.02 52.70
4 Clarke, Liam	17	Lane Leader-CE	53.40
			25.52 53.40
5 Pearson, Tai Lee L	17	Tuks-TS	53.48
			25.38 53.48
6 Pretorius, Luuk E	16	Knysna Aquatics-ED	53.70
			25.46 53.70
7 Emslie, Joshua D	22	Maties-CE	53.77
			26.33 53.77
8 Hendricks, Robert A	19	Vineyard-CP	54.10
			25.84 54.10
9 Geyser, Jacques M	17	Lane Leader-CE	54.28
			25.72 54.28
10 Wright, Keegan	18	Tygers-CP	54.54
			26.07 54.54
11 West, Gabriel	20	Tygers-CP	54.64
			26.40 54.64

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 301 Men 16 & Over 100 LC Meter Freestyle)			
Name	Age	Team	Prelim Time
12 Wolson, Daniel A	17	Swimlab-CP	54.66
	26.69	54.66	
13 Bromfield, Michael V	23	Lane Leader-CE	54.78
	26.65	54.78	
14 Loots, Andre S	16	Lane Leader-CE	55.16
	26.79	55.16	
15 Uys, Keegan	17	Lane Leader-CE	55.34
	26.40	55.34	
16 Bailey, Ethan J	21	Aqua Dolphin-CP	55.46
	27.18	55.46	
17 Pheeha, Junior J	18	ACAQ-CC	55.66
	26.53	55.66	
18 Wollenschlaeger, Noah	16	Vineyard-CP	56.24
	27.40	56.24	
19 Bannister, Joshua G	16	Tygers-CP	56.30
	27.21	56.30	
20 Foot, Aiden C	18	Swartland Aquati-WC	56.37
	27.23	56.37	
21 Swart, Niklis	19	Maties-CE	56.58
	26.64	56.58	
22 Strydom, Conrad M	16	Tygers-CP	56.74
	27.34	56.74	
23 Van Wyk, Wesley R	18	Aqua Sharks-CP	56.85
	27.60	56.85	
24 Heyes, Garrick T	16	Aqua Sharks-CP	56.94
	26.96	56.94	
25 Karsten, Jody	17	Blouberg Marlins-CP	56.98
	28.21	56.98	
26 Zellie, Thomas J	17	Swimlab-CP	57.15
	27.79	57.15	
27 Forbes, Thomas P	20	Lane Leader-CE	57.25
	28.16	57.25	
28 Clayton, Franco P	18	Lane Leader-CE	57.35
	27.55	57.35	
29 Alexander, Ammaar	17	Marlin-CP	57.47
	27.46	57.47	
30 Benecke, Alexander	16	SSISA-CP	57.57
	27.71	57.57	
31 Coetzer, Milan J	17	Cybersmart-CP	57.60
*32 Abrahams, Matthew N	25	Aqua Sharks-CP	57.74
	27.78	57.74	
*32 McPetrie, James L	17	Manta-CP	57.74
	27.75	57.74	
*32 Smit, MJ M	16	Swimlab-CP	57.74
	27.39	57.74	
35 Malherbe, Nicholas N	18	Lane Leader-CE	57.77
	28.05	57.77	
36 Meier, Conrad	16	Tuks-TS	57.82
	27.30	57.82	
37 Terblanche, Luan L	16	Tygers-CP	57.84
	27.74	57.84	
38 Arnott, Carter J	16	Aqua Sharks-CP	57.87
	28.09	57.87	
39 Beukes, Mateo A	19	Walmers-CP	57.91
	27.45	57.91	

40 Krenin, Damon R	17	Curro Aquatics-CP	57.92
	27.90	57.92	
41 Pincente, Matthew	16	Swimlab-CP	57.97
	28.14	57.97	
42 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	58.06
	26.76	58.06	
43 Forbes, Nicholas J	18	Lane Leader-CE	58.07
	27.69	58.07	
44 Bester, Francois A	17	Quicksilver Wine-CE	58.13
	27.54	58.13	
45 Labuschagne, Jeremy	18	SSISA-CP	58.22
	27.58	58.22	
46 Pautz, Nathan M	16	Blouberg Marlins-CP	58.23
	27.66	58.23	
47 Walker, Yohan G	16	Vineyard-CP	58.24
	27.64	58.24	
48 Linscott, Nathan J	20	Uwc-CP	58.40
	26.89	58.40	
49 Viljoen, Jaden R	16	Aqua Sharks-CP	58.51
	27.61	58.51	
50 Witbooi, Reinhardt J	17	Stellenbosch Aqu-CE	58.56
	28.19	58.56	
51 Van der Merwe, Josh E	16	Swimlab-CP	58.75
	27.93	58.75	
52 Louw, Guillaume	21	Curro Aquatics-CP	59.02
	27.95	59.02	
53 Lotriet, Roelof F	38	Lane Leader-CE	59.03
	28.10	59.03	
54 Atkinson, Samuel A	16	Swartland Aquati-WC	59.13
	27.56	59.13	
55 Myburgh, Ruan	16	Blouberg Marlins-CP	59.62
	28.45	59.62	
56 Solomon, Ethan	16	Aqua Dolphin-CP	59.63
	28.79	59.63	
57 Orchard, Thomas J	17	Swartland Aquati-WC	59.67
	28.32	59.67	
58 De Jager, Nathan B	16	Aqua Sharks-CP	59.98
	28.28	59.98	
59 Pedro, Tamkeen	16	Walmers-CP	1:00.03
	28.56	1:00.03	
60 Du Preez, Shaun	17	SSISA-CP	1:00.07
	28.05	1:00.07	
61 Moolman, Carter S	16	Manta-CP	1:00.13
	28.58	1:00.13	
62 Hendricks, Joshua	17	Curro Aquatics-CP	1:00.23
	28.45	1:00.23	
63 Terblanche, Kiaan C	19	Lane Leader-CE	1:00.52
	28.23	1:00.52	
*64 Gilbert, Thomas O	16	Swimlab-CP	1:00.78
	29.13	1:00.78	
*64 Gounden, Mikhael A	19	TaperGo-WC	1:00.78
	29.04	1:00.78	
66 Breet, Dawie-Louw L	17	Players-CE	1:00.79
	28.82	1:00.79	
67 Lombard, Kyle M	16	Curro Aquatics-CP	1:00.87
68 Allott, Jack R	16	Aqua Athlete Cta-CP	1:01.14
	29.32	1:01.14	
69 Wilson, Christian G	19	Streamline-CP	1:01.20

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 301 Men 16 & Over 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
70 Boonzaaier, Simon F	17	Aquasharks Winel-CE	1:01.51
	29.26	1:01.51	
71 Hewitt-Smook, Kristian	16	Swartland Aquati-WC	1:01.69
	28.45	1:01.69	
72 Schreuder, Steffen	16	Aquasharks Winel-CE	1:01.76
	29.33	1:01.76	
73 Engelbrecht, Ruben J	17	Players-CE	1:01.99
	28.93	1:01.99	
74 Rohner, Jayden M	17	Blouberg Marlins-CP	1:02.18
	28.85	1:02.18	
75 Burmeister, Marius	16	Quicksilver Wine-CE	1:03.78
	30.25	1:03.78	
76 Van der Watt, Alpheus J	16	Players-CE	1:04.59
	29.75	1:04.59	
77 Games, Zubair	18	Manta-CP	1:05.67
	29.89	1:05.67	
--- Eaton, Jarden D	19	CRSC-JH	NS

Event 301 Men 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time
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Preliminaries

1 Terblanche, Tiaan S13	13	Fish Eagle-ED	1:20.01
	38.83	1:20.01	

Event 302 Girls 11 & Under 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
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Finals

1 Julies, Grace J	11	Xcel Swim Academ-CP	1:28.54
	42.44	1:28.54	
2 Johnson, Ella J	11	Swimlab-CP	1:30.82
	43.54	1:30.82	
3 Newkirk, Gia	11	Tygers-CP	1:32.31
	44.69	1:32.31	
4 Kalapac, Lexi	11	Streamline-CP	1:32.35
	44.74	1:32.35	
5 Coetsee, Elke M	10	Fish Eagle-ED	1:32.65
	42.74	1:32.65	
6 Cullis, Emma	11	Vineyard-CP	1:34.72
	46.05	1:34.72	
7 Dabrowski, Leah A	11	Blouberg Marlins-CP	1:36.54
	45.75	1:36.54	
8 Normington, Olivia	11	Xcel Swim Academ-CP	1:37.19
	45.45	1:37.19	

Event 302 Girls 11 & Under 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Julies, Grace J	11	Xcel Swim Academ-CP	1:31.18
	42.87	1:31.18	
2 Johnson, Ella J	11	Swimlab-CP	1:33.95
	44.87	1:33.95	
3 Coetsee, Elke M	10	Fish Eagle-ED	1:34.12
	43.42	1:34.12	
4 Kalapac, Lexi	11	Streamline-CP	1:34.68
	43.89	1:34.68	

5 Normington, Olivia	11	Xcel Swim Academ-CP	1:34.96
	46.02	1:34.96	
6 Dabrowski, Leah A	11	Blouberg Marlins-CP	1:35.21
	44.80	1:35.21	
7 Cullis, Emma	11	Vineyard-CP	1:35.46
	45.84	1:35.46	
8 Newkirk, Gia	11	Tygers-CP	1:36.22
	46.17	1:36.22	
9 Gerber, Kayla M	11	Stellenbosch Aqu-CE	1:38.33
	45.50	1:38.33	
10 Gilligan, Saskia	11	Blouberg Marlins-CP	1:38.92
	45.63	1:38.92	
11 Olivier, Gianna G	11	Paarl Aquarius-CE	1:40.07
	47.61	1:40.07	
12 Van Zyl, Nèanè	11	Greydogs-CP	1:40.13
	47.26	1:40.13	
13 Knott, Cayleigh	11	Aqua Sharks-CP	1:41.17
	48.30	1:41.17	
14 Hendricks, Jada	11	Tygers-CP	1:43.79
	48.25	1:43.79	
15 Arenz, Jessica	11	Manta-CP	1:44.51
	48.12	1:44.51	
16 Tranter, Alexia R	11	SSISA-CP	1:49.07
	51.25	1:49.07	

Event 302 Girls 12-13 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
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Finals

1 Horn, Anna	12	Xcel Swim Academ-CP	1:19.26
	37.71	1:19.26	
2 Joyce, Jenna	12	Curro Aquatics-CP	1:22.46
	39.32	1:22.46	
3 Heldsinger, Alexa L	13	SSISA-CP	1:25.11
	40.27	1:25.11	
4 Mare, Isabella	13	Curro Aquatics-CP	1:26.10
	39.97	1:26.10	
5 Oliver, Isabella	13	Quicksilver Wine-CE	1:27.94
	41.27	1:27.94	
6 Pretorius, Kara	12	SSISA-CP	1:28.32
	41.69	1:28.32	
7 Hawley, Nicola	13	Players-CE	1:29.12
	41.37	1:29.12	
8 Charles, Tyla	12	Vineyard-CP	1:29.80
	43.99	1:29.80	

Event 302 Girls 12-13 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Horn, Anna	12	Xcel Swim Academ-CP	1:21.18
	38.22	1:21.18	
2 Joyce, Jenna	12	Curro Aquatics-CP	1:22.96
3 Mare, Isabella	13	Curro Aquatics-CP	1:25.69
	39.67	1:25.69	
4 Hawley, Nicola	13	Players-CE	1:29.38
	42.13	1:29.38	
5 Pretorius, Kara	12	SSISA-CP	1:29.52
	41.27	1:29.52	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 302 Girls 12-13 100 LC Meter Breaststroke)

Name	Age	Team	Prelim Time
6 Heldsinger, Alexa L	13	SSISA-CP	1:29.61
42.94	1:29.61		
7 Oliver, Isabella	13	Quicksilver Wine-CE	1:30.34
41.05	1:30.34		
8 Charles, Tyla	12	Vineyard-CP	1:30.62
43.84	1:30.62		
9 Dimatellis, Zoi	12	Fish Eagle-ED	1:30.82
42.97	1:30.82		
10 Latimer, Olivia H	12	Swimlab-CP	1:31.06
42.64	1:31.06		
11 Jurgens, Chloe-Leigh	12	Manta-CP	1:31.15
42.15	1:31.15		
12 Retief, Jane	12	Lane Leader-CE	1:31.16
42.40	1:31.16		
13 Van Wyk, Josie	12	Lane Leader-CE	1:31.50
43.85	1:31.50		
14 Faul, Ellen J	13	Quicksilver Wine-CE	1:32.11
42.76	1:32.11		
15 Grebe, Ava	12	Curro Hermanus-OB	1:32.35
43.67	1:32.35		
16 Williams, Aqeelah	12	Uwc-CP	1:32.53
43.29	1:32.53		
17 Louw, Mali R	12	The Well-CE	1:33.08
44.35	1:33.08		
18 Nilsson, Rebecca B	13	Tygers-CP	1:33.12
43.78	1:33.12		
19 Halford, Harper C	12	Manta-CP	1:34.26
44.65	1:34.26		
20 Heldsinger, Gia	12	SSISA-CP	1:34.94
44.34	1:34.99		
21 Harper, Maddie I	13	Knysna Aquatics-ED	1:34.99
44.83	1:35.03		
22 Nixon, Sofia	13	Vineyard-CP	1:35.03
44.86	1:35.26		
23 Stilwaney, Mia C	12	Paarl Aquarius-CE	1:35.26
44.62	1:35.54		
24 Chibharo, Lethabo L	12	Tygers-CP	1:35.54
44.85	1:35.66		
25 Conradie, Emilie M	12	Swimlab-CP	1:35.66
46.58	1:36.07		
26 Van Dyk, Zani	12	Aqua Sharks-CP	1:36.07
43.73	1:36.25		
27 Abrahams, Amaani	13	Marlin-CP	1:36.25
45.19	1:36.28		
28 Cronjé, Miané	13	Fish Eagle-ED	1:36.28
45.98	1:36.58		
29 Atkinson, Anouk E	13	Swartland Aquati-WC	1:36.58
47.75	1:39.30		
30 Vd Bank, Mienke	13	Curro Hermanus-OB	1:39.30
45.92	1:39.45		
31 Esterhuyse, Frances	13	Stars-CK	1:39.45
45.93	1:40.40		
32 Castleden, Sophia K	12	Stellenbosch Aqu-CE	1:40.40
47.53	1:40.68		
33 Lourens, Mia	13	Curro Aquatics-CP	1:40.68

Event 302 Women 14-15 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Combrink, Amy	15	Vineyard-CP	1:18.30
35.91	1:18.30		
2 Coleman, Madison	15	Blouberg Marlins-CP	1:18.94
37.01	1:18.94		
3 Gerber, Simonè M	14	Curro Aquatics-CP	1:20.26
39.03	1:20.26		
4 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	1:21.76
38.64	1:21.76		
5 Morris, Jenna	15	Vineyard-CP	1:22.39
37.46	1:22.39		
6 Richter, Mignon K	15	Swimlab-CP	1:22.88
38.66	1:22.88		
7 Van Niekerk, Ona	15	Fish Eagle-ED	1:23.53
40.59	1:23.53		
8 Hahn, Kayleigh K	15	Fish Eagle-ED	1:24.58
40.15	1:24.58		

Event 302 Women 14-15 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Combrink, Amy	15	Vineyard-CP	1:20.05
37.30	1:20.05		
2 Coleman, Madison	15	Blouberg Marlins-CP	1:20.21
37.58	1:20.21		
3 Morris, Jenna	15	Vineyard-CP	1:21.66
38.49	1:21.66		
4 Richter, Mignon K	15	Swimlab-CP	1:23.15
38.09	1:23.15		
5 Gerber, Simonè M	14	Curro Aquatics-CP	1:23.23
38.60	1:23.23		
6 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	1:23.82
37.56	1:23.82		
7 Hahn, Kayleigh K	15	Fish Eagle-ED	1:24.36
39.72	1:24.36		
8 Van Niekerk, Ona	15	Fish Eagle-ED	1:24.37
39.69	1:24.37		
9 Putter, Demi	14	Curro Aquatics-CP	1:24.51
40.23	1:24.51		
10 Dreyer, Arne'	14	Stellenbosch Aqu-CE	1:24.62
38.95	1:24.62		
11 Fabricius, Kaylin	15	Barracudas-CP	1:24.96
39.10	1:24.96		
12 Newton, Ava L	15	Curro Aquatics-CP	1:25.38
39.16	1:25.38		
13 Grobler, Zané	14	Fish Eagle-ED	1:25.40
41.22	1:25.40		
14 Van Der Wath, Izi	14	Knysna Aquatics-ED	1:26.09
40.23	1:26.09		
15 Visser, Sandri	15	Players-CE	1:26.66
40.27	1:26.66		
16 Barnard, Adelmari D	14	Swartland Aquati-WC	1:28.30
40.71	1:28.30		
17 De Oliveira, Aliyah	14	Tygers-CP	1:28.61

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 302 Women 14-15 100 LC Meter Breaststroke)

Name	Age	Team	Prelim Time
18 Stevens, Judy C	15	Quick Silver-CP	1:29.16
41.64	1:29.16		
19 Jantzen, Zianè	15	Quick Silver-CP	1:30.62
41.18	1:30.62		
20 Botha, Chelsea	14	Curro Aquatics-CP	1:32.21
42.10	1:32.21		
21 Baillie, Gabi J	14	Fish Eagle-ED	1:32.40
43.91	1:32.40		
22 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	1:32.79
44.52	1:32.79		
23 Louw, Margo	15	Quicksilver Wine-CE	1:34.22
42.74	1:34.22		

Event 302 Women 16 & Over 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Cope, Morgan M	18	Lane Leader-CE	1:13.13
34.84	1:13.13		
2 Meier, Marné	25	Curro Aquatics-CP	1:15.03
35.16	1:15.03		
3 Vd Wal, Mieke	16	Curro Aquatics-CP	1:17.92
37.05	1:17.92		
4 Ralfe, Cara L	19	Tuks-TS	1:18.53
36.48	1:18.53		
5 Schreuder, Hannah G	16	Swimlab-CP	1:18.78
36.48	1:18.78		
6 Pharoah, Morgan L	19	Tuks-TS	1:18.86
37.34	1:18.86		
7 Hugo, Anika S	18	Quicksilver Wine-CE	1:20.81
37.91	1:20.81		
8 Jeftha, Zara L	16	Marlin-CP	1:22.32
39.37	1:22.32		
9 Olivier, Shani	17	Paarl Aquarius-CE	1:23.72
40.06	1:23.72		
10 Bulose, Megan	20	Uwc-CP	1:24.45
39.89	1:24.45		
11 Witten, Hannah	17	Aqua Dolphin-CP	1:25.38
41.06	1:25.38		
12 Jurado, Stephanie C	16	SSISA-CP	1:28.35
40.67	1:28.35		
13 Smith, Lara E	16	Tygers-CP	1:28.66
42.39	1:28.66		
14 Lategan, Emma M	16	Curro Aquatics-CP	1:31.04
43.17	1:31.04		
--- Fourie, Petro Marié	19	Lane Leader-CE	NS

Event 302 Women 16 & Over 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Cope, Morgan M	18	Lane Leader-CE	1:13.53
33.51	1:13.53		
2 Meier, Marné	25	Curro Aquatics-CP	1:16.45
35.94	1:16.45		
3 Ralfe, Cara L	19	Tuks-TS	1:17.37
35.53	1:17.37		

4 Vd Wal, Mieke	16	Curro Aquatics-CP	1:17.92
36.10	1:17.92		
5 Pharoah, Morgan L	19	Tuks-TS	1:19.71
37.21	1:19.71		
6 Schreuder, Hannah G	16	Swimlab-CP	1:20.09
37.53	1:20.09		
7 Fury, Rebecca G	17	Vineyard-CP	1:20.35
37.80	1:20.35		
8 Hugo, Anika S	18	Quicksilver Wine-CE	1:20.88
37.51	1:20.88		
9 Jeftha, Zara L	16	Marlin-CP	1:23.48
39.90	1:23.48		
10 Olivier, Shani	17	Paarl Aquarius-CE	1:24.46
39.87	1:24.46		
11 Witten, Hannah	17	Aqua Dolphin-CP	1:26.55
41.51	1:26.55		
12 Bulose, Megan	20	Uwc-CP	1:29.23
40.91	1:29.23		
13 Jurado, Stephanie C	16	SSISA-CP	1:29.49
41.75	1:29.49		
14 Fourie, Petro Marié	19	Lane Leader-CE	1:29.65
43.75	1:29.65		
15 Smith, Lara E	16	Tygers-CP	1:29.96
42.71	1:29.96		
16 Lategan, Emma M	16	Curro Aquatics-CP	1:30.64
42.39	1:30.64		
17 Glover, Erin K	16	Tygers-CP	1:31.76
43.53	1:31.76		

Event 302 Women 100 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time
1 Thiart, Annelie SB15	13	TaperGo-WC	1:37.46
46.48	1:37.46		

Event 303 Boys 11 & Under 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Poultney, Matthew	11	Curro Aquatics-CP	1:24.56
40.36	1:24.56		
2 Daniels, Tylan H	11	Aqua Dolphin-CP	1:26.49
41.00	1:26.49		
3 Kleu, Wian M	11	Stellenbosch Aqu-CE	1:26.62
41.40	1:26.62		
4 Maughan, Patrick F	11	Aqua Sharks-CP	1:32.99
43.72	1:32.99		
5 Schabert, Lowen	11	Quicksilver Wine-CE	1:34.50
45.93	1:34.50		
6 Schoeman, Mateo J	11	Quicksilver Wine-CE	1:34.87
44.90	1:34.87		
7 Lange, Oliver	11	Vineyard-CP	1:35.79
45.92	1:35.79		
8 Kenmuir, Ethan	11	Vineyard-CP	1:36.73
46.85	1:36.73		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 303 Boys 11 & Under 100 LC Meter Breaststroke				Event 303 Boys 12-13 100 LC Meter Breaststroke			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
Preliminaries				Preliminaries			
1 Kleu, Wian M	11	Stellenbosch Aqu-CE	1:27.51	1 Viljoen, Llewelyn	13	Fish Eagle-ED	1:17.93
40.92	1:27.51			36.36	1:17.93		
2 Daniels, Tylan H	11	Aqua Dolphin-CP	1:28.90	2 Hahn, Kyle H	12	Fish Eagle-ED	1:19.83
42.76	1:28.90			37.89	1:19.83		
3 Poultney, Matthew	11	Curro Aquatics-CP	1:29.74	3 Douries, Ean	13	Curro Aquatics-CP	1:20.16
42.07	1:29.74			38.68	1:20.16		
4 Schoeman, Mateo J	11	Quicksilver Wine-CE	1:33.71	4 Swart, Nico N	13	Aqua Sharks-CP	1:20.75
44.43	1:33.71			37.48	1:20.75		
5 Maughan, Patrick F	11	Aqua Sharks-CP	1:33.95	5 Torbochkin, Daniel S	13	Aqua Sharks-CP	1:20.76
44.29	1:33.95			37.74	1:20.76		
6 Kenmuir, Ethan	11	Vineyard-CP	1:34.98	6 Van Heerden, Christian	13	Aqua Athlete Cta-CP	1:21.12
45.46	1:34.98			37.76	1:21.12		
7 Lange, Oliver	11	Vineyard-CP	1:36.08	7 Oaten, Rourke	13	Silver Fins-CP	1:21.17
46.63	1:36.08			39.44	1:21.17		
8 Schabort, Lowen	11	Quicksilver Wine-CE	1:36.09	8 Vorster, Caiden	13	TaperGo-WC	1:23.89
44.27	1:36.09			38.16	1:23.89		
9 Stenekamp, Keanu	11	Aqua Sharks-CP	1:36.52	9 Van Wyk, Jack R	13	Curro Aquatics-CP	1:24.88
47.56	1:36.52			39.92	1:24.88		
10 Titus, Brody	11	Paarl Aquarius-CE	1:37.53	10 Faulkner, Callum E	13	Blouberg Marlins-CP	1:24.92
47.25	1:37.53			40.37	1:24.92		
11 Serfontein, John-Lourens	11	ROA-ED	1:38.23	11 Coleman, Travis	13	Blouberg Marlins-CP	1:25.10
47.53	1:38.23			40.03	1:25.10		
12 Van Heerden, Emile L	11	Fish Eagle-ED	1:38.93	12 Spencer, Marcus W	13	Cybersmart-CP	1:25.36
46.74	1:38.93			42.69	1:25.36		
13 Bond, Ben L	10	ROA-ED	1:40.34	13 Gamielidien, Idreess	13	Marlin-CP	1:25.63
48.13	1:40.34			40.97	1:25.63		
14 Van Wyngaard, Daniël C	10	ROA-ED	1:42.32	14 Van Vondel, Roland	13	Tygers-CP	1:25.66
49.70	1:42.32			40.61	1:25.66		
15 Wetzl, Alex J	11	Stellenbosch Aqu-CE	1:44.80	15 Allott, Jaydon K	12	Aqua Athlete Cta-CP	1:26.00
51.85	1:44.80			42.14	1:26.00		
16 Grobler, Reynhardt	10	The Well-CE	1:45.06	16 Muller, Lukas D	13	Quick Silver-CP	1:26.10
49.69	1:45.06			39.84	1:26.10		
17 Kotze, Christian S	11	Stellenbosch Aqu-CE	1:45.40	17 van Rensburg, Tristan	12	Curro Aquatics-CP	1:26.48
50.37	1:45.40			40.56	1:26.48		
18 Joyce, Guy	10	Curro Aquatics-CP	1:45.54	18 Schaefer, Daniel C	12	Players-CE	1:27.22
				41.14	1:27.22		
Event 303 Boys 12-13 100 LC Meter Breaststroke				Event 303 Boys 12-13 100 LC Meter Breaststroke			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
Finals				Finals			
1 Viljoen, Llewelyn	13	Fish Eagle-ED	1:16.31	19 Du Plessis, Paul	12	Tuks-TS	1:27.31
36.11	1:16.31			40.55	1:27.31		
2 Hahn, Kyle H	12	Fish Eagle-ED	1:17.60	20 Parr, Colbyn S	13	Knysna Aquatics-ED	1:27.79
37.38	1:17.60			41.19	1:27.79		
3 Torbochkin, Daniel S	13	Aqua Sharks-CP	1:18.67	21 De Jager, Eben	13	Quicksilver Wine-CE	1:28.02
36.64	1:18.67			41.89	1:28.02		
4 Swart, Nico N	13	Aqua Sharks-CP	1:19.75	22 Barnard, Daniël B	12	Xcel Swim Academ-CP	1:28.32
37.94	1:19.75			41.79	1:28.32		
5 Oaten, Rourke	13	Silver Fins-CP	1:19.93	23 Kruger, Zachary C	12	Swartland Aquati-WC	1:28.51
38.96	1:19.93			42.16	1:28.51		
6 Douries, Ean	13	Curro Aquatics-CP	1:20.83	24 Fortune, Hakeem	13	Manta-CP	1:28.69
37.49	1:20.83			41.90	1:28.69		
7 Van Heerden, Christian	13	Aqua Athlete Cta-CP	1:22.02	25 Addinall, Ethan	13	Manta-CP	1:29.99
38.70	1:22.02			42.40	1:29.99		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 303 Boys 12-13 100 LC Meter Breaststroke)

Name	Age	Team	Prelim Time
26 Wright, Jonah S	13	Tygers-CP	1:30.17
42.10	1:30.17		
27 Wagener, Tiaan H	12	Aquasharks Winel-CE	1:30.50
42.68	1:30.50		
28 Van Dyk, Stephaan	13	Blouberg Marlins-CP	1:30.65
42.35	1:30.65		
29 Trautman, Liam	13	Curro Hermanus-OB	1:31.12
42.46	1:31.12		
30 Pedro, Maahier	13	Walmers-CP	1:32.24
43.28	1:32.24		
31 Jonas, Leonardo	13	Players-CE	1:32.27
43.60	1:32.27		
32 Matthee, Burger P	13	Agulhas-OB	1:32.38
43.24	1:32.38		
33 Bright, Michael C	12	Curro Aquatics-CP	1:32.74
43.78	1:32.74		
34 February, Dillon S	12	Curro Aquatics-CP	1:35.98
35 Weber, Daniel	13	Players-CE	1:36.94
36 Stander, Christiaan L	12	Aquasharks Winel-CE	1:39.09
47.81	1:39.09		
--- Visser, Wessel M	13	Uwc-CP	DQ
Executed more than one butterfly kick at the start or turn			
42.20	DQ		

Event 303 Men 14-15 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Gilbert, Andrew A	15	Swimlab-CP	1:08.25
32.28	1:08.25		
2 Williams, Jayden J	15	Paarl Aquarius-CE	1:08.56
32.23	1:08.56		
3 Wing, James L	14	Curro Aquatics-CP	1:10.58
33.13	1:10.58		
4 Stanfliet, Nicholas	14	Vineyard-CP	1:12.20
33.54	1:12.20		
5 Smith, Sebastian N	15	Tygers-CP	1:13.74
35.20	1:13.74		
6 Van Heerden, Hendré B	15	Fish Eagle-ED	1:14.14
35.18	1:14.14		
7 Burger, Rosseau	15	Lane Leader-CE	1:15.42
35.29	1:15.42		
8 Yeowart, Luke D	14	Curro Aquatics-CP	1:15.54
35.95	1:15.54		

Event 303 Men 14-15 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Williams, Jayden J	15	Paarl Aquarius-CE	1:09.21
32.34	1:09.21		
2 Gilbert, Andrew A	15	Swimlab-CP	1:10.41
33.84	1:10.41		
3 Wing, James L	14	Curro Aquatics-CP	1:13.65
34.58	1:13.65		
4 Stanfliet, Nicholas	14	Vineyard-CP	1:13.87
34.01	1:13.87		

5 Yeowart, Luke D	14	Curro Aquatics-CP	1:15.37
35.15	1:15.37		
6 Van Heerden, Hendré B	15	Fish Eagle-ED	1:15.73
35.56	1:15.73		
7 Burger, Rosseau	15	Lane Leader-CE	1:15.84
35.15	1:15.84		
8 Smith, Sebastian N	15	Tygers-CP	1:16.99
36.86	1:16.99		
9 Wagner, Noah J	14	Swimlab-CP	1:17.35
36.53	1:17.35		
10 Bouwer, Jason	14	Tygers-CP	1:17.45
36.89	1:17.45		
11 Van der Merwe, Noah B	14	Swimlab-CP	1:18.63
36.80	1:18.63		
12 Liedeman, Mark	14	Swartland Aquati-WC	1:18.68
36.68	1:18.68		
13 Rosslee, Christian F	15	Quicksilver Wine-CE	1:18.70
36.40	1:18.70		
14 Basson, Trishaun T	15	Marlin-CP	1:19.26
36.79	1:19.26		
15 Mansfield, Luke T	14	Stellenbosch Aqu-CE	1:19.53
37.56	1:19.53		
16 Hendricks, Tyson S	14	ROA-ED	1:19.92
37.46	1:19.92		
17 Vermeulen, Hanco	15	Aquasharks Winel-CE	1:20.12
37.19	1:20.12		
18 Roman, Noah P	14	Aqua Dolphin-CP	1:21.96
38.92	1:21.96		
19 Williams, Evan B	14	SSISA-CP	1:24.45
39.35	1:24.45		
20 Vd Berg, Wilan	15	Quicksilver Wine-CE	1:24.62
38.89	1:24.62		
21 Minnaar, Nicolas	14	Tygers-CP	1:25.36
40.65	1:25.36		
22 Oosthuizen, Ethan	14	Players-CE	1:26.58
40.02	1:26.58		
23 Daniels, Joshua D	14	Streamline-CP	1:27.34
40.78	1:27.34		

Event 303 Men 16 & Over 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Truter, Petrus C	21	Lane Leader-CE	1:04.55
29.98	1:04.55		
2 Clayton, Franco P	18	Lane Leader-CE	1:04.64
30.61	1:04.64		
3 Heslop, Jonathan V	21	Tuks-TS	1:07.70
31.68	1:07.70		
4 Sack, Benji	28	SSISA-CP	1:07.83
31.40	1:07.83		
5 Jani, Tawanda	17	Cybersmart-CP	1:10.50
32.90	1:10.50		
6 Bester, Francois A	17	Quicksilver Wine-CE	1:11.01
32.94	1:11.01		
7 Krenin, Damon R	17	Curro Aquatics-CP	1:11.78
33.08	1:11.78		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 303 Men 16 & Over 100 LC Meter Breaststroke)

Name	Age	Team	Finals Time
8 Theron, Luca D	16	Vineyard-CP	1:11.88
34.20	1:11.88		
9 Malherbe, Nicholas N	18	Lane Leader-CE	1:12.79
34.13	1:12.79		
10 Southworth, Matthew W	16	Cybersmart-CP	1:13.59
34.43	1:13.59		
11 Hendricks, Joshua	17	Curro Aquatics-CP	1:13.89
33.00	1:13.89		
12 Terblanche, Luan L	16	Tygers-CP	1:13.99
34.26	1:13.99		
13 Pautz, Nathan M	16	Blouberg Marlins-CP	1:14.50
34.95	1:14.50		
14 Saayman, Dehan	16	Players-CE	1:14.73
34.31	1:14.73		
15 Myburgh, Ruan	16	Blouberg Marlins-CP	1:15.25
34.79	1:15.25		
16 Alexander, Ammaar	17	Marlin-CP	1:17.41
36.05	1:17.41		

Event 303 Men 16 & Over 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Clayton, Franco P	18	Lane Leader-CE	1:06.87
30.79	1:06.87		
2 Truter, Petrus C	21	Lane Leader-CE	1:07.12
31.54	1:07.12		
3 Sack, Benji	28	SSISA-CP	1:07.81
31.65	1:07.81		
4 Heslop, Jonathan V	21	Tuks-TS	1:08.37
31.46	1:08.37		
5 Jani, Tawanda	17	Cybersmart-CP	1:10.93
33.93	1:10.93		
6 Hendricks, Joshua	17	Curro Aquatics-CP	1:11.48
32.58	1:11.48		
7 Theron, Luca D	16	Vineyard-CP	1:11.81
33.51	1:11.81		
8 Bester, Francois A	17	Quicksilver Wine-CE	1:12.36
33.42	1:12.36		
9 Southworth, Matthew W	16	Cybersmart-CP	1:13.04
34.23	1:13.04		
10 Malherbe, Nicholas N	18	Lane Leader-CE	1:13.65
33.83	1:13.65		
11 Krenin, Damon R	17	Curro Aquatics-CP	1:13.87
34.22	1:13.87		
12 Terblanche, Luan L	16	Tygers-CP	1:14.59
34.67	1:14.59		
13 Myburgh, Ruan	16	Blouberg Marlins-CP	1:15.63
34.96	1:15.63		
14 Pautz, Nathan M	16	Blouberg Marlins-CP	1:15.96
35.68	1:15.96		
15 Saayman, Dehan	16	Players-CE	1:17.24
34.04	1:17.24		
16 Alexander, Ammaar	17	Marlin-CP	1:17.35
35.73	1:17.35		

17 Zellie, Thomas J	17	Swimlab-CP	1:17.61
36.79	1:17.61		
18 Simpson, Jesse	16	Vineyard-CP	1:18.90
35.59	1:18.90		
19 Van der Watt, Alpheus J	16	Players-CE	1:19.25
35.28	1:19.25		
20 Atkinson, Samuel A	16	Swartland Aquati-WC	1:19.36
36.70	1:19.36		
21 Witbooi, Reinhardt J	17	Stellenbosch Aqu-CE	1:20.74
37.62	1:20.74		
22 Wilson, Christian G	19	Streamline-CP	1:30.04
40.84	1:30.04		

Event 303 Men 100 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
1 Terblanche, Tiaan SB13	13	Fish Eagle-ED	1:41.13
48.32	1:41.13		

Event 304 Girls 13 & Under 400 LC Meter IM

Name	Age	Team	Finals Time
1 Lorenzen, Ava E	12	Blouberg Marlins-CP	5:26.32
34.57	1:15.36	1:57.11	2:39.16
3:25.39	4:11.46	4:49.68	5:26.32
2 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	5:34.97
34.41	1:14.12	1:59.25	2:43.15
3:31.23	4:20.52	4:58.45	5:34.97
3 Swanepoel, Lulu A	13	Aqua Sharks-CP	5:47.10
37.22	1:20.20	2:06.34	2:50.80
3:41.58	4:31.32	5:10.25	5:47.10
4 Olivier, Julie M	12	Tygers-CP	5:51.34
39.75	1:24.36	2:09.25	2:53.62
3:43.79	4:34.07	5:14.21	5:51.34
5 De Villiers, Anja	13	Tygers-CP	5:53.72
37.21	1:21.79	2:07.13	2:49.61
3:43.87	4:38.24	5:17.29	5:53.72
6 Joyce, Jenna	12	Curro Aquatics-CP	5:54.84
37.00	1:21.85	2:09.43	2:55.49
3:44.07	4:31.75	5:54.84	
7 Williams, Aqeelah	12	Uwc-CP	5:56.51
36.79	1:22.42	2:08.85	2:53.80
3:46.30	4:38.68	5:17.87	5:56.51
8 Schäfer, Kyla	13	Knysna Aquatics-ED	6:04.06
40.07	1:32.52	2:17.30	3:02.20
3:51.62	4:42.93	5:23.23	6:04.06
9 Lockitch, Zara	12	Cybersmart-CP	6:07.74
38.95	1:23.81	2:11.53	2:58.07
3:52.48	4:46.91	5:28.46	6:07.74
10 Sonnekus, Anya	13	Tygers-CP	6:11.71
39.79	1:27.69	2:17.03	3:06.71
3:57.31	4:51.16	5:32.58	6:11.71
11 Chibharo, Lethabo L	12	Tygers-CP	6:23.46
39.44	2:20.92	3:11.19	
4:06.24	5:01.30	6:23.46	
12 Stilwaney, Mia C	12	Paarl Aquarius-CE	6:24.16
38.07	1:25.98	2:18.24	3:07.69
4:02.91	5:00.50	6:24.16	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 304 Girls 13 & Under 400 LC Meter IM)

Name	Age	Team	Finals Time
--- Nilsson, Rebecca B	13	Tygers-CP	DQ
Swimmer did not finish - Misc			

Event 304 Women 14-15 400 LC Meter IM

Name	Age	Team	Finals Time
1 Grütter, Arabelle	14	ROA-ED	5:35.86
35.80	1:18.42	1:58.52	2:38.71
3:29.85	4:20.86	4:59.83	5:35.86
2 Hahn, Kayleigh K	15	Fish Eagle-ED	5:37.04
35.91	1:17.98	2:03.11	
3:33.98	4:22.15	5:01.01	5:37.04
3 Visser, Cara	14	Cybersmart-CP	5:37.18
34.71	1:14.61	1:57.19	2:41.31
3:29.92	4:20.93	4:59.55	5:37.18
4 Newton, Ava L	15	Curro Aquatics-CP	5:37.57
34.44	1:18.08	2:00.39	2:42.01
3:31.14	4:20.30	5:00.07	5:37.57
5 Rossouw, Cara	15	Tygers-CP	5:45.93
35.64	1:18.04	2:02.03	2:44.68
3:36.46	4:28.08	5:08.13	5:45.93
6 Hartung, Amy M	15	Aqua Sharks-CP	5:48.49
36.14	1:17.15	2:05.30	2:53.48
3:40.48	4:31.01	5:09.69	5:48.49
7 Coleman, Madison	15	Blouberg Marlins-CP	5:49.27
37.94	1:24.21	2:09.72	2:54.58
3:40.40	4:27.44	5:09.64	5:49.27
8 Grobler, Zané	14	Fish Eagle-ED	5:52.27
38.11	1:24.34	2:10.57	2:54.05
3:43.44	4:33.43	5:13.86	5:52.27
9 Laubscher, Mikalla I	14	Aqua Sharks-CP	5:53.93
37.43	1:26.60	2:10.28	2:54.44
3:43.11	4:33.45	5:14.36	5:53.93
10 Rossouw, Emma M	15	Tygers-CP	5:56.15
35.73	1:19.08	2:03.73	2:47.20
3:41.27	4:35.64	5:16.50	5:56.15

Event 304 Women 16 & Over 400 LC Meter IM

Name	Age	Team	Finals Time
1 Horne, Kaitlyne D	17	Pea-NM	5:05.58
31.63	1:08.88	1:48.32	2:27.02
3:11.67	3:56.82	4:31.87	5:05.58
2 Du Plessis, Chanel P	17	Cybersmart-CP	5:25.30
32.64	1:09.80		2:32.56
3:21.90	4:11.68	4:49.05	5:25.30
3 Pharoah, Morgan L	19	Tuks-TS	5:26.73
34.75	1:15.21	1:58.67	
3:25.18	4:10.32	4:49.19	5:26.73
4 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	5:59.78
35.61	1:17.63	2:02.27	2:46.75
3:39.60	4:35.89	5:18.47	5:59.78
--- Vd Wal, Mieke	16	Curro Aquatics-CP	DQ
Swimmer did no touch the wall during the turn - back			
33.62	1:14.08	1:57.05	2:39.24
3:26.05	4:13.78	DQ	

Event 305 Boys 13 & Under 400 LC Meter IM

Name	Age	Team	Finals Time
1 Loots, Noah C	13	Aqua Sharks-CP	5:23.92
31.49	1:09.09	1:53.15	2:34.76
3:21.20	4:07.84	4:46.37	5:23.92
2 Van Zyl, Daniël R	13	Tygers-CP	5:33.61
34.17	1:13.97	1:57.93	2:41.32
3:32.25	4:21.24	4:58.54	5:33.61
3 Swart, Nico N	13	Aqua Sharks-CP	5:34.83
33.77	1:14.91	1:59.59	2:43.96
3:31.10	4:18.93	4:58.12	5:34.83
4 Breebaart, Joshua	12	Curro Aquatics-CP	5:34.96
34.05	1:15.36	2:00.43	2:42.94
3:32.48	4:22.90	4:59.25	5:34.96
5 Trower, Michael	13	Tygers-CP	5:38.67
35.85	1:16.91	2:00.65	2:43.87
3:34.51	4:24.57	5:01.78	5:38.67
6 Bright, Michael C	12	Curro Aquatics-CP	5:42.81
35.45	1:16.66	2:00.31	2:42.73
3:33.82	4:25.51	5:04.53	5:42.81
7 Schaefer, Daniel C	12	Players-CE	5:50.15
35.92	1:19.60	2:04.60	2:48.17
3:38.67	4:29.65	5:10.83	5:50.15
8 Bosch, Ewan Y	12	Tygers-CP	6:02.23
35.88	1:17.16		2:49.86
3:43.91	4:40.06	5:22.51	6:02.23
9 Lewis, Callum R	13	Curro Aquatics-CP	6:11.88
37.43	1:25.37		2:57.36
3:54.12	4:50.48	6:11.88	

Event 305 Men 14-15 400 LC Meter IM

Name	Age	Team	Finals Time
1 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	5:05.18
31.25	1:06.59	1:45.10	2:23.72
3:10.04	3:55.78	4:30.89	5:05.18
2 Yeowart, Seth W	14	Curro Aquatics-CP	5:12.19
34.30	1:13.19	1:54.82	
3:20.77	4:05.28	4:40.29	5:12.19
3 Bouwer, Jason	14	Tygers-CP	5:14.93
31.91	1:09.06	1:50.06	2:29.91
3:16.61	4:00.85	4:38.88	5:14.93
4 Fernold, AJ	14	Fish Eagle-ED	5:16.61
32.49	1:10.58	1:51.19	2:30.12
3:16.34	4:03.18	4:40.99	5:16.61
5 Goussard, Henry	14	Curro Aquatics-CP	5:20.10
30.97	1:07.01	1:48.83	2:29.89
3:17.04	4:04.21	4:41.50	5:20.10
6 Kotzè, Arden C	14	Swartland Aquati-WC	5:27.01
31.11	1:08.20	1:52.19	2:34.71
3:20.67	4:09.27	4:48.51	5:27.01
7 Waters, Steven G	15	Lane Leader-CE	5:32.89
31.46	1:08.17	1:53.56	2:37.29
3:27.08	4:15.27	4:54.52	5:32.89
8 Njoroge, Alphonse	15	Curro Aquatics-CP	5:34.18
34.04	1:14.00		2:36.06
3:28.63	4:21.08	4:58.91	5:34.18

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 305 Men 14-15 400 LC Meter IM)

Name	Age	Team	Finals Time	
9 Rheeder, Liam M	14	Paarl Aquarius-CE	5:41.90	
			33.51	1:13.35
			1:57.39	2:40.73
			3:32.79	4:25.48
			5:03.49	5:41.90

Event 305 Men 16 & Over 400 LC Meter IM

Name	Age	Team	Finals Time	
1 Boshoff, Juan C	19	Tuks-TS	4:32.23	
			27.85	1:01.07
			1:35.72	2:10.37
			2:48.95	3:27.78
			4:00.66	4:32.23
2 Wolson, Daniel A	17	Swimlab-CP	4:45.79	
			29.93	1:02.99
			1:40.26	2:15.81
			2:58.28	3:40.94
			4:14.58	4:45.79
3 Truter, Petrus C	21	Lane Leader-CE	4:50.03	
			29.51	1:04.22
			1:43.79	2:23.11
			3:01.85	3:42.59
			4:50.03	
4 Terblanche, Luan L	16	Tygers-CP	4:50.86	
			29.92	1:05.63
			1:44.29	2:22.26
			3:03.09	3:44.68
			4:18.93	4:50.86
5 McWilliam, Benn D	18	Tygers-CP	4:52.53	
			30.54	1:04.86
			1:41.89	2:18.47
			3:01.44	3:45.33
			4:19.04	4:52.53
6 Southworth, Matthew W	16	Cybersmart-CP	5:09.25	
			30.65	1:06.12
			1:45.93	2:25.74
			3:09.32	3:53.55
			4:31.50	5:09.25
7 Van Helden, Ethan C	16	Aqua Sharks-CP	5:11.87	
			31.33	1:07.26
			1:48.53	2:28.45
			3:14.75	4:36.37
			4:36.37	5:11.87
8 Jani, Tawanda	17	Cybersmart-CP	5:12.34	
			30.90	1:07.44
			1:48.53	2:32.72
			3:14.75	3:55.30
			4:34.50	5:12.34
9 Karsten, Jody	17	Blouberg Marlins-CP	5:15.64	
			30.63	1:07.33
			1:48.92	2:29.84
			3:16.27	4:02.83
			4:40.46	5:15.64
10 Allott, Jack R	16	Aqua Athlete Cta-CP	5:17.81	
			32.27	1:09.24
			1:50.45	2:32.46
			3:18.30	4:04.97
			4:41.48	5:17.81
11 Louw, Guillaume	21	Curro Aquatics-CP	5:22.47	
			32.55	1:11.60
			1:48.53	2:34.44
			3:22.39	4:08.85
			5:22.47	
12 Hendricks, Joshua	17	Curro Aquatics-CP	5:34.99	
			35.56	1:17.60
			2:01.61	2:46.14
			3:32.08	4:18.19
			4:58.28	5:34.99

Event 306 Girls 11 & Under 50 LC Meter Butterfly

Name	Age	Team	Finals Time	
1 Julies, Grace J	11	Xcel Swim Academ-CP	34.03	
2 Bishop, Caro	11	Vineyard-CP	34.43	
3 Hendricks, Jada	11	Tygers-CP	35.27	
4 Douglas, Keyla	11	ROA-ED	35.39	
5 Kruger, Livvy	11	Players-CE	36.29	
6 Dabrowski, Leah A	11	Blouberg Marlins-CP	36.40	
7 Parfitt, Cayden C	11	Curro Aquatics-CP	36.51	
8 Cupido, Kirsten	11	Cybersmart-CP	37.27	

Event 306 Girls 11 & Under 50 LC Meter Butterfly

Name	Age	Team	Prelim Time	
Preliminaries				
1 Bishop, Caro	11	Vineyard-CP	34.69	
2 Julies, Grace J	11	Xcel Swim Academ-CP	34.80	
3 Dabrowski, Leah A	11	Blouberg Marlins-CP	36.15	
4 Kruger, Livvy	11	Players-CE	36.32	
5 Douglas, Keyla	11	ROA-ED	36.53	
6 Hendricks, Jada	11	Tygers-CP	36.75	
7 Cupido, Kirsten	11	Cybersmart-CP	37.02	
8 Parfitt, Cayden C	11	Curro Aquatics-CP	37.12	
9 Cullis, Emma	11	Vineyard-CP	37.55	
10 Coetsee, Elke M	10	Fish Eagle-ED	37.62	
11 Wilensky, Mikayla	11	Aqua Sharks-CP	38.05	
12 Newkirk, Gia	11	Tygers-CP	38.35	
13 Odendaal, Sarah-Kate	11	Quick Silver-CP	38.78	
14 Gilligan, Saskia	11	Blouberg Marlins-CP	38.94	
15 Sprong, Jaime M	11	Aqua Sharks-CP	39.04	
16 Kalapac, Lexi	11	Streamline-CP	39.18	
17 Beyers, Lize M	11	Agulhas-OB	39.28	
18 Normington, Olivia	11	Xcel Swim Academ-CP	39.37	
19 Pitout, Addison P	10	Aqua Sharks-CP	39.60	
20 Olivier, Gianna G	11	Paarl Aquarius-CE	41.63	
21 Adams, Ella	11	Tygers-CP	43.35	
22 Nel, Olivia	11	TaperGo-WC	45.75	

Event 306 Girls 12-13 50 LC Meter Butterfly

Name	Age	Team	Finals Time	
Finals				
1 Coetsee, Isabeau L	12	Fish Eagle-ED	29.92	
2 Smith, Sophie	13	Vineyard-CP	30.24	
3 Bayly, Arabella	13	Vineyard-CP	30.48	
4 Lorenzen, Ava E	12	Blouberg Marlins-CP	31.59	
5 Faul, Ellen J	13	Quicksilver Wine-CE	32.06	
6 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	32.66	
7 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	32.76	
8 Nilsson, Rebecca B	13	Tygers-CP	33.25	

Event 306 Girls 12-13 50 LC Meter Butterfly

Name	Age	Team	Prelim Time	
Preliminaries				
1 Coetsee, Isabeau L	12	Fish Eagle-ED	29.78	
2 Smith, Sophie	13	Vineyard-CP	29.86	
3 Bayly, Arabella	13	Vineyard-CP	30.03	
4 Lorenzen, Ava E	12	Blouberg Marlins-CP	32.40	
5 Faul, Ellen J	13	Quicksilver Wine-CE	32.46	
6 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	32.80	
7 Nilsson, Rebecca B	13	Tygers-CP	32.97	
8 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	32.99	
9 Coetzee, Liane	13	Players-CE	33.46	
10 Joyce, Jenna	12	Curro Aquatics-CP	33.76	
11 Hawley, Nicola	13	Players-CE	33.81	
12 Williams, Aqeelah	12	Uwc-CP	33.95	
13 Roff, Mikaela	12	ROA-ED	33.99	
14 Dimatellis, Zoi	12	Fish Eagle-ED	34.01	
15 Esterhuysen, Alice	13	Stars-CK	34.03	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 306 Girls 12-13 50 LC Meter Butterfly)

Name	Age	Team	Prelim Time
16 Horn, Anna	12	Xcel Swim Academ-CP	34.42
17 Charles, Tyla	12	Vineyard-CP	34.44
18 De Villiers, Anja	13	Tygers-CP	34.88
19 Nienaber, Mila J	13	Quicksilver Wine-CE	34.91
20 Lindsay, Edith J	13	Fish Eagle-ED	34.97
21 Jantjies, Zara	12	Manta-CP	34.98
22 Burger, Johané	12	ROA-ED	35.28
23 Van Heerden, Hannah	12	Aqua Athlete Cta-CP	35.30
*24 Nixon, Sofia	13	Vineyard-CP	35.49
*24 Groves, Philippa R	13	SSISA-CP	35.49
26 Castleden, Sophia K	12	Stellenbosch Aqu-CE	35.56
27 Schäfer, Kyla	13	Knysna Aquatics-ED	35.63
28 Gullan, Sophia	12	Vineyard-CP	35.66
29 Jordaan, Mikayla E	12	Curro Aquatics-CP	35.90
30 Boshoff, Anja	12	Tygers-CP	35.98
31 Heldsinger, Gia	12	SSISA-CP	36.08
32 Lourens, Mia	13	Curro Aquatics-CP	36.16
33 Flack, Francesca	13	TaperGo-WC	36.29
34 Stevenson, Mikayla	12	Quick Silver-CP	36.35
35 Madeley, Amy O	12	Anac SC-CP	36.53
36 Stilwaney, Mia C	12	Paarl Aquarius-CE	36.54
37 Longueira, Ava L	12	Aqua Sharks-CP	36.57
38 Chibharo, Lethabo L	12	Tygers-CP	36.81
39 Abrahams, Amaani	13	Marlin-CP	36.88
40 McGluwa, Jovanah N	12	Curro Aquatics-CP	37.04
41 Esterhuyse, Frances	13	Stars-CK	37.11
42 Heldsinger, Alexa L	13	SSISA-CP	37.30
43 Pretorius, Kara	12	SSISA-CP	37.31
44 Botha, Rebecca P	13	Knysna Aquatics-ED	37.41
45 Van Dyk, Zani	12	Aqua Sharks-CP	37.55
46 Sonnekus, Anya	13	Tygers-CP	37.67
47 Louw, Mali R	12	The Well-CE	37.80
*48 Lockitch, Zara	12	Cybersmart-CP	37.86
*48 Halford, Harper C	12	Manta-CP	37.86
50 Barkhuysen, Jani	13	Aqua Sharks-CP	38.12
51 Jurgens, Chloe-Leigh	12	Manta-CP	38.45
52 Vd Bank, Mienke	13	Curro Hermanus-OB	39.90
53 Atkinson, Anouk E	13	Swartland Aquati-WC	40.09

Event 306 Women 14-15 50 LC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Kotze, Abigail	15	Tygers-CP	28.26
2 Gerber, Simonè M	14	Curro Aquatics-CP	29.23
3 Lambert, Bailey G	15	SEAL-UM	29.64
4 Wium, Mari	15	Quicksilver Wine-CE	30.19
5 Huang, Shi Han A	15	Blouberg Marlins-CP	30.23
6 Orchard, Milan M	14	Vineyard-CP	30.55
7 Trout, Sophia L	15	Vineyard-CP	30.66
8 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	31.04

Event 306 Women 14-15 50 LC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Kotze, Abigail	15	Tygers-CP	28.77
2 Gerber, Simonè M	14	Curro Aquatics-CP	29.75

3 Lambert, Bailey G	15	SEAL-UM	29.84
4 Orchard, Milan M	14	Vineyard-CP	30.12
5 Wium, Mari	15	Quicksilver Wine-CE	30.43
6 Huang, Shi Han A	15	Blouberg Marlins-CP	30.82
7 Trout, Sophia L	15	Vineyard-CP	30.90
8 Hebler, Lily M	15	Quicksilver Wine-CE	31.04
9 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	31.23
10 Bruwer, Casey	15	Aqua Athlete Cta-CP	31.56
11 Grütter, Arabelle	14	ROA-ED	31.63
12 Combrink, Amy	15	Vineyard-CP	32.01
13 Van Der Wath, Izi	14	Knysna Aquatics-ED	32.03
14 Visser, Cara	14	Cybersmart-CP	32.25
15 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	32.37
16 Fabricius, Kaylin	15	Barracudas-CP	32.52
17 Liebenberg, Emily M	15	Aquasharks Winel-CE	32.54
18 Hayes, Kerrigan L	15	Curro Aquatics-CP	32.58
19 Riley, Logan	14	Curro Aquatics-CP	32.66
20 Rossouw, Cara	15	Tygers-CP	32.85
21 Hager, Carle	14	Aquasharks Winel-CE	33.12
22 Burke, Hannah	15	Streamline-CP	33.14
23 Morris, Jenna	15	Vineyard-CP	33.20
24 Burger, Juanè	14	Tygers-CP	33.29
25 Coleman, Madison	15	Blouberg Marlins-CP	33.34
26 Raimond, Marike M	15	Tygers-CP	33.89
27 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	34.10
28 Visser, Sandri	15	Players-CE	34.67
29 De Oliveira, Aliyah	14	Tygers-CP	34.79
30 Botha, Chelsea	14	Curro Aquatics-CP	35.87
31 Dreyer, Arne'	14	Stellenbosch Aqu-CE	36.17

Event 306 Women 16 & Over 50 LC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Knoblauch, Cara	17	Lane Leader-CE	27.59
2 Miari Fulcis, Alessandra	23	Blouberg Marlins-CP	28.19
3 Straszacker, Kristen C	24	Curro Aquatics-CP	28.52
4 Fury, Rebecca G	17	Vineyard-CP	29.11
5 Burgess, Cassidy S	16	Vineyard-CP	29.35
6 Wessels, Christine	18	TuKS-TS	29.48
7 Prinsloo, Mila	17	Aquasharks Winel-CE	29.58
8 Groepes, Rachel L	18	TuKS-TS	29.75
9 De Wet, Emma M	17	Curro Aquatics-CP	29.84
10 Meier, Marné	25	Curro Aquatics-CP	30.28
11 Webber, Isabella L	17	Vineyard-CP	30.37
12 Christie, Leah E	19	TaperGo-WC	30.61
13 Blend, Kirsten J	32	Curro Aquatics-CP	30.64
14 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	30.70
15 Gennarakis, Christina	17	Curro Aquatics-CP	31.06
16 Hugo, Anika S	18	Quicksilver Wine-CE	31.26

Event 306 Women 16 & Over 50 LC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Miari Fulcis, Alessandra	23	Blouberg Marlins-CP	27.52
2 Knoblauch, Cara	17	Lane Leader-CE	27.54
3 Straszacker, Kristen C	24	Curro Aquatics-CP	28.55
4 Fury, Rebecca G	17	Vineyard-CP	29.27

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 306 Women 16 & Over 50 LC Meter Butterfly)

Name	Age	Team	Prelim Time
5 Prinsloo, Mila	17	Aquasharks Winel-CE	29.30
*6 Burgess, Cassidy S	16	Vineyard-CP	29.42
*6 Wessels, Christine	18	Tuks-TS	29.42
8 Groepes, Rachel L	18	Tuks-TS	29.99
9 Meier, Marné	25	Curro Aquatics-CP	30.05
10 De Wet, Emma M	17	Curro Aquatics-CP	30.37
11 Gennarakis, Christina	17	Curro Aquatics-CP	30.48
12 Christie, Leah E	19	TaperGo-WC	30.51
13 Blend, Kirsten J	32	Curro Aquatics-CP	30.72
*14 Webber, Isabella L	17	Vineyard-CP	30.91
*14 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	30.91
16 Hugo, Anika S	18	Quicksilver Wine-CE	30.94
17 Steenkamp, Veneske	16	Fish Eagle-ED	30.98
18 Heyes, Danielle A	18	Aqua Sharks-CP	31.53
19 Jurado, Stephanie C	16	SSISA-CP	31.63
20 Ribeiro, Nuria A	22	Maties-CE	31.66
21 vd Walt, Mia	20	Tuks-TS	31.72
22 Smit, Jenna	17	Curro Aquatics-CP	31.74
23 Bulose, Megan	20	Uwc-CP	32.72
24 Smidt, Clio J	17	Vineyard-CP	32.76
25 Smith, Lara E	16	Tygers-CP	32.78
26 Watson, Caitlin C	17	Blouberg Marlins-CP	32.84
27 Lategan, Emma M	16	Curro Aquatics-CP	33.40
28 Theron, Jady	17	Players-CE	33.54
29 Glover, Erin K	16	Tygers-CP	33.57
30 Bester, Lisa	17	The Well-CE	33.84
31 Olivier, Shani	17	Paarl Aquarius-CE	34.96
32 Jeftha, Zara L	16	Marlin-CP	35.23

Event 306 Women 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Prelim Time
1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	38.41

Event 307 Boys 11 & Under 50 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Mallin, Lukas	10	Swimlab-CP	32.76
2 Viljoen, Jagger F	11	Aqua Sharks-CP	34.14
3 Schabort, Lowen	11	Quicksilver Wine-CE	34.40
4 Van Onselen, Pierre S	11	Tygers-CP	34.74
5 Serfontein, John-Lourens	11	ROA-ED	35.23
6 Steyn, Harry	11	Curro Aquatics-CP	35.25
7 Kotze, Christian S	11	Stellenbosch Aqu-CE	35.63
8 Poultney, Matthew	11	Curro Aquatics-CP	36.00

Event 307 Boys 11 & Under 50 LC Meter Butterfly

Name	Age	Team	Prelim Time
1 Schabort, Lowen	11	Quicksilver Wine-CE	33.96
2 Viljoen, Jagger F	11	Aqua Sharks-CP	33.99
3 Serfontein, John-Lourens	11	ROA-ED	34.60
4 Mallin, Lukas	10	Swimlab-CP	34.73
5 Van Onselen, Pierre S	11	Tygers-CP	34.97
6 Poultney, Matthew	11	Curro Aquatics-CP	35.75

7 Steyn, Harry	11	Curro Aquatics-CP	35.90
8 Kotze, Christian S	11	Stellenbosch Aqu-CE	36.37
9 Bond, Ben L	10	ROA-ED	36.44
10 Schoeman, Mateo J	11	Quicksilver Wine-CE	36.45
11 Titus, Brody	11	Paarl Aquarius-CE	36.88
12 Louw, James	11	Vineyard-CP	37.32
13 Wetzl, Alex J	11	Stellenbosch Aqu-CE	37.79
14 Spangenberg, Zach A	11	Xcel Swim Academ-CP	38.15
15 Marais, Ewan E	11	Greydogs-CP	38.40
16 Heunis, Johan C	11	Barracudas-CP	38.65
17 Joyce, Guy	10	Curro Aquatics-CP	39.18
18 Grobler, Reynhardt	10	The Well-CE	39.65
19 Gerber, Luke M	11	Curro Aquatics-CP	39.79
20 Lange, Oliver	11	Vineyard-CP	41.51
21 Van Heerden, Emile L	11	Fish Eagle-ED	42.54
22 Kuhn, Adrian-Brand	10	Curro Aquatics-CP	43.81
23 Stenekamp, Keanu	11	Aqua Sharks-CP	43.98
24 Poultney, Daniel	9	Curro Aquatics-CP	45.24

Event 307 Boys 12-13 50 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Boshoff, Keanu A	13	Knysna Aquatics-ED	28.91
2 Loots, Noah C	13	Aqua Sharks-CP	29.95
3 Balt, Christiaan O	13	Players-TS	30.42
4 Muller, Lukas D	13	Quick Silver-CP	30.81
5 Hahn, Kyle H	12	Fish Eagle-ED	31.19
6 Coates, Caleb	12	Fish Eagle-ED	31.73
7 Smit, Reynard-Gray	13	Streamline-CP	32.32
8 Van Zyl, Daniël R	13	Tygers-CP	32.95

Event 307 Boys 12-13 50 LC Meter Butterfly

Name	Age	Team	Prelim Time
1 Boshoff, Keanu A	13	Knysna Aquatics-ED	29.52
2 Loots, Noah C	13	Aqua Sharks-CP	30.30
3 Balt, Christiaan O	13	Players-TS	30.65
4 Muller, Lukas D	13	Quick Silver-CP	31.30
5 Coates, Caleb	12	Fish Eagle-ED	31.35
6 Hahn, Kyle H	12	Fish Eagle-ED	31.48
7 Smit, Reynard-Gray	13	Streamline-CP	31.54
8 Van Zyl, Daniël R	13	Tygers-CP	31.77
9 Weber, Daniel	13	Players-CE	31.93
10 Vorster, Caiden	13	TaperGo-WC	31.94
11 Spencer, Marcus W	13	Cybersmart-CP	32.24
12 Lichthart, Nicus	13	Quick Silver-CP	32.45
13 Wessels, Connor M	13	Blouberg Marlins-CP	32.76
*14 Pedro, Maahier	13	Walmers-CP	32.80
*14 Barnard, Theo J	12	Swartland Aquati-WC	32.80
16 Bosch, Ewan Y	12	Tygers-CP	32.87
17 Mccollum, Aiden I	12	Aqua Dolphin-CP	33.02
18 Francis, Ethan	13	Marlin-CP	33.08
19 Van Dyk, Stephaan	13	Blouberg Marlins-CP	33.20
*20 Boshoff, Mickayle C	12	Knysna Aquatics-ED	33.23
*20 Tresfon, Robbie	13	Vineyard-CP	33.23
22 Kruger, Zachary C	12	Swartland Aquati-WC	33.26
23 van Rensburg, Tristan	12	Curro Aquatics-CP	33.28

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 307 Boys 12-13 50 LC Meter Butterfly)

Name	Age	Team	Prelim Time
24 Coleman, Travis	13	Blouberg Marlins-CP	33.43
25 Chippendale, Xavier L	13	Manta-CP	33.45
26 VerLoren Van Themaat, Hein	12	Lane Leader-CE	33.47
27 Barnard, Daniël B	12	Xcel Swim Academ-CP	33.69
28 Vd Watt, Earle	12	Curro Aquatics-CP	33.85
29 Trower, Michael	13	Tygers-CP	33.88
30 Janse van Rensburg, Daniël P	13	Barracudas-CP	33.89
31 De Jager, Eben	13	Quicksilver Wine-CE	33.95
32 Douries, Ean	13	Curro Aquatics-CP	34.15
33 Heunis, Le Roux	12	Tygers-CP	34.24
34 Jacobs, Seth G	12	Manta-CP	34.34
35 Gamiel dien, Idreess	13	Marlin-CP	34.76
36 Pautz, Benjamin R	12	Blouberg Marlins-CP	34.78
37 Wagener, Tiaan H	12	Aquasharks Winel-CE	34.81
38 Faulkner, Callum E	13	Blouberg Marlins-CP	35.17
39 Benecke, Delmar	13	Vineyard-CP	35.19
40 Jonas, Leonardo	13	Players-CE	35.48
41 Pitout, Zachary J	13	Aqua Sharks-CP	36.19
42 Stander, Christiaan L	12	Aquasharks Winel-CE	37.49
43 Froneman, Dylan R	13	Blouberg Marlins-CP	37.68
44 Harvey, Waylon	13	Cybersmart-CP	37.77
45 Du Randt, Zack S	13	Tygers-CP	39.21

Event 307 Men 14-15 50 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	25.23
2 Bestel, Luc M	15	Vineyard-CP	26.53
3 Williams, Jayden J	15	Paarl Aquarius-CE	27.42
4 Trower, Nic T	15	Tygers-CP	27.47
5 Kalapac, Joshua	15	Streamline-CP	27.51
6 De Kock, John P	15	Stellenbosch Aqu-CE	27.57
7 Schultz, Heinrich W	15	Lane Leader-CE	27.74
8 Haupt, Rhys A	15	Vineyard-CP	27.94

Event 307 Men 14-15 50 LC Meter Butterfly

Name	Age	Team	Prelim Time
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	25.63
2 Bestel, Luc M	15	Vineyard-CP	26.59
*3 Kalapac, Joshua	15	Streamline-CP	27.52
*3 Trower, Nic T	15	Tygers-CP	27.52
5 Williams, Jayden J	15	Paarl Aquarius-CE	27.53
6 De Kock, John P	15	Stellenbosch Aqu-CE	27.64
7 Haupt, Rhys A	15	Vineyard-CP	27.69
8 Schultz, Heinrich W	15	Lane Leader-CE	27.76
9 Gilmour, Connor A	14	Streamline-CP	27.94
10 Pullock, Sam J	15	Curro Hermanus-OB	27.99
11 Gilbert, Andrew A	15	Swimlab-CP	28.07
12 Fernold, AJ	14	Fish Eagle-ED	28.27
13 Williams, Logan	14	Vineyard-CP	28.31
14 Van Schaik, Luc	14	Vineyard-CP	28.43
15 Das Neves, Lucas P	15	Tygers-CP	28.55
16 Basson, Lucca N	15	Silver Fins-CP	28.62
17 Sirin, Ben	15	Vineyard-CP	28.63

18 Germishuys, Liam J	15	Quicksilver Wine-CE	28.65
19 Stanfliet, Nicholas	14	Vineyard-CP	28.81
20 Beukes, Jaden L	15	Walmers-CP	29.35
21 Bouwer, Jason	14	Tygers-CP	29.52
22 Rosslee, Christian F	15	Quicksilver Wine-CE	29.55
23 Abrahams, Rayhan	15	Walmers-CP	29.57
24 Waters, Steven G	15	Lane Leader-CE	29.66
25 Cleophas, Kyle	15	Paarl Aquarius-CE	29.70
26 Spencer, Charles A	15	Cybersmart-CP	29.80
27 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	29.82
28 Liedeman, Mark	14	Swartland Aquati-WC	29.83
29 Burger, Rosseau	15	Lane Leader-CE	29.99
30 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	30.00
31 Oosthuizen, Ethan	14	Players-CE	30.20
32 Kotzè, Arden C	14	Swartland Aquati-WC	30.32
33 Hendricks, Tyson S	14	ROA-ED	30.48
34 Williams, Evan B	14	SSISA-CP	30.61
35 Kotzè, Max M	15	Blouberg Marlins-CP	30.76
36 De Bruyn, Cornè C	15	Aqua Sharks-CP	30.87
37 van Wyk, Tariq K	14	Curro Aquatics-CP	30.89
38 Poggenpoel, Troy J	15	SSISA-CP	30.94
39 Afonso, Aragon G	14	Quick Silver-CP	31.29
40 Njoroge, Alphonse	15	Curro Aquatics-CP	31.49
41 Van der Merwe, Noah B	14	Swimlab-CP	32.19
42 Van Heerden, Hendré B	15	Fish Eagle-ED	32.51
43 Daniels, Joshua D	14	Streamline-CP	32.86
44 Mansfield, Luke T	14	Stellenbosch Aqu-CE	33.04
45 Rheeder, Liam M	14	Paarl Aquarius-CE	33.45
46 Grobler, Chris I	14	Curro Aquatics-CP	34.28
47 Vd Berg, Wilan	15	Quicksilver Wine-CE	35.00
48 Basson, Trishaun T	15	Marlin-CP	37.17

Event 307 Men 16 & Over 50 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Eaton, Jarden D	19	CRSC-JH	24.56
2 Emslie, Joshua D	22	Maties-CE	24.79
3 Pearson, Tai Lee L	17	TuKS-TS	24.98
4 Moncherry, Adam J	26	Lane Leader-CE	25.07
5 Esterhuysen, Joshua N	17	Tygers-CP	25.53
6 West, Gabriel	20	Tygers-CP	25.80
7 Schlechter, Gustav	22	Fish Eagle-ED	25.90
8 Hendricks, Robert A	19	Vineyard-CP	26.41
9 Strydom, Conrad M	16	Tygers-CP	26.44
10 Loots, Andre S	16	Lane Leader-CE	26.70
11 Clarke, Liam	17	Lane Leader-CE	26.90
12 Bromfield, Michael V	23	Lane Leader-CE	27.01
13 Mia, Sirhaan	18	Marlin-CP	27.29
14 Geyser, Jacques M	17	Lane Leader-CE	27.36
15 Wollenschlaeger, Noah	16	Vineyard-CP	27.37
16 Foot, Aiden C	18	Swartland Aquati-WC	27.52

Event 307 Men 16 & Over 50 LC Meter Butterfly

Name	Age	Team	Prelim Time
1 Eaton, Jarden D	19	CRSC-JH	25.08
2 Emslie, Joshua D	22	Maties-CE	25.15
3 Moncherry, Adam J	26	Lane Leader-CE	25.20

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 307 Men 16 & Over 50 LC Meter Butterfly)

Name	Age	Team	Prelim Time
4 Pearson, Tai Lee L	17	Tuks-TS	25.35
5 Schlechter, Gustav	22	Fish Eagle-ED	25.59
6 West, Gabriel	20	Tygers-CP	25.75
7 Esterhuysen, Joshua N	17	Tygers-CP	25.80
8 Hendricks, Robert A	19	Vineyard-CP	26.16
9 Loots, Andre S	16	Lane Leader-CE	26.26
10 Bromfield, Michael V	23	Lane Leader-CE	26.51
11 Bailey, Ethan J	21	Aqua Dolphin-CP	26.56
12 Strydom, Conrad M	16	Tygers-CP	26.64
13 Clarke, Liam	17	Lane Leader-CE	26.73
14 Swart, Niklis	19	Maties-CE	26.88
15 Mia, Sirhaan	18	Marlin-CP	26.89
16 Geysler, Jacques M	17	Lane Leader-CE	27.19
17 Wollenschlaeger, Noah	16	Vineyard-CP	27.26
18 Foot, Aiden C	18	Swartland Aquati-WC	27.32
19 McWilliam, Benn D	18	Tygers-CP	27.33
20 Eilers, De-Anzo C	18	KALA	27.34
21 Moolman, Carter S	16	Manta-CP	27.36
22 Coetzer, Milan J	17	Cybersmart-CP	27.37
23 Benecke, Alexander	16	SSISA-CP	27.47
24 Pedro, Tamkeen	16	Walmers-CP	27.48
25 Heyes, Garrick T	16	Aqua Sharks-CP	27.58
26 Southworth, Matthew W	16	Cybersmart-CP	27.60
27 Malherbe, Nicholas N	18	Lane Leader-CE	27.73
28 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	27.75
29 Van Wyk, Wesley R	18	Aqua Sharks-CP	27.87
30 Alexander, Ammaar	17	Marlin-CP	27.89
31 Bester, Francois A	17	Quicksilver Wine-CE	27.95
32 Theron, Luca D	16	Vineyard-CP	28.01
33 Louw, Guillaume	21	Curro Aquatics-CP	28.05
34 Van der Merwe, Josh E	16	Swimlab-CP	28.07
35 Beukes, Mateo A	19	Walmers-CP	28.09
36 Engelbrecht, Ruben J	17	Players-CE	28.18
37 Forbes, Nicholas J	18	Lane Leader-CE	28.19
38 Anthony, Ammar	21	Marlin-CP	28.21
39 Solomon, Ethan	16	Aqua Dolphin-CP	28.47
40 Lotriet, Roelof F	38	Lane Leader-CE	28.49
41 Smit, MJ M	16	Swimlab-CP	28.50
*42 McPetrie, James L	17	Manta-CP	28.59
*42 Breet, Dawie-Louw L	17	Players-CE	28.59
44 Abrahams, Matthew N	25	Aqua Sharks-CP	28.70
*45 Schreuder, Steffen	16	Aquasharks Winel-CE	28.76
*45 Linscott, Nathan J	20	Uwc-CP	28.76
47 Myburgh, Ruan	16	Blouberg Marlins-CP	28.85
48 Orchard, Thomas J	17	Swartland Aquati-WC	28.88
*49 Gilbert, Thomas O	16	Swimlab-CP	29.08
*49 Games, Zubair	18	Manta-CP	29.08
51 Meier, Conrad	16	Tuks-TS	29.16
52 Hewitt-Smook, Kristian	16	Swartland Aquati-WC	29.62
53 Viljoen, Jaden R	16	Aqua Sharks-CP	29.66
54 Gounden, Mikhael A	19	TaperGo-WC	29.70
55 Du Preez, Shaun	17	SSISA-CP	29.77
56 Burmeister, Marius	16	Quicksilver Wine-CE	29.85
57 Arnott, Carter J	16	Aqua Sharks-CP	29.87

58 Krige, Aiden S	17	Curro Aquatics-CP	29.92
59 Saayman, Dehan	16	Players-CE	29.94
60 Zellie, Thomas J	17	Swimlab-CP	30.03
61 Rohner, Jayden M	17	Blouberg Marlins-CP	30.43
62 De Jager, Nathan B	16	Aqua Sharks-CP	30.61
63 Boonzaaier, Simon F	17	Aquasharks Winel-CE	30.89
64 Lombard, Kyle M	16	Curro Aquatics-CP	31.50

Event 308 Girls 11 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	2:15.98
1) Cullis, Emma 11	2) Osler, Becky 11	
3) Voysey, Ella N 11	4) Bishop, Caro 11	
34.50	1:10.96	1:44.45 2:15.98
2 Tygers-CP	A	2:16.59
1) Newkirk, Gia 11	2) Van Jaarsveld, Bianca I 10	
3) Adams, Ella 11	4) Hendricks, Jada 11	
35.02	1:10.20	1:43.90 2:16.59
3 Aqua Sharks-CP	A	2:18.21
1) Sprong, Jaime M 11	2) Pitout, Addison P 10	
3) Knott, Cayleigh 11	4) Wilensky, Mikayla 11	
34.54	1:08.53	1:46.02 2:18.21
4 Curro Aquatics-CP	A	2:20.76
1) Hengst, Emily A 11	2) Parfitt, Cayden C 11	
3) Vd Wal, Dine 11	4) Vd Wal, Kaylee 11	
34.99		1:45.55 2:20.76
--- Curro Aquatics-CP	B	NS
1) Scheffer, Shaylee C 10	2) De Lange, Niah 9	
3) Kuhn, Alexa J 11	4) Le Roux, Tshogo L 11	

Event 309 Boys 11 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Curro Aquatics-CP	A	2:07.13
1) Poultney, Matthew 11	2) Kuhn, Adrian-Brand 10	
3) Steyn, Harry 11	4) Gerber, Luke M 11	
30.04	1:03.39	1:34.86 2:07.13
2 Vineyard-CP	A	2:13.17
1) Lange, Oliver 11	2) Kenmuir, Ethan 11	
3) Bunyard, Thomas 11	4) Louw, James 11	
32.81	1:07.18	1:40.98 2:13.17
3 Curro Aquatics-CP	B	2:13.56
1) Joyce, Guy 10	2) Breebaart, Matthew 9	
3) Fouche, Ryan 10	4) Poultney, Daniel 9	
33.38	1:05.72	1:40.48 2:13.56
4 Tygers-CP	A	2:18.36
1) Van der Merwe, Logan 11	2) Swartz, Seth J 10	
3) Perez Castellano, Emilio 11	4) Van Onselen, Pierre S 11	
34.29	1:12.46	1:47.08 2:18.36
5 Aqua Sharks-CP	A	2:19.91
1) Van Dyk, Adriaan J 10	2) Stenekamp, Keanu 11	
3) Viljoen, Jagger F 11	4) Meets, Daniel 10	
	1:10.79	2:19.91
6 Vineyard-CP	B	2:23.83
1) Hauser, Paul 11	2) Harder, Callum R 11	
3) Vermaak, Bo 11	4) Louw, Ben 9	
34.65	1:14.32	2:23.83

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 310 Girls 13 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	1:57.95
1) Gullan, Sophia 12	2) Charles, Tyla 12	
3) Smith, Sophie 13	4) Bayly, Arabella 13	
30.96 1:00.94	1:29.47 1:57.95	
2 Tygers-CP	A	2:01.98
1) Nilsson, Rebecca B 13	2) Chibharo, Lethabo L 12	
3) Olivier, Julie M 12	4) De Villiers, Anja 13	
30.68 1:01.62	1:31.90 2:01.98	
3 Fish Eagle-ED	A	2:02.67
1) Lindsay, Edith J 13	2) Coetsee, Elke M 10	
3) Dimatellis, Zoi 12	4) Coetsee, Isabeau L 12	
30.71 1:03.66	1:34.59 2:02.67	
4 Vineyard-CP	B	2:07.29
1) Nixon, Sofia 13	2) Lewis, Erin 13	
3) Van der Westhuizen, Jemah 13	4) Wink, Leonie 12	
30.40 1:01.63	1:34.79 2:07.29	
5 Aqua Sharks-CP	A	2:08.87
1) Van Dyk, Zani 12	2) Longueira, Ava L 12	
3) Hofinger, Charlotte M 11	4) Swanepoel, Lulu A 13	
32.76 1:04.72	1:38.21 2:08.87	
6 Curro Aquatics-CP	A	2:09.55
1) Billson, Amelie 12	2) Mare, Isabella 13	
3) McGluwa, Jovanah N 12	4) Joyce, Jenna 12	
31.93 1:04.83	1:38.51 2:09.55	
7 Tygers-CP	B	2:10.45
1) Boshoff, Anja 12	2) Van Der Ross, Peyton I 13	
3) Thirsk, Savannah 12	4) Sonnekus, Anya 13	
32.18 1:05.29	1:39.22 2:10.45	
8 Xcel Swim Academ-CP	A	2:10.64
1) Julies, Grace J 11	2) Normington, Olivia 11	
3) Horn, Anna 12	4) Jansen van Rensburg, Mia 12	
32.30 1:06.96	1:40.03 2:10.64	
9 Swimlab-CP	A	2:10.74
1) Latimer, Olivia H 12	2) Conradie, Emilie M 12	
3) Johnson, Ella J 11	4) Barnes, Caitlin M 12	
31.84 1:04.46	1:37.75 2:10.74	
10 Manta-CP	A	2:11.60
1) Jantjies, Zara 12	2) Arenz, Jessica 11	
3) Halford, Harper C 12	4) Jurgens, Chloe-Leigh 12	
32.80 1:06.40	1:37.84 2:11.60	
11 Lane Leader-CE	A	2:13.19
1) Van Wyk, Josie 12	2) Shaw, Inge 12	
3) Kruger, Zoe 12	4) Retief, Jane 12	
31.56 1:05.42	1:40.93 2:13.19	
12 Curro Aquatics-CP	B	2:13.22
1) Coetzee, Marli 12	2) Lourens, Mia 13	
3) Jordaan, Mikayla E 12	4) Walter, Sophie E 12	
33.05 1:06.42	1:39.81 2:13.22	
13 Paarl Aquarius-CE	A	2:14.76
1) Stilwaney, Mia C 12	2) Sabbagha, Georgia 12	
3) Olivier, Gianna G 11	4) Anthony, Jazmin A 12	
32.99 1:05.56	1:40.19 2:14.76	

Event 311 Boys 13 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Aqua Sharks-CP	A	1:55.90
1) Torbochkin, Daniel S 13	2) Pitout, Zachary J 13	
3) Swart, Nico N 13	4) Loots, Noah C 13	
29.46 59.25	1:28.83 1:55.90	
2 Tygers-CP	A	1:56.14
1) Trower, Michael 13	2) Du Randt, Zack S 13	
3) Van Zyl, Daniël R 13	4) Wright, Jonah S 13	
29.06 1:00.06	1:28.83 1:56.14	
3 Blouberg Marlins-CP	A	1:56.25
1) Coleman, Travis 13	2) Wessels, Connor M 13	
3) Faulkner, Callum E 13	4) Van Dyk, Stephaan 13	
28.82 57.64	1:27.08 1:56.25	
4 Curro Aquatics-CP	A	1:56.91
1) van Rensburg, Tristan 12	2) Bright, Michael C 12	
3) Breebaart, Joshua 12	4) Van Wyk, Jack R 13	
29.69	1:28.36 1:56.91	
5 Vineyard-CP	A	1:58.65
1) Tresfon, Robbie 13	2) Jurado, Ondjaki O 13	
3) Benecke, Delmar 13	4) Akinci, Can Batu 12	
28.26 57.72	1:26.27 1:58.65	
6 Curro Aquatics-CP	B	2:02.73
1) Vd Watt, Earle 12	2) February, Dillon S 12	
3) Douries, Ean 13	4) Lewis, Callum R 13	
30.91 1:02.49	1:32.04 2:02.73	
7 Manta-CP	A	2:05.50
1) Chippendale, Xavier L 13	2) Addinall, Ethan 13	
3) Fortune, Hakeem 13	4) Sebastian, Alexander 11	
29.99 59.02	1:32.20 2:05.50	
8 Tygers-CP	B	2:10.55
1) Bosch, Ewan Y 12	2) Newham, Christopher J 12	
3) Rulashe, Luthando L 13	4) Heunis, Le Roux 12	
30.85 1:06.49	1:39.08 2:10.55	
9 Fish Eagle-ED	A	2:11.25
1) Coates, Caleb 12	2) Van Heerden, Emile L 11	
3) Terblanche, Tiaan 13	4) Viljoen, Llewelyn 13	
30.15 1:06.98	1:41.79 2:11.25	

Event 312 Girls 15 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	1:56.03
1) Orchard, Milan M 14	2) Trout, Sophia L 15	
3) Adams, Sydney M 15	4) Combrink, Amy 15	
29.00 58.02	1:27.43 1:56.03	
2 Curro Aquatics-CP	A	1:56.98
1) Gerber, Simonè M 14	2) Newton, Ava L 15	
3) Louw, Anieka 14	4) Hayes, Kerrigan L 15	
28.50 57.17	1:26.50 1:56.98	
3 Tygers-CP	A	1:58.48
1) Raimond, Marike M 15	2) Burger, Juanè 14	
3) Senekal, Margo 15	4) Kotze, Abigail 15	
30.01 1:01.07	1:31.04 1:58.48	
4 Curro Aquatics-CP	B	2:03.16
1) Riley, Logan 14	2) Putter, Demi 14	
3) Blake, Abi E 14	4) Botha, Chelsea 14	
30.61 1:00.83	1:31.91 2:03.16	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 312 Girls 15 & Under 4x50 LC Meter Freestyle Relay)

Team	Relay	Finals Time
5 Lane Leader-CE	A	2:03.98
1) Briggs, Rebecca 14	2) Geyser, Almi 15	
3) Rookoen-Smith, Helena B 14	4) Vd Merwe, Mi-Ly 15	
30.48 1:01.40	1:34.26 2:03.98	
6 Tygers-CP	B	2:04.38
1) De Oliveira, Aliyah 14	2) Rossouw, Cara 15	
3) Rossouw, Emma M 15	4) Thirsk, Madison 14	
31.16 1:01.65	1:33.44 2:04.38	
7 Fish Eagle-ED	A	2:04.73
1) Van Niekerk, Ona 15	2) Cronjé, Miané 13	
3) Grobler, Zané 14	4) Hahn, Kayleigh K 15	
30.42 1:05.45	1:35.30 2:04.73	
8 Swimlab-CP	A	2:06.53
1) Noble, Reese O 14	2) Richter, Mignon K 15	
3) Pearson-Adams, Oshun O 12	4) Barnes, Caitlin M 12	
30.28 1:32.94	2:06.53	

Event 313 Boys 15 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	1:41.39
1) Bestel, Luc M 15	2) Williams, Logan 14	
3) Van Schaik, Luc 14	4) Haupt, Rhys A 15	
25.10 51.19	1:16.26 1:41.39	
2 Streamline-CP	A	1:46.45
1) Gilmour, Connor A 14	2) Daniels, Joshua D 14	
3) Nagendrakumar, Puneet 14	4) Kalapac, Joshua 15	
26.17 53.46	1:20.94 1:46.45	
3 Lane Leader-CE	A	1:46.87
1) Vd Merwe, Thomas 15	2) Waters, Steven G 15	
3) Burger, Rosseau 15	4) Schultz, Heinrich W 15	
27.46 54.02	1:21.16 1:46.87	
4 Tygers-CP	A	1:46.91
1) Trower, Nic T 15	2) Das Neves, Lucas P 15	
3) Minnaar, Nicolas 14	4) Smith, Sebastian N 15	
25.15 52.17	1:20.35 1:46.91	
5 Curro Aquatics-CP	A	1:47.27
1) Goussard, Henry 14	2) Bezuidenhout, Ernst E 14	
3) Njoroge, Alphonse 15	4) Wing, James L 14	
26.56 52.84	1:20.69 1:47.27	
6 Swimlab-CP	A	1:47.82
1) Van der Merwe, Noah B 14	2) Gilbert, Andrew A 15	
3) Wagner, Noah J 14	4) Pearson-Adams, Wolfe D 14	
26.87 53.22	1:20.82 1:47.82	
7 Fish Eagle-ED	A	1:52.77
1) Van Heerden, Hendré B 15	2) Fletcher, Tyler D 13	
3) Hahn, Kyle H 12	4) Fernold, AJ 14	
28.44 56.65	1:25.92 1:52.77	
8 Curro Aquatics-CP	B	1:53.24
1) Grobler, Chris I 14	2) Yeowart, Luke D 14	
3) Yeowart, Seth W 14	4) van Wyk, Tariq K 14	
28.09 57.28	1:24.78 1:53.24	
9 Vineyard-CP	B	1:54.36
1) Sirin, Ben 15	2) Stanfliet, Nicholas 14	
3) Theron, Oloff A 14	4) Allen, Dylan 15	
27.06 54.01	1:24.66 1:54.36	

10 Marlin-CP	A	1:59.91
1) Basson, Trishaun T 15	2) Gamielidien, Idreess 13	
3) Francis, Ethan 13	4) Samsodien, Saaligh S 14	
30.41 1:01.66	1:31.99 1:59.91	

Event 314 Women 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Lane Leader-CE	A	1:47.92
1) Morris, Grace 16	2) Cronjé, Danielle 16	
3) Cope, Morgan M 18	4) Knoblauch, Cara 17	
26.86 54.40	1:21.00 1:47.92	
2 Vineyard-CP	A	1:51.67
1) Fury, Rebecca G 17	2) Burgess, Cassidy S 16	
3) Daffarn, Eri J 20	4) Webber, Isabella L 17	
27.67 55.14	1:22.77 1:51.67	
3 Curro Aquatics-CP	A	1:52.50
1) Meier, Marné 25	2) Straszacker, Kristen C 24	
3) Gennarakis, Christina 17	4) De Wet, Emma M 17	
28.17 55.98	1:24.71 1:52.50	
4 Curro Aquatics-CP	B	1:57.65
1) Blend, Kirsten J 32	2) Vd Wal, Mieke 16	
3) Smit, Jenna 17	4) Lategan, Emma M 16	
28.99 1:26.80	1:57.65	
5 Blouberg Marlin-CP	A	1:58.31
1) Kotzè, Tamsyn G 17	2) Zeelie, Shanna-Leigh 15	
3) Coleman, Madison 15	4) Huang, Shi Han A 15	
29.92 59.55	1:28.99 1:58.31	
6 Lane Leader-CE	B	1:59.11
1) Van der Merwe, Simone 16	2) De Roubaix, Maric M 17	
3) Fourie, Petro Marié 19	4) De Jongh, Grace 18	
1:00.23 1:30.96	1:59.11	
7 Aqua Sharks-CP	A	2:02.69
1) Heyes, Danielle A 18	2) Barkhuysen, Jani 13	
3) Hartung, Amy M 15	4) Laubscher, Mikalla I 14	
29.25 1:03.08	1:33.30 2:02.69	
8 Marlin-CP	A	2:10.53
1) Rinquest, Aqeelah 18	2) Abrahams, Amaani 13	
3) Rinquest, Taaliah 17	4) Jeftha, Zara L 16	
33.63 1:06.84	1:39.86 2:10.53	
--- Tygers-CP	A	DQ
Non listed swimmer swam		
1) Glover, Erin K 16	2) Otterbach, Lily 14	
3) Smith, Lara E 16	4) Putter, Tanè 17	
30.74 1:00.92	1:30.06 DQ	

Event 315 Men 4x50 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Lane Leader-CE	A	1:33.61
1) Moncherry, Adam J 26	2) Muller, Righardt 22	
3) Truter, Petrus C 21	4) Pool-Jones, Jonah B 22	
23.57 47.21	1:10.46 1:33.61	
2 Lane Leader-CE	B	1:37.47
1) Loots, Andre S 16	2) Kriegler, Christiaan C 19	
3) Clarke, Liam 17	4) Bromfield, Michael V 23	
24.42 48.75	1:12.65 1:37.47	
3 Tygers-CP	A	1:38.95
1) Esterhuysen, Joshua N 17	2) Wright, Keegan 18	
3) Strydom, Conrad M 16	4) West, Gabriel 20	
23.51 48.94	1:14.32 1:38.95	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 315 Men 4x50 LC Meter Freestyle Relay)

Team	Relay	Finals Time
4 Vineyard-CP	A	1:41.80
1) Hendricks, Robert A 19	2) Wollenschlaeger, Noah 16	
3) Theron, Luca D 16	4) Walker, Yohan G 16	
25.02 50.14	1:15.66 1:41.80	
5 Swimlab-CP	A	1:42.32
1) Pincente, Matthew 16	2) Wolson, Daniel A 17	
3) Van der Merwe, Josh E 16	4) Zellie, Thomas J 17	
25.87 51.13	1:17.43 1:42.32	
6 Aqua Sharks-CP	A	1:43.17
1) Van Wyk, Wesley R 18	2) Arnott, Carter J 16	
3) Abrahams, Matthew N 25	4) Heyes, Garrick T 16	
25.94 51.87	1:17.89 1:43.17	
7 Cybersmart-CP	A	1:44.05
1) Dos-Santos, Andrei 15	2) Coetzer, Milan J 17	
3) Southworth, Matthew W 16	4) Spencer, Charles A 15	
25.57 51.57	1:17.81 1:44.05	
8 Curro Aquatics-CP	A	1:44.08
1) Hendricks, Joshua 17	2) Lombard, Kyle M 16	
3) Louw, Guillaume 21	4) Brand, Van Zyl 26	
26.37 52.42	1:19.13 1:44.08	
9 Swartland Aquati-WC	A	1:44.59
1) Hewitt-Smook, Kristian 16	2) Atkinson, Samuel A 14	
3) Orchard, Thomas J 17	4) Foot, Aiden C 18	
26.82 54.03	1:19.31 1:44.59	
10 Aqua Sharks-CP	B	1:45.69
1) Van Helden, Ethan C 16	2) De Bruyn, Cornè C 15	
3) De Jager, Nathan B 16	4) Viljoen, Jaden R 16	
26.71 53.35	1:20.13 1:45.69	
11 Blouberg Marlins-CP	A	1:46.27
1) Pautz, Nathan M 16	2) Kotzè, Max M 15	
3) Myburgh, Ruan 16	4) Karsten, Jody 17	
26.58 53.12	1:19.71 1:46.27	
12 Walmers-CP	A	1:46.88
1) Beukes, Mateo A 19	2) Pedro, Tamkeen 16	
3) Beukes, Jaden L 15	4) Abrahams, Rayhan 15	
25.86 52.43	1:19.48 1:46.88	
13 Tygers-CP	B	1:47.03
1) McWilliam, Benn D 18	2) Terblanche, Luan L 16	
3) Bouwer, Jason 14	4) Bannister, Joshua G 16	
25.67 52.60	1:20.80 1:47.03	
--- Marlin-CP	A	DQ
Number 2 swimmers feet lost touch with the starting platform before the p		
1) Alexander, Ammaar 17	2) Anthony, Ammar 21	
3) Mia, Sirhaan 18	4) Omar, Ilyaas I 18	
25.56 51.76	1:17.73 DQ	

Event 400 Boys 11 & Under 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Poultney, Matthew	11 Curro Aquatics-CP	3:05.87
42.19 1:30.69	2:19.65 3:05.87	
2 Daniels, Tylan H	11 Aqua Dolphin-CP	3:06.90
43.45 1:31.80	2:19.46 3:06.90	
3 Stenekamp, Keanu	11 Aqua Sharks-CP	3:21.03
47.05 1:39.51	3:21.03	
4 Schoeman, Mateo J	11 Quicksilver Wine-CE	3:21.75
44.32 1:38.00	2:30.94 3:21.75	

5 Lange, Oliver	11 Vineyard-CP	3:24.81
48.47 1:41.66	2:34.15 3:24.81	
6 Serfontein, John-Lourens	11 ROA-ED	3:25.00
45.30 1:36.24	2:30.35 3:25.00	
7 Kenmuir, Ethan	11 Vineyard-CP	3:29.29
46.94 1:41.61	2:35.60 3:29.29	
8 Titus, Brody	11 Paarl Aquarius-CE	3:30.24
49.53 1:42.83	2:38.71 3:30.24	

Event 400 Boys 11 & Under 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Daniels, Tylan H	11 Aqua Dolphin-CP	3:11.21
44.80 1:34.41	2:24.16 3:11.21	
2 Poultney, Matthew	11 Curro Aquatics-CP	3:15.52
45.01 1:36.61	2:29.20 3:15.52	
3 Stenekamp, Keanu	11 Aqua Sharks-CP	3:24.42
48.75 1:42.33	3:24.42	
4 Lange, Oliver	11 Vineyard-CP	3:26.43
49.10 1:42.69	2:35.43 3:26.43	
5 Schoeman, Mateo J	11 Quicksilver Wine-CE	3:29.81
48.57 1:44.36	2:38.42 3:29.81	
6 Serfontein, John-Lourens	11 ROA-ED	3:31.26
49.24 1:42.27	2:37.14 3:31.26	
7 Kenmuir, Ethan	11 Vineyard-CP	3:31.61
49.94 1:43.42	3:31.61	
8 Titus, Brody	11 Paarl Aquarius-CE	3:31.88
48.85 1:42.96	2:38.48 3:31.88	
9 Bond, Ben L	10 ROA-ED	3:33.49
50.44 1:46.01	2:41.46 3:33.49	
10 Van Heerden, Emile L	11 Fish Eagle-ED	3:40.15
50.73 1:48.09	2:44.94 3:40.15	
11 Van Wyngaard, Daniël C	10 ROA-ED	3:41.16
52.48 1:47.55	2:45.23 3:41.16	
12 Sebastian, Alexander	11 Manta-CP	3:45.05
51.92 1:48.65	3:45.05	
13 Coetzee, Tristan R	11 Fish Eagle-ED	3:55.61
53.33 1:54.91	2:56.70 3:55.61	

Event 400 Boys 12-13 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Hahn, Kyle H	12 Fish Eagle-ED	2:45.63
38.46 1:21.28	2:04.02 2:45.63	
2 Loots, Noah C	13 Aqua Sharks-CP	2:46.47
38.35 1:21.15	2:03.95 2:46.47	
3 Viljoen, Llewelyn	13 Fish Eagle-ED	2:46.49
38.09 1:20.48	2:03.62 2:46.49	
4 Douries, Ean	13 Curro Aquatics-CP	2:51.99
39.61 1:23.65	2:07.90 2:51.99	
5 Swart, Nico N	13 Aqua Sharks-CP	2:52.92
39.38 1:23.47	2:08.42 2:52.92	
6 Oaten, Rourke	13 Silver Fins-CP	2:53.31
41.82 1:27.19	2:11.90 2:53.31	
7 Faulkner, Callum E	13 Blouberg Marlins-CP	2:54.00
39.48 1:23.91	2:09.12 2:54.00	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 400 Boys 12-13 200 LC Meter Breaststroke)

Name	Age	Team	Finals Time
8 Coleman, Travis	13	Blouberg Marlins-CP	3:02.70
	40.85	1:27.78 2:16.04	3:02.70

Event 400 Boys 12-13 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Viljoen, Llewelyn	13	Fish Eagle-ED	2:51.34
	38.68	1:22.62 2:51.34	
2 Hahn, Kyle H	12	Fish Eagle-ED	2:51.85
	39.49	1:23.41 2:08.06	2:51.85
3 Swart, Nico N	13	Aqua Sharks-CP	2:52.43
	39.07	1:23.20 2:08.26	2:52.43
4 Loots, Noah C	13	Aqua Sharks-CP	2:53.79
	39.01	1:23.10 2:09.06	2:53.79
5 Faulkner, Callum E	13	Blouberg Marlins-CP	2:55.51
	39.86	1:24.07 2:10.08	2:55.51
6 Douries, Ean	13	Curro Aquatics-CP	2:55.98
	40.15	1:25.99 2:10.66	2:55.98
7 Oaten, Rourke	13	Silver Fins-CP	2:59.40
	43.94	1:32.19 2:17.23	2:59.40
8 Van Heerden, Christian	13	Aqua Athlete Cta-CP	3:02.14
	40.59	1:27.16 2:14.53	3:02.14
9 Coleman, Travis	13	Blouberg Marlins-CP	3:03.07
	42.94	1:30.14 2:18.00	3:03.07
10 Gamielidien, Idreess	13	Marlin-CP	3:04.82
	41.67	1:29.39 2:16.16	3:04.82
11 Spencer, Marcus W	13	Cybersmart-CP	3:05.03
	44.11	1:31.21 2:18.97	3:05.03
12 Schaefer, Daniel C	12	Players-CE	3:05.23
	41.94	1:29.68 2:18.25	3:05.23
13 van Rensburg, Tristan	12	Curro Aquatics-CP	3:06.45
	42.39	1:30.73 3:06.45	
14 Allott, Jaydon K	12	Aqua Athlete Cta-CP	3:06.94
	42.88	1:30.53 2:20.38	3:06.94
15 Du Plessis, Paul	12	Tuks-TS	3:07.30
	41.31	1:29.79 2:19.73	3:07.30
16 Wagener, Tiaan H	12	Aquasharks Winel-CE	3:08.67
	44.34	1:32.36 2:20.93	3:08.67
17 Van Wyk, Jack R	13	Curro Aquatics-CP	3:08.95
	41.68	1:29.82 2:20.81	3:08.95
18 Fortune, Hakeem	13	Manta-CP	3:15.60
	44.82	1:34.37 2:25.26	3:15.60
19 De Jager, Eben	13	Quicksilver Wine-CE	3:17.05
	44.23	1:34.52 2:25.49	3:17.05
20 Pitout, Zachary J	13	Aqua Sharks-CP	3:17.26
	43.92	1:34.80 2:27.95	3:17.26
21 Trautman, Liam	13	Curro Hermanus-OB	3:19.54
	44.27	1:35.06 2:28.08	3:19.54
22 Jonas, Leonardo	13	Players-CE	3:20.54
	45.83	1:37.31 2:29.89	3:20.54
23 Van Dyk, Stephaan	13	Blouberg Marlins-CP	3:21.34
	43.77	1:34.83 2:29.74	3:21.34
24 February, Dillon S	12	Curro Aquatics-CP	3:26.34
	49.40	1:41.85 3:26.34	

25 Lewis, Callum R	13	Curro Aquatics-CP	3:28.30
	45.00	1:38.06 2:33.42	3:28.30
26 Pedro, Maahier	13	Walmers-CP	3:29.03
	45.70	1:37.05 2:33.77	3:29.03
--- Bright, Michael C	12	Curro Aquatics-CP	DQ
Executed more than one butterfly kick at the start or turn			
	45.19	1:36.60 2:28.37	DQ

Event 400 Men 14-15 200 LC Meter Breaststroke

Name	Age	Team	Finals Time
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Finals

1 Williams, Jayden J	15	Paarl Aquarius-CE	2:30.96
	32.61	1:10.91 1:51.54	2:30.96
2 Gilbert, Andrew A	15	Swimlab-CP	2:36.44
	34.90	1:15.80 1:57.14	2:36.44
3 Yeowart, Luke D	14	Curro Aquatics-CP	2:37.79
	37.11	1:17.63 1:58.19	2:37.79
4 Burger, Rosseau	15	Lane Leader-CE	2:38.47
	35.78	1:16.38 1:57.35	2:38.47
5 Wing, James L	14	Curro Aquatics-CP	2:41.34
	36.75	1:19.15 2:00.98	2:41.34
6 Stanfliet, Nicholas	14	Vineyard-CP	2:42.07
	36.63	1:17.84 1:59.72	2:42.07
7 Bouwer, Jason	14	Tygers-CP	2:44.90
	38.02	1:21.08 2:03.99	2:44.90
8 Liedeman, Mark	14	Swartland Aquati-WC	2:49.94
	37.97	1:20.03 2:04.74	2:49.94

Event 400 Men 14-15 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Williams, Jayden J	15	Paarl Aquarius-CE	2:33.12
	33.60	1:11.20 1:52.61	2:33.12
2 Burger, Rosseau	15	Lane Leader-CE	2:38.39
	35.59	1:16.48 1:57.18	2:38.39
3 Yeowart, Luke D	14	Curro Aquatics-CP	2:40.50
	37.15	1:18.32 2:00.00	2:40.50
4 Gilbert, Andrew A	15	Swimlab-CP	2:42.08
	35.09	1:16.97 2:00.06	2:42.08
5 Stanfliet, Nicholas	14	Vineyard-CP	2:42.83
	36.44	1:17.65 1:59.61	2:42.83
6 Bouwer, Jason	14	Tygers-CP	2:45.97
	38.76	1:21.92 2:05.29	2:45.97
7 Wing, James L	14	Curro Aquatics-CP	2:46.34
	36.81	1:18.50 2:03.61	2:46.34
8 Liedeman, Mark	14	Swartland Aquati-WC	2:48.41
	37.02	1:19.43 2:04.04	2:48.41
9 Wagner, Noah J	14	Swimlab-CP	2:48.51
	37.46	1:19.73 2:03.55	2:48.51
10 Roman, Noah P	14	Aqua Dolphin-CP	2:52.34
	39.83	1:24.01 2:08.34	2:52.34
11 Van Heerden, Hendré B	15	Fish Eagle-ED	2:52.48
	38.01	1:22.12 2:08.01	2:52.48
*12 Mansfield, Luke T	14	Stellenbosch Aqu-CE	2:52.81
	38.40	1:21.72 2:06.49	2:52.81
*12 Van der Merwe, Noah B	14	Swimlab-CP	2:52.81
	38.75	1:22.57 2:08.50	2:52.81

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 400 Men 14-15 200 LC Meter Breaststroke)

Name	Age	Team	Prelim Time	
14 Hendricks, Tyson S	14	ROA-ED	2:56.52	
			40.74	1:26.40
			2:12.99	2:56.52
15 Rosslee, Christian F	15	Quicksilver Wine-CE	2:57.41	
			40.69	1:26.00
			2:12.05	2:57.41
*16 Vermeulen, Hanco	15	Aquasharks Winel-CE	2:59.01	
			41.80	1:28.43
			2:15.39	2:59.01
*16 Spencer, Charles A	15	Cybersmart-CP	2:59.01	
			40.69	1:25.85
			2:12.37	2:59.01
18 Minnaar, Nicolas	14	Tygers-CP	3:05.87	
			41.34	1:28.78
			2:18.00	3:05.87
19 Basson, Trishaun T	15	Marlin-CP	3:07.47	
			42.38	1:30.88
			2:19.09	3:07.47
--- Sirin, Ben	15	Vineyard-CP	NS	

Event 400 Men 16 & Over 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
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Finals

1 Clayton, Franco P	18	Lane Leader-CE	2:22.36	
			31.61	1:07.46
			1:44.69	2:22.36
2 Heslop, Jonathan V	21	Tuks-TS	2:28.14	
			32.34	1:09.28
			1:48.02	2:28.14
3 Jani, Tawanda	17	Cybersmart-CP	2:30.76	
			33.98	1:11.59
			1:50.68	2:30.76
4 McWilliam, Benn D	18	Tygers-CP	2:36.13	
			35.32	1:15.18
			1:55.47	2:36.13
5 Krenin, Damon R	17	Curro Aquatics-CP	2:37.53	
			35.28	1:15.48
			1:56.65	2:37.53
6 Malherbe, Nicholas N	18	Lane Leader-CE	2:37.59	
			35.82	1:16.22
			1:57.29	2:37.59
7 Southworth, Matthew W	16	Cybersmart-CP	2:38.32	
			35.51	1:15.36
			1:56.56	2:38.32
8 Theron, Luca D	16	Vineyard-CP	2:39.96	
			36.65	1:17.78
			1:59.11	2:39.96
9 Hendricks, Joshua	17	Curro Aquatics-CP	2:40.19	
			36.01	1:18.20
			2:00.48	2:40.19
10 Terblanche, Luan L	16	Tygers-CP	2:40.21	
			37.35	1:18.81
			2:00.02	2:40.21
11 Saayman, Dehan	16	Players-CE	2:42.05	
			36.06	1:18.02
			2:00.72	2:42.05
12 Pautz, Nathan M	16	Blouberg Marlins-CP	2:42.32	
			36.09	1:17.80
			2:00.07	2:42.32
13 Myburgh, Ruan	16	Blouberg Marlins-CP	2:45.53	
			36.63	1:19.03
			2:02.63	2:45.53
14 Zellie, Thomas J	17	Swimlab-CP	2:46.29	
			38.07	1:20.82
			2:03.90	2:46.29

Event 400 Men 16 & Over 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
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Preliminaries

1 Clayton, Franco P	18	Lane Leader-CE	2:27.35	
			32.54	1:10.00
			1:48.47	2:27.35
2 Heslop, Jonathan V	21	Tuks-TS	2:31.67	
			33.32	1:11.68
			1:51.07	2:31.67
3 Jani, Tawanda	17	Cybersmart-CP	2:34.40	
			35.30	1:13.91
			1:54.19	2:34.40

4 Malherbe, Nicholas N	18	Lane Leader-CE	2:37.16	
			35.36	1:15.46
			1:55.87	2:37.16
5 Krenin, Damon R	17	Curro Aquatics-CP	2:37.61	
			35.43	1:15.84
			1:56.77	2:37.61
6 Terblanche, Luan L	16	Tygers-CP	2:40.43	
			35.84	1:17.16
			1:58.85	2:40.43
7 McWilliam, Benn D	18	Tygers-CP	2:40.54	
			37.51	1:18.62
			1:59.64	2:40.54
8 Theron, Luca D	16	Vineyard-CP	2:41.93	
			36.24	1:17.99
			2:00.54	2:41.93
9 Pautz, Nathan M	16	Blouberg Marlins-CP	2:45.48	
			37.83	1:21.00
			2:03.47	2:45.48
10 Saayman, Dehan	16	Players-CE	2:45.54	
			36.02	1:19.13
			2:02.90	2:45.54
11 Hendricks, Joshua	17	Curro Aquatics-CP	2:45.62	
			37.13	1:20.13
			2:02.81	2:45.62
12 Zellie, Thomas J	17	Swimlab-CP	2:48.98	
			37.77	1:20.19
			2:04.24	2:48.98
13 Myburgh, Ruan	16	Blouberg Marlins-CP	2:50.57	
			38.24	1:22.26
			2:07.01	2:50.57
14 Southworth, Matthew W	16	Cybersmart-CP	2:50.69	
			37.53	1:21.12
			2:06.25	2:50.69

Event 400 Men 200 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time	
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Preliminaries

1 Terblanche, Tiaan SB13	13	Fish Eagle-ED	3:34.13	
			51.91	1:48.23
			2:43.32	3:34.13

Event 401 Girls 11 & Under 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
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A - Final

1 Johnson, Ella J	11	Swimlab-CP	3:09.34	
			43.62	1:31.83
			2:21.17	3:09.34
2 Julies, Grace J	11	Xcel Swim Academ-CP	3:09.54	
			45.18	1:35.21
			2:23.23	3:09.54
3 Normington, Olivia	11	Xcel Swim Academ-CP	3:16.66	
			45.56	1:37.26
			2:27.49	3:16.66
4 Olivier, Gianna G	11	Paarl Aquarius-CE	3:16.91	
			46.95	1:38.54
			2:29.71	3:16.91
5 Kalapac, Lexi	11	Streamline-CP	3:21.76	
			46.07	1:36.35
			2:29.74	3:21.76
6 Dabrowski, Leah A	11	Blouberg Marlins-CP	3:24.03	
			45.97	1:39.36
			3:24.03	
7 Newkirk, Gia	11	Tygers-CP	3:24.68	
			46.16	1:38.12
			2:31.67	3:24.68
8 Hendricks, Jada	11	Tygers-CP	3:30.09	
			49.22	1:42.43
			2:36.74	3:30.09

Event 401 Girls 11 & Under 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
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Preliminaries

1 Julies, Grace J	11	Xcel Swim Academ-CP	3:14.72	
			45.98	1:36.86
			2:26.82	3:14.72
2 Johnson, Ella J	11	Swimlab-CP	3:18.28	
			46.08	1:36.09
			2:27.39	3:18.28
3 Normington, Olivia	11	Xcel Swim Academ-CP	3:20.80	
			45.58	1:39.25
			2:29.84	3:20.80

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 401 Girls 11 & Under 200 LC Meter Breaststroke)				
Name	Age	Team	Prelim Time	
4 Dabrowski, Leah A	11	Blouberg Marlins-CP	3:24.63	
46.58	1:38.92	2:32.62	3:24.63	
5 Newkirk, Gia	11	Tygers-CP	3:25.72	
47.24	1:39.30	2:33.18	3:25.72	
6 Kalapac, Lexi	11	Streamline-CP	3:26.36	
46.84	1:39.32	2:32.95	3:26.36	
7 Hendricks, Jada	11	Tygers-CP	3:33.34	
48.84	1:43.89	2:38.23	3:33.34	
8 Olivier, Gianna G	11	Paarl Aquarius-CE	3:34.76	
50.65	1:45.83	2:40.33	3:34.76	
9 Van Zyl, Neanè	11	Greydogs-CP	3:38.62	
49.29	1:44.53	2:40.92	3:38.62	
10 Beyers, Lize M	11	Agulhas-OB	3:42.18	
51.93	1:49.22	2:47.76	3:42.18	

Event 401 Girls 12-13 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
A - Final				
1 Horn, Anna	12	Xcel Swim Academ-CP	2:51.62	
40.78	1:26.35	2:10.11	2:51.62	
2 Joyce, Jenna	12	Curro Aquatics-CP	2:56.60	
40.96	1:26.90	2:56.60	2:56.60	
3 Mare, Isabella	13	Curro Aquatics-CP	3:03.16	
41.95	1:28.68	2:16.27	3:03.16	
4 Heldsinger, Alexa L	13	SSISA-CP	3:08.18	
42.91	1:30.58	2:20.19	3:08.18	
5 Williams, Aqeelah	12	Uwc-CP	3:11.04	
44.00	1:33.69	2:22.70	3:11.04	
6 Van Wyk, Josie	12	Lane Leader-CE	3:11.13	
43.43	1:32.60	2:22.16	3:11.13	
7 Nilsson, Rebecca B	13	Tygers-CP	3:13.73	
43.43	1:34.08	3:13.73	3:13.73	
8 Jurgens, Chloe-Leigh	12	Manta-CP	3:14.31	
44.34	1:35.30	2:25.19	3:14.31	

Event 401 Girls 12-13 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
Preliminaries				
1 Horn, Anna	12	Xcel Swim Academ-CP	2:57.28	
42.19	1:28.87	2:14.78	2:57.28	
2 Mare, Isabella	13	Curro Aquatics-CP	3:06.88	
42.49	1:30.18	2:19.38	3:06.88	
3 Joyce, Jenna	12	Curro Aquatics-CP	3:07.39	
42.34	1:30.28	3:07.39	3:07.39	
4 Williams, Aqeelah	12	Uwc-CP	3:12.94	
44.29	1:34.00	2:23.52	3:12.94	
5 Van Wyk, Josie	12	Lane Leader-CE	3:14.43	
44.77	1:35.39	2:26.47	3:14.43	
6 Jurgens, Chloe-Leigh	12	Manta-CP	3:15.19	
42.79	1:32.76	2:24.81	3:15.19	
7 Nilsson, Rebecca B	13	Tygers-CP	3:15.55	
46.06	1:35.86	3:15.55	3:15.55	
8 Heldsinger, Alexa L	13	SSISA-CP	3:15.66	
41.93	1:33.07	3:15.66	3:15.66	

9 Dimatellis, Zoi	12	Fish Eagle-ED	3:16.50	
44.13	1:35.23	2:26.28	3:16.50	
10 Retief, Jane	12	Lane Leader-CE	3:17.38	
42.02	1:32.33	2:24.76	3:17.38	
11 Hawley, Nicola	13	Players-CE	3:17.43	
43.00	1:33.79	2:27.00	3:17.43	
12 Faul, Ellen J	13	Quicksilver Wine-CE	3:18.59	
43.34	1:32.81	2:24.42	3:18.59	
13 Pretorius, Kara	12	SSISA-CP	3:18.67	
45.17	1:36.85	2:28.14	3:18.67	
14 Cronjé, Miané	13	Fish Eagle-ED	3:21.67	
45.34	1:36.03	2:29.01	3:21.67	
15 Charles, Tyla	12	Vineyard-CP	3:23.43	
47.55	1:40.62	3:23.43	3:23.43	
16 Grebe, Ava	12	Curro Hermanus-OB	3:24.24	
45.77	1:37.05	2:31.21	3:24.24	
17 Atkinson, Anouk E	13	Swartland Aquati-WC	3:24.57	
48.25	1:39.19	2:32.17	3:24.57	
18 Louw, Mali R	12	The Well-CE	3:25.44	
45.59	1:37.90	2:32.57	3:25.44	
19 Halford, Harper C	12	Manta-CP	3:26.05	
47.51	1:43.38	2:35.29	3:26.05	
20 Harper, Maddie I	13	Knysna Aquatics-ED	3:26.12	
48.69	1:42.59	2:36.51	3:26.12	
21 Conradie, Emilie M	12	Swimlab-CP	3:26.58	
47.53	1:41.17	2:35.66	3:26.58	
22 Abrahams, Amaani	13	Marlin-CP	3:26.62	
46.16	1:37.71	2:32.08	3:26.62	
23 Stilwaney, Mia C	12	Paarl Aquarius-CE	3:27.73	
47.99	1:40.08	3:27.73	3:27.73	
24 Chibharo, Lethabo L	12	Tygers-CP	3:28.09	
45.99	1:38.91	3:28.09	3:28.09	
25 Kröger, Sammy	13	Barracudas-CP	3:34.42	
47.61	1:41.40	2:37.22	3:34.42	
26 Stevenson, Mikayla	12	Quick Silver-CP	3:36.71	
46.91	1:42.57	3:36.71	3:36.71	

Event 401 Women 14-15 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
A - Final				
1 Combrink, Amy	15	Vineyard-CP	2:53.23	
39.40	1:23.49	2:07.84	2:53.23	
2 Coleman, Madison	15	Blouberg Marlins-CP	2:54.54	
39.20	1:23.37	2:08.48	2:54.54	
3 Putter, Demi	14	Curro Aquatics-CP	2:55.53	
40.63	1:25.22	2:10.80	2:55.53	
4 Newton, Ava L	15	Curro Aquatics-CP	2:56.19	
39.97	1:24.41	2:10.47	2:56.19	
5 Laubscher, Mikalla I	14	Aqua Sharks-CP	2:57.11	
40.87	1:26.28	2:12.17	2:57.11	
6 Richter, Mignon K	15	Swimlab-CP	2:59.32	
40.05	1:25.30	2:12.60	2:59.32	
7 Hahn, Kayleigh K	15	Fish Eagle-ED	2:59.95	
42.21	1:27.53	2:13.48	2:59.95	
8 Grobler, Zané	14	Fish Eagle-ED	3:03.27	
40.85	1:29.44	2:16.08	3:03.27	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 401 Women 14-15 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
Preliminaries				
1 Combrink, Amy	15	Vineyard-CP	2:57.15	
	39.63	1:24.06	2:09.68	2:57.15
2 Newton, Ava L	15	Curro Aquatics-CP	2:59.04	
	40.60	1:25.92	2:12.65	2:59.04
3 Coleman, Madison	15	Blouberg Marlins-CP	2:59.09	
	41.41	1:26.92	2:12.64	2:59.09
4 Putter, Demi	14	Curro Aquatics-CP	3:00.70	
	40.89	1:26.67	2:13.47	3:00.70
5 Richter, Mignon K	15	Swimlab-CP	3:00.91	
	40.96	1:27.29	2:14.44	3:00.91
6 Hahn, Kayleigh K	15	Fish Eagle-ED	3:01.14	
	41.62	1:27.55	2:13.86	3:01.14
7 Grobler, Zané	14	Fish Eagle-ED	3:02.66	
	42.61	1:29.42	2:16.85	3:02.66
8 Laubscher, Mikalla I	14	Aqua Sharks-CP	3:03.35	
	41.21	1:28.18	2:16.44	3:03.35
9 Barnard, Adelmari D	14	Swartland Aquati-WC	3:05.18	
	42.14	1:29.79	2:17.24	3:05.18
10 Van Niekerk, Ona	15	Fish Eagle-ED	3:05.44	
	42.65	1:28.75	2:17.72	3:05.44
11 De Oliveira, Aliyah	14	Tygers-CP	3:07.25	
	42.45	1:30.16	2:18.33	3:07.25
12 Visser, Sandri	15	Players-CE	3:09.37	
	42.98	1:31.97	2:20.29	3:09.37
13 Adams, Sydni M	15	Vineyard-CP	3:14.36	
	43.94	1:33.30	2:24.54	3:14.36
14 Stevens, Judy C	15	Quick Silver-CP	3:20.72	
	45.57	1:36.83	2:29.33	3:20.72
15 Baillie, Gabi J	14	Fish Eagle-ED	3:21.08	
	45.18	1:36.43	2:28.26	3:21.08
--- Morris, Jenna	15	Vineyard-CP	DQ	
At the turn or finish did not touch with both hands simultaneously/separat				
	41.80	1:27.53	2:13.13	DQ

Event 401 Women 16 & Over 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
A - Final				
1 Cope, Morgan M	18	Lane Leader-CE	2:36.49	
	36.25	1:16.77	1:56.58	2:36.49
2 Meier, Marné	25	Curro Aquatics-CP	2:46.11	
	36.64	1:18.47	2:01.82	2:46.11
3 Pharoah, Morgan L	19	Tuks-TS	2:47.42	
	37.40	1:20.02	2:03.45	2:47.42
4 Vd Wal, Mieke	16	Curro Aquatics-CP	2:51.62	
	39.05	1:23.81	2:07.74	2:51.62
5 Ralfe, Cara L	19	Tuks-TS	2:54.13	
	38.52	1:21.79	2:07.44	2:54.13
6 Schreuder, Hannah G	16	Swimlab-CP	2:55.55	
	38.39	1:22.00	2:07.51	2:55.55
7 Olivier, Shani	17	Paarl Aquarius-CE	2:58.49	
	41.94	1:27.96	2:14.50	2:58.49
8 Hugo, Anika S	18	Quicksilver Wine-CE	3:00.24	
	40.01	1:25.32	2:12.80	3:00.24

Event 401 Women 16 & Over 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
Preliminaries				
1 Cope, Morgan M	18	Lane Leader-CE	2:41.03	
	37.36	1:18.37	2:00.20	2:41.03
2 Meier, Marné	25	Curro Aquatics-CP	2:48.02	
	37.16	1:19.32	2:03.01	2:48.02
3 Pharoah, Morgan L	19	Tuks-TS	2:50.75	
	38.87	1:22.80	2:06.60	2:50.75
4 Vd Wal, Mieke	16	Curro Aquatics-CP	2:55.28	
	39.95	1:24.74	2:10.48	2:55.28
5 Ralfe, Cara L	19	Tuks-TS	2:56.20	
	39.76	1:24.69	2:10.52	2:56.20
6 Hugo, Anika S	18	Quicksilver Wine-CE	2:57.57	
	40.42	1:25.52	2:11.37	2:57.57
7 Schreuder, Hannah G	16	Swimlab-CP	2:58.34	
	39.94	1:25.50	2:12.31	2:58.34
8 Olivier, Shani	17	Paarl Aquarius-CE	3:00.65	
	42.28	1:28.55	2:14.79	3:00.65
9 Witten, Hannah	17	Aqua Dolphin-CP	3:01.34	
	42.32	1:28.39	2:14.71	3:01.34
10 Jeftha, Zara L	16	Marlin-CP	3:04.92	
	42.89	1:29.81	2:17.42	3:04.92

Event 401 Women 200 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time	
Preliminaries				
1 Thiart, Annelie SB15	13	TaperGo-WC	3:31.33	
	51.10	1:46.08	2:40.12	3:31.33

Event 402 Boys 11 & Under 50 LC Meter Backstroke

Name	Age	Team	Finals Time	
Finals				
1 Kleu, Wian M	11	Stellenbosch Aqu-CE	34.72	
2 Poultney, Matthew	11	Curro Aquatics-CP	34.92	
3 Schabort, Lowen	11	Quicksilver Wine-CE	35.08	
4 Mallin, Lukas	10	Swimlab-CP	35.12	
5 Serfontein, John-Lourens	11	ROA-ED	36.10	
6 Van Onselen, Pierre S	11	Tygers-CP	36.12	
7 Steyn, Harry	11	Curro Aquatics-CP	37.03	
8 Louw, James	11	Vineyard-CP	37.79	

Event 402 Boys 11 & Under 50 LC Meter Backstroke

Name	Age	Team	Prelim Time	
Preliminaries				
1 Kleu, Wian M	11	Stellenbosch Aqu-CE	35.14	
2 Mallin, Lukas	10	Swimlab-CP	35.62	
3 Schabort, Lowen	11	Quicksilver Wine-CE	36.13	
4 Serfontein, John-Lourens	11	ROA-ED	36.22	
5 Van Onselen, Pierre S	11	Tygers-CP	36.66	
6 Poultney, Matthew	11	Curro Aquatics-CP	36.76	
7 Steyn, Harry	11	Curro Aquatics-CP	37.20	
8 Louw, James	11	Vineyard-CP	37.82	
9 Wetzl, Alex J	11	Stellenbosch Aqu-CE	38.61	
10 Heunis, Johan C	11	Barracudas-CP	38.70	
11 Pieterse, Nicholas N	11	Stellenbosch Aqu-CE	38.83	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 402 Boys 11 & Under 50 LC Meter Backstroke)

Name	Age	Team	Prelim Time
12 Joyce, Guy	10	Curro Aquatics-CP	39.03
13 Viljoen, Jagger F	11	Aqua Sharks-CP	39.15
14 Kuhn, Adrian-Brand	10	Curro Aquatics-CP	39.27
15 Spangenberg, Zach A	11	Xcel Swim Academ-CP	39.86
16 Gerber, Luke M	11	Curro Aquatics-CP	40.21
17 Titus, Brody	11	Paarl Aquarius-CE	40.45
18 Stenekamp, Keanu	11	Aqua Sharks-CP	41.56
19 Poultney, Daniel	9	Curro Aquatics-CP	41.83
20 Lubbe, Mikael B	11	Aqua Sharks-CP	42.36

Event 402 Boys 12-13 50 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Matthee, Burger P	13	Agulhas-OB	31.08
2 Parr, Colbyn S	13	Knysna Aquatics-ED	32.63
3 Lichthart, Nicus	13	Quick Silver-CP	32.92
4 Benecke, Delmar	13	Vineyard-CP	33.22
5 Muller, Lukas D	13	Quick Silver-CP	33.37
6 Van Zyl, Daniël R	13	Tygers-CP	33.52
7 Trower, Michael	13	Tygers-CP	33.65
8 Wright, Jonah S	13	Tygers-CP	33.76

Event 402 Boys 12-13 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Matthee, Burger P	13	Agulhas-OB	31.93
2 Parr, Colbyn S	13	Knysna Aquatics-ED	32.87
3 Benecke, Delmar	13	Vineyard-CP	33.00
*4 Lichthart, Nicus	13	Quick Silver-CP	33.49
*4 Hahn, Kyle H	12	Fish Eagle-ED	33.49
6 Muller, Lukas D	13	Quick Silver-CP	33.69
7 Van Zyl, Daniël R	13	Tygers-CP	33.73
8 Trower, Michael	13	Tygers-CP	33.75
9 Wright, Jonah S	13	Tygers-CP	33.81
10 Kruger, Zachary C	12	Swartland Aquati-WC	33.96
11 Balt, Christiaan O	13	Players-TS	34.18
12 Smit, Reynard-Gray	13	Streamline-CP	34.52
13 Jooste, Ben D	12	Curro Hermanus-OB	34.72
14 VerLoren Van Themaat, Hein	12	Lane Leader-CE	34.73
15 Coleman, Travis	13	Blouberg Marlins-CP	34.84
16 Visagie, Dian	12	Swartland Aquati-WC	35.01
17 Heunis, Le Roux	12	Tygers-CP	35.07
*18 Harvey, Waylon	13	Cybersmart-CP	35.21
*18 Van Wyk, Jack R	13	Curro Aquatics-CP	35.21
20 Wessels, Connor M	13	Blouberg Marlins-CP	35.27
21 Addinall, Ethan	13	Manta-CP	35.55
22 Weber, Daniel	13	Players-CE	35.60
23 Troskie, Roean	13	Quick Silver-CP	35.61
24 Tresfon, Robbie	13	Vineyard-CP	35.74
25 Barnard, Daniël B	12	Xcel Swim Academ-CP	35.86
26 Lewis, Callum R	13	Curro Aquatics-CP	36.03
27 Barnard, Theo J	12	Swartland Aquati-WC	36.11
28 February, Dillon S	12	Curro Aquatics-CP	36.22
29 Pautz, Benjamin R	12	Blouberg Marlins-CP	36.26
30 Bosch, Ewan Y	12	Tygers-CP	36.62

31 Du Randt, Zack S	13	Tygers-CP	37.02
32 Janse van Rensburg, Daniël P	13	Barracudas-CP	37.04
33 Jonas, Leonardo	13	Players-CE	37.18
34 Trautman, Liam	13	Curro Hermanus-OB	37.40
35 Jacobs, Seth G	12	Manta-CP	37.69
36 Vd Watt, Earle	12	Curro Aquatics-CP	37.71
37 Shipton, Christopher J	12	Quick Silver-CP	37.82
*38 Douries, Ean	13	Curro Aquatics-CP	38.05
*38 Lewis, Amaru C	12	Paarl Aquarius-CE	38.05
40 De Jager, Eben	13	Quicksilver Wine-CE	38.25
41 Chippendale, Xavier L	13	Manta-CP	38.28
42 Froneman, Dylan R	13	Blouberg Marlins-CP	38.51
43 Fortune, Hakeem	13	Manta-CP	39.51

Event 402 Men 14-15 50 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	26.83
2 Bestel, Luc M	15	Vineyard-CP	28.00
3 Trower, Nic T	15	Tygers-CP	28.94
4 Van Schaik, Luc	14	Vineyard-CP	29.03
5 Gilmour, Connor A	14	Streamline-CP	29.37
6 Fernold, AJ	14	Fish Eagle-ED	29.38
7 Snyders, Kyle	14	TaperGo-WC	29.66
8 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	29.93

Event 402 Men 14-15 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	26.93
2 Bestel, Luc M	15	Vineyard-CP	28.69
3 Trower, Nic T	15	Tygers-CP	29.09
4 Van Schaik, Luc	14	Vineyard-CP	29.52
5 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	29.59
6 Gilmour, Connor A	14	Streamline-CP	29.89
7 Snyders, Kyle	14	TaperGo-WC	29.90
8 Fernold, AJ	14	Fish Eagle-ED	29.98
9 Sirin, Ben	15	Vineyard-CP	30.43
10 De Kock, John P	15	Stellenbosch Aqu-CE	30.53
11 Kalapac, Joshua	15	Streamline-CP	30.58
12 Basson, Lucca N	15	Silver Fins-CP	30.73
13 Smith, Sebastian N	15	Tygers-CP	31.23
14 Njoroge, Alphonse	15	Curro Aquatics-CP	31.58
15 Schultz, Heinrich W	15	Lane Leader-CE	31.75
16 Cleophas, Kyle	15	Paarl Aquarius-CE	31.95
17 Pullock, Sam J	15	Curro Hermanus-OB	32.19
18 Kotzè, Max M	15	Blouberg Marlins-CP	32.27
19 Bouwer, Jason	14	Tygers-CP	32.33
20 De Bruyn, Cornè C	15	Aqua Sharks-CP	32.36
21 Vd Merwe, Thomas	15	Lane Leader-CE	32.61
22 Nagendrakumar, Puneet	14	Streamline-CP	32.92
23 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	32.97
24 Beukes, Jaden L	15	Walmers-CP	32.99
25 Yeowart, Seth W	14	Curro Aquatics-CP	33.24
*26 Abrahams, Rayhan	15	Walmers-CP	33.26
*26 Daniels, Joshua D	14	Streamline-CP	33.26
28 van Wyk, Tariq K	14	Curro Aquatics-CP	33.51

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 402 Men 14-15 50 LC Meter Backstroke)

Name	Age	Team	Prelim Time
29 Grobler, Chris I	14	Curro Aquatics-CP	33.53
30 Van Heerden, Hendré B	15	Fish Eagle-ED	35.19

Event 402 Men 16 & Over 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 Pool-Jones, Jonah B	22	Lane Leader-CE	26.47
2 Louw, Adriaan B	18	Tuks-TS	26.91
3 Pretorius, Luuk E	16	Knysna Aquatics-ED	27.81
4 Esterhuysen, Joshua N	17	Tygers-CP	27.92
5 Coetzer, Milan J	17	Cybersmart-CP	28.06
6 Webb, Corey	21	SSISA-CP	28.18
7 Foot, Aiden C	18	Swartland Aquati-WC	28.57
8 Labuschagne, Jeremy	18	SSISA-CP	28.69
9 Loots, Andre S	16	Lane Leader-CE	28.84
10 Wollenschlaeger, Noah	16	Vineyard-CP	28.95
11 Strydom, Conrad M	16	Tygers-CP	29.37
12 Terblanche, Kiaan C	19	Lane Leader-CE	29.63
13 Orchard, Thomas J	17	Swartland Aquati-WC	29.95
14 Louw, Guillaume	21	Curro Aquatics-CP	30.20
15 Krige, Aiden S	17	Curro Aquatics-CP	30.26
16 Uys, Keegan	17	Lane Leader-CE	30.50

Event 402 Men 16 & Over 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Pool-Jones, Jonah B	22	Lane Leader-CE	26.34
2 Louw, Adriaan B	18	Tuks-TS	27.70
*3 Webb, Corey	21	SSISA-CP	28.19
*3 Pretorius, Luuk E	16	Knysna Aquatics-ED	28.19
5 Foot, Aiden C	18	Swartland Aquati-WC	28.43
6 Coetzer, Milan J	17	Cybersmart-CP	28.63
7 Labuschagne, Jeremy	18	SSISA-CP	28.71
8 Esterhuysen, Joshua N	17	Tygers-CP	28.84
9 Loots, Andre S	16	Lane Leader-CE	28.94
10 Wollenschlaeger, Noah	16	Vineyard-CP	29.32
12 Terblanche, Kiaan C	19	Lane Leader-CE	29.55
12 Strydom, Conrad M	16	Tygers-CP	29.79
13 Louw, Guillaume	21	Curro Aquatics-CP	30.31
14 Van Helden, Ethan C	16	Aqua Sharks-CP	30.32
15 Orchard, Thomas J	17	Swartland Aquati-WC	30.38
16 Uys, Keegan	17	Lane Leader-CE	30.51
17 Krige, Aiden S	17	Curro Aquatics-CP	30.56
18 Breet, Dawie-Louw L	17	Players-CE	30.62
19 Walker, Yohan G	16	Vineyard-CP	30.70
20 Myburgh, Ruan	16	Blouberg Marlins-CP	30.71
21 Bannister, Joshua G	16	Tygers-CP	30.82
22 Meier, Conrad	16	Tuks-TS	30.86
23 Karsten, Jody	17	Blouberg Marlins-CP	31.00
24 Van der Merwe, Josh E	16	Swimlab-CP	31.08
25 Moolman, Carter S	16	Manta-CP	31.09
26 Linscott, Nathan J	20	Uwc-CP	31.41
27 Pautz, Nathan M	16	Blouberg Marlins-CP	31.44
28 Eilers, De-Anzo C	18	KALA	31.59
29 Bowers, Joshua A	21	Manta-CP	31.64

30 Beukes, Mateo A	19	Walmers-CP	31.66
31 Gounden, Mikhael A	19	TaperGo-WC	31.85
32 Lombard, Kyle M	16	Curro Aquatics-CP	32.15
33 Viljoen, Jaden R	16	Aqua Sharks-CP	32.26
34 Van der Watt, Alpheus J	16	Players-CE	32.55
35 Saayman, Dehan	16	Players-CE	32.68
36 Burmeister, Marius	16	Quicksilver Wine-CE	33.14
37 Hewitt-Smook, Kristian	16	Swartland Aquati-WC	33.15
38 Den Haan, Stéfán	17	Quick Silver-CP	33.97
39 Schreuder, Steffen	16	Aquasharks Winel-CE	34.03
40 Games, Zubair	18	Manta-CP	35.64
--- Eaton, Jarden D	19	CRSC-JH	NS

Event 403 Girls 11 & Under 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 Odendaal, Sarah-Kate	11	Quick Silver-CP	35.32
2 Dabrowski, Leah A	11	Blouberg Marlins-CP	35.33
3 Coetsee, Elke M	10	Fish Eagle-ED	36.75
4 Kruger, Livvy	11	Players-CE	37.07
5 Barthus, Alessia	11	Manta-CP	38.00
6 Gilligan, Saskia	11	Blouberg Marlins-CP	38.55
7 Gerber, Kayla M	11	Stellenbosch Aqu-CE	38.72
8 Parfitt, Cayden C	11	Curro Aquatics-CP	39.06

Event 403 Girls 11 & Under 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Dabrowski, Leah A	11	Blouberg Marlins-CP	36.06
2 Odendaal, Sarah-Kate	11	Quick Silver-CP	36.59
3 Kruger, Livvy	11	Players-CE	37.45
4 Coetsee, Elke M	10	Fish Eagle-ED	38.13
5 Gilligan, Saskia	11	Blouberg Marlins-CP	38.23
6 Parfitt, Cayden C	11	Curro Aquatics-CP	38.68
7 Gerber, Kayla M	11	Stellenbosch Aqu-CE	38.69
8 Barthus, Alessia	11	Manta-CP	38.71
9 Julies, Grace J	11	Xcel Swim Academ-CP	38.86
10 Bishop, Caro	11	Vineyard-CP	39.32
11 Nel, Olivia	11	TaperGo-WC	39.60
12 Sprong, Jaime M	11	Aqua Sharks-CP	39.66
13 Beyers, Lize M	11	Agulhas-OB	40.08
14 Hendricks, Jada	11	Tygers-CP	40.51
15 Tranter, Alexia R	11	SSISA-CP	40.92
16 Cupido, Kirsten	11	Cybersmart-CP	40.94
17 Knott, Cayleigh	11	Aqua Sharks-CP	40.95
18 Douglas, Keyla	11	ROA-ED	41.05
19 Newkirk, Gia	11	Tygers-CP	41.20
20 Kalapac, Lexi	11	Streamline-CP	42.33
21 Van Zyl, Neanè	11	Greydogs-CP	42.78
22 Olivier, Gianna G	11	Paarl Aquarius-CE	43.54
23 Normington, Olivia	11	Xcel Swim Academ-CP	43.60

Event 403 Girls 12-13 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 Smith, Sophie	13	Vineyard-CP	30.82
2 Bayly, Arabella	13	Vineyard-CP	31.22

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 403 Girls 12-13 50 LC Meter Backstroke)

Name	Age	Team	Finals Time
3 Coetsee, Isabeau L	12	Fish Eagle-ED	32.13
4 Coetzee, Liane	13	Players-CE	33.46
5 Olivier, Julie M	12	Tygers-CP	34.11
6 Dimatellis, Zoi	12	Fish Eagle-ED	34.15
7 Esterhuyse, Alice	13	Stars-CK	34.28
8 Lorenzen, Ava E	12	Blouberg Marlins-CP	34.29

Event 403 Girls 12-13 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Smith, Sophie	13	Vineyard-CP	30.76
2 Bayly, Arabella	13	Vineyard-CP	31.55
3 Coetsee, Isabeau L	12	Fish Eagle-ED	31.70
4 Coetzee, Liane	13	Players-CE	34.18
5 Lorenzen, Ava E	12	Blouberg Marlins-CP	34.20
6 Olivier, Julie M	12	Tygers-CP	34.29
7 Esterhuyse, Alice	13	Stars-CK	34.31
8 Dimatellis, Zoi	12	Fish Eagle-ED	34.76

9 De Beer, Isabella C	13	Quicksilver Wine-CE	35.31
10 Boshoff, Anja	12	Tygers-CP	35.50
11 De Villiers, Anja	13	Tygers-CP	35.59
12 Bircher, Storm Z	13	Curro Hermanus-OB	35.63
13 Nilsson, Rebecca B	13	Tygers-CP	35.90
14 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	35.93
15 Faul, Ellen J	13	Quicksilver Wine-CE	35.97
16 Van den Berg, Nika	13	Quicksilver Wine-CE	36.24
17 Lewis, Erin	13	Vineyard-CP	36.28
18 Basson, Lenè	13	TaperGo-WC	36.43
19 Roff, Mikaela	12	ROA-ED	36.59
20 Thirsk, Savannah	12	Tygers-CP	36.76
21 Schäfer, Kyla	13	Knysna Aquatics-ED	36.79
22 Brooker, Isabella J	13	Aqua Athlete Cta-CP	36.87
23 Van Dyk, Zani	12	Aqua Sharks-CP	37.19
24 Gullan, Sophia	12	Vineyard-CP	37.27
25 Groves, Philippa R	13	SSISA-CP	37.39
26 Hawley, Nicola	13	Players-CE	37.66
27 Coetzee, Marli	12	Curro Aquatics-CP	37.72
28 Billson, Amelie	12	Curro Aquatics-CP	37.73
29 Lindsay, Edith J	13	Fish Eagle-ED	37.74
30 Williams, Aqeelah	12	Uwc-CP	37.96
31 Barkhuysen, Jani	13	Aqua Sharks-CP	38.26
32 Sabbagha, Georgia	12	Paarl Aquarius-CE	38.34
33 Lourens, Mia	13	Curro Aquatics-CP	38.48
34 Vd Bank, Mienke	13	Curro Hermanus-OB	38.64
35 Longueira, Ava L	12	Aqua Sharks-CP	38.67
36 Van Heerden, Hannah	12	Aqua Athlete Cta-CP	38.71
37 Stevenson, Mikayla	12	Quick Silver-CP	38.80
38 Barnes, Caitlin M	12	Swimlab-CP	38.88
39 Sonnekus, Anya	13	Tygers-CP	40.01
40 Wener, Isabella	13	Vineyard-CP	40.11
41 Wallis, Juliette	13	Greydogs-CP	40.18
42 Atkinson, Anouk E	13	Swartland Aquati-WC	40.42
43 Jordaan, Mikayla E	12	Curro Aquatics-CP	40.53
44 Liebenberg, Aimee L	12	Swartland Aquati-WC	41.93

Event 403 Women 14-15 50 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Orchard, Milan M	14	Vineyard-CP	30.30
2 Lambert, Bailey G	15	SEAL-UM	30.46
3 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	31.45
4 Hebler, Lily M	15	Quicksilver Wine-CE	31.55
5 Trout, Sophia L	15	Vineyard-CP	32.19
6 Newton, Ava L	15	Curro Aquatics-CP	32.41
7 Wium, Mari	15	Quicksilver Wine-CE	32.90
8 Gerber, Simonè M	14	Curro Aquatics-CP	32.97

Event 403 Women 14-15 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Lambert, Bailey G	15	SEAL-UM	30.75
2 Orchard, Milan M	14	Vineyard-CP	30.97
3 Hebler, Lily M	15	Quicksilver Wine-CE	31.32
4 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	31.93
5 Trout, Sophia L	15	Vineyard-CP	32.31
6 Combrink, Amy	15	Vineyard-CP	32.67
7 Newton, Ava L	15	Curro Aquatics-CP	32.70
8 Wium, Mari	15	Quicksilver Wine-CE	33.04

9 Gerber, Simonè M	14	Curro Aquatics-CP	33.37
10 Riley, Logan	14	Curro Aquatics-CP	33.62
11 Hayes, Kerrigan L	15	Curro Aquatics-CP	33.72
12 Noble, Reese O	14	Swimlab-CP	33.93
*13 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	33.94
*13 Grütter, Arabelle	14	ROA-ED	33.94
15 Huang, Shi Han A	15	Blouberg Marlins-CP	34.30
16 Juries, Sam C	15	TaperGo-WC	34.33
17 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	34.76
18 Morris, Jenna	15	Vineyard-CP	34.82
19 Saayman, Nika D	14	Players-CE	35.09
20 Raimond, Marike M	15	Tygers-CP	35.15
21 Burke, Hannah	15	Streamline-CP	35.18
22 Fabricius, Kaylin	15	Barracudas-CP	35.35
23 Coleman, Madison	15	Blouberg Marlins-CP	35.52
24 Laubscher, Mikalla I	14	Aqua Sharks-CP	35.78
25 Hager, Carle	14	Aquasharks Winel-CE	36.05
26 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	36.14
27 Stevens, Judy C	15	Quick Silver-CP	37.05
28 Visser, Sandri	15	Players-CE	38.00
29 Baillie, Gabi J	14	Fish Eagle-ED	38.20
--- Kotze, Abigail	15	Tygers-CP	NS

Event 403 Women 16 & Over 50 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Morris, Grace	16	Lane Leader-CE	29.95
2 Burgess, Cassidy S	16	Vineyard-CP	30.16
3 Straszacker, Kristen C	24	Curro Aquatics-CP	30.36
4 De Jongh, Grace	18	Lane Leader-CE	30.88
5 Cronjè, Danielle	16	Lane Leader-CE	32.02
6 Du Plessis, Chanel P	17	Cybersmart-CP	32.21
7 Smit, Jenna	17	Curro Aquatics-CP	32.80

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 403 Women 16 & Over 50 LC Meter Backstroke)

Name	Age	Team	Finals Time
*8 Bulose, Megan	20	Uwc-CP	32.88
*8 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	32.88
10 Ryser, Aurora	17	Tygers-CP	32.98
11 Ribeiro, Nuria A	22	Maties-CE	33.06
12 Lategan, Emma M	16	Curro Aquatics-CP	33.09
	25.82	33.09	
13 Van Huyssteen, Miette	17	Curro Hermanus-OB	33.96
14 Jurado, Stephanie C	16	SSISA-CP	34.72
15 Glover, Erin K	16	Tygers-CP	35.28
--- Smith, Lara E	16	Tygers-CP	NS

Event 403 Women 16 & Over 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Burgess, Cassidy S	16	Vineyard-CP	30.07
2 Morris, Grace	16	Lane Leader-CE	30.56
3 De Jongh, Grace	18	Lane Leader-CE	30.73
4 Straszacker, Kristen C	24	Curro Aquatics-CP	30.77
5 Du Plessis, Chanel P	17	Cybersmart-CP	32.17
6 Cronjè, Danielle	16	Lane Leader-CE	32.39
7 Ryser, Aurora	17	Tygers-CP	32.66
8 Lategan, Emma M	16	Curro Aquatics-CP	32.70
9 Viljoen, Jo-Ell	18	Aquasharks Winel-CE	32.71
10 Ribeiro, Nuria A	22	Maties-CE	32.75
11 Smit, Jenna	17	Curro Aquatics-CP	33.01
12 Bulose, Megan	20	Uwc-CP	33.41
13 Steenkamp, Veneske	16	Fish Eagle-ED	33.70
14 Smith, Lara E	16	Tygers-CP	34.08
15 Van Huyssteen, Miette	17	Curro Hermanus-OB	34.23
16 Glover, Erin K	16	Tygers-CP	35.21
17 Jurado, Stephanie C	16	SSISA-CP	35.25
18 Olivier, Shani	17	Paarl Aquarius-CE	38.81

Event 403 Women 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	46.66

Event 404 Boys 11 & Under 200 LC Meter IM

Name	Age	Team	Finals Time
Finals			
1 Mallin, Lukas	10	Swimlab-CP	2:48.04
	35.25	1:17.92	2:10.90
			2:48.04
2 Van Onselen, Pierre S	11	Tygers-CP	2:49.62
	36.03	1:20.21	2:13.84
			2:49.62
3 Steyn, Harry	11	Curro Aquatics-CP	2:52.70
	37.60	1:21.37	2:15.86
			2:52.70
4 Schabort, Lowen	11	Quicksilver Wine-CE	2:52.73
	34.54	1:18.63	2:12.53
			2:52.73
5 Daniels, Tylan H	11	Aqua Dolphin-CP	2:53.23
	37.74	1:26.30	2:13.87
			2:53.23
6 Schoeman, Mateo J	11	Quicksilver Wine-CE	2:58.40
	42.22	1:26.73	2:21.81
			2:58.40
7 Joyce, Guy	10	Curro Aquatics-CP	2:58.59
	38.57	1:24.46	2:20.02
			2:58.59

8 Bond, Ben L	10	ROA-ED	2:59.64
	37.37	1:27.00	2:21.32
			2:59.64
Event 404 Boys 11 & Under 200 LC Meter IM			
Name	Age	Team	Prelim Time
Preliminaries			
1 Van Onselen, Pierre S	11	Tygers-CP	2:51.58
	36.10	1:20.35	2:13.52
			2:51.58
2 Mallin, Lukas	10	Swimlab-CP	2:51.66
	35.87	1:20.80	2:14.10
			2:51.66
3 Daniels, Tylan H	11	Aqua Dolphin-CP	2:53.22
	39.76	1:29.39	2:15.14
			2:53.22
4 Steyn, Harry	11	Curro Aquatics-CP	2:53.33
	38.10	1:21.53	2:15.49
			2:53.33
5 Schabort, Lowen	11	Quicksilver Wine-CE	2:55.21
	36.33	1:20.64	2:15.48
			2:55.21
6 Kleu, Wian M	11	Stellenbosch Aqu-CE	2:55.28
	37.87	1:24.58	2:15.84
			2:55.28
7 Poultney, Matthew	11	Curro Aquatics-CP	2:56.09
	39.72	1:25.77	2:19.15
			2:56.09
8 Bond, Ben L	10	ROA-ED	2:59.68
	38.40	1:25.83	2:21.95
			2:59.68
9 Schoeman, Mateo J	11	Quicksilver Wine-CE	3:00.02
	42.13	1:28.35	2:22.64
			3:00.02
10 Joyce, Guy	10	Curro Aquatics-CP	3:02.36
	40.82	1:26.43	2:22.98
			3:02.36
11 Desai, Rohin T	11	Swimlab-CP	3:03.71
	38.00	1:27.28	2:21.12
			3:03.71
12 Viljoen, Jagger F	11	Aqua Sharks-CP	3:05.04
	39.17	1:26.76	2:24.02
			3:05.04
*13 Louw, James	11	Vineyard-CP	3:05.21
	39.19	1:24.81	2:22.55
			3:05.21
*13 Serfontein, John-Lourens	11	ROA-ED	3:05.21
	36.77	1:22.61	2:22.42
			3:05.21
15 Wetzl, Alex J	11	Stellenbosch Aqu-CE	3:08.74
	39.84	1:28.48	2:26.86
			3:08.74
16 Spangenberg, Zach A	11	Xcel Swim Academ-CP	3:10.25
	43.15	1:30.85	2:31.60
			3:10.25
17 Pieterse, Nicholas N	11	Stellenbosch Aqu-CE	3:10.98
	41.53	1:28.70	2:31.25
			3:10.98
18 Marais, Ewan E	11	Greydogs-CP	3:11.17
	41.27	1:29.83	2:27.36
			3:11.17
19 Van Wyngaard, Daniël C	10	ROA-ED	3:12.42
		1:34.30	2:30.03
			3:12.42
20 Lubbe, Mikael B	11	Aqua Sharks-CP	3:15.21
	41.84	1:33.95	2:30.94
			3:15.21
21 Van Heerden, Emile L	11	Fish Eagle-ED	3:15.89
	45.31	1:36.52	2:31.78
			3:15.89
22 Gerber, Luke M	11	Curro Aquatics-CP	3:16.07
	44.61	1:31.62	3:16.07
23 Lange, Oliver	11	Vineyard-CP	3:16.95
	45.94		2:33.04
			3:16.95
24 Sebastian, Alexander	11	Manta-CP	3:16.98
	44.01	1:34.03	3:16.98
25 Maughan, Patrick F	11	Aqua Sharks-CP	3:17.18
	42.43	1:32.39	2:32.26
			3:17.18

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 404 Boys 11 & Under 200 LC Meter IM)

Name	Age	Team	Prelim Time
26 Kuhn, Adrian-Brand	10	Curro Aquatics-CP	3:17.76
46.03	1:32.80	2:33.91	3:17.76
27 Poultney, Daniel	9	Curro Aquatics-CP	3:18.63
1:44.16	2:37.34	3:18.63	
28 Coetzee, Tristan R	11	Fish Eagle-ED	3:22.43
43.80	1:38.75	2:39.45	3:22.43
--- Titus, Brody	11	Paarl Aquarius-CE	DQ
Swimmer left position on the back other than to initiate the turn - back			
38.31	1:29.18	2:25.13	DQ

Event 404 Boys 12-13 200 LC Meter IM

Name	Age	Team	Finals Time
1 Loots, Noah C	13	Aqua Sharks-CP	2:28.84
30.66	1:10.12	1:55.25	2:28.84
2 Oaten, Rourke	13	Silver Fins-CP	2:31.18
32.76	1:13.54	1:57.98	2:31.18
3 Hahn, Kyle H	12	Fish Eagle-ED	2:31.23
33.34	1:13.32	1:57.75	2:31.23
4 Boshoff, Keanu A	13	Knysna Aquatics-ED	2:31.58
29.50	1:09.99	1:57.13	2:31.58
5 Van Zyl, Daniël R	13	Tygers-CP	2:35.90
32.63	1:13.01	2:00.35	2:35.90
6 Swart, Nico N	13	Aqua Sharks-CP	2:39.11
33.89	1:16.19	2:02.36	2:39.11
7 Wright, Jonah S	13	Tygers-CP	2:39.41
33.88	1:15.27	2:04.03	2:39.41
8 Faulkner, Callum E	13	Blouberg Marlins-CP	2:41.82
36.38	1:18.14	2:05.18	2:41.82

Event 404 Boys 12-13 200 LC Meter IM

Name	Age	Team	Prelim Time
1 Loots, Noah C	13	Aqua Sharks-CP	2:33.44
31.30	1:10.98	1:57.93	2:33.44
2 Oaten, Rourke	13	Silver Fins-CP	2:35.95
32.45	1:15.33	2:02.45	2:35.95
3 Van Zyl, Daniël R	13	Tygers-CP	2:36.71
32.64	1:13.21	2:01.71	2:36.71
4 Hahn, Kyle H	12	Fish Eagle-ED	2:38.27
33.36	1:14.43	2:01.57	2:38.27
5 Boshoff, Keanu A	13	Knysna Aquatics-ED	2:38.32
31.53	1:16.03	2:38.32	
6 Swart, Nico N	13	Aqua Sharks-CP	2:38.82
33.84	1:16.84	2:03.03	2:38.82
7 Wright, Jonah S	13	Tygers-CP	2:39.01
34.24	1:14.90	2:04.37	2:39.01
8 Faulkner, Callum E	13	Blouberg Marlins-CP	2:40.49
36.32	1:18.69	2:04.94	2:40.49
9 Van Heerden, Christian	13	Aqua Athlete Cta-CP	2:40.55
34.47	1:19.15	2:05.60	2:40.55
10 Coleman, Travis	13	Blouberg Marlins-CP	2:41.36
35.88	1:19.58	2:06.80	2:41.36
11 Smit, Reynard-Gray	13	Streamline-CP	2:41.69
34.62	1:16.91	2:41.69	

12 Barnard, Daniël B	12	Xcel Swim Academ-CP	2:41.90
35.88	1:17.04	2:05.93	2:41.90
13 Bright, Michael C	12	Curro Aquatics-CP	2:42.21
35.49	1:16.61	2:06.52	2:42.21
14 Barnard, Theo J	12	Swartland Aquati-WC	2:42.45
33.76	1:15.30	2:06.44	2:42.45
15 Addinall, Ethan	13	Manta-CP	2:42.84
33.95	1:16.51	2:07.78	2:42.84
16 Du Plessis, Paul	12	Tuks-TS	2:42.93
33.80	1:15.88	2:05.70	2:42.93
17 Mccollum, Aiden I	12	Aqua Dolphin-CP	2:43.79
33.97	1:18.25	2:08.60	2:43.79
18 Spencer, Marcus W	13	Cybersmart-CP	2:43.82
36.21	1:19.23	2:06.07	2:43.82
19 van Rensburg, Tristan	12	Curro Aquatics-CP	2:44.27
35.35	1:19.32	2:09.51	2:44.27
20 Kruger, Zachary C	12	Swartland Aquati-WC	2:44.46
34.67	1:17.86	2:08.12	2:44.46
21 Visagie, Dian	12	Swartland Aquati-WC	2:45.71
36.07	1:17.39	2:06.45	2:45.71
22 Schaefer, Daniel C	12	Players-CE	2:45.91
35.15	1:18.35	2:07.80	2:45.91
23 Pautz, Benjamin R	12	Blouberg Marlins-CP	2:46.22
36.34	1:18.51	2:08.89	2:46.22
24 Wagener, Tiaan H	12	Aquasharks Winel-CE	2:46.32
35.62	1:20.23	2:10.15	2:46.32
25 Jooste, Ben D	12	Curro Hermanus-OB	2:46.92
35.30	1:16.05	2:09.00	2:46.92
26 Vorster, Caiden	13	TaperGo-WC	2:47.41
34.92	1:18.38	2:47.41	
27 Vd Watt, Earle	12	Curro Aquatics-CP	2:47.66
36.41	1:18.50	2:10.36	2:47.66
28 Douries, Ean	13	Curro Aquatics-CP	2:48.14
36.41	1:22.65	2:08.90	2:48.14
29 Heunis, Le Roux	12	Tygers-CP	2:48.46
35.06	1:18.51	2:10.09	2:48.46
30 Francis, Ethan	13	Marlin-CP	2:48.94
34.30	1:19.14	2:09.69	2:48.94
31 Van Wyk, Jack R	13	Curro Aquatics-CP	2:49.11
38.40	1:22.10	2:11.69	2:49.11
32 Allott, Jaydon K	12	Aqua Athlete Cta-CP	2:49.41
36.37	1:23.97	2:12.92	2:49.41
33 Van Dyk, Stephaan	13	Blouberg Marlins-CP	2:49.95
34.38	1:20.31	2:11.90	2:49.95
34 Coates, Caleb	12	Fish Eagle-ED	2:50.06
33.97	1:21.11	2:12.46	2:50.06
35 Parr, Colbyn S	13	Knysna Aquatics-ED	2:50.15
36.70	1:21.54	2:10.21	2:50.15
36 Bosch, Ewan Y	12	Tygers-CP	2:50.30
34.43	1:17.96	2:11.67	2:50.30
37 Visser, Wessel M	13	Uwc-CP	2:50.83
35.85	1:21.16	2:10.13	2:50.83
38 Gamielidien, Idreess	13	Marlin-CP	2:51.41
37.38	1:22.97	2:12.29	2:51.41
39 Janse van Rensburg, Daniël P	13	Barracudas-CP	2:51.73
34.68	1:18.01	2:12.25	2:51.73
40 Benecke, Delmar	13	Vineyard-CP	2:51.88
36.72	1:19.21	2:12.12	2:51.88

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 404 Boys 12-13 200 LC Meter IM)

Name	Age	Team	Prelim Time
41 February, Dillon S	12	Curro Aquatics-CP	2:53.08
			37.03 2:13.53 2:53.08
42 Pitout, Zachary J	13	Aqua Sharks-CP	2:55.07
			40.20 1:26.04 2:17.01 2:55.07
43 Lewis, Callum R	13	Curro Aquatics-CP	2:55.17
			37.23 1:20.78 2:17.25 2:55.17
44 Jacobs, Seth G	12	Manta-CP	2:56.35
			38.60 1:27.27 2:20.09 2:56.35
45 Froneman, Dylan R	13	Blouberg Marlins-CP	2:58.85
			40.25 1:26.98 2:21.92 2:58.85
46 Shipton, Christopher J	12	Quick Silver-CP	3:01.31
			37.78 1:25.18 2:21.25 3:01.31
47 Boshoff, Mickayle C	12	Knysna Aquatics-ED	3:01.67
			37.04 1:24.58 2:23.73 3:01.67
48 Harvey, Waylon	13	Cybersmart-CP	3:02.37
			42.30 1:27.09 2:22.59 3:02.37
49 Chippendale, Xavier L	13	Manta-CP	3:05.29
			35.88 1:25.45 2:21.24 3:05.29
50 Lewis, Amaru C	12	Paarl Aquarius-CE	3:06.90
			40.89 1:26.55 2:25.75 3:06.90
51 Tresfon, Robbie	13	Vineyard-CP	3:18.57
			36.63 2:36.61 3:18.57
--- Weber, Daniel	13	Players-CE	DQ
			Swimmer left position on the back other than to initiate the turn - back
			35.66 1:18.28 2:12.62 DQ

Event 404 Men 14-15 200 LC Meter IM

Name	Age	Team	Finals Time
1 Bestel, Luc M	15	Vineyard-CP	2:13.72
			27.87 1:00.79 1:42.36 2:13.72
2 De Kock, John P	15	Stellenbosch Aqu-CE	2:20.37
			29.34 1:04.88 1:48.19 2:20.37
3 Williams, Jayden J	15	Paarl Aquarius-CE	2:21.07
			28.27 1:06.79 1:47.88 2:21.07
4 Haupt, Rhys A	15	Vineyard-CP	2:22.10
			28.84 1:04.63 1:47.04 2:22.10
5 Smith, Sebastian N	15	Tygers-CP	2:25.20
			31.28 1:09.69 1:52.61 2:25.20
6 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:25.50
			30.41 1:07.64 1:52.02 2:25.50
7 Basson, Lucca N	15	Silver Fins-CP	2:29.49
			29.44 1:06.38 1:54.71 2:29.49
8 Van der Merwe, Noah B	14	Swimlab-CP	2:29.96
			31.93 1:09.51 1:54.59 2:29.96

Event 404 Men 14-15 200 LC Meter IM

Name	Age	Team	Prelim Time
1 Bestel, Luc M	15	Vineyard-CP	2:16.30
			28.52 1:03.00 1:45.10 2:16.30
2 Williams, Jayden J	15	Paarl Aquarius-CE	2:24.38
			29.20 1:09.11 1:51.58 2:24.38
3 De Kock, John P	15	Stellenbosch Aqu-CE	2:24.57
			30.22 1:06.67 1:50.39 2:24.57

4 Smith, Sebastian N	15	Tygers-CP	2:25.21
			31.30 1:09.61 1:51.69 2:25.21
5 Haupt, Rhys A	15	Vineyard-CP	2:25.28
			29.32 1:06.10 1:50.26 2:25.28
6 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:25.75
			30.48 1:09.12 1:53.07 2:25.75
*7 Basson, Lucca N	15	Silver Fins-CP	2:26.50
			29.79 1:06.94 1:53.50 2:26.50
*7 Van der Merwe, Noah B	14	Swimlab-CP	2:26.50
			31.90 1:08.97 1:53.80 2:26.50
9 Burger, Rosseau	15	Lane Leader-CE	2:26.61
			31.46 1:11.55 1:53.26 2:26.61
10 Fernold, AJ	14	Fish Eagle-ED	2:27.05
			30.63 1:07.11 1:52.31 2:27.05
11 Gilbert, Andrew A	15	Swimlab-CP	2:27.14
			29.97 1:10.13 1:52.44 2:27.14
12 Schultz, Heinrich W	15	Lane Leader-CE	2:27.94
			28.62 1:06.23 1:51.81 2:27.94
13 Bouwer, Jason	14	Tygers-CP	2:28.36
			31.27 1:09.36 1:52.54 2:28.36
14 Dos-Santos, Andrei	15	Cybersmart-CP	2:28.66
			31.01 1:08.73 1:54.93 2:28.66
15 Williams, Logan	14	Vineyard-CP	2:29.19
			30.16 1:08.96 1:56.09 2:29.19
16 Das Neves, Lucas P	15	Tygers-CP	2:29.34
			30.27 1:09.26 1:55.08 2:29.34
17 Goussard, Henry	14	Curro Aquatics-CP	2:29.53
			30.42 1:10.21 1:56.10 2:29.53
18 Pullock, Sam J	15	Curro Hermanus-OB	2:30.52
			30.34 1:09.61 1:56.51 2:30.52
19 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	2:31.01
			31.95 1:10.73 1:57.41 2:31.01
20 Wing, James L	14	Curro Aquatics-CP	2:31.11
			32.84 1:14.16 1:57.37 2:31.11
21 Kotzè, Arden C	14	Swartland Aquati-WC	2:31.90
			30.99 1:10.92 1:55.64 2:31.90
22 Kalapac, Joshua	15	Streamline-CP	2:32.29
			31.05 1:10.54 1:55.43 2:32.29
23 Waters, Steven G	15	Lane Leader-CE	2:32.89
			30.14 1:08.97 1:57.55 2:32.89
24 Liedeman, Mark	14	Swartland Aquati-WC	2:32.99
			31.32 1:12.51 1:55.67 2:32.99
25 Kotzè, Max M	15	Blouberg Marlins-CP	2:34.04
			32.11 1:10.27 1:59.79 2:34.04
26 Vermeulen, Hanco	15	Aquasharks Winel-CE	2:34.84
			32.66 1:14.94 1:59.16 2:34.84
27 Yeowart, Luke D	14	Curro Aquatics-CP	2:35.00
			34.21 1:18.83 1:59.83 2:35.00
28 Spencer, Charles A	15	Cybersmart-CP	2:35.85
			30.61 1:12.29 1:58.21 2:35.85
29 Williams, Evan B	14	SSISA-CP	2:35.91
			31.92 1:11.70 1:59.95 2:35.91
30 Afonso, Aragon G	14	Quick Silver-CP	2:37.26
			32.59 1:14.13 2:01.92 2:37.26
31 Beukes, Jaden L	15	Walmers-CP	2:37.67
			31.23 1:11.33 2:00.87 2:37.67

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 404 Men 14-15 200 LC Meter IM)

Name	Age	Team	Prelim Time	
32 Southey, Jamie	15	Aqua Dolphin-CP	2:37.69	
			32.93	1:13.53
			2:02.66	2:37.69
33 Poggenpoel, Troy J	15	SSISA-CP	2:38.77	
			32.18	1:12.98
			2:02.32	2:38.77
34 Cleophas, Kyle	15	Paarl Aquarius-CE	2:39.00	
			31.35	1:13.63
			2:03.53	2:39.00
35 Njoroge, Alphonse	15	Curro Aquatics-CP	2:39.38	
			32.66	1:11.06
			2:03.29	2:39.38
36 Mansfield, Luke T	14	Stellenbosch Aqu-CE	2:39.45	
			33.57	1:17.06
			2:03.69	2:39.45
37 Minnaar, Nicolas	14	Tygers-CP	2:40.45	
			32.98	1:16.16
			2:04.36	2:40.45
38 Abrahams, Rayhan	15	Walmers-CP	2:42.04	
			31.02	1:14.47
			2:02.35	2:42.04
39 Van Heerden, Hendré B	15	Fish Eagle-ED	2:44.66	
			34.63	1:17.20
			2:05.96	2:44.66

Event 404 Men 16 & Over 200 LC Meter IM

Name	Age	Team	Finals Time	
Finals				
1 Boshoff, Juan C	19	Tuks-TS	2:06.72	
			27.26	58.92
			1:35.93	2:06.72
2 Truter, Petrus C	21	Lane Leader-CE	2:07.90	
			27.52	1:01.20
			1:37.65	2:07.90
3 Bailey, Ethan J	21	Aqua Dolphin-CP	2:11.40	
			28.49	1:03.22
			1:41.21	2:11.40
4 Clayton, Franco P	18	Lane Leader-CE	2:12.41	
			28.58	1:04.57
			1:40.40	2:12.41
5 McWilliam, Benn D	18	Tygers-CP	2:14.24	
			28.78	1:02.74
			1:42.94	2:14.24
6 Wright, Keegan	18	Tygers-CP	2:14.73	
			28.60	1:02.18
			1:43.89	2:14.73
7 Heslop, Jonathan V	21	Tuks-TS	2:14.88	
			28.60	1:04.15
			1:42.21	2:14.88
8 Strydom, Conrad M	16	Tygers-CP	2:19.15	
			28.41	1:02.72
			1:46.46	2:19.15
9 Terblanche, Luan L	16	Tygers-CP	2:20.09	
			29.45	1:05.97
			1:46.86	2:20.09
10 Meier, Conrad	16	Tuks-TS	2:20.18	
			29.32	1:05.55
			1:47.60	2:20.18
11 Southworth, Matthew W	16	Cybersmart-CP	2:20.20	
			29.24	1:05.86
			1:47.69	2:20.20
12 Pheeha, Junior J	18	ACAQ-CC	2:21.76	
			29.56	1:06.23
			1:48.55	2:21.76
13 Myburgh, Ruan	16	Blouberg Marlins-CP	2:22.65	
			30.30	1:07.02
			1:49.21	2:22.65
14 Karsten, Jody	17	Blouberg Marlins-CP	2:22.69	
			30.38	1:07.98
			1:51.43	2:22.69
15 Theron, Luca D	16	Vineyard-CP	2:22.77	
			29.76	1:07.77
			1:48.56	2:22.77
16 McPetrie, James L	17	Manta-CP	2:23.02	
			29.16	1:04.65
			1:49.88	2:23.02

Event 404 Men 16 & Over 200 LC Meter IM

Name	Age	Team	Prelim Time	
Preliminaries				
1 Truter, Petrus C	21	Lane Leader-CE	2:11.09	
			27.64	1:02.86
			1:40.36	2:11.09
2 Boshoff, Juan C	19	Tuks-TS	2:12.17	
			27.86	1:01.45
			1:39.75	2:12.17
3 Bailey, Ethan J	21	Aqua Dolphin-CP	2:15.10	
			28.99	1:03.77
			1:44.38	2:15.10
4 Heslop, Jonathan V	21	Tuks-TS	2:15.96	
			28.49	1:03.72
			1:41.41	2:15.96
5 McWilliam, Benn D	18	Tygers-CP	2:16.35	
			29.67	1:04.34
			1:44.80	2:16.35
6 Wright, Keegan	18	Tygers-CP	2:17.73	
			29.44	1:04.35
			1:46.22	2:17.73
7 Clayton, Franco P	18	Lane Leader-CE	2:17.94	
			29.66	1:07.09
			1:44.83	2:17.94
8 Esterhuysen, Joshua N	17	Tygers-CP	2:18.02	
			28.36	1:04.54
			1:47.28	2:18.02
9 Terblanche, Luan L	16	Tygers-CP	2:19.55	
			29.48	1:05.37
			1:46.24	2:19.55
10 Southworth, Matthew W	16	Cybersmart-CP	2:21.24	
			29.80	1:07.22
			1:48.98	2:21.24
11 Strydom, Conrad M	16	Tygers-CP	2:21.75	
			29.42	1:06.08
			1:49.59	2:21.75
12 Theron, Luca D	16	Vineyard-CP	2:22.31	
			30.02	1:07.13
			1:46.72	2:22.31
13 Meier, Conrad	16	Tuks-TS	2:22.42	
			29.63	1:07.78
			1:48.95	2:22.42
14 McPetrie, James L	17	Manta-CP	2:23.75	
			29.48	1:06.41
			1:50.52	2:23.75
15 Myburgh, Ruan	16	Blouberg Marlins-CP	2:23.78	
			30.08	1:06.73
			1:48.67	2:23.78
16 Pheeha, Junior J	18	ACAQ-CC	2:24.35	
			30.18	1:07.11
			1:50.80	2:24.35
17 Karsten, Jody	17	Blouberg Marlins-CP	2:24.38	
			30.35	1:08.61
			1:51.85	2:24.38
18 Van Helden, Ethan C	16	Aqua Sharks-CP	2:24.53	
			30.09	1:07.16
			1:51.40	2:24.53
19 Pautz, Nathan M	16	Blouberg Marlins-CP	2:24.59	
			30.87	1:08.82
			1:51.24	2:24.59
20 Coetzer, Milan J	17	Cybersmart-CP	2:25.02	
			29.51	1:08.68
			1:51.77	2:25.02
21 Jani, Tawanda	17	Cybersmart-CP	2:25.05	
			29.66	1:10.91
			1:49.81	2:25.05
22 Krenin, Damon R	17	Curro Aquatics-CP	2:26.32	
			30.51	1:10.40
			1:53.20	2:26.32
23 Louw, Guillaume	21	Curro Aquatics-CP	2:26.33	
			31.04	1:07.43
			1:51.89	2:26.33
24 Allott, Jack R	16	Aqua Athlete Cta-CP	2:28.33	
			31.28	1:09.84
			1:53.97	2:28.33
25 Heyes, Garrick T	16	Aqua Sharks-CP	2:28.73	
			28.85	1:09.99
			1:55.67	2:28.73
26 Hendricks, Joshua	17	Curro Aquatics-CP	2:29.52	
			30.38	1:10.45
			1:53.79	2:29.52

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 404 Men 16 & Over 200 LC Meter IM)

Name	Age	Team	Prelim Time
27 Solomon, Ethan	16	Aqua Dolphin-CP	2:29.80
30.17	1:10.28	1:55.62	2:29.80
28 Alexander, Ammaar	17	Marlin-CP	2:30.31
28.97	1:10.19	1:55.88	2:30.31
29 Zellie, Thomas J	17	Swimlab-CP	2:30.60
31.24	1:11.66	1:54.78	2:30.60
30 Eilers, De-Anzo C	18	KALA	2:31.22
30.34	1:10.24	1:56.31	2:31.22
31 Atkinson, Samuel A	16	Swartland Aquati-WC	2:31.74
30.81	1:09.95	1:55.13	2:31.74
32 Moolman, Carter S	16	Manta-CP	2:32.23
29.98	1:09.04	1:53.87	2:32.23
33 Lombard, Kyle M	16	Curro Aquatics-CP	2:34.50
34.30	1:13.20	1:59.21	2:34.50
34 Den Haan, Stéfan	17	Quick Silver-CP	2:40.03
34.04	1:15.32	2:02.08	2:40.03
35 Games, Zubair	18	Manta-CP	2:49.44
32.33	1:18.20	2:07.51	2:49.44

Event 404 Men 200 LC Meter IM Multi-Class

Name	Age	Team	Prelim Time
1 Terblanche, Tiaan SM13	13	Fish Eagle-ED	3:24.58
46.28	1:44.64	2:38.27	3:24.58

Event 405 Girls 11 & Under 200 LC Meter IM

Name	Age	Team	Finals Time
1 Johnson, Ella J	11	Swimlab-CP	2:49.65
36.92	1:23.83	2:12.54	2:49.65
2 Julies, Grace J	11	Xcel Swim Academ-CP	2:51.66
38.16	1:24.22	2:13.64	2:51.66
3 Cullis, Emma	11	Vineyard-CP	2:52.32
38.31	1:22.13	2:12.53	2:52.32
4 Dabrowski, Leah A	11	Blouberg Marlins-CP	2:54.67
37.73	1:22.63	2:15.74	2:54.67
5 Bishop, Caro	11	Vineyard-CP	2:56.74
36.75	1:23.62	2:16.14	2:56.74
6 Olivier, Gianna G	11	Paarl Aquarius-CE	3:03.16
44.07	1:32.12	2:23.99	3:03.16
7 Gilligan, Saskia	11	Blouberg Marlins-CP	3:04.72
40.82	1:28.91	2:23.82	3:04.72
8 Kruger, Livvy	11	Players-CE	3:06.13
37.80	1:24.95	2:23.01	3:06.13

Event 405 Girls 11 & Under 200 LC Meter IM

Name	Age	Team	Prelim Time
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	2:54.51
38.73	1:22.37	2:16.33	2:54.51
2 Bishop, Caro	11	Vineyard-CP	2:54.89
37.46	1:25.44	2:17.52	2:54.89
3 Julies, Grace J	11	Xcel Swim Academ-CP	2:55.40
39.31	1:25.66	2:55.40	2:55.40
4 Johnson, Ella J	11	Swimlab-CP	2:55.48
39.68	1:26.89	2:17.66	2:55.48

5 Cullis, Emma	11	Vineyard-CP	2:58.03
39.57	1:26.39	2:17.90	2:58.03
6 Gilligan, Saskia	11	Blouberg Marlins-CP	3:03.71
40.37	1:27.80	2:23.07	3:03.71
7 Kruger, Livvy	11	Players-CE	3:04.23
38.56	1:26.64	2:25.50	3:04.23
8 Olivier, Gianna G	11	Paarl Aquarius-CE	3:04.59
44.23	1:30.09	3:04.59	3:04.59
9 Douglas, Keyla	11	ROA-ED	3:04.88
37.58	1:27.48	2:23.52	3:04.88
10 Wilensky, Mikayla	11	Aqua Sharks-CP	3:05.79
39.54	1:28.27	2:25.50	3:05.79
11 Coetsee, Elke M	10	Fish Eagle-ED	3:09.20
40.90	1:29.42	2:26.76	3:09.20
12 Kalapac, Lexi	11	Streamline-CP	3:10.39
42.51	1:33.53	2:26.01	3:10.39
13 Nel, Olivia	11	TaperGo-WC	3:10.78
45.42	1:30.85	2:29.59	3:10.78
14 Normington, Olivia	11	Xcel Swim Academ-CP	3:11.20
42.88	1:37.11	2:30.94	3:11.20
15 Newkirk, Gia	11	Tygers-CP	3:11.35
43.96	1:34.29	2:29.16	3:11.35
16 Odendaal, Sarah-Kate	11	Quick Silver-CP	3:13.86
43.87	1:28.72	2:31.09	3:13.86
17 Parfitt, Cayden C	11	Curro Aquatics-CP	3:14.08
40.40	1:29.09	2:31.38	3:14.08
18 Sprong, Jaime M	11	Aqua Sharks-CP	3:14.23
39.51	1:27.94	2:30.28	3:14.23
19 Cupido, Kirsten	11	Cybersmart-CP	3:14.58
43.52		2:34.15	3:14.58
20 Pitout, Addison P	10	Aqua Sharks-CP	3:20.35
43.94	1:37.10	3:20.35	3:20.35
21 Tranter, Alexia R	11	SSISA-CP	3:22.69
46.25	1:35.20	2:37.54	3:22.69
22 Barthus, Alessia	11	Manta-CP	3:24.88
42.80	1:36.59	2:38.42	3:24.88

Event 405 Girls 12-13 200 LC Meter IM

Name	Age	Team	Finals Time
1 Lorenzen, Ava E	12	Blouberg Marlins-CP	2:33.60
33.20	1:10.86	1:56.79	2:33.60
2 Coetsee, Isabeau L	12	Fish Eagle-ED	2:36.81
31.47	1:10.45	2:00.20	2:36.81
3 Olivier, Julie M	12	Tygers-CP	2:43.63
36.12	1:18.03	2:07.55	2:43.63
4 Williams, Aqeelah	12	Uwc-CP	2:43.65
34.65	1:18.65	2:08.13	2:43.65
5 Dimatellis, Zoi	12	Fish Eagle-ED	2:49.56
34.48	1:17.66	2:09.05	2:49.56
6 Esterhuysen, Alice	13	Stars-CK	2:51.49
36.87	1:19.42	2:14.65	2:51.49
7 De Villiers, Anja	13	Tygers-CP	2:52.34
35.51	1:17.19	2:14.15	2:52.34
8 Nilsson, Rebecca B	13	Tygers-CP	2:53.87
34.88	1:20.78	2:13.34	2:53.87

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 405 Girls 12-13 200 LC Meter IM					Event 405 Women 14-15 200 LC Meter IM							
Name		Age	Team		Prelim Time		Name		Age	Team		Finals Time
Preliminaries					Finals							
1	Lorenzen, Ava E	12	Blouberg Marlins-CP		2:36.83		1	Lambert, Bailey G	15	SEAL-UM		2:27.56
	33.86	1:14.24	2:00.21	2:36.83			31.56	1:09.24	1:53.06	2:27.56		
2	Coetsee, Isabeau L	12	Fish Eagle-ED		2:37.42		2	Gerber, Simonè M	14	Curro Aquatics-CP		2:31.74
	31.23	1:11.45	2:01.08	2:37.42			32.26	1:12.20	1:55.74	2:31.74		
3	Smith, Sophie	13	Vineyard-CP		2:38.83		3	Hebler, Lily M	15	Quicksilver Wine-CE		2:33.56
	32.70	1:10.78	2:01.51	2:38.83			31.83	1:10.20	1:56.46	2:33.56		
*4	Williams, Aqeelah	12	Uwc-CP		2:47.16		4	Visser, Cara	14	Cybersmart-CP		2:34.20
	35.12	1:19.83	2:10.52	2:47.16			32.88	1:11.72	1:58.80	2:34.20		
*4	Olivier, Julie M	12	Tygers-CP		2:47.16		5	Grütter, Arabelle	14	ROA-ED		2:34.28
	36.61	1:19.59	2:09.48	2:47.16			32.95	1:09.84	1:58.65	2:34.28		
6	Nilsson, Rebecca B	13	Tygers-CP		2:48.23							
	34.64	1:17.99	2:10.25	2:48.23								
7	De Villiers, Anja	13	Tygers-CP		2:48.48							
	36.28	1:18.02	2:11.72	2:48.48								
8	Dimatellis, Zoi	12	Fish Eagle-ED		2:52.21							
	36.69		2:12.18	2:52.21								
9	Esterhuysen, Alice	13	Stars-CK		2:52.50							
	36.20	1:19.70	2:14.99	2:52.50								
10	Billson, Amelie	12	Curro Aquatics-CP		2:52.59							
	36.68	1:21.76	2:13.80	2:52.59								
11	Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP		2:53.24							
	36.13	1:20.90	2:15.92	2:53.24								
12	Goldman, Jasmine	13	Vineyard-CP		2:53.54							
	36.78	1:20.16	2:14.53	2:53.54								
13	Heldsinger, Alexa L	13	SSISA-CP		2:53.59							
	37.95	1:25.93	2:14.47	2:53.59								
14	Horn, Anna	12	Xcel Swim Academ-CP		2:53.65							
	39.43	1:27.40	2:12.07	2:53.65								
15	Sonnekus, Anya	13	Tygers-CP		2:53.90							
	39.00	1:25.55	2:16.46	2:53.90								
16	Boshoff, Anja	12	Tygers-CP		2:54.48							
	38.00	1:20.77	2:14.55	2:54.48								
17	Brooker, Isabella J	13	Aqua Athlete Cta-CP		2:55.96							
	37.54	1:21.64	2:18.08	2:55.96								
18	Nienaber, Mila J	13	Quicksilver Wine-CE		2:56.53							
	35.67	1:21.32	2:15.68	2:56.53								
19	Mare, Isabella	13	Curro Aquatics-CP		2:56.86							
	41.41	1:28.14	2:16.32	2:56.86								
20	Thirsk, Savannah	12	Tygers-CP		2:57.10							
	40.83	1:23.88	2:18.55	2:57.10								
21	Heldsinger, Gia	12	SSISA-CP		2:57.33							
	36.47	1:24.94	2:57.33									
22	Barnes, Caitlin M	12	Swimlab-CP		2:57.43							
	37.82	1:23.98	2:17.91	2:57.43								
23	Chibharo, Lethabo L	12	Tygers-CP		2:57.69							
	37.00	1:24.47	2:17.78	2:57.69								
24	Schäfer, Kyla	13	Knysna Aquatics-ED		2:57.70							
	40.72	1:25.12	2:18.36	2:57.70								
25	Flack, Francesca	13	TaperGo-WC		2:57.91							
	37.73	1:21.63	2:18.58	2:57.91								
26	Bircher, Storm Z	13	Curro Hermanus-OB		2:58.26							
	38.29	1:25.35	2:18.26	2:58.26								
27	Lockitch, Zara	12	Cybersmart-CP		2:58.32							
28	Cronjé, Miané	13	Fish Eagle-ED		2:58.51							
	37.29	1:22.01	2:16.43	2:58.51								
29	Sabbagha, Georgia	12	Paarl Aquarius-CE		2:59.21							
30	Jantjies, Zara	12	Manta-CP		2:59.82							
	36.89	1:23.41	2:19.03	2:59.82								
31	Basson, Lenè	13	TaperGo-WC		3:00.42							
	37.57	1:20.39	2:20.54	3:00.42								
32	Botha, Rebecca P	13	Knysna Aquatics-ED		3:00.87							
	38.83	1:25.92	2:21.98	3:00.87								
33	Lindsay, Edith J	13	Fish Eagle-ED		3:01.61							
	37.35	1:24.54	2:19.60	3:01.61								
34	Stilwaney, Mia C	12	Paarl Aquarius-CE		3:01.66							
	38.04	1:27.08	2:20.80	3:01.66								
35	Abrahams, Amaani	13	Marlin-CP		3:01.77							
	38.52	1:26.84	2:20.35	3:01.77								
36	Groves, Philippa R	13	SSISA-CP		3:02.21							
	37.61	1:23.09	2:22.64	3:02.21								
37	Harper, Maddie I	13	Knysna Aquatics-ED		3:02.81							
	39.92	1:30.29	2:20.05	3:02.81								
38	Madeley, Amy O	12	Anac SC-CP		3:02.96							
	37.08	1:21.17	2:22.97	3:02.96								
39	De Beer, Isabella C	13	Quicksilver Wine-CE		3:03.53							
	38.67	1:28.20	2:24.76	3:03.53								
40	Van Heerden, Hannah	12	Aqua Athlete Cta-CP		3:03.59							
	37.60	1:25.32	2:22.98	3:03.59								
41	Lourens, Mia	13	Curro Aquatics-CP		3:03.63							
	38.51	1:25.24	2:22.99	3:03.63								
42	Esterhuysen, Frances	13	Stars-CK		3:04.24							
	38.37	1:27.50	2:24.27	3:04.24								
43	Pretorius, Kara	12	SSISA-CP		3:05.48							
	39.68	1:30.77	2:22.35	3:05.48								
44	Jurgens, Chloe-Leigh	12	Manta-CP		3:06.82							
	42.74	1:30.65	2:22.42	3:06.82								
45	Stevenson, Mikayla	12	Quick Silver-CP		3:07.89							
	40.37	1:24.49	2:22.73	3:07.89								
46	Vd Bank, Mienke	13	Curro Hermanus-OB		3:10.70							
	43.53	1:30.13	2:26.03	3:10.70								
47	Kröger, Sammy	13	Barracudas-CP		3:11.20							
	43.98	1:29.49	2:26.23	3:11.20								
---	Louw, Mali R	12	The Well-CE		NS							

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 405 Women 14-15 200 LC Meter IM)

Name	Age	Team	Finals Time
6 Van Der Wath, Izi	14	Knysna Aquatics-ED	2:37.86
	33.58	1:15.36 2:01.14	2:37.86
7 Combrink, Amy	15	Vineyard-CP	2:40.37
	33.71	1:14.13 2:02.46	2:40.37
8 Newton, Ava L	15	Curro Aquatics-CP	2:40.68
	35.10	1:14.96 2:02.68	2:40.68

Event 405 Women 14-15 200 LC Meter IM

Name	Age	Team	Prelim Time
Preliminaries			
1 Lambert, Bailey G	15	SEAL-UM	2:28.58
	31.98	1:09.20 1:54.04	2:28.58
2 Gerber, Simonè M	14	Curro Aquatics-CP	2:33.51
	33.35	1:13.81 1:57.45	2:33.51
3 Hebler, Lily M	15	Quicksilver Wine-CE	2:33.84
	32.21	1:10.27 1:57.54	2:33.84
4 Grütter, Arabelle	14	ROA-ED	2:34.31
	32.84	1:09.87 1:58.53	2:34.31
5 Van Der Wath, Izi	14	Knysna Aquatics-ED	2:37.75
	34.17	1:16.07 2:00.61	2:37.75
6 Visser, Cara	14	Cybersmart-CP	2:38.29
	33.14	1:14.48 2:01.40	2:38.29
7 Orchard, Milan M	14	Vineyard-CP	2:39.16
	32.49	1:11.73 2:00.38	2:39.16
8 Newton, Ava L	15	Curro Aquatics-CP	2:39.58
	34.68	1:14.63 2:02.37	2:39.58
9 Combrink, Amy	15	Vineyard-CP	2:39.63
	34.46	1:13.95 2:01.35	2:39.63
10 Coleman, Madison	15	Blouberg Marlins-CP	2:40.90
	35.50	1:18.19 2:02.67	2:40.90
11 Kotze, Abigail	15	Tygers-CP	2:40.91
	32.44	1:11.31 2:04.43	2:40.91
12 Grobler, Zané	14	Fish Eagle-ED	2:40.95
	35.96	1:18.79 2:05.48	2:40.95
13 Wium, Mari	15	Quicksilver Wine-CE	2:41.02
	33.26	1:12.95 2:05.25	2:41.02
14 Liebenberg, Emily M	15	Aquasharks Winel-CE	2:41.06
	32.57	1:13.84 2:05.07	2:41.06
15 Hahn, Kayleigh K	15	Fish Eagle-ED	2:41.51
	35.54	1:18.05 2:05.06	2:41.51
16 Huang, Shi Han A	15	Blouberg Marlins-CP	2:43.01
	32.89	1:15.26 2:06.76	2:43.01
17 Rossouw, Cara	15	Tygers-CP	2:43.79
	34.30	1:16.54 2:06.06	2:43.79
18 Jantzen, Zianè	15	Quick Silver-CP	2:44.41
	33.68	1:14.82 2:07.10	2:44.41
19 Van Galen, Ava-Loren	15	Stellenbosch Aqu-CE	2:45.26
	33.38	1:14.40 2:04.61	2:45.26
20 De Oliveira, Aliyah	14	Tygers-CP	2:45.34
	35.71	1:18.46 2:06.81	2:45.34
21 Hayes, Kerrigan L	15	Curro Aquatics-CP	2:45.71
	33.65	1:13.94 2:08.46	2:45.71
22 Raimond, Marike M	15	Tygers-CP	2:45.81
	34.14	1:13.67 2:09.70	2:45.81

23 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	2:45.87
	36.49	1:18.82 2:08.74	2:45.87
24 Burger, Juanè	14	Tygers-CP	2:45.88
	33.46	1:14.81 2:07.80	2:45.88
25 Thirsk, Madison	14	Tygers-CP	2:47.38
	36.23	1:18.08 2:10.50	2:47.38
*26 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	2:48.37
	35.58	1:19.23 2:11.11	2:48.37
*26 Senekal, Margo	15	Tygers-CP	2:48.37
	35.67	1:18.78 2:10.69	2:48.37
28 Rossouw, Emma M	15	Tygers-CP	2:51.62
	35.03	1:18.14 2:51.62	2:51.62
29 Dreyer, Arne'	14	Stellenbosch Aqu-CE	2:52.24
	38.38	1:21.28 2:11.99	2:52.24
30 Barnard, Adelmari D	14	Swartland Aquati-WC	2:53.82
	38.02	1:23.92 2:13.30	2:53.82

Event 405 Women 16 & Over 200 LC Meter IM

Name	Age	Team	Finals Time
Finals			
1 Knoblauch, Cara	17	Lane Leader-CE	2:27.55
	29.57	1:06.45 1:51.92	2:27.55
2 Fury, Rebecca G	17	Vineyard-CP	2:29.12
	31.26	1:11.05 1:54.93	2:29.12
3 vd Walt, Mia	20	Tuks-TS	2:31.13
	32.26	1:11.85 1:56.26	2:31.13
4 Du Plessis, Chanel P	17	Cybersmart-CP	2:31.70
	31.19	1:08.75 1:56.12	2:31.70
5 Novello, Utah	18	TaperGo-WC	2:32.77
	32.91	1:10.01 1:55.88	2:32.77
6 Vd Wal, Mieke	16	Curro Aquatics-CP	2:36.43
	32.37	1:12.63 1:57.83	2:36.43
7 Ralfe, Cara L	19	Tuks-TS	2:38.05
	33.42	1:15.68 1:59.57	2:38.05
8 Pharoah, Morgan L	19	Tuks-TS	2:39.60
	34.50	1:17.66 2:02.50	2:39.60
9 Neilson, Hannah K	19	Uwc-CP	2:40.19
	34.59	1:16.52 2:05.13	2:40.19
10 Ryser, Aurora	17	Tygers-CP	2:41.51
	34.78	1:14.54 2:03.35	2:41.51
11 Jurado, Stephanie C	16	SSISA-CP	2:45.86
	33.44	1:16.63 2:05.97	2:45.86
12 Lategan, Emma M	16	Curro Aquatics-CP	2:49.52
	34.12	1:14.05 2:49.52	2:49.52
13 Loubser, Jenna L	16	Streamline-CP	2:50.12
	34.96	1:20.78 2:10.69	2:50.12
--- Smith, Lara E	16	Tygers-CP	NS

Event 405 Women 16 & Over 200 LC Meter IM

Name	Age	Team	Prelim Time
Preliminaries			
1 Knoblauch, Cara	17	Lane Leader-CE	2:30.75
	30.80	1:09.57 1:54.75	2:30.75
2 Novello, Utah	18	TaperGo-WC	2:32.83
	33.49	1:57.02 2:32.83	2:32.83
3 vd Walt, Mia	20	Tuks-TS	2:33.82
	33.05	1:13.46 1:59.35	2:33.82

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 405 Women 16 & Over 200 LC Meter IM)

Name	Age	Team	Prelim Time
4 Fury, Rebecca G	17	Vineyard-CP	2:33.99
31.95	1:12.24	1:57.81	2:33.99
5 Du Plessis, Chanel P	17	Cybersmart-CP	2:34.53
31.92	1:09.98	1:58.29	2:34.53
6 Vd Wal, Mieke	16	Curro Aquatics-CP	2:36.32
33.05	1:14.02	1:58.95	2:36.32
7 Hugo, Anika S	18	Quicksilver Wine-CE	2:36.97
32.28	1:12.25	1:58.34	2:36.97
8 Pharoah, Morgan L	19	Tuks-TS	2:37.11
34.62		2:00.97	2:37.11
9 Rysler, Aurora	17	Tygers-CP	2:39.79
34.28	1:13.57	2:00.86	2:39.79
10 Neilson, Hannah K	19	Uwc-CP	2:41.29
34.97	1:16.25	2:41.29	2:41.29
11 Ralfe, Cara L	19	Tuks-TS	2:41.87
33.99	1:18.08	2:02.49	2:41.87
12 Smith, Lara E	16	Tygers-CP	2:46.69
33.86	1:15.89	2:07.47	2:46.69
13 Jurado, Stephanie C	16	SSISA-CP	2:47.98
34.62	1:19.12	2:08.40	2:47.98
14 Loubser, Jenna L	16	Streamline-CP	2:48.96
34.73	1:19.76	2:09.73	2:48.96
15 Lategan, Emma M	16	Curro Aquatics-CP	2:52.26
34.46	1:16.72	2:10.77	2:52.26

Event 405 Women 200 LC Meter IM Multi-Class

Name	Age	Team	Prelim Time
1 Janse Van Rensburg, Minke S	20	Fish Eagle-ED	3:28.03
39.04	1:36.37	2:42.17	3:28.03

Event 406 Boys 13 & Under 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time
1 Breebaart, Joshua	12	Curro Aquatics-CP	18:26.29
32.10	1:08.16	1:45.15	2:22.14
2:59.23	3:36.50	4:12.91	4:50.75
5:26.86	6:04.48	6:41.63	7:18.93
7:56.06	8:33.95	9:10.83	9:48.45
10:25.28	11:02.72	11:39.86	12:17.06
12:54.40	13:31.87	14:08.54	14:46.25
15:23.51	16:00.73	16:37.75	17:14.99
17:51.07	18:26.29		
2 Hough, Caleb	13	TaperGo-WC	20:47.09
32.67	1:10.39	1:51.22	2:31.23
3:11.37	3:51.63	4:33.36	5:17.11
5:58.92		7:27.11	8:12.38
8:56.47	9:40.61	10:24.41	11:00.78
11:41.94	12:25.21	13:08.36	
14:34.90	15:18.48	15:59.60	
17:24.12	18:05.44	18:44.29	19:25.72
20:06.27	20:47.09		

Event 406 Men 14-15 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time
1 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	17:57.91
30.95	1:06.11	1:41.64	2:17.71
2:54.16	3:30.40	4:06.44	4:43.04
5:19.16	5:55.42	6:31.96	7:08.03
7:44.38	8:20.76	8:56.99	9:33.29
10:09.38	10:45.26	11:21.41	11:57.66
12:33.86	13:09.90	13:46.20	14:22.49
14:58.96	15:35.31	16:11.70	16:47.71
17:23.46	17:57.91		
2 Yeowart, Seth W	14	Curro Aquatics-CP	18:08.72
32.10	1:07.36	1:42.61	2:18.32
2:54.33	3:30.92	4:06.78	4:43.38
5:19.64	5:56.43	6:32.82	7:09.50
7:46.20	8:22.81	8:59.95	9:36.72
10:13.82	10:50.65	11:27.40	12:04.50
12:41.16	13:18.16	13:55.08	14:32.47
15:09.70	15:46.57	16:23.40	16:59.82
17:35.90	18:08.72		
3 Southey, Jamie	15	Aqua Dolphin-CP	18:47.83
34.06	1:11.41	1:49.11	2:26.96
3:04.34	3:42.30	4:19.95	4:58.46
5:36.15	6:13.41	6:51.17	7:29.28
8:06.63	8:45.31	9:23.27	10:01.45
10:38.98	11:17.13	11:55.97	12:35.02
13:12.38	13:50.78	14:28.46	15:06.32
15:43.64	16:21.39	16:58.06	17:35.30
18:12.09	18:47.83		
4 Fernold, AJ	14	Fish Eagle-ED	19:04.13
34.28	1:12.78	1:51.48	2:29.27
3:08.58	3:47.50	4:25.94	5:04.69
5:43.28	6:21.93	7:00.97	7:39.38
8:17.57	8:56.27	9:35.33	10:13.80
10:52.39	11:31.64	12:09.88	12:47.93
13:26.53	14:04.35	14:42.19	15:20.13
15:57.83	16:35.78	17:13.65	17:51.04
18:28.33	19:04.13		
5 Rheeder, Liam M	14	Paarl Aquarius-CE	19:51.63
34.26	1:12.50	1:51.43	2:30.90
3:09.97	3:49.50	4:29.17	5:09.35
5:49.46	6:30.46	7:10.75	7:51.10
8:31.52	9:12.58	9:52.89	10:33.23
11:13.47	11:53.58	12:33.96	13:14.36
13:54.30	14:33.75	15:13.87	15:53.87
16:33.92	17:14.52	17:54.63	18:33.92
19:12.54	19:51.63		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 406 Men 16 & Over 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
1 Bailey, Ethan J	21	Aqua Dolphin-CP	16:32.52	
			30.13	1:02.62
			1:35.29	2:08.19
			2:41.07	3:14.07
			3:47.33	4:21.23
			4:54.72	5:28.29
			6:01.96	6:35.64
			7:09.14	7:42.70
			8:15.92	8:49.44
			9:21.94	9:55.74
			10:29.33	11:02.89
			11:36.30	12:09.45
			12:42.48	13:15.51
			13:48.74	14:21.61
			14:55.34	15:28.60
			16:01.36	16:32.52
2 Wolson, Daniel A	17	Swimlab-CP	16:48.01	
			30.54	1:03.43
			1:36.45	2:09.89
			2:43.28	3:15.33
			3:47.65	4:21.41
			4:55.15	5:28.76
			6:02.49	6:36.22
			7:09.51	7:42.16
			8:15.26	8:49.56
			9:23.56	9:57.73
			10:31.81	11:06.07
			11:40.51	12:14.27
			12:49.00	13:23.92
			13:58.18	14:32.53
			15:06.75	15:41.03
			16:14.91	16:48.01
3 Bannister, Joshua G	16	Tygers-CP	16:58.11	
			30.30	1:04.11
			1:38.41	2:12.74
			2:46.98	3:21.27
			3:55.76	4:30.05
			5:04.71	5:39.31
			6:12.81	6:47.14
			7:21.29	7:55.59
			8:29.74	9:03.96
			9:38.23	10:12.64
			10:47.14	11:21.61
			11:54.97	12:28.86
			13:02.67	13:36.78
			14:10.80	14:45.14
			15:18.71	15:52.58
			16:26.10	16:58.11
4 Forbes, Thomas P	20	Lane Leader-CE	17:06.00	
			30.49	1:04.28
			1:38.91	2:12.96
			2:47.56	3:21.73
			3:56.34	4:30.32
			5:04.33	5:37.79
			6:11.58	6:45.68
			7:20.01	7:54.22
			8:29.13	9:03.65
			9:38.83	10:13.55
			10:48.04	11:22.52
			11:56.97	12:31.89
			13:06.62	13:41.56
			14:16.14	14:51.54
			15:26.13	16:00.25
			16:33.90	17:06.00
5 Terblanche, Luan L	16	Tygers-CP	17:17.41	
			30.65	1:04.62
			1:38.87	2:13.16
			2:47.92	3:22.25
			3:57.18	4:31.59
			5:06.53	5:41.04
			6:15.90	6:50.45
			7:25.27	7:59.74
			8:34.73	9:09.47
			9:44.83	10:19.45
			10:54.64	11:29.44
			12:04.48	12:39.41
			13:14.59	13:49.34
			14:24.54	14:59.43
			15:34.74	16:09.37
			16:44.40	17:17.41
6 Pheeha, Junior J	18	ACAQ-CC	18:31.57	
			30.92	1:04.63
			1:40.36	2:15.95
			2:52.14	3:28.22
			4:04.98	4:41.80
			5:19.06	5:56.27
			6:33.98	7:11.28
			7:49.44	9:06.08
			10:23.40	11:02.08
			11:41.06	12:19.97
			12:57.91	13:36.59
			14:14.74	14:53.06
			15:30.00	16:08.01
			16:44.41	17:21.47
			17:56.64	18:31.57

7 Boonzaaier, Simon F	17	Aquasharks Winel-CE	19:03.89	
			33.73	1:10.58
			1:48.71	2:27.41
			3:06.68	3:45.49
			4:24.08	5:02.30
			5:40.57	6:18.79
			6:57.61	7:36.18
			8:14.54	8:53.03
			9:32.16	10:10.95
			10:49.64	11:28.53
			12:07.10	12:45.91
			13:25.01	14:04.13
			14:41.87	15:20.13
			15:58.93	16:37.57
			17:15.53	17:52.15
			18:28.84	19:03.89

Event 407 Girls 13 & Under 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
1 Lorenzen, Ava E	12	Blouberg Marlins-CP	10:03.09	
			32.33	1:09.70
			1:47.02	2:24.67
			3:02.65	3:41.30
			4:19.74	4:58.14
			5:36.46	6:15.05
			6:53.47	7:31.47
			8:10.05	8:48.36
			9:26.25	10:03.09
2 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	10:07.59	
			33.58	1:11.28
			1:49.68	2:28.15
			3:06.37	3:45.40
			4:23.71	5:02.21
			5:40.32	6:18.58
			6:56.62	7:35.31
			8:13.70	8:52.63
			9:30.54	10:07.59
3 Swanepoel, Lulu A	13	Aqua Sharks-CP	10:14.70	
			34.07	1:11.74
			1:51.02	2:30.24
			3:08.97	3:48.50
			4:27.97	5:07.63
			5:47.14	6:26.18
			7:04.92	7:43.05
			8:21.73	9:00.10
			9:37.79	10:14.70
4 Olivier, Julie M	12	Tygers-CP	10:22.62	
			35.02	1:13.67
			1:53.70	2:33.81
			3:13.70	3:53.59
			4:32.93	5:12.60
			5:51.84	6:31.01
			7:10.56	7:50.19
			8:29.71	9:08.45
			9:46.90	10:22.62
5 Williams, Aqeelah	12	Uwc-CP	10:23.04	
			34.49	1:12.79
			1:52.44	2:32.58
			3:12.96	3:52.99
			4:33.10	5:12.38
			5:51.14	6:30.25
			7:09.77	7:49.34
			8:29.18	9:08.53
			9:47.63	10:23.04
6 De Villiers, Anja	13	Tygers-CP	10:26.70	
			34.23	1:12.61
			1:51.81	2:31.09
			3:10.62	3:51.08
			4:29.86	5:10.42
			5:50.73	6:30.37
			7:10.37	7:50.86
			8:30.74	9:10.32
			9:49.64	10:26.70
7 Billson, Amelie	12	Curro Aquatics-CP	10:39.13	
			36.23	1:16.19
			1:57.24	2:37.55
			3:18.11	3:58.70
			4:39.61	5:19.25
			5:59.45	6:39.44
			7:20.38	8:00.57
			8:41.51	9:21.48
			10:01.11	10:39.13
8 Roff, Mikaela	12	ROA-ED	10:44.77	
			36.20	1:16.02
			1:56.84	2:37.94
			3:18.64	3:59.63
			4:41.73	5:22.93
			6:04.38	6:44.77
			7:25.79	8:06.73
			8:47.65	9:27.77
			10:06.57	10:44.77
9 Sonnekus, Anya	13	Tygers-CP	10:51.33	
			36.36	1:16.51
			1:57.56	2:39.03
			3:21.20	4:02.52
			4:44.44	5:26.52
			6:07.97	6:49.53
			7:31.56	8:12.09
			8:52.67	9:32.96
			10:12.68	10:51.33

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 407 Girls 13 & Under 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
10 Madeley, Amy O	12	Anac SC-CP	11:00.83	
			36.40	1:16.55
			1:57.73	2:39.11
			3:21.00	4:02.78
			4:44.75	5:26.84
			6:09.22	6:51.39
			7:33.84	8:15.88
			8:58.44	9:40.46
			10:21.72	11:00.83
11 Nilsson, Rebecca B	13	Tygers-CP	11:02.06	
			37.30	1:18.31
			1:59.62	2:42.51
			3:24.85	4:05.96
			4:47.49	5:29.31
			6:11.45	6:53.53
			7:35.61	8:17.46
			8:59.51	9:40.94
			10:22.76	11:02.06
12 Chibharo, Lethabo L	12	Tygers-CP	11:26.77	
			36.74	1:17.64
			2:00.35	2:42.61
			3:25.50	4:08.85
			4:52.78	5:36.61
			6:20.64	7:05.46
			7:50.28	8:35.28
			9:19.89	10:04.23
			10:46.12	11:26.77
13 Nel, Olivia	11	TaperGo-WC	11:50.68	
			39.86	1:23.31
			2:09.05	2:54.60
			3:40.77	4:27.11
			5:12.93	5:59.12
			6:44.06	7:28.99
			8:13.51	8:58.56
			9:43.30	10:26.99
			11:09.08	11:50.68
14 Schäfer, Kyla	13	Knysna Aquatics-ED	12:44.67	
			40.39	1:24.62
			2:10.99	2:58.01
			3:46.13	4:33.97
			5:22.44	6:11.42
			7:00.47	7:49.94
			8:40.23	9:29.25
			10:19.66	11:08.71
			11:57.41	12:44.67

Event 407 Women 14-15 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
1 Raimond, Marike M	15	Tygers-CP	10:07.57	
			33.31	1:09.76
			1:47.23	2:25.19
			3:03.25	3:41.84
			4:20.35	4:59.26
			5:38.05	6:16.95
			6:56.21	7:35.07
			8:14.04	8:52.03
			9:30.84	10:07.57
2 Noble, Reese O	14	Swimlab-CP	10:09.32	
			33.13	1:10.38
			1:48.42	2:26.65
			3:05.18	3:43.69
			4:22.54	5:01.33
			5:41.04	6:19.90
			6:58.78	7:38.17
			8:16.99	8:55.32
			9:33.05	10:09.32
3 Grobler, Zané	14	Fish Eagle-ED	10:14.53	
			33.71	1:11.36
			1:50.64	2:30.09
			3:09.75	3:49.27
			4:28.73	5:07.87
			5:47.33	6:26.21
			7:05.33	7:44.14
			8:22.48	9:00.84
			9:38.52	10:14.53
4 Louw, Anieka	14	Curro Aquatics-CP	10:16.13	
			33.22	1:10.17
			1:48.09	2:26.33
			3:04.70	3:43.98
			4:23.04	5:02.64
			5:42.44	6:22.38
			7:01.96	7:41.51
			8:20.38	8:59.95
			9:38.53	10:16.13
5 Newton, Ava L	15	Curro Aquatics-CP	10:16.28	
			33.74	1:11.01
			1:49.04	2:28.08
			3:06.62	3:45.89
			4:25.53	5:05.21
			5:45.27	6:24.97
			7:04.56	7:43.42
			8:22.43	9:00.87
			9:39.69	10:16.28

6 Hartung, Amy M	15	Aqua Sharks-CP	10:17.13	
			34.44	1:12.36
			1:51.19	2:30.10
			3:09.51	3:48.66
			4:27.89	5:07.14
			5:46.42	6:25.50
			7:04.09	7:43.52
			8:22.79	9:01.16
			9:39.66	10:17.13
7 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	10:19.87	
			33.47	1:11.15
			1:50.61	2:30.23
			3:09.03	3:48.87
			4:28.20	5:07.69
			5:47.00	6:26.70
			7:06.32	7:45.64
			8:25.28	9:04.63
			9:43.38	10:19.87
8 Laubscher, Mikalla I	14	Aqua Sharks-CP	10:30.74	
			34.29	1:12.81
			1:51.92	2:32.31
			3:11.78	3:52.42
			4:33.05	5:14.20
			5:54.58	6:35.32
			7:15.45	7:55.43
			8:35.37	9:15.12
			9:53.33	10:30.74
9 Thirsk, Madison	14	Tygers-CP	10:40.46	
			34.29	1:12.66
			1:50.04	2:33.23
			3:13.53	3:54.09
			4:34.65	5:14.78
			5:55.19	6:36.44
			7:18.07	7:59.75
			8:40.57	9:20.77
			10:01.46	10:40.46
10 Röntgen, Carine	15	Aquasharks Winel-CE	10:51.08	
			34.58	1:13.07
			1:53.76	2:34.92
			3:16.75	3:57.75
			4:39.82	5:21.17
			6:02.94	6:44.77
			7:26.48	8:08.21
			8:49.90	9:31.59
			10:12.68	10:51.08
11 Blake, Abi E	14	Curro Aquatics-CP	10:57.80	
			36.88	1:16.95
			1:58.07	2:40.33
			3:22.18	4:04.43
			4:45.32	5:26.48
			6:08.15	6:50.10
			7:31.63	8:13.66
			8:55.21	9:36.69
			10:17.66	10:57.80
12 Riley, Logan	14	Curro Aquatics-CP	11:08.69	
			35.77	1:14.40
			1:55.51	2:36.32
			3:18.34	3:59.35
			4:41.54	5:23.78
			6:06.78	6:49.95
			7:33.51	8:17.39
			9:00.86	9:44.01
			10:27.15	11:08.69

Event 407 Women 16 & Over 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
1 Neilson, Hannah K	19	Uwc-CP	9:16.03	
			31.23	1:05.12
			1:39.71	2:14.45
			2:49.43	3:24.52
			3:59.43	4:34.64
			5:09.62	5:44.98
			6:20.15	6:55.69
			7:30.97	8:06.38
			8:41.56	9:16.03
2 Steenkamp, Veneske	16	Fish Eagle-ED	9:58.80	
			32.20	1:08.81
			1:46.75	2:24.86
			3:03.25	3:41.56
			4:20.13	4:58.04
			5:35.80	6:13.67
			6:52.24	7:30.26
			8:08.37	8:46.27
			9:23.45	9:58.80
3 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	10:05.74	
			33.66	1:10.65
			1:48.76	2:27.06
			3:04.80	3:43.56
			4:21.67	5:00.21
			5:38.27	6:16.87
			6:55.50	7:34.19
			8:12.59	8:51.16
			9:29.21	10:05.74
4 De Roubaix, Maric M	17	Lane Leader-CE	10:05.88	
			33.38	1:10.80
			1:48.48	2:26.36
			3:04.33	3:43.04
			4:21.06	4:59.68
			5:38.49	6:17.19
			6:56.11	7:35.08
			8:13.57	8:52.55
			9:30.58	10:05.88

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 407 Women 16 & Over 800 LC Meter Freestyle Fast Heat in Final)

Name	Age	Team	Finals Time
5 Glover, Erin K	16	Tygers-CP	10:07.87
33.75	1:10.93	1:49.01	2:27.46
3:06.26	3:44.65	4:23.56	5:02.15
5:40.84	6:19.65	6:58.70	7:37.49
8:16.02	8:53.85	9:31.53	10:07.87
6 Smit, Jenna	17	Curro Aquatics-CP	10:17.90
34.27	1:12.07	1:50.13	2:28.34
3:07.12	3:46.22	4:25.52	5:04.76
5:44.27	6:23.89	7:03.64	7:43.04
8:22.52	9:01.47	9:41.02	10:17.90
--- Theron, Jady	17	Players-CE	NS

Event 408 Mixed 11 & Under 4x50 LC Meter Medley Relay

Team	Relay	Finals Time
1 Curro Aquatics-CP	A	2:28.79
1) Parfitt, Cayden C W11	2) Poultney, Matthew M11	
3) Steyn, Harry M11	4) Hengst, Emily A W11	
38.97	1:18.40	2:28.79
2 Vineyard-CP	A	2:29.91
1) Louw, James M11	2) Lange, Oliver M11	
3) Bishop, Caro W11	4) Cullis, Emma W11	
38.79	1:21.47	1:56.23
2:29.91		
3 Tygers-CP	A	2:32.32
1) Van Onselen, Pierre S M11	2) Newkirk, Gia W11	
3) Van der Merwe, Logan M11	4) Hendricks, Jada W11	
35.88	1:59.41	2:32.32
4 Aqua Sharks-CP	A	2:40.99
1) Sprong, Jaime M W11	2) Stenekamp, Keanu M11	
3) Pitout, Addison P W10	4) Meets, Daniel M10	
40.39	1:24.72	2:05.46
2:40.99		
5 Curro Aquatics-CP	B	2:42.74
1) Vd Wal, Kaylee W11	2) Joyce, Guy M10	
3) Breebaart, Matthew M9	4) Kuhn, Alexa J W11	
41.98	1:28.73	2:42.74
6 Aqua Sharks-CP	B	2:43.12
1) Knott, Cayleigh W11	2) Lubbe, Mikael B M11	
3) Van Dyk, Adriaan J M10	4) Swanepoel, Pia Q W10	
41.02	1:27.83	2:07.58
2:43.12		
7 Tygers-CP	B	2:45.42
1) Swartz, Seth J M10	2) Van Onselen, Annabelle W10	
3) Perez Castellano, Emilio M11	4) Adams, Ella W11	
43.10	1:31.13	2:11.45
2:45.42		
8 Vineyard-CP	B	2:57.18
1) Bunyard, Thomas M11	2) Voysey, Ella N W11	
3) Osler, Becky W11	4) Loxton, Camden M10	
39.84	1:24.97	2:20.07
2:57.18		

Event 409 Mixed 13 & Under 4x50 LC Meter Medley Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	2:06.66
1) Smith, Sophie W13	2) Benecke, Delmar M13	
3) Bayly, Arabella W13	4) Tresfon, Robbie M13	
30.70	1:09.03	1:38.54
2:06.66		
2 Fish Eagle-ED	A	2:07.08
1) Dimatellis, Zoi W12	2) Viljoen, Llewelyn M13	
3) Coetsee, Isabeau L W12	4) Hahn, Kyle H M12	
1:08.90	1:39.02	2:07.08

3 Tygers-CP	A	2:11.76
1) Olivier, Julie M W12	2) Van Vondel, Roland M13	
3) Nilsson, Rebecca B W13	4) Wright, Jonah S M13	
35.43	1:11.75	1:43.90
2:11.76		
4 Curro Aquatics-CP	A	2:12.64
1) Bright, Michael C M12	2) Joyce, Jenna W12	
3) Breebaart, Joshua M12	4) Billson, Amelie W12	
33.21	1:13.92	1:41.40
2:12.64		
5 Aqua Sharks-CP	A	2:13.70
1) Barkhuysen, Jani W13	2) Swart, Nico N M13	
3) Loots, Noah C M13	4) Swanepoel, Lulu A W13	
40.33	1:14.50	1:44.08
2:13.70		
*6 Tygers-CP	B	2:17.85
1) Boshoff, Anja W12	2) Chibharo, Lethabo L W12	
3) Bosch, Ewan Y M12	4) Van Zyl, Daniël R M13	
1:17.64	1:49.60	2:17.85
*6 Blouberg Marlins-CP	A	2:17.85
1) Dabrowski, Leah A W11	2) Coleman, Travis M13	
3) Lorenzen, Ava E W12	4) Van Dyk, Stephaan M13	
37.08	1:15.78	1:48.46
2:17.85		
8 TaperGo-WC	A	2:17.88
1) Basson, Lenè W13	2) Thiart, Annelie W13	
3) Vorster, Caiden M13	4) Hough, Caleb M13	
1:17.28	1:48.93	2:17.88
9 Curro Aquatics-CP	B	2:18.14
1) Coetzee, Marli W12	2) Douries, Ean M13	
3) Jordaan, Mikayla E W12	4) Van Wyk, Jack R M13	
37.61	1:14.66	1:49.77
2:18.14		
10 Quick Silver-CP	A	2:19.60
1) Odendaal, Sarah-Kate W11	2) Stevenson, Mikayla W12	
3) Muller, Lukas D M13	4) Troskie, Roean M13	
36.83	1:18.57	1:48.95
2:19.60		
11 SSISA-CP	A	2:19.63
1) Groves, Philippa R W13	2) Heldsinger, Alexa L W13	
3) Hodgskiss, Fin J M13	4) Pardoe, James N M13	
38.36	1:16.73	1:48.93
2:19.63		
12 Xcel Swim Academ-CP	A	2:19.67
1) Spangenberg, Zach A M11	2) Horn, Anna W12	
3) Jansen van Rensburg, Mia W12	4) Barnard, Daniël B M12	
39.56	1:15.95	1:48.87
2:19.67		
13 Swartland Aquati-WC	A	2:21.62
1) Kruger, Zachary C M12	2) Atkinson, Anouk E W13	
3) Barnard, Theo J M12	4) Liebenberg, Aimee L W12	
1:16.91	1:49.48	2:21.62
14 Cybersmart-CP	A	2:21.98
1) Lockitch, Zara W12	2) Spencer, Marcus W M13	
3) Niemand, Leo M13	4) Cupido, Kirsten W11	
37.27	1:15.04	1:47.83
2:21.98		
15 Aqua Sharks-CP	B	2:22.14
1) Van Dyk, Zani W12	2) Pitout, Zachary J M13	
3) Viljoen, Jagger F M11	4) Longueira, Ava L W12	
37.37	1:16.63	1:50.20
2:22.14		
16 Manta-CP	A	2:22.35
1) Jantjies, Zara W12	2) Addinall, Ethan M13	
3) Chippendale, Xavier L M13	4) Halford, Harper C W12	
37.51	1:16.94	1:50.81
2:22.35		

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 409 Mixed 13 & Under 4x50 LC Meter Medley Relay)

Team	Relay	Finals Time
17 Aqua Athlete Cta-CP	A	2:22.59
1) Van Heerden, Hannah W12	2) Van Heerden, Christian M13	
3) Brooker, Isabella J W13	4) Allott, Jaydon K M12	
37.80 1:15.61	1:51.36 2:22.59	
18 Lane Leader-CE	A	2:27.65
1) Shaw, Inge W12	2) Retief, Jane W12	
3) Ellis, Alec C M12	4) VerLoren Van Themaat, Hein M I	
40.31 1:22.64	2:27.65	
19 Manta-CP	B	2:29.05
1) Barthus, Alessia W11	2) Fortune, Hakeem M13	
3) Jacobs, Seth G M12	4) Jurgens, Chloe-Leigh W12	
39.51 1:20.77	1:54.78 2:29.05	
20 Paarl Aquarius-CE	A	2:29.89
1) Stilwaney, Mia C W12	2) Lewis, Amaru C M12	
3) Sabbagha, Georgia W12	4) Baadjies, Cruden H M12	
37.85 1:22.24	1:58.23 2:29.89	
21 Marlin-CP	A	2:30.57
1) Gamielidien, Idreess M13	2) Abrahams, Amaani W13	
3) Francis, Ethan M13	4) Titus, Cayda W11	
37.12 1:20.65	1:53.93 2:30.57	

Event 410 Mixed 15 & Under 4x50 LC Meter Medley Relay

Team	Relay	Finals Time
1 Vineyard-CP	A	1:56.09
1) Orchard, Milan M W14	2) Combrink, Amy W15	
3) Bestel, Luc M M15	4) Haupt, Rhys A M15	
30.26 1:05.22	1:31.02 1:56.09	
2 Curro Aquatics-CP	A	1:59.76
1) Bezuidenhout, Ernst E M14	2) Wing, James L M14	
3) Gerber, Simonè M W14	4) Newton, Ava L W15	
29.51 1:01.47	1:30.95 1:59.76	
3 Tygers-CP	A	2:02.10
1) Trower, Nic T M15	2) Smith, Sebastian N M15	
3) Kotze, Abigail W15	4) Raimond, Marike M W15	
28.77 1:03.42	1:32.08 2:02.10	
4 Lane Leader-CE	A	2:04.62
1) Vd Merwe, Mi-Ly W15	2) Burger, Rosseau M15	
3) Schultz, Heinrich W M15	4) Briggs, Rebecca W14	
33.09 1:08.06	1:35.00 2:04.62	
5 Cybersmart-CP	A	2:06.66
1) Dos-Santos, Andrei M15	2) Spencer, Charles A M15	
3) Tsai-Rieb, Pei-Chi P W13	4) Visser, Cara W14	
29.95 1:05.41	2:06.66	
6 Curro Aquatics-CP	B	2:07.49
1) Njoroge, Alphonse M15	2) Putter, Demi W14	
3) Goussard, Henry M14	4) Louw, Anieka W14	
31.83 1:08.95	1:37.88 2:07.49	
7 Tygers-CP	B	2:08.53
1) Rossouw, Emma M W15	2) Bouwer, Jason M14	
3) Das Neves, Lucas P M15	4) Rossouw, Cara W15	
36.38 1:10.24	1:38.44 2:08.53	
8 Fish Eagle-ED	A	2:08.73
1) Fernold, AJ M14	2) Grobler, Zanè W14	
3) Coates, Caleb M12	4) Hahn, Kayleigh K W15	
29.91 1:07.70	1:39.14 2:08.73	

9 Blouberg Marlins-CP	A	2:09.80
1) Kotzè, Max M M15	2) Coleman, Madison W15	
3) Huang, Shi Han A W15	4) Faulkner, Callum E M13	
32.60 1:08.74	1:40.21 2:09.80	
10 Swimlab-CP	A	2:10.76
1) Pearson-Adams, Wolfe D M14	2) Gilbert, Andrew A M15	
3) Noble, Reese O W14	4) Pearson-Adams, Oshun O W12	
35.04 1:05.05	1:38.69 2:10.76	
11 Quick Silver-CP	A	2:14.40
1) Jantzen, Zianè W15	2) Stevens, Judy C W15	
3) Lichthart, Nicus M13	4) Afonso, Aragon G M14	
33.92 1:13.42	1:45.75 2:14.40	
12 Aquasharks Winel-CE	A	2:24.98
1) Hager, Carle W14	2) Stander, Christiaan L M12	
3) Liebenberg, Emily M W15	4) Wagener, Tiaan H M12	
35.29	1:53.25 2:24.98	

Event 411 Mixed 4x50 LC Meter Medley Relay

Team	Relay	Finals Time
1 Lane Leader-CE	A	1:49.11
1) Pool-Jones, Jonah B M22	2) Truter, Petrus C M21	
3) Knoblauch, Cara W17	4) Morris, Grace W16	
25.87 54.86	1:22.54 1:49.11	
2 Vineyard-CP	A	1:55.41
1) Burgess, Cassidy S W16	2) Fury, Rebecca G W17	
3) Wollenschlaeger, Noah M16	4) Hendricks, Robert A M19	
29.67 1:04.18	1:30.82 1:55.41	
3 Curro Aquatics-CP	A	1:56.24
1) De Wet, Emma M W17	2) Hendricks, Joshua M17	
3) Straszacker, Kristen C W24	4) Brand, Van Zyl M26	
30.24 1:01.95	1:30.69 1:56.24	
4 Lane Leader-CE	B	1:56.70
1) De Jongh, Grace W18	2) Clayton, Franco P M18	
3) Cronjè, Danielle W16	4) Muller, Righardt M22	
31.66 1:02.54	1:32.99 1:56.70	
5 Cybersmart-CP	A	1:57.54
1) Coetzer, Milan J M17	2) Jani, Tawanda M17	
3) Hearne, Trinity S W21	4) Du Plessis, Chanel P W17	
28.43 1:00.55	1:28.80 1:57.54	
6 Tygers-CP	A	1:59.26
1) Ryser, Aurora W17	2) Putter, Tanè W17	
3) West, Gabriel M20	4) Esterhuysen, Joshua N M17	
32.79 1:11.04	1:35.93 1:59.26	
7 Curro Aquatics-CP	B	2:02.02
1) Louw, Guillaume M21	2) Krenin, Damon R M17	
3) Meier, Marné W25	4) Smit, Jenna W17	
30.41 1:03.18	1:33.52 2:02.02	
8 Swimlab-CP	A	2:03.98
1) Wolson, Daniel A M17	2) Richter, Mignon K W15	
3) Gilbert, Thomas O M16	4) Schreuder, Hannah G W16	
28.10 1:04.83	1:33.67 2:03.98	
9 Blouberg Marlins-CP	A	2:06.12
1) Zeelie, Shanna-Leigh W15	2) Pautz, Nathan M M16	
3) Karsten, Jody M17	4) Kotzè, Tamsyn G W17	
34.71 1:08.11	1:36.93 2:06.12	
10 Marlin-CP	A	2:06.14
1) Alexander, Ammaar M17	2) Jeftha, Zara L W16	
3) Mia, Sirhaan M18	4) Rinquest, Taaliah W17	
30.96 1:07.29	1:33.54 2:06.14	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 500 Girls 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	2:44.75
	1:21.54	2:44.75	
2 Odendaal, Sarah-Kate	11	Quick Silver-CP	2:49.56
	1:22.42	2:49.56	
3 Nel, Olivia	11	TaperGo-WC	2:56.35
	1:25.79	2:56.35	
4 Kruger, Livvy	11	Players-CE	2:57.57
	1:27.27	2:57.57	
5 Johnson, Ella J	11	Swimlab-CP	2:57.62
	1:26.99	2:57.62	
6 Julies, Grace J	11	Xcel Swim Academ-CP	2:58.71
	1:28.42	2:58.71	
7 Parfitt, Cayden C	11	Curro Aquatics-CP	2:59.13
	1:27.12	2:59.13	
8 Tranter, Alexia R	11	SSISA-CP	3:02.18
	1:28.22	3:02.18	

Event 500 Girls 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	2:50.50
	1:24.54	2:50.50	
2 Odendaal, Sarah-Kate	11	Quick Silver-CP	2:54.09
	1:25.86	2:54.09	
3 Parfitt, Cayden C	11	Curro Aquatics-CP	2:59.59
	1:27.35	2:59.59	
4 Julies, Grace J	11	Xcel Swim Academ-CP	2:59.80
	1:28.34	2:59.80	
5 Nel, Olivia	11	TaperGo-WC	3:02.01
	1:29.85	3:02.01	
6 Kruger, Livvy	11	Players-CE	3:02.65
	1:29.90	3:02.65	
7 Johnson, Ella J	11	Swimlab-CP	3:04.97
	1:32.58	3:04.97	
8 Tranter, Alexia R	11	SSISA-CP	3:09.14
9 Olivier, Gianna G	11	Paarl Aquarius-CE	3:09.81
10 Hendricks, Jada	11	Tygers-CP	3:10.09
11 Beyers, Lize M	11	Agulhas-OB	3:11.06
	1:34.22	3:11.06	
12 Gilligan, Saskia	11	Blouberg Marlins-CP	3:13.00
	1:32.57	3:13.00	
13 Normington, Olivia	11	Xcel Swim Academ-CP	3:13.33
	1:36.67	3:13.33	
14 Sprong, Jaime M	11	Aqua Sharks-CP	3:13.95
	1:35.12	3:13.95	
15 Knott, Cayleigh	11	Aqua Sharks-CP	3:14.99
	1:35.67	3:14.99	
16 Arenz, Jessica	11	Manta-CP	3:18.24
	11.18	3:18.24	

Event 500 Girls 12-13 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Smith, Sophie	13	Vineyard-CP	2:24.53
	12.50	2:24.53	
2 Bayly, Arabella	13	Vineyard-CP	2:24.67
	1:12.00	2:24.67	
3 Lorenzen, Ava E	12	Blouberg Marlins-CP	2:37.58
	1:16.76	2:37.58	
4 De Villiers, Anja	13	Tygers-CP	2:40.06
	1:18.56	2:40.06	
5 Boshoff, Anja	12	Tygers-CP	2:40.46
6 Coetzee, Liane	13	Players-CE	2:43.61
	1:19.38	2:43.61	
7 Olivier, Julie M	12	Tygers-CP	2:44.27
	1:20.37	2:44.27	
8 Roff, Mikaela	12	ROA-ED	2:47.31
	1:21.96	2:47.31	

Event 500 Girls 12-13 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Smith, Sophie	13	Vineyard-CP	2:26.51
	1:12.12	2:26.51	
2 Bayly, Arabella	13	Vineyard-CP	2:28.50
	1:12.54	2:28.50	
3 Lorenzen, Ava E	12	Blouberg Marlins-CP	2:39.10
	1:17.26	2:39.10	
4 Boshoff, Anja	12	Tygers-CP	2:40.49
	1:18.16	2:40.49	
5 De Villiers, Anja	13	Tygers-CP	2:42.55
	1:18.94	2:42.55	
6 Olivier, Julie M	12	Tygers-CP	2:43.96
	1:20.38	2:43.96	
7 Coetzee, Liane	13	Players-CE	2:44.17
	1:19.27	2:44.17	
8 Roff, Mikaela	12	ROA-ED	2:45.88
9 Cronjé, Miané	13	Fish Eagle-ED	2:48.18
	1:21.68	2:48.18	
10 Thirsk, Savannah	12	Tygers-CP	2:48.47
	1:22.64	2:48.47	
11 Nienaber, Mila J	13	Quicksilver Wine-CE	2:49.10
	1:22.52	2:49.10	
12 Dimatellis, Zoi	12	Fish Eagle-ED	2:50.17
13 Schäfer, Kyla	13	Knysna Aquatics-ED	2:50.98
	1:20.65	2:50.98	
14 Billson, Amelie	12	Curro Aquatics-CP	2:51.18
	1:23.97	2:51.18	
15 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	2:51.58
	1:23.48	2:51.58	
16 Brooker, Isabella J	13	Aqua Athlete Cta-CP	2:51.65
	1:23.85	2:51.65	
17 Lockitch, Zara	12	Cybersmart-CP	2:52.52
	1:23.94	2:52.52	
18 Basson, Lenè	13	TaperGo-WC	2:53.22
	1:22.53	2:53.22	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 500 Girls 12-13 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time
19 Sabbagha, Georgia	12	Paarl Aquarius-CE	2:54.11
1:27.28	2:54.11		
20 Madeley, Amy O	12	Anac SC-CP	2:54.15
1:24.53	2:54.15		
21 Goldman, Jasmine	13	Vineyard-CP	2:54.24
1:25.62	2:54.24		
22 Kröger, Sammy	13	Barracudas-CP	2:55.80
1:24.13	2:55.80		
23 De Beer, Isabella C	13	Quicksilver Wine-CE	2:56.27
1:24.25	2:56.27		
24 Joyce, Jenna	12	Curro Aquatics-CP	2:56.80
1:25.44	2:56.80		
25 Jantjies, Zara	12	Manta-CP	2:58.27
26 Stevenson, Mikayla	12	Quick Silver-CP	2:58.29
1:26.73	2:58.29		
27 Lourens, Mia	13	Curro Aquatics-CP	2:59.30
1:26.57	2:59.30		
28 Pearson-Adams, Oshun O	12	Swimlab-CP	3:00.50
1:27.28	3:00.50		
29 Mare, Isabella	13	Curro Aquatics-CP	3:00.79
11.02	3:00.79		
30 Sonnekus, Anya	13	Tygers-CP	3:00.88
1:28.59	3:00.88		
31 Jordaan, Mikayla E	12	Curro Aquatics-CP	3:01.44
32 Barkhuysen, Jani	13	Aqua Sharks-CP	3:03.70
1:27.68	3:03.70		
33 Conradie, Emilie M	12	Swimlab-CP	3:03.73
34 Liebenberg, Aimee L	12	Swartland Aquati-WC	3:07.68
1:33.45	3:07.68		
35 Abrahams, Amaani	13	Marlin-CP	3:10.94
1:32.94	3:10.94		
36 Wallis, Juliette	13	Greydogs-CP	3:14.57
1:39.16	3:14.57		

Event 500 Women 14-15 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Kotze, Abigail	15	Tygers-CP	2:23.15
1:10.73	2:23.15		
2 Orchard, Milan M	14	Vineyard-CP	2:23.63
1:09.08	2:23.63		
3 Lambert, Bailey G	15	SEAL-UM	2:25.53
1:11.17	2:25.53		
4 Hebler, Lily M	15	Quicksilver Wine-CE	2:25.74
11.54	2:25.74		
5 Newton, Ava L	15	Curro Aquatics-CP	2:29.26
1:11.46	2:29.26		
6 Visser, Cara	14	Cybersmart-CP	2:32.85
7 Hayes, Kerrigan L	15	Curro Aquatics-CP	2:33.94
1:14.40	2:33.94		
8 Putter, Demi	14	Curro Aquatics-CP	2:37.14
1:16.68	2:37.14		

Event 500 Women 14-15 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Lambert, Bailey G	15	SEAL-UM	2:27.44
1:10.47	2:27.44		
2 Kotze, Abigail	15	Tygers-CP	2:27.82
1:12.41	2:27.82		
3 Hebler, Lily M	15	Quicksilver Wine-CE	2:29.02
1:11.42	2:29.02		
4 Orchard, Milan M	14	Vineyard-CP	2:29.67
1:10.95	2:29.67		
5 Newton, Ava L	15	Curro Aquatics-CP	2:32.30
1:14.39	2:32.30		
6 Hayes, Kerrigan L	15	Curro Aquatics-CP	2:35.28
1:13.88	2:35.28		
7 Putter, Demi	14	Curro Aquatics-CP	2:36.62
1:15.80	2:36.62		
8 Visser, Cara	14	Cybersmart-CP	2:36.88
1:16.30	2:36.88		
9 Juries, Sam C	15	TaperGo-WC	2:37.61
1:14.30	2:37.61		
10 Noble, Reese O	14	Swimlab-CP	2:39.32
1:17.61	2:39.32		
11 Trout, Sophia L	15	Vineyard-CP	2:39.33
13.79	2:39.33		
12 Riley, Logan	14	Curro Aquatics-CP	2:39.34
1:17.89	2:39.34		
13 Evans, Caitlin N	14	Tygers-CP	2:39.76
1:17.67	2:39.76		
14 Vd Merwe, Mi-Ly	15	Lane Leader-CE	2:39.88
1:19.29	2:39.88		
15 Rossouw, Cara	15	Tygers-CP	2:41.16
1:18.26	2:41.16		
16 Coleman, Madison	15	Blouberg Marlins-CP	2:41.64
1:19.31	2:41.64		
17 Jantzen, Zianè	15	Quick Silver-CP	2:42.08
1:18.78	2:42.08		
18 Burke, Hannah	15	Streamline-CP	2:42.34
19 Senekal, Margo	15	Tygers-CP	2:43.92
1:18.90	2:43.92		
20 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	2:44.71
1:19.59	2:44.71		
21 Raimond, Marike M	15	Tygers-CP	2:45.15
22 Thirsk, Madison	14	Tygers-CP	2:47.50
1:22.95	2:47.50		
23 Baillie, Gabi J	14	Fish Eagle-ED	2:48.18
1:22.72	2:48.18		
24 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	2:48.81
1:22.66	2:48.81		
25 De Oliveira, Aliyah	14	Tygers-CP	2:49.48
1:22.11	2:49.48		
26 Blake, Abi E	14	Curro Aquatics-CP	2:49.55
1:22.96	2:49.55		
27 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	2:50.09
1:21.90	2:50.09		
28 Burger, Juanè	14	Tygers-CP	2:51.06

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 500 Women 14-15 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time
29 Saayman, Nika D	14	Players-CE	2:51.49
			1:22.37 2:51.49
30 Stevens, Judy C	15	Quick Silver-CP	2:52.18
			1:24.39 2:52.18
31 Botha, Chelsea	14	Curro Aquatics-CP	2:53.56
			1:24.14 2:53.56

Event 500 Women 16 & Over 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Morris, Grace	16	Lane Leader-CE	2:19.21
			1:07.99 2:19.21
2 Burgess, Cassidy S	16	Vineyard-CP	2:25.02
			1:10.22 2:25.02
3 Cronjè, Danielle	16	Lane Leader-CE	2:31.69
			1:13.72 2:31.69
4 Ryser, Aurora	17	Tygers-CP	2:32.34
			1:13.78 2:32.34
5 Smidt, Clio J	17	Vineyard-CP	2:35.90
			1:16.16 2:35.90
6 Steenkamp, Veneske	16	Fish Eagle-ED	2:36.89
			1:16.57 2:36.89
7 Lategan, Emma M	16	Curro Aquatics-CP	2:36.95
			1:16.34 2:36.95
8 Smit, Jenna	17	Curro Aquatics-CP	2:39.72
			1:18.51 2:39.72
9 Fourie, Petro Marié	19	Lane Leader-CE	2:41.45
			1:19.15 2:41.45
10 De Roubaix, Maric M	17	Lane Leader-CE	2:45.31
11 Jeftha, Zara L	16	Marlin-CP	3:12.20
			1:33.07 3:12.20

Event 500 Women 16 & Over 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Morris, Grace	16	Lane Leader-CE	2:23.59
			1:08.39 2:23.59
2 Burgess, Cassidy S	16	Vineyard-CP	2:25.84
			1:09.59 2:25.84
3 Cronjè, Danielle	16	Lane Leader-CE	2:32.86
			1:12.64 2:32.86
4 Ryser, Aurora	17	Tygers-CP	2:34.84
5 Smidt, Clio J	17	Vineyard-CP	2:36.20
			1:15.55 2:36.20
6 Glover, Erin K	16	Tygers-CP	2:37.04
			1:15.98 2:37.04
7 vd Walt, Mia	20	Tuks-TS	2:37.20
			1:16.68 2:37.20
8 Steenkamp, Veneske	16	Fish Eagle-ED	2:38.90
			1:16.54 2:38.90
9 Fourie, Petro Marié	19	Lane Leader-CE	2:41.78
			1:19.28 2:41.78
10 Smit, Jenna	17	Curro Aquatics-CP	2:41.80
			1:17.85 2:41.80
11 De Roubaix, Maric M	17	Lane Leader-CE	2:41.91
			1:19.15 2:41.91

12 Lategan, Emma M	16	Curro Aquatics-CP	2:42.61
			1:18.29 2:42.61
13 Jeftha, Zara L	16	Marlin-CP	3:15.59
			1:34.00 3:15.59

Event 501 Boys 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Poultney, Matthew	11	Curro Aquatics-CP	2:40.30
			1:18.89 2:40.30
2 Steyn, Harry	11	Curro Aquatics-CP	2:43.92
			1:20.30 2:43.92
3 Van Onselen, Pierre S	11	Tygers-CP	2:45.22
			1:21.79 2:45.22
4 Schabort, Lowen	11	Quicksilver Wine-CE	2:47.52
			1:22.63 2:47.52
5 Schoeman, Mateo J	11	Quicksilver Wine-CE	2:51.16
			1:24.70 2:51.16
6 Joyce, Guy	10	Curro Aquatics-CP	2:56.86
7 Serfontein, John-Lourens	11	ROA-ED	2:57.62
--- Mallin, Lukas	10	Swimlab-CP	DQ
			Swimmer left position on the back other than to initiate the turn
			1:17.22 DQ

Event 501 Boys 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Mallin, Lukas	10	Swimlab-CP	2:44.60
			1:20.01 2:44.60
2 Poultney, Matthew	11	Curro Aquatics-CP	2:45.92
			1:22.72 2:45.92
3 Steyn, Harry	11	Curro Aquatics-CP	2:48.02
4 Schabort, Lowen	11	Quicksilver Wine-CE	2:48.77
5 Van Onselen, Pierre S	11	Tygers-CP	2:50.46
			1:24.68 2:50.46
6 Schoeman, Mateo J	11	Quicksilver Wine-CE	2:54.86
			1:26.97 2:54.86
7 Serfontein, John-Lourens	11	ROA-ED	2:56.37
			1:26.50 2:56.37
8 Joyce, Guy	10	Curro Aquatics-CP	2:57.49
			1:29.14 2:57.49
9 Gerber, Luke M	11	Curro Aquatics-CP	2:58.32
			1:28.00 2:58.32
10 Viljoen, Jagger F	11	Aqua Sharks-CP	2:59.15
11 Pieterse, Nicholas N	11	Stellenbosch Aqu-CE	2:59.59
			1:28.16 2:59.59
12 Kuhn, Adrian-Brand	10	Curro Aquatics-CP	3:00.21
			1:28.29 3:00.21
13 Spangenberg, Zach A	11	Xcel Swim Academ-CP	3:02.66
			1:31.69 3:02.66
14 Heunis, Johan C	11	Barracudas-CP	3:02.75
			1:30.41 3:02.75
15 Van der Merwe, Logan	11	Tygers-CP	3:02.87
			1:31.09 3:02.87
16 Stenekamp, Keanu	11	Aqua Sharks-CP	3:05.46
			1:33.29 3:05.46

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 501 Boys 11 & Under 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time
17 Lubbe, Mikael B	11	Aqua Sharks-CP	3:07.96
			1:32.55 3:07.96
18 Poultney, Daniel	9	Curro Aquatics-CP	3:08.90
			1:33.98 3:08.90
19 Marais, Ewan E	11	Greydogs-CP	3:12.44
			1:35.36 3:12.44

Event 501 Boys 12-13 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Van Vondel, Roland	13	Tygers-CP	2:27.09
			1:13.01 2:27.09
2 Hahn, Kyle H	12	Fish Eagle-ED	2:30.19
			1:13.85 2:30.19
3 Bright, Michael C	12	Curro Aquatics-CP	2:33.29
			1:14.78 2:33.29
4 Wright, Jonah S	13	Tygers-CP	2:35.29
			1:17.01 2:35.29
5 Lichthart, Nicus	13	Quick Silver-CP	2:35.82
			1:15.05 2:35.82
6 Parr, Colbyn S	13	Knysna Aquatics-ED	2:38.30
			1:15.54 2:38.30
7 Trower, Michael	13	Tygers-CP	2:38.66
			1:17.88 2:38.66
8 Kruger, Zachary C	12	Swartland Aquati-WC	2:38.92
			1:18.25 2:38.92

Event 501 Boys 12-13 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Van Vondel, Roland	13	Tygers-CP	2:33.12
			1:16.79 2:33.12
2 Hahn, Kyle H	12	Fish Eagle-ED	2:35.28
			1:16.75 2:35.28
3 Bright, Michael C	12	Curro Aquatics-CP	2:36.34
			1:16.84 2:36.34
4 Lichthart, Nicus	13	Quick Silver-CP	2:37.96
			1:15.94 2:37.96
5 Parr, Colbyn S	13	Knysna Aquatics-ED	2:38.46
			1:18.27 2:38.46
6 Wright, Jonah S	13	Tygers-CP	2:39.06
			1:17.86 2:39.06
7 Trower, Michael	13	Tygers-CP	2:39.62
			1:17.22 2:39.62
8 Kruger, Zachary C	12	Swartland Aquati-WC	2:39.96
			1:18.11 2:39.96
9 Smit, Reynard-Gray	13	Streamline-CP	2:40.18
			1:18.24 2:40.18
10 Benecke, Delmar	13	Vineyard-CP	2:41.31
			1:18.95 2:41.31
11 Schaefer, Daniel C	12	Players-CE	2:41.67
			1:18.63 2:41.67
12 Vd Watt, Earle	12	Curro Aquatics-CP	2:41.69
			1:18.41 2:41.69

13 Visagie, Dian	12	Swartland Aquati-WC	2:42.04
			1:19.09 2:42.04
14 Barnard, Daniël B	12	Xcel Swim Academ-CP	2:43.20
			1:20.44 2:43.20
15 Faulkner, Callum E	13	Blouberg Marlins-CP	2:43.30
			1:19.70 2:43.30
16 Jooste, Ben D	12	Curro Hermanus-OB	2:44.45
17 Heunis, Le Roux	12	Tygers-CP	2:44.47
			1:20.41 2:44.47
18 Bosch, Ewan Y	12	Tygers-CP	2:45.54
			1:21.75 2:45.54
19 February, Dillon S	12	Curro Aquatics-CP	2:47.09
			1:22.58 2:47.09
20 Lewis, Callum R	13	Curro Aquatics-CP	2:47.17
21 Harvey, Waylon	13	Cybersmart-CP	2:48.23
22 Van Wyk, Jack R	13	Curro Aquatics-CP	2:48.40
			1:21.64 2:48.40
23 Du Plessis, Paul	12	Tuks-TS	2:49.46
			1:22.95 2:49.46
24 Barnard, Theo J	12	Swartland Aquati-WC	2:49.72
			1:22.44 2:49.72
25 Coleman, Travis	13	Blouberg Marlins-CP	2:52.85
			1:26.59 2:52.85
26 Visser, Wessel M	13	Uwc-CP	2:53.52
			1:23.29 2:53.52
27 Du Randt, Zack S	13	Tygers-CP	2:54.17
			1:25.79 2:54.17
28 Troskie, Roean	13	Quick Silver-CP	2:54.24
			1:25.45 2:54.24
29 Fortune, Hakeem	13	Manta-CP	2:54.55
30 Froneman, Dylan R	13	Blouberg Marlins-CP	2:56.76
			1:26.53 2:56.76
31 Lewis, Amaru C	12	Paarl Aquarius-CE	2:59.66
			1:27.38 2:59.66
32 Shipton, Christopher J	12	Quick Silver-CP	3:00.67
			1:28.04 3:00.67
33 Lamminga, Jack	13	TaperGo-WC	3:04.06
			1:30.98 3:04.06

Event 501 Men 14-15 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Bestel, Luc M	15	Vineyard-CP	2:09.61
			1:02.79 2:09.61
2 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:17.53
			1:07.00 2:17.53
3 Snyders, Kyle	14	TaperGo-WC	2:18.75
			1:08.95 2:18.75
4 Fernold, AJ	14	Fish Eagle-ED	2:19.61
			1:08.78 2:19.61
5 Sirin, Ben	15	Vineyard-CP	2:20.46
			1:08.14 2:20.46
6 Gilmour, Connor A	14	Streamline-CP	2:21.51
			1:08.86 2:21.51
7 Smith, Sebastian N	15	Tygers-CP	2:24.12
			1:09.68 2:24.12
8 Njoroge, Alphonse	15	Curro Aquatics-CP	2:27.80
			1:11.69 2:27.80

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 501 Men 14-15 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Bestel, Luc M	15	Vineyard-CP	2:12.09
			1:05.43 2:12.09
2 Bezuidenhout, Ernst E	14	Curro Aquatics-CP	2:19.50
			1:07.60 2:19.50
3 Smith, Sebastian N	15	Tygers-CP	2:21.33
			1:09.33 2:21.33
4 Fernold, AJ	14	Fish Eagle-ED	2:21.74
			1:09.74 2:21.74
5 Gilmour, Connor A	14	Streamline-CP	2:22.62
			1:08.23 2:22.62
6 Snyders, Kyle	14	TaperGo-WC	2:22.76
			1:08.98 2:22.76
7 De Kock, John P	15	Stellenbosch Aqu-CE	2:23.46
8 Sirin, Ben	15	Vineyard-CP	2:23.85
9 Njoroge, Alphonse	15	Curro Aquatics-CP	2:27.57
			1:11.70 2:27.57
10 February, Gerard G	15	Curro Aquatics-CP	2:27.91
			1:10.73 2:27.91
11 Kotzè, Max M	15	Blouberg Marlins-CP	2:29.84
			1:13.40 2:29.84
12 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	2:30.13
			1:13.79 2:30.13
13 Yeowart, Seth W	14	Curro Aquatics-CP	2:30.94
			1:14.30 2:30.94
14 Bouwer, Jason	14	Tygers-CP	2:31.79
			1:13.99 2:31.79
15 Basson, Lucca N	15	Silver Fins-CP	2:31.86
			1:11.97 2:31.86
16 Burger, Rosseau	15	Lane Leader-CE	2:32.34
			1:14.15 2:32.34
17 Williams, Evan B	14	SSISA-CP	2:32.51
			1:14.52 2:32.51
18 De Bruyn, Cornè C	15	Aqua Sharks-CP	2:35.24
			1:16.93 2:35.24
19 Southey, Jamie	15	Aqua Dolphin-CP	2:36.29
20 Grobler, Chris I	14	Curro Aquatics-CP	2:36.50
			1:17.48 2:36.50
21 Nagendrakumar, Puneet	14	Streamline-CP	2:37.79
			1:17.81 2:37.79
22 Afonso, Aragon G	14	Quick Silver-CP	2:39.62
			1:18.85 2:39.62
23 Vd Merwe, Thomas	15	Lane Leader-CE	2:41.29
			1:16.26 2:41.29

Event 501 Men 16 & Over 200 LC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Boshoff, Juan C	19	Tuks-TS	2:05.49
			1:01.30 2:05.49
2 Louw, Adriaan B	18	Tuks-TS	2:10.28
			1:02.77 2:10.28
3 Clayton, Franco P	18	Lane Leader-CE	2:11.57
			1:05.37 2:11.57

4 Labuschagne, Jeremy	18	SSISA-CP	2:12.52
			1:03.67 2:12.52
5 Wollenschlaeger, Noah	16	Vineyard-CP	2:13.33
			1:05.48 2:13.33
6 Wright, Keegan	18	Tygers-CP	2:13.45
			1:06.00 2:13.45
7 Heslop, Jonathan V	21	Tuks-TS	2:15.19
			1:07.12 2:15.19
8 McWilliam, Benn D	18	Tygers-CP	2:16.10
			1:06.16 2:16.10
9 Coetzer, Milan J	17	Cybersmart-CP	2:18.15
			1:07.42 2:18.15
10 Myburgh, Ruan	16	Blouberg Marlins-CP	2:20.17
			1:08.15 2:20.17
11 Orchard, Thomas J	17	Swartland Aquati-WC	2:20.43
			1:09.19 2:20.43
12 Southworth, Matthew W	16	Cybersmart-CP	2:21.24
			1:10.51 2:21.24
13 Meier, Conrad	16	Tuks-TS	2:21.90
			1:09.20 2:21.90
14 Van Wyk, Wayne E	16	Aqua Sharks-CP	2:22.85
			1:10.03 2:22.85
15 Terblanche, Luan L	16	Tygers-CP	2:24.19
			1:10.96 2:24.19
16 Krige, Aiden S	17	Curro Aquatics-CP	2:26.90
			1:12.88 2:26.90

Event 501 Men 16 & Over 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Boshoff, Juan C	19	Tuks-TS	2:10.95
			1:04.32 2:10.95
2 Louw, Adriaan B	18	Tuks-TS	2:13.77
			1:03.70 2:13.77
3 Labuschagne, Jeremy	18	SSISA-CP	2:14.17
4 Wollenschlaeger, Noah	16	Vineyard-CP	2:14.26
			1:07.09 2:14.26
5 Wright, Keegan	18	Tygers-CP	2:15.26
			1:05.61 2:15.26
6 Clayton, Franco P	18	Lane Leader-CE	2:16.19
			1:07.29 2:16.19
7 Heslop, Jonathan V	21	Tuks-TS	2:18.75
			1:07.16 2:18.75
8 McWilliam, Benn D	18	Tygers-CP	2:19.70
			1:06.67 2:19.70
9 Coetzer, Milan J	17	Cybersmart-CP	2:21.10
			1:08.89 2:21.10
10 Van Wyk, Wayne E	16	Aqua Sharks-CP	2:21.17
			1:10.18 2:21.17
11 Myburgh, Ruan	16	Blouberg Marlins-CP	2:21.36
			1:09.28 2:21.36
12 Meier, Conrad	16	Tuks-TS	2:21.94
			1:08.17 2:21.94
13 McPetrie, James L	17	Manta-CP	2:22.22
			1:10.15 2:22.22
14 Orchard, Thomas J	17	Swartland Aquati-WC	2:22.23
			1:07.49 2:22.23

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 501 Men 16 & Over 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time
15 Southworth, Matthew W	16	Cybersmart-CP	2:22.30
16 Terblanche, Luan L	16	Tygers-CP	2:22.37
			1:10.06 2:22.37
17 Krige, Aiden S	17	Curro Aquatics-CP	2:23.55
			1:11.83 2:23.55
18 Foot, Aiden C	18	Swartland Aquati-WC	2:23.85
			1:09.29 2:23.85
19 Bannister, Joshua G	16	Tygers-CP	2:24.68
			1:10.51 2:24.68
20 Van Helden, Ethan C	16	Aqua Sharks-CP	2:24.91
			1:09.89 2:24.91
21 Karsten, Jody	17	Blouberg Marlins-CP	2:25.26
			1:11.05 2:25.26
22 Terblanche, Kiaan C	19	Lane Leader-CE	2:27.82
			1:09.43 2:27.82
23 Bowers, Joshua A	21	Manta-CP	2:28.23
			1:11.33 2:28.23
24 Walker, Yohan G	16	Vineyard-CP	2:29.52
			1:12.25 2:29.52
25 Breet, Dawie-Louw L	17	Players-CE	2:29.76
			1:11.32 2:29.76
26 Lombard, Kyle M	16	Curro Aquatics-CP	2:30.72
			1:12.16 2:30.72
27 Van der Merwe, Josh E	16	Swimlab-CP	2:31.96
			1:12.66 2:31.96
28 Gilbert, Thomas O	16	Swimlab-CP	2:34.55
			1:14.24 2:34.55
29 Moolman, Carter S	16	Manta-CP	2:35.14
			1:13.94 2:35.14
30 Viljoen, Jaden R	16	Aqua Sharks-CP	2:35.71
			1:14.95 2:35.71
31 Den Haan, Stéfan	17	Quick Silver-CP	2:39.97
			1:18.47 2:39.97
32 De Jager, Nathan B	16	Aqua Sharks-CP	2:40.21
			1:16.99 2:40.21
33 Burmeister, Marius	16	Quicksilver Wine-CE	2:45.43
			1:19.31 2:45.43
--- Truter, Petrus C	21	Lane Leader-CE	DQ
Swimmers head did not surface at or before 15 meter mark following the st			
			1:07.80 DQ

Event 502 Girls 11 & Under 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	30.60
2 Bishop, Caro	11	Vineyard-CP	30.73
3 Gerber, Kayla M	11	Stellenbosch Aqu-CE	31.48
4 Julies, Grace J	11	Xcel Swim Academ-CP	31.58
5 Coetsee, Elke M	10	Fish Eagle-ED	31.70
6 Kruger, Livvy	11	Players-CE	32.23
7 Douglas, Keyla	11	ROA-ED	32.34
8 Odendaal, Sarah-Kate	11	Quick Silver-CP	32.90

Event 502 Girls 11 & Under 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Dabrowski, Leah A	11	Blouberg Marlins-CP	31.21
2 Bishop, Caro	11	Vineyard-CP	31.58
3 Julies, Grace J	11	Xcel Swim Academ-CP	32.24
4 Coetsee, Elke M	10	Fish Eagle-ED	32.44
5 Douglas, Keyla	11	ROA-ED	32.73
6 Kruger, Livvy	11	Players-CE	32.78
7 Gerber, Kayla M	11	Stellenbosch Aqu-CE	32.94
8 Odendaal, Sarah-Kate	11	Quick Silver-CP	33.52
9 Beyers, Lize M	11	Agulhas-OB	34.17
10 Gilligan, Saskia	11	Blouberg Marlins-CP	34.19
11 Arenz, Jessica	11	Manta-CP	34.23
12 Sprong, Jaime M	11	Aqua Sharks-CP	34.27
13 Pitout, Addison P	10	Aqua Sharks-CP	34.29
14 Cupido, Kirsten	11	Cybersmart-CP	34.43
15 Van Zyl, Neanè	11	Greydogs-CP	34.56
16 Olivier, Gianna G	11	Paarl Aquarius-CE	34.77
17 Hendricks, Jada	11	Tygers-CP	34.93
18 Parfitt, Cayden C	11	Curro Aquatics-CP	35.22
19 Barthus, Alessia	11	Manta-CP	35.26
20 Adams, Ella	11	Tygers-CP	35.44
*21 Normington, Olivia	11	Xcel Swim Academ-CP	35.77
*21 Nel, Olivia	11	TaperGo-WC	35.77
23 Tranter, Alexia R	11	SSISA-CP	37.41

Event 502 Girls 12-13 50 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Coetsee, Isabeau L	12	Fish Eagle-ED	28.76
2 Bayly, Arabella	13	Vineyard-CP	29.06
3 Smith, Sophie	13	Vineyard-CP	29.17
4 Lorenzen, Ava E	12	Blouberg Marlins-CP	29.38
5 Faul, Ellen J	13	Quicksilver Wine-CE	29.58
6 De Villiers, Anja	13	Tygers-CP	29.91
7 Coetzee, Liane	13	Players-CE	30.16
8 Esterhuysen, Alice	13	Stars-CK	30.40

Event 502 Girls 12-13 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Coetsee, Isabeau L	12	Fish Eagle-ED	29.07
2 Bayly, Arabella	13	Vineyard-CP	29.54
3 Smith, Sophie	13	Vineyard-CP	29.63
4 Lorenzen, Ava E	12	Blouberg Marlins-CP	29.65
5 Coetzee, Liane	13	Players-CE	29.86
6 Faul, Ellen J	13	Quicksilver Wine-CE	30.25
7 De Villiers, Anja	13	Tygers-CP	30.35
8 Esterhuysen, Alice	13	Stars-CK	30.36
9 Nixon, Sofia	13	Vineyard-CP	30.42
10 Botha, Rebecca P	13	Knysna Aquatics-ED	30.62
11 Charles, Tyla	12	Vineyard-CP	30.76
12 Roff, Mikaela	12	ROA-ED	30.99
13 Jansen van Rensburg, Mia	12	Xcel Swim Academ-CP	31.08
14 Heldsinger, Gia	12	SSISA-CP	31.11

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 502 Girls 12-13 50 LC Meter Freestyle)

Name	Age	Team	Prelim Time
15 Hawley, Nicola	13	Players-CE	31.15
16 Gullan, Sophia	12	Vineyard-CP	31.16
17 Williams, Aqeelah	12	Uwc-CP	31.31
18 Nilsson, Rebecca B	13	Tygers-CP	31.52
19 Groves, Philippa R	13	SSISA-CP	31.60
20 De Beer, Isabella C	13	Quicksilver Wine-CE	31.62
21 Lewis, Erin	13	Vineyard-CP	31.71
22 Basson, Lenè	13	TaperGo-WC	31.74
23 Dimatellis, Zoi	12	Fish Eagle-ED	31.78
*24 Flack, Francesca	13	TaperGo-WC	31.82
*24 Halford, Harper C	12	Manta-CP	31.82
26 Sabbagha, Georgia	12	Paarl Aquarius-CE	31.92
*27 Nienaber, Mila J	13	Quicksilver Wine-CE	31.97
*27 Van Wyk, Josie	12	Lane Leader-CE	31.97
29 Lindsay, Edith J	13	Fish Eagle-ED	31.99
30 Brooker, Isabella J	13	Aqua Athlete Cta-CP	32.00
31 Joyce, Jenna	12	Curro Aquatics-CP	32.04
32 Schäfer, Kyla	13	Knysna Aquatics-ED	32.21
33 Sonnekus, Anya	13	Tygers-CP	32.25
34 Chibharo, Lethabo L	12	Tygers-CP	32.51
35 Longueira, Ava L	12	Aqua Sharks-CP	32.65
36 Liebenberg, Aimee L	12	Swartland Aquati-WC	32.67
37 Billson, Amelie	12	Curro Aquatics-CP	32.77
38 Jantjies, Zara	12	Manta-CP	32.81
39 Pearson-Adams, Oshun O	12	Swimlab-CP	32.85
40 Pretorius, Kara	12	SSISA-CP	32.87
41 Stilwaney, Mia C	12	Paarl Aquarius-CE	32.89
42 Esterhuyse, Frances	13	Stars-CK	33.16
43 Wallis, Juliette	13	Greydogs-CP	33.24
44 Louw, Mali R	12	The Well-CE	33.25
45 Conradie, Emilie M	12	Swimlab-CP	33.37
*46 Castleden, Sophia K	12	Stellenbosch Aqu-CE	33.63
*46 Mare, Isabella	13	Curro Aquatics-CP	33.63
48 Cronjé, Miané	13	Fish Eagle-ED	33.74
49 Els, Jamie	12	Aqua Dolphin-CP	33.88
50 Jurgens, Chloe-Leigh	12	Manta-CP	33.93
51 Wener, Isabella	13	Vineyard-CP	34.10
*52 Lourens, Mia	13	Curro Aquatics-CP	34.12
*52 Barnes, Caitlin M	12	Swimlab-CP	34.12
54 Goldman, Jasmine	13	Vineyard-CP	34.28
55 Barkhuysen, Jani	13	Aqua Sharks-CP	34.94
56 Kröger, Sammy	13	Barracudas-CP	35.43

Event 502 Women 14-15 50 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Kotze, Abigail	15	Tygers-CP	27.75
2 Lambert, Bailey G	15	SEAL-UM	27.98
3 Orchard, Milan M	14	Vineyard-CP	28.00
4 Van Der Wath, Izi	14	Knysna Aquatics-ED	28.57
5 Magotsi, Riziki A	14	Vineyard-CP	29.04
6 Wium, Mari	15	Quicksilver Wine-CE	29.16
7 Gerber, Simonè M	14	Curro Aquatics-CP	29.17
8 Grütter, Arabelle	14	ROA-ED	29.31

Event 502 Women 14-15 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Kotze, Abigail	15	Tygers-CP	28.00
2 Lambert, Bailey G	15	SEAL-UM	28.48
3 Van Der Wath, Izi	14	Knysna Aquatics-ED	28.76
4 Orchard, Milan M	14	Vineyard-CP	28.84
5 Magotsi, Riziki A	14	Vineyard-CP	29.14
6 Wium, Mari	15	Quicksilver Wine-CE	29.18
7 Gerber, Simonè M	14	Curro Aquatics-CP	29.24
8 Grütter, Arabelle	14	ROA-ED	29.28
9 Combrink, Amy	15	Vineyard-CP	29.40
10 Fabricius, Kaylin	15	Barracudas-CP	29.44
11 Huang, Shi Han A	15	Blouberg Marlins-CP	29.50
*12 Hebler, Lily M	15	Quicksilver Wine-CE	29.61
*12 Adams, Sydni M	15	Vineyard-CP	29.61
14 Newton, Ava L	15	Curro Aquatics-CP	29.68
15 Laubscher, Mikalla I	14	Aqua Sharks-CP	29.80
16 Coleman, Madison	15	Blouberg Marlins-CP	30.15
17 Liebenberg, Emily M	15	Aquasharks Winel-CE	30.24
18 Burke, Hannah	15	Streamline-CP	30.30
19 Zeelie, Shanna-Leigh	15	Blouberg Marlins-CP	30.40
20 Raimond, Marike M	15	Tygers-CP	30.46
21 Hahn, Kayleigh K	15	Fish Eagle-ED	30.64
22 Van Niekerk, Ona	15	Fish Eagle-ED	30.74
23 Evans, Caitlin N	14	Tygers-CP	30.76
24 Holthuis, Keilah-Naomi	15	Quicksilver Wine-CE	30.83
25 Senekal, Margo	15	Tygers-CP	30.84
26 Morris, Jenna	15	Vineyard-CP	31.12
27 Hager, Carle	14	Aquasharks Winel-CE	31.15
28 Riley, Logan	14	Curro Aquatics-CP	31.19
*29 Grobler, Zané	14	Fish Eagle-ED	31.30
*29 Juries, Sam C	15	TaperGo-WC	31.30
31 Hayes, Kerrigan L	15	Curro Aquatics-CP	31.63
32 O'Carroll, Nia E	14	Stellenbosch Aqu-CE	31.67
33 Louw, Margo	15	Quicksilver Wine-CE	31.89
34 De Oliveira, Aliyah	14	Tygers-CP	32.06
35 Botha, Chelsea	14	Curro Aquatics-CP	32.28
36 Stevens, Judy C	15	Quick Silver-CP	32.37
37 Barnard, Adelmari D	14	Swartland Aquati-WC	32.52
38 Baillie, Gabi J	14	Fish Eagle-ED	34.10

Event 502 Women 16 & Over 50 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Knoblauch, Cara	17	Lane Leader-CE	26.62
2 Morris, Grace	16	Lane Leader-CE	26.73
3 Hearne, Trinity S	21	Cybersmart-CP	26.91
4 Groepes, Rachel L	18	Tuks-TS	27.08
5 Meier, Marné	25	Curro Aquatics-CP	27.79
6 Fury, Rebecca G	17	Vineyard-CP	27.81
7 Ribeiro, Nuria A	22	Maties-CE	27.99
8 Cronjè, Danielle	16	Lane Leader-CE	28.73
9 De Jongh, Grace	18	Lane Leader-CE	29.00
10 Heyes, Danielle A	18	Aqua Sharks-CP	29.10
*11 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	29.28

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Finals ... (Event 502 Women 16 & Over 50 LC Meter Freestyle)

Name	Age	Team	Finals Time
*11 Webber, Isabella L	17	Vineyard-CP	29.28
13 Smit, Jenna	17	Curro Aquatics-CP	29.41
14 Hugo, Anika S	18	Quicksilver Wine-CE	29.56
15 Blend, Kirsten J	32	Curro Aquatics-CP	29.65
16 Vd Wal, Mieke	16	Curro Aquatics-CP	29.74

Event 502 Women 16 & Over 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Knoblauch, Cara	17	Lane Leader-CE	26.75
2 Hearne, Trinity S	21	Cybersmart-CP	27.13
3 Miari Fulcis, Alessandra	23	Blouberg Marlins-CP	27.48
4 Groepes, Rachel L	18	Tuks-TS	27.62
5 Morris, Grace	16	Lane Leader-CE	27.90
6 Christie, Leah E	19	TaperGo-WC	27.94
7 Meier, Marné	25	Curro Aquatics-CP	28.07
8 Fury, Rebecca G	17	Vineyard-CP	28.12
9 Ribeiro, Nuria A	22	Maties-CE	28.32
10 Cronjè, Danielle	16	Lane Leader-CE	28.45
11 Prinsloo, Mila	17	Aquasharks Winel-CE	28.53
12 Wessels, Christine	18	Tuks-TS	28.55
13 De Jongh, Grace	18	Lane Leader-CE	29.06
14 Bulose, Megan	20	Uwc-CP	29.11
15 Webber, Isabella L	17	Vineyard-CP	29.15
16 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	29.22
17 Heyes, Danielle A	18	Aqua Sharks-CP	29.25
18 Smit, Jenna	17	Curro Aquatics-CP	29.32
19 Hugo, Anika S	18	Quicksilver Wine-CE	29.49
20 Blend, Kirsten J	32	Curro Aquatics-CP	29.52
21 Vd Wal, Mieke	16	Curro Aquatics-CP	29.65
22 Theron, Jady	17	Players-CE	29.78
23 Ryser, Aurora	17	Tygers-CP	30.31
24 Ralfe, Cara L	19	Tuks-TS	30.41
25 Jurado, Stephanie C	16	SSISA-CP	30.97
26 Smidt, Clío J	17	Vineyard-CP	31.08
27 Fourie, Petro Marié	19	Lane Leader-CE	31.17
28 Lategan, Emma M	16	Curro Aquatics-CP	31.41
29 Glover, Erin K	16	Tygers-CP	31.62
30 Schreuder, Hannah G	16	Swimlab-CP	31.66
31 Jeftha, Zara L	16	Marlin-CP	31.72

Event 502 Women 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time
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Preliminaries

*1 Thiart, Annelie S15	13	TaperGo-WC	33.11
*1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	34.09

Event 503 Boys 11 & Under 50 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Poultney, Matthew	11	Curro Aquatics-CP	29.52
2 Mallin, Lukas	10	Swimlab-CP	29.73
3 Kleu, Wian M	11	Stellenbosch Aqu-CE	30.10
4 Grobler, Reynhardt	10	The Well-CE	31.07
5 Steyn, Harry	11	Curro Aquatics-CP	31.34

6 Van Onselen, Pierre S	11	Tygers-CP	31.73
7 Serfontein, John-Lourens	11	ROA-ED	32.20
8 Schoeman, Mateo J	11	Quicksilver Wine-CE	32.42

Event 503 Boys 11 & Under 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Mallin, Lukas	10	Swimlab-CP	30.18
2 Poultney, Matthew	11	Curro Aquatics-CP	30.71
3 Kleu, Wian M	11	Stellenbosch Aqu-CE	30.73
4 Van Onselen, Pierre S	11	Tygers-CP	31.54
5 Grobler, Reynhardt	10	The Well-CE	31.84
6 Serfontein, John-Lourens	11	ROA-ED	32.17
7 Schoeman, Mateo J	11	Quicksilver Wine-CE	32.35
8 Steyn, Harry	11	Curro Aquatics-CP	32.60
9 Daniels, Tylan H	11	Aqua Dolphin-CP	32.63
10 Bond, Ben L	10	ROA-ED	32.76
11 Kotze, Christian S	11	Stellenbosch Aqu-CE	33.00
12 Gerber, Luke M	11	Curro Aquatics-CP	33.11
13 Viljoen, Jagger F	11	Aqua Sharks-CP	33.14
14 Kuhn, Adrian-Brand	10	Curro Aquatics-CP	33.55
*15 Lange, Oliver	11	Vineyard-CP	33.70
*15 Sebastian, Alexander	11	Manta-CP	33.70
17 Wetzl, Alex J	11	Stellenbosch Aqu-CE	33.83
18 Titus, Brody	11	Paarl Aquarius-CE	34.19
19 Joyce, Guy	10	Curro Aquatics-CP	34.34
20 Poultney, Daniel	9	Curro Aquatics-CP	34.47
21 Van der Merwe, Logan	11	Tygers-CP	34.48
22 Spangenberg, Zach A	11	Xcel Swim Academ-CP	34.59
23 Skordis, Boyd A	10	Aqua Dolphin-CP	34.62
24 Heunis, Johan C	11	Barracudas-CP	35.10
25 Marais, Ewan E	11	Greydogs-CP	35.32
26 Stenekamp, Keanu	11	Aqua Sharks-CP	35.63
27 Lubbe, Mikael B	11	Aqua Sharks-CP	36.28

Event 503 Boys 12-13 50 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Boshoff, Keanu A	13	Knysna Aquatics-ED	27.08
2 Loots, Noah C	13	Aqua Sharks-CP	27.84
3 Wright, Jonah S	13	Tygers-CP	28.07
4 Matthee, Burger P	13	Agulhas-OB	28.31
5 Fletcher, Tyler D	13	Fish Eagle-ED	28.34
6 Balt, Christiaan O	13	Players-TS	28.36
7 Vorster, Caiden	13	TaperGo-WC	28.40
8 Tresfon, Robbie	13	Vineyard-CP	28.54

Event 503 Boys 12-13 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Boshoff, Keanu A	13	Knysna Aquatics-ED	27.23
2 Loots, Noah C	13	Aqua Sharks-CP	28.14
3 Wright, Jonah S	13	Tygers-CP	28.23
4 Fletcher, Tyler D	13	Fish Eagle-ED	28.44
5 Vorster, Caiden	13	TaperGo-WC	28.53
6 Balt, Christiaan O	13	Players-TS	28.63
7 Matthee, Burger P	13	Agulhas-OB	28.66

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 503 Boys 12-13 50 LC Meter Freestyle)

Name	Age	Team	Prelim Time
8 Tresfon, Robbie	13	Vineyard-CP	28.67
9 Van Zyl, Daniël R	13	Tygers-CP	28.94
10 Hough, Caleb	13	TaperGo-WC	28.95
11 Trower, Michael	13	Tygers-CP	29.06
12 Hahn, Kyle H	12	Fish Eagle-ED	29.18
13 Parr, Colbyn S	13	Knysna Aquatics-ED	29.27
14 Van Dyk, Stephaan	13	Blouberg Marlins-CP	29.28
15 Pedro, Maahier	13	Walmers-CP	29.36
16 Muller, Lukas D	13	Quick Silver-CP	29.42
17 Coleman, Travis	13	Blouberg Marlins-CP	29.56
18 Weber, Daniel	13	Players-CE	29.68
19 Benecke, Delmar	13	Vineyard-CP	29.73
20 Viljoen, Llewelyn	13	Fish Eagle-ED	29.84
21 Van Wyk, Jack R	13	Curro Aquatics-CP	29.93
22 Coates, Caleb	12	Fish Eagle-ED	30.00
*23 VerLoren Van Themaat, Hein	12	Lane Leader-CE	30.02
*23 Hodgskiss, Fin J	13	SSISA-CP	30.02
*23 Van Heerden, Christian	13	Aqua Athlete Cta-CP	30.02
26 Pautz, Benjamin R	12	Blouberg Marlins-CP	30.08
27 Barnard, Theo J	12	Swartland Aquati-WC	30.15
28 Lichthart, Nicus	13	Quick Silver-CP	30.19
29 Boshoff, Mickayle C	12	Knysna Aquatics-ED	30.27
30 Faulkner, Callum E	13	Blouberg Marlins-CP	30.30
*31 Chippendale, Xavier L	13	Manta-CP	30.31
*31 Smit, Reynard-Gray	13	Streamline-CP	30.31
33 Du Plessis, Paul	12	Tuks-TS	30.39
34 Wagener, Tiaan H	12	Aquasharks Winel-CE	30.45
35 Niemand, Leo	13	Cybersmart-CP	30.49
36 Francis, Ethan	13	Marlin-CP	30.54
37 Jooste, Ben D	12	Curro Hermanus-OB	30.75
38 Janse van Rensburg, Daniël P	13	Barracudas-CP	30.82
39 Pitout, Zachary J	13	Aqua Sharks-CP	30.87
40 Bright, Michael C	12	Curro Aquatics-CP	30.91
41 Du Randt, Zack S	13	Tygers-CP	30.94
42 Jacobs, Seth G	12	Manta-CP	31.15
43 Bosch, Ewan Y	12	Tygers-CP	31.17
44 Kruger, Zachary C	12	Swartland Aquati-WC	31.26
45 Gamiel dien, Idreess	13	Marlin-CP	31.40
46 Allott, Jaydon K	12	Aqua Athlete Cta-CP	31.45
47 Troskie, Jean	13	Quick Silver-CP	31.58
48 Heunis, Le Roux	12	Tygers-CP	31.62
49 De Jager, Eben	13	Quicksilver Wine-CE	31.64
50 Troskie, Roean	13	Quick Silver-CP	31.65
51 Stander, Christiaan L	12	Aquasharks Winel-CE	31.75
52 Froneman, Dylan R	13	Blouberg Marlins-CP	31.82
53 Lewis, Callum R	13	Curro Aquatics-CP	31.88
54 Barnard, Daniël B	12	Xcel Swim Academ-CP	32.01
55 February, Dillon S	12	Curro Aquatics-CP	32.32
56 Harvey, Waylon	13	Cybersmart-CP	32.63
57 Visagie, Dian	12	Swartland Aquati-WC	32.70
58 Fortune, Hakeem	13	Manta-CP	34.10
59 Shipton, Christopher J	12	Quick Silver-CP	34.45
60 Lewis, Amaru C	12	Paarl Aquarius-CE	34.63
61 Lamminga, Jack	13	TaperGo-WC	36.64
--- van Rensburg, Tristan	12	Curro Aquatics-CP	NS

Event 503 Men 14-15 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	24.42
2 Trower, Nic T	15	Tygers-CP	24.91
3 Haupt, Rhys A	15	Vineyard-CP	25.28
4 Pullock, Sam J	15	Curro Hermanus-OB	25.95
5 Kalapac, Joshua	15	Streamline-CP	26.03
6 De Kock, John P	15	Stellenbosch Aqu-CE	26.13
7 Van Schaik, Luc	14	Vineyard-CP	26.16
8 Williams, Jayden J	15	Paarl Aquarius-CE	26.27

Event 503 Men 14-15 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Kotze, Eric B	14	Stellenbosch Aqu-CE	24.47
2 Trower, Nic T	15	Tygers-CP	24.97
3 Pullock, Sam J	15	Curro Hermanus-OB	26.07
4 De Kock, John P	15	Stellenbosch Aqu-CE	26.15
5 Williams, Jayden J	15	Paarl Aquarius-CE	26.18
6 Kalapac, Joshua	15	Streamline-CP	26.19
7 Van Schaik, Luc	14	Vineyard-CP	26.22
8 Haupt, Rhys A	15	Vineyard-CP	26.28
9 Gilbert, Andrew A	15	Swimlab-CP	26.43
10 Schultz, Heinrich W	15	Lane Leader-CE	26.44
11 Gilmour, Connor A	14	Streamline-CP	26.45
*12 February, Gerard G	15	Curro Aquatics-CP	26.56
*12 Kotzè, Max M	15	Blouberg Marlins-CP	26.56
14 Cleophas, Kyle	15	Paarl Aquarius-CE	26.76
15 Wing, James L	14	Curro Aquatics-CP	26.79
16 Snyders, Kyle	14	TaperGo-WC	26.82
17 Williams, Logan	14	Vineyard-CP	26.86
18 Fernold, AJ	14	Fish Eagle-ED	27.05
19 Van der Merwe, Noah B	14	Swimlab-CP	27.08
20 Spencer, Charles A	15	Cybersmart-CP	27.16
21 De Bruyn, Cornè C	15	Aqua Sharks-CP	27.31
*22 Waters, Steven G	15	Lane Leader-CE	27.32
*22 Goussard, Henry	14	Curro Aquatics-CP	27.32
24 Stanfliet, Nicholas	14	Vineyard-CP	27.47
25 Smith, Sebastian N	15	Tygers-CP	27.48
26 Germishuys, Liam J	15	Quicksilver Wine-CE	27.52
27 Wagner, Noah J	14	Swimlab-CP	27.63
28 Abrahams, Rayhan	15	Walmers-CP	27.66
29 Rosslee, Christian F	15	Quicksilver Wine-CE	27.67
30 Pearson-Adams, Wolfe D	14	Swimlab-CP	27.73
31 Daniels, Joshua D	14	Streamline-CP	27.78
32 Das Neves, Lucas P	15	Tygers-CP	27.84
33 Beukes, Jaden L	15	Walmers-CP	27.88
*34 Liedeman, Mark	14	Swartland Aquati-WC	28.15
*34 Fourie, Juvan	15	Quicksilver Wine-CE	28.15
36 Grobler, Chris I	14	Curro Aquatics-CP	28.43
37 Hendricks, Tyson S	14	ROA-ED	28.46
38 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	28.48
39 Minnaar, Nicolas	14	Tygers-CP	28.54
40 Njoroge, Alphonse	15	Curro Aquatics-CP	28.63
41 Williams, Evan B	14	SSISA-CP	28.71

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 503 Men 14-15 50 LC Meter Freestyle)

Name	Age	Team	Prelim Time
*42 Vd Berg, Wilan	15	Quicksilver Wine-CE	28.77
*42 Nagendrakumar, Puneet	14	Streamline-CP	28.77
44 van Wyk, Tariq K	14	Curro Aquatics-CP	28.78
45 Afonso, Aragon G	14	Quick Silver-CP	28.89
46 Oosthuizen, Ethan	14	Players-CE	29.01
47 Kotzè, Arden C	14	Swartland Aquati-WC	29.31
48 Basson, Trishaun T	15	Marlin-CP	31.32

Event 503 Men 16 & Over 50 LC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Esterhuysen, Joshua N	17	Tygers-CP	23.46
2 Pool-Jones, Jonah B	22	Lane Leader-CE	23.75
3 Emslie, Joshua D	22	Maties-CE	23.85
4 Loots, Andre S	16	Lane Leader-CE	24.24
5 Clarke, Liam	17	Lane Leader-CE	24.36
6 Pretorius, Luuk E	16	Knysna Aquatics-ED	24.79
7 Bromfield, Michael V	23	Lane Leader-CE	24.91
8 West, Gabriel	20	Tygers-CP	24.95
9 Uys, Keegan	17	Lane Leader-CE	24.99
10 Pincente, Matthew	16	Swimlab-CP	25.41
11 Orchard, Thomas J	17	Swartland Aquati-WC	25.44
12 Heyes, Garrick T	16	Aqua Sharks-CP	25.46
13 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	25.83
14 Alexander, Ammaar	17	Marlin-CP	26.02
15 Beukes, Mateo A	19	Walmers-CP	26.42
16 Hendricks, Robert A	19	Vineyard-CP	27.68

Event 503 Men 16 & Over 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Esterhuysen, Joshua N	17	Tygers-CP	24.11
2 Pool-Jones, Jonah B	22	Lane Leader-CE	24.14
3 Emslie, Joshua D	22	Maties-CE	24.34
4 Clarke, Liam	17	Lane Leader-CE	24.44
5 Loots, Andre S	16	Lane Leader-CE	24.52
6 Pretorius, Luuk E	16	Knysna Aquatics-ED	24.81
7 Geysler, Jacques M	17	Lane Leader-CE	24.94
8 Bromfield, Michael V	23	Lane Leader-CE	25.15
9 Hendricks, Robert A	19	Vineyard-CP	25.26
10 Uys, Keegan	17	Lane Leader-CE	25.33
11 Eilers, De-Anzo C	18	KALA	25.47
12 Pincente, Matthew	16	Swimlab-CP	25.49
13 Heyes, Garrick T	16	Aqua Sharks-CP	25.50
14 West, Gabriel	20	Tygers-CP	25.57
15 Alexander, Ammaar	17	Marlin-CP	25.60
16 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	25.78
17 Bailey, Ethan J	21	Aqua Dolphin-CP	25.81
18 Beukes, Mateo A	19	Walmers-CP	25.85
*19 Foot, Aiden C	18	Swartland Aquati-WC	25.86
*19 Orchard, Thomas J	17	Swartland Aquati-WC	25.86
21 Theron, Luca D	16	Vineyard-CP	25.96
*22 Benecke, Alexander	16	SSISA-CP	26.10
*22 Van Wyk, Wesley R	18	Aqua Sharks-CP	26.10
24 Du Preez, Shaun	17	SSISA-CP	26.14

25 Wilson, Christian G	19	Streamline-CP	26.17
26 Linscott, Nathan J	20	Uwc-CP	26.24
27 Brand, Van Zyl	26	Curro Aquatics-CP	26.25
28 Omar, Ilyaa I	18	Marlin-CP	26.26
29 Walker, Yohan G	16	Vineyard-CP	26.38
30 Zellie, Thomas J	17	Swimlab-CP	26.40
31 Wollenschlaeger, Noah	16	Vineyard-CP	26.42
32 Abrahams, Matthew N	25	Aqua Sharks-CP	26.51
33 Van der Merwe, Josh E	16	Swimlab-CP	26.58
34 Lombard, Kyle M	16	Curro Aquatics-CP	26.59
*35 Strydom, Conrad M	16	Tygers-CP	26.60
*35 Witbooi, Reinhardt J	17	Stellenbosch Aqu-CE	26.60
37 Arnott, Carter J	16	Aqua Sharks-CP	26.61
38 Karsten, Jody	17	Blouberg Marlins-CP	26.62
*39 Hendricks, Joshua	17	Curro Aquatics-CP	26.63
*39 Pautz, Nathan M	16	Blouberg Marlins-CP	26.63
41 Viljoen, Jaden R	16	Aqua Sharks-CP	26.72
42 Myburgh, Ruan	16	Blouberg Marlins-CP	26.85
43 Forbes, Nicholas J	18	Lane Leader-CE	27.00
44 Louw, Guillaume	21	Curro Aquatics-CP	27.05
45 Kleinhans, Kyle	18	SSISA-CP	27.06
46 Pedro, Tamkeen	16	Walmers-CP	27.12
47 De Jager, Nathan B	16	Aqua Sharks-CP	27.26
48 Engelbrecht, Ruben J	17	Players-CE	27.40
*49 Gounden, Mikhael A	19	TaperGo-WC	28.05
*49 Burmeister, Marius	16	Quicksilver Wine-CE	28.05
51 Van der Watt, Alpheus J	16	Players-CE	28.10
52 Schreuder, Steffen	16	Aquasharks Winel-CE	28.19
53 Allott, Jack R	16	Aqua Athlete Cta-CP	28.57
54 Rohner, Jayden M	17	Blouberg Marlins-CP	28.60
55 Bowers, Joshua A	21	Manta-CP	28.61
56 Boonzaaier, Simon F	17	Aquasharks Winel-CE	28.97

Event 503 Men 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time
Preliminaries			
1 Terblanche, Tiaan S13	13	Fish Eagle-ED	34.20

Event 504 Girls 11 & Under 100 LC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Bishop, Caro	11	Vineyard-CP	1:17.28
2 Johnson, Ella J	11	Swimlab-CP	1:20.59
3 Parfitt, Cayden C	11	Curro Aquatics-CP	1:20.95
4 Wilensky, Mikayla	11	Aqua Sharks-CP	1:22.13
5 Douglas, Keyla	11	ROA-ED	1:22.62
6 Normington, Olivia	11	Xcel Swim Academ-CP	1:29.31
7 Sprong, Jaime M	11	Aqua Sharks-CP	1:32.39
8 Pitout, Addison P	10	Aqua Sharks-CP	1:35.49

Event 504 Girls 11 & Under 100 LC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Bishop, Caro	11	Vineyard-CP	1:24.60
2 Parfitt, Cayden C	11	Curro Aquatics-CP	1:25.17
3 Wilensky, Mikayla	11	Aqua Sharks-CP	1:25.73
4 Johnson, Ella J	11	Swimlab-CP	1:26.54
5 Douglas, Keyla	11	ROA-ED	1:27.08

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 504 Girls 11 & Under 100 LC Meter Butterfly)

Name	AgeTeam	Prelim Time
6 Sprong, Jaime M	11 Aqua Sharks-CP	1:31.79
7 Pitout, Addison P	10 Aqua Sharks-CP	1:35.04
8 Normington, Olivia	11 Xcel Swim Academ-CP	1:35.84

Event 504 Girls 12-13 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Bayly, Arabella	13 Vineyard-CP	1:07.97
2 Coetsee, Isabeau L	12 Fish Eagle-ED	1:08.77
3 Tsai-Rieb, Pei-Chi P	13 Cybersmart-CP	1:11.46
4 Lorenzen, Ava E	12 Blouberg Marlins-CP	1:11.51
5 Swanepoel, Lulu A	13 Aqua Sharks-CP	1:13.26
6 Williams, Aqeelah	12 Uwc-CP	1:13.94
7 Nilsson, Rebecca B	13 Tygers-CP	1:14.91
8 Jansen van Rensburg, Mia	12 Xcel Swim Academ-CP	1:16.98

Event 504 Girls 12-13 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Bayly, Arabella	13 Vineyard-CP	1:09.51
2 Coetsee, Isabeau L	12 Fish Eagle-ED	1:09.54
3 Lorenzen, Ava E	12 Blouberg Marlins-CP	1:12.72
4 Tsai-Rieb, Pei-Chi P	13 Cybersmart-CP	1:12.75
5 Swanepoel, Lulu A	13 Aqua Sharks-CP	1:13.46
6 Nilsson, Rebecca B	13 Tygers-CP	1:14.44
7 Williams, Aqeelah	12 Uwc-CP	1:14.92
8 Jansen van Rensburg, Mia	12 Xcel Swim Academ-CP	1:17.36

9 Joyce, Jenna	12 Curro Aquatics-CP	1:18.21
10 Faul, Ellen J	13 Quicksilver Wine-CE	1:18.38

11 Horn, Anna	12 Xcel Swim Academ-CP	1:19.94
12 Dimatellis, Zoi	12 Fish Eagle-ED	1:20.23
13 Jantjies, Zara	12 Manta-CP	1:20.93
14 Jordaan, Mikayla E	12 Curro Aquatics-CP	1:20.95
15 Hawley, Nicola	13 Players-CE	1:22.16
16 Esterhuysen, Alice	13 Stars-CK	1:22.26
17 Lockitch, Zara	12 Cybersmart-CP	1:23.20
18 Stilwaney, Mia C	12 Paarl Aquarius-CE	1:23.38
19 Roff, Mikaela	12 ROA-ED	1:25.05
20 Chibharo, Lethabo L	12 Tygers-CP	1:25.12
21 Madeley, Amy O	12 Anac SC-CP	1:25.15
22 Abrahams, Amaani	13 Marlin-CP	1:25.46
23 Nienaber, Mila J	13 Quicksilver Wine-CE	1:26.84
24 Longueira, Ava L	12 Aqua Sharks-CP	1:28.55
25 Halford, Harper C	12 Manta-CP	1:37.36

Event 504 Women 14-15 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Kotze, Abigail	15 Tygers-CP	1:02.38
2 Gerber, Simonè M	14 Curro Aquatics-CP	1:07.77
3 Wium, Mari	15 Quicksilver Wine-CE	1:07.96
4 Huang, Shi Han A	15 Blouberg Marlins-CP	1:09.93
5 Trout, Sophia L	15 Vineyard-CP	1:11.10
6 Visser, Cara	14 Cybersmart-CP	1:11.43
7 Magotsi, Riziki A	14 Vineyard-CP	1:11.92

8 Liebenberg, Emily M	15 Aquasharks Winel-CE	1:13.47
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Event 504 Women 14-15 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Kotze, Abigail	15 Tygers-CP	1:05.06
2 Gerber, Simonè M	14 Curro Aquatics-CP	1:08.40
3 Wium, Mari	15 Quicksilver Wine-CE	1:09.67
4 Huang, Shi Han A	15 Blouberg Marlins-CP	1:10.21
5 Magotsi, Riziki A	14 Vineyard-CP	1:10.82
6 Liebenberg, Emily M	15 Aquasharks Winel-CE	1:11.47
7 Trout, Sophia L	15 Vineyard-CP	1:11.62
8 Visser, Cara	14 Cybersmart-CP	1:11.92

9 Rossouw, Cara	15 Tygers-CP	1:11.99
10 Hayes, Kerrigan L	15 Curro Aquatics-CP	1:13.18

11 Grütter, Arabelle	14 ROA-ED	1:13.32
12 Jantzen, Zianè	15 Quick Silver-CP	1:15.15
13 Hahn, Kayleigh K	15 Fish Eagle-ED	1:16.02
14 Evans, Caitlin N	14 Tygers-CP	1:16.37
15 Zeelie, Shanna-Leigh	15 Blouberg Marlins-CP	1:17.75
--- Putter, Demi	14 Curro Aquatics-CP	NS
--- Combrink, Amy	15 Vineyard-CP	NS

Event 504 Women 16 & Over 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Hearne, Trinity S	21 Cybersmart-CP	1:01.64
2 Knoblauch, Cara	17 Lane Leader-CE	1:02.75
3 Wessels, Christine	18 Tuks-TS	1:04.78
4 Burgess, Cassidy S	16 Vineyard-CP	1:04.88
5 Fury, Rebecca G	17 Vineyard-CP	1:06.02
6 Prinsloo, Mila	17 Aquasharks Winel-CE	1:06.32
7 Du Plessis, Chanel P	17 Cybersmart-CP	1:06.48
8 Steenkamp, Veneske	16 Fish Eagle-ED	1:07.28
9 Webber, Isabella L	17 Vineyard-CP	1:07.61
10 Meier, Marné	25 Curro Aquatics-CP	1:08.25
11 Blend, Kirsten J	32 Curro Aquatics-CP	1:11.04
12 Jurado, Stephanie C	16 SSISA-CP	1:12.47
13 Vd Wal, Mieke	16 Curro Aquatics-CP	1:12.53

Event 504 Women 16 & Over 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Hearne, Trinity S	21 Cybersmart-CP	1:03.00
2 Knoblauch, Cara	17 Lane Leader-CE	1:03.64
3 Miari Fulcis, Alessandra	23 Blouberg Marlins-CP	1:04.28
4 Burgess, Cassidy S	16 Vineyard-CP	1:05.28
5 Prinsloo, Mila	17 Aquasharks Winel-CE	1:05.74
6 Fury, Rebecca G	17 Vineyard-CP	1:06.41
7 Wessels, Christine	18 Tuks-TS	1:06.78
8 Webber, Isabella L	17 Vineyard-CP	1:07.21

9 Du Plessis, Chanel P	17 Cybersmart-CP	1:07.52
10 Jurado, Stephanie C	16 SSISA-CP	1:07.84

11 Steenkamp, Veneske	16 Fish Eagle-ED	1:08.92
12 Meier, Marné	25 Curro Aquatics-CP	1:09.52
13 Blend, Kirsten J	32 Curro Aquatics-CP	1:11.18
14 Vd Wal, Mieke	16 Curro Aquatics-CP	1:12.02

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 504 Women 16 & Over 100 LC Meter Butterfly]

Name	AgeTeam	Prelim Time
15 Smidt, Clio J	17 Vineyard-CP	1:12.70

Event 504 Women 100 LC Meter Butterfly Multi-Class

Name	AgeTeam	Prelim Time
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Preliminaries

1 Janse Van Rensburg, Minke S1	20 Fish Eagle-ED	1:43.17
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Event 505 Boys 11 & Under 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Titus, Brody	11 Paarl Aquarius-CE	1:17.90
2 Schabort, Lowen	11 Quicksilver Wine-CE	1:18.58
3 Mallin, Lukas	10 Swimlab-CP	1:20.70
4 Spangenberg, Zach A	11 Xcel Swim Academ-CP	1:27.54
5 Van der Merwe, Logan	11 Tygers-CP	1:28.64
--- Marais, Ewan E	11 Greydogs-CP	NS

Event 505 Boys 11 & Under 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Titus, Brody	11 Paarl Aquarius-CE	1:18.68
2 Schabort, Lowen	11 Quicksilver Wine-CE	1:19.32
3 Mallin, Lukas	10 Swimlab-CP	1:21.77
4 Van der Merwe, Logan	11 Tygers-CP	1:26.51
5 Daniels, Tylan H	11 Aqua Dolphin-CP	1:30.16
6 Spangenberg, Zach A	11 Xcel Swim Academ-CP	1:32.36
7 Marais, Ewan E	11 Greydogs-CP	1:32.59
8 Heunis, Johan C	11 Barracudas-CP	1:39.29

Event 505 Boys 12-13 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Boshoff, Keanu A	13 Knysna Aquatics-ED	1:06.02
2 Loots, Noah C	13 Aqua Sharks-CP	1:06.88
3 Breebaart, Joshua	12 Curro Aquatics-CP	1:09.17
4 Oaten, Rourke	13 Silver Fins-CP	1:10.05
5 Swart, Nico N	13 Aqua Sharks-CP	1:11.07
6 Balt, Christiaan O	13 Players-TS	1:11.10
7 Mccollum, Aiden I	12 Aqua Dolphin-CP	1:12.99
8 Bosch, Ewan Y	12 Tygers-CP	1:13.34

Event 505 Boys 12-13 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Loots, Noah C	13 Aqua Sharks-CP	1:08.33
2 Boshoff, Keanu A	13 Knysna Aquatics-ED	1:08.72
3 Breebaart, Joshua	12 Curro Aquatics-CP	1:10.30
4 Oaten, Rourke	13 Silver Fins-CP	1:10.41
5 Swart, Nico N	13 Aqua Sharks-CP	1:10.85
6 Balt, Christiaan O	13 Players-TS	1:11.85
7 Bosch, Ewan Y	12 Tygers-CP	1:12.60
8 Mccollum, Aiden I	12 Aqua Dolphin-CP	1:12.90
9 Boshoff, Mickayle C	12 Knysna Aquatics-ED	1:13.14
10 Bright, Michael C	12 Curro Aquatics-CP	1:13.35
11 Van Zyl, Daniël R	13 Tygers-CP	1:13.43
12 Weber, Daniel	13 Players-CE	1:13.64

13 Barnard, Daniël B	12 Xcel Swim Academ-CP	1:13.77
14 Spencer, Marcus W	13 Cybersmart-CP	1:13.79
15 Barnard, Theo J	12 Swartland Aquati-WC	1:14.30
16 Jooste, Ben D	12 Curro Hermanus-OB	1:15.54
17 Francis, Ethan	13 Marlin-CP	1:16.38
18 Wagener, Tiaan H	12 Aquasharks Winel-CE	1:16.76
19 Visser, Wessel M	13 Uwc-CP	1:17.66
20 Coates, Caleb	12 Fish Eagle-ED	1:17.73
21 Niemand, Leo	13 Cybersmart-CP	1:18.29
22 Janse van Rensburg, Daniël P	13 Barracudas-CP	1:19.65
23 De Jager, Eben	13 Quicksilver Wine-CE	1:20.38
24 Pedro, Maahier	13 Walmers-CP	1:20.76
25 Stander, Christiaan L	12 Aquasharks Winel-CE	1:21.35
26 Jacobs, Seth G	12 Manta-CP	1:24.19
27 Chippendale, Xavier L	13 Manta-CP	1:30.64
--- Van Dyk, Stephaan	13 Blouberg Marlins-CP	DQ
Swimmer did not finish		

Event 505 Men 14-15 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Kotze, Eric B	14 Stellenbosch Aqu-CE	56.85
2 Dos-Santos, Andrei	15 Cybersmart-CP	1:00.15
3 Schultz, Heinrich W	15 Lane Leader-CE	1:01.50
4 Williams, Logan	14 Vineyard-CP	1:02.01
5 Das Neves, Lucas P	15 Tygers-CP	1:02.89
6 Germishuys, Liam J	15 Quicksilver Wine-CE	1:03.00
7 Bouwer, Jason	14 Tygers-CP	1:03.63
8 Kalapac, Joshua	15 Streamline-CP	1:04.88

Event 505 Men 14-15 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Kotze, Eric B	14 Stellenbosch Aqu-CE	58.69
2 Dos-Santos, Andrei	15 Cybersmart-CP	1:01.11
3 Schultz, Heinrich W	15 Lane Leader-CE	1:01.61
4 Williams, Logan	14 Vineyard-CP	1:02.10
5 Das Neves, Lucas P	15 Tygers-CP	1:02.91
6 Bouwer, Jason	14 Tygers-CP	1:03.65
7 Germishuys, Liam J	15 Quicksilver Wine-CE	1:04.49
8 Kalapac, Joshua	15 Streamline-CP	1:04.53
9 Haupt, Rhys A	15 Vineyard-CP	1:04.58
10 Fernold, AJ	14 Fish Eagle-ED	1:04.60
11 Van Schaik, Luc	14 Vineyard-CP	1:04.72
12 Waters, Steven G	15 Lane Leader-CE	1:04.87
13 Basson, Lucca N	15 Silver Fins-CP	1:04.92
14 Pullock, Sam J	15 Curro Hermanus-OB	1:05.40
15 Gilbert, Andrew A	15 Swimlab-CP	1:05.89
16 Goussard, Henry	14 Curro Aquatics-CP	1:05.91
17 Rosslee, Christian F	15 Quicksilver Wine-CE	1:06.41
18 Beukes, Jaden L	15 Walmers-CP	1:07.26
19 Kotzè, Arden C	14 Swartland Aquati-WC	1:07.34
20 February, Gerard G	15 Curro Aquatics-CP	1:07.56
21 Stanfliet, Nicholas	14 Vineyard-CP	1:07.83
22 Cleophas, Kyle	15 Paarl Aquarius-CE	1:08.65
23 Pieterse, Marcelle J	14 Xcel Swim Academ-CP	1:08.76
24 Kotzè, Max M	15 Blouberg Marlins-CP	1:09.04

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Preliminaries ... (Event 505 Men 14-15 100 LC Meter Butterfly)

Name	Age	Team	Prelim Time
25 Roman, Noah P	14	Aqua Dolphin-CP	1:09.13
26 Burger, Rosseau	15	Lane Leader-CE	1:09.52
27 Afonso, Aragon G	14	Quick Silver-CP	1:10.51
28 Hendricks, Tyson S	14	ROA-ED	1:10.56
29 van Wyk, Tariq K	14	Curro Aquatics-CP	1:11.17
30 Langeveldt, Christiano C	14	Aqua Dolphin-CP	1:19.74
--- Williams, Jayden J	15	Paarl Aquarius-CE	DQ
False start			
--- Bestel, Luc M	15	Vineyard-CP	NS

Event 505 Men 16 & Over 100 LC Meter Butterfly

Name	Age	Team	Finals Time
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Finals

1 Eaton, Jarden D	19	CRSC-JH	53.48
2 Pearson, Tai Lee L	17	Tuks-TS	54.24
3 Esterhuysen, Joshua N	17	Tygers-CP	56.29
4 Hendricks, Robert A	19	Vineyard-CP	56.96
5 West, Gabriel	20	Tygers-CP	58.02
6 Strydom, Conrad M	16	Tygers-CP	58.64
7 Louw, Adriaan B	18	Tuks-TS	58.71
8 Geysler, Jacques M	17	Lane Leader-CE	58.89
9 Coetzer, Milan J	17	Cybersmart-CP	1:00.58
10 McWilliam, Benn D	18	Tygers-CP	1:00.60
11 Mia, Sirhaan	18	Marlin-CP	1:00.67
12 Foot, Aiden C	18	Swartland Aquati-WC	1:00.88
13 Southworth, Matthew W	16	Cybersmart-CP	1:01.31
14 Bester, Francois A	17	Quicksilver Wine-CE	1:01.56
15 Clarke, Liam	17	Lane Leader-CE	1:02.51
16 Pheeha, Junior J	18	ACAQ-CC	1:02.99

Event 505 Men 16 & Over 100 LC Meter Butterfly

Name	Age	Team	Prelim Time
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Preliminaries

1 Pearson, Tai Lee L	17	Tuks-TS	54.54
2 Eaton, Jarden D	19	CRSC-JH	54.86
3 Emslie, Joshua D	22	Maties-CE	56.47
4 Hendricks, Robert A	19	Vineyard-CP	57.83
5 West, Gabriel	20	Tygers-CP	57.99
6 Geysler, Jacques M	17	Lane Leader-CE	59.37
7 Esterhuysen, Joshua N	17	Tygers-CP	59.62
8 Strydom, Conrad M	16	Tygers-CP	59.77
9 Louw, Adriaan B	18	Tuks-TS	59.83
10 Bailey, Ethan J	21	Aqua Dolphin-CP	1:00.59
11 Swart, Niklis	19	Maties-CE	1:00.60
12 Coetzer, Milan J	17	Cybersmart-CP	1:01.31
13 McWilliam, Benn D	18	Tygers-CP	1:01.32
14 Mia, Sirhaan	18	Marlin-CP	1:01.56
15 Malherbe, Nicholas N	18	Lane Leader-CE	1:01.60
16 Clarke, Liam	17	Lane Leader-CE	1:01.78
17 Bester, Francois A	17	Quicksilver Wine-CE	1:01.84
18 Southworth, Matthew W	16	Cybersmart-CP	1:01.95
19 Pheeha, Junior J	18	ACAQ-CC	1:02.02
20 Foot, Aiden C	18	Swartland Aquati-WC	1:02.22
21 Beukes, Mateo A	19	Walmers-CP	1:02.36
22 Van Helden, Ethan C	16	Aqua Sharks-CP	1:02.41

23 Moolman, Carter S	16	Manta-CP	1:02.92
24 Krenin, Damon R	17	Curro Aquatics-CP	1:02.94
25 Pedro, Tamkeen	16	Walmers-CP	1:03.68
26 Alexander, Ammaar	17	Marlin-CP	1:03.73
27 Loots, Andre S	16	Lane Leader-CE	1:03.80
28 Van Wyk, Wesley R	18	Aqua Sharks-CP	1:03.86
29 Theron, Luca D	16	Vineyard-CP	1:03.90
30 Louw, Guillaume	21	Curro Aquatics-CP	1:04.04
31 Terblanche, Luan L	16	Tygers-CP	1:04.78
32 Jani, Tawanda	17	Cybersmart-CP	1:05.06
33 Karsten, Jody	17	Blouberg Marlins-CP	1:05.21
34 Solomon, Ethan	16	Aqua Dolphin-CP	1:05.33
35 Terblanche, Kiaan C	19	Lane Leader-CE	1:05.53
36 McPetrie, James L	17	Manta-CP	1:05.64
37 Heyes, Garrick T	16	Aqua Sharks-CP	1:05.78
38 Benecke, Alexander	16	SSISA-CP	1:05.90
39 Gilbert, Thomas O	16	Swimlab-CP	1:06.06
40 Arnott, Carter J	16	Aqua Sharks-CP	1:06.18
41 Schreuder, Steffen	16	Aquasharks Winel-CE	1:06.48
42 Abrahams, Matthew N	25	Aqua Sharks-CP	1:06.76
43 Breet, Dawie-Louw L	17	Players-CE	1:06.80
44 Hendricks, Joshua	17	Curro Aquatics-CP	1:07.06
45 Van Der Merwe, Ula W	17	Knysna Aquatics-ED	1:07.09
46 Pautz, Nathan M	16	Blouberg Marlins-CP	1:07.46
47 Allott, Jack R	16	Aqua Athlete Cta-CP	1:08.90
48 Kleinhans, Kyle	18	SSISA-CP	1:09.51
49 Zellie, Thomas J	17	Swimlab-CP	1:10.24
50 Games, Zubair	18	Manta-CP	1:12.11
51 Lombard, Kyle M	16	Curro Aquatics-CP	1:13.63

Event 506 Girls 13 & Under 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time
1 Swanepoel, Lulu A	13	Aqua Sharks-CP	19:17.61
1:11.84	2:28.65	3:45.47	5:03.34
6:20.36	7:38.04	8:56.56	10:15.16
11:33.26	12:53.70	14:11.80	15:28.87
16:46.77	18:03.41	19:17.61	
2 Tsai-Rieb, Pei-Chi P	13	Cybersmart-CP	19:26.14
1:11.11	2:29.25	3:47.70	5:05.89
6:23.13	7:41.09	8:59.29	10:16.90
11:36.38	12:55.68	14:14.77	15:33.34
16:52.82	18:11.33	19:26.14	
3 Olivier, Julie M	12	Tygers-CP	19:58.67
1:14.04	2:35.45	3:57.70	5:19.56
6:40.30	8:01.45	9:23.08	10:42.53
12:02.09	13:22.86	14:43.64	16:04.26
17:24.55	18:43.97	19:58.67	
4 Williams, Aqeelah	12	Uwc-CP	20:18.69
1:14.30	2:35.18	3:57.65	5:20.42
6:43.01	8:03.97	9:26.09	10:47.30
12:11.12	13:32.84	14:56.34	16:18.39
17:41.70	19:02.39	20:18.69	
5 Sonnekus, Anya	13	Tygers-CP	20:40.11
1:15.75	2:38.46	4:01.77	5:25.81
6:49.79	8:14.17	9:38.50	11:02.10
12:26.17	13:49.86	15:14.25	16:37.96
17:59.88	19:21.68	20:40.11	

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 506 Girls 13 & Under 1500 LC Meter Freestyle Fast Heat in Final

Name	Age	Team	Finals Time
6 Els, Jamie	12	Aqua Dolphin-CP	21:03.77
1:16.80	2:39.40	4:02.07	5:26.19
6:49.37	8:13.19	9:38.66	11:03.86
12:29.60	13:56.27	15:22.02	16:48.43
18:15.41	19:40.75	21:03.77	
7 Madeley, Amy O	12	Anac SC-CP	21:15.45
1:17.93	2:42.41	4:07.73	5:33.75
7:00.81	8:26.49	9:53.06	11:19.31
12:45.51	14:11.74	15:38.54	17:04.01
18:29.70	19:54.27	21:15.45	

Event 506 Women 14-15 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time
1 Evans, Caitlin N	14	Tygers-CP	18:17.08
1:05.07	2:15.52	3:26.40	4:39.59
5:54.83	7:10.27	8:25.69	9:40.71
10:55.51	12:10.32	13:24.51	14:38.63
15:53.21	17:06.45	18:17.08	
2 Grobler, Zané	14	Fish Eagle-ED	19:20.64
1:11.68	2:29.49	3:48.32	5:07.60
6:26.43	7:44.79	9:02.77	10:20.13
11:38.27	12:55.88	14:13.49	15:31.17
16:48.96	18:06.43	19:20.64	
3 Raimond, Marike M	15	Tygers-CP	19:31.91
1:09.85	2:25.33	3:42.32	5:00.81
6:19.40	7:38.24	8:57.78	10:17.43
11:37.19	12:57.39	14:16.87	15:36.08
16:55.56	18:15.30	19:31.91	
4 Noble, Reese O	14	Swimlab-CP	19:39.33
1:10.84	2:27.39	3:44.42	5:03.45
6:23.67	7:42.62	9:01.69	10:21.63
11:43.56	13:03.84	14:23.73	15:44.07
17:04.39	18:23.87	19:39.33	
5 Louw, Anieka	14	Curro Aquatics-CP	19:40.60
1:10.61	2:26.54	3:44.27	5:02.87
6:22.05	7:41.84	9:01.35	10:21.35
11:41.09	13:01.18	14:22.23	15:42.79
17:03.65	18:23.34	19:40.60	
6 Hartung, Amy M	15	Aqua Sharks-CP	20:05.72
1:12.96	2:31.39	3:50.18	5:10.18
6:29.33	7:50.77	9:11.05	10:31.32
11:53.24	13:15.62	14:37.75	16:00.72
17:22.83	18:45.00	20:05.72	
7 Laubscher, Mikalla I	14	Aqua Sharks-CP	20:11.47
1:14.98	2:36.82	3:59.45	5:21.17
6:43.26	8:05.37	9:26.73	10:48.15
12:09.85	13:31.49	14:52.80	16:14.35
17:35.28	18:54.91	20:11.47	
8 Thirsk, Madison	14	Tygers-CP	20:45.75
1:14.67	2:37.38	4:00.99	5:23.81
6:47.53	8:10.62	9:35.34	11:00.30
12:25.30	13:50.07	15:15.49	16:39.61
18:03.61	19:25.78	20:45.75	

Event 506 Women 16 & Over 1500 LC Meter Freestyle Fast Heat in Final

Name	Age	Team	Finals Time
1 Neilson, Hannah K	19	Uwc-CP	17:33.51
1:05.11	2:15.23	3:25.83	4:36.44
5:47.70	6:58.84	8:09.95	9:20.54
10:30.84	11:41.30	12:51.75	14:02.34
15:13.05	16:23.59	17:33.51	
2 De Roubaix, Maric M	17	Lane Leader-CE	19:25.93
1:11.46	2:29.38	3:48.14	5:06.45
6:25.52	7:44.26	9:03.22	10:21.67
11:40.95	12:59.01	14:17.52	15:36.29
16:55.07	18:12.58	19:25.93	
3 Kotzè, Tamsyn G	17	Blouberg Marlins-CP	19:34.04
1:09.35	2:25.04	3:42.65	5:00.73
6:19.45	7:38.43	8:57.02	10:15.63
11:35.73	12:55.86	14:16.33	15:36.94
16:56.57	18:16.41	19:34.04	
4 Glover, Erin K	16	Tygers-CP	19:45.49
1:11.31	2:28.12	3:46.64	5:05.72
6:24.86	7:45.11	9:05.36	10:25.62
11:46.15	13:07.18	14:28.04	15:48.96
17:08.57	18:27.95	19:45.49	
5 Olivier, Shani	17	Paarl Aquarius-CE	20:43.95
1:17.61	4:02.50	5:26.42	6:51.15
8:16.10	18:49.47	19:25.84	20:43.95

Event 507 Boys 13 & Under 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time
1 Breebaart, Joshua	12	Curro Aquatics-CP	9:47.26
1:08.34	2:23.39	3:38.13	4:52.18
6:06.79	7:21.37	8:34.97	9:47.26
2 Van Zyl, Daniël R	13	Tygers-CP	9:47.46
1:08.80	2:23.33	3:38.63	4:53.81
6:08.88	7:23.54	8:37.24	9:47.46
3 Oaten, Rourke	13	Silver Fins-CP	10:01.33
1:12.93	2:28.79	3:45.88	5:02.63
6:19.35	7:36.74	8:50.94	10:01.33
4 Loots, Noah C	13	Aqua Sharks-CP	10:01.50
1:10.32	2:26.46	3:42.84	4:59.45
6:16.03	7:32.03	8:48.48	10:01.50
5 Smit, Reynard-Gray	13	Streamline-CP	10:04.54
1:10.36	2:26.69	3:43.59	5:00.67
6:16.99	7:33.59	8:50.25	10:04.54
6 Allott, Jaydon K	12	Aqua Athlete Cta-CP	10:04.94
1:10.41	2:26.59	3:43.55	5:00.87
6:18.19	7:35.37	8:52.51	10:04.94
7 Trower, Michael	13	Tygers-CP	10:06.59
1:11.70	2:28.71	3:46.18	5:02.84
6:20.80	7:37.75	8:54.51	10:06.59
8 Pautz, Benjamin R	12	Blouberg Marlins-CP	10:19.18
1:11.76	2:29.89	3:48.64	5:06.98
6:25.52	7:44.11	9:01.93	10:19.18
9 Mccollum, Aiden I	12	Aqua Dolphin-CP	10:22.41
1:11.54	2:28.96	3:47.48	5:06.01
6:25.02	7:44.27	9:03.18	10:22.41

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

(Event 507 Boys 13 & Under 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
10 Viljoen, Llewelyn	13	Fish Eagle-ED	10:22.90	
			1:12.31	2:31.14
			3:50.71	5:09.95
			6:29.84	7:48.75
			9:07.19	10:22.90
11 Coleman, Travis	13	Blouberg Marlins-CP	10:24.48	
			1:14.81	2:35.25
			3:55.95	5:16.34
			6:35.87	7:54.28
			9:11.70	10:24.48
12 Hough, Caleb	13	TaperGo-WC	10:28.59	
			1:11.82	2:29.92
			3:49.13	5:11.05
			6:33.96	7:52.67
			9:12.75	10:28.59
13 Schaefer, Daniel C	12	Players-CE	10:28.79	
			1:13.50	2:32.91
			3:54.13	5:15.46
			6:35.60	7:53.96
			9:12.76	10:28.79
14 Bright, Michael C	12	Curro Aquatics-CP	10:41.18	
			1:14.76	2:35.70
			3:56.61	5:18.31
			6:40.39	8:02.17
			10:41.18	
15 February, Dillon S	12	Curro Aquatics-CP	10:53.74	
			1:16.19	2:39.02
			4:01.68	5:24.40
			6:47.50	8:11.08
			9:33.60	10:53.74
16 Froneman, Dylan R	13	Blouberg Marlins-CP	10:55.71	
			1:19.07	2:42.69
			4:06.13	5:28.64
			6:51.42	8:14.92
			9:36.84	10:55.71
17 VerLoren Van Themaat, Hein	12	Lane Leader-CE	11:00.45	
			1:19.38	2:44.63
			4:10.39	5:35.41
			7:00.66	8:25.02
			9:45.90	11:00.45
18 Gamielidien, Idreess	13	Marlin-CP	11:16.79	
			1:19.36	2:44.72
			4:11.10	5:36.58
			7:02.25	8:27.71
			9:52.55	11:16.79
--- Hodgskiss, Fin J	13	SSISA-CP	NS	
--- van Rensburg, Tristan	12	Curro Aquatics-CP	NS	

Event 507 Men 14-15 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
1 Yeowart, Seth W	14	Curro Aquatics-CP	9:26.62	
			1:06.30	2:17.00
			3:28.96	4:41.10
			5:53.34	7:05.60
			8:17.76	9:26.62
2 Dos-Santos, Andrei	15	Cybersmart-CP	9:38.59	
			1:07.54	2:19.31
			3:32.72	4:46.40
			6:00.02	7:14.33
			8:26.73	9:38.59
3 Snyders, Kyle	14	TaperGo-WC	9:39.43	
			1:05.70	2:19.29
			3:33.23	4:47.05
			6:00.69	7:16.77
			8:29.54	9:39.43
4 Yeowart, Luke D	14	Curro Aquatics-CP	9:40.33	
			1:09.88	2:23.87
			3:38.24	4:52.73
			6:06.97	7:21.17
			8:32.38	9:40.33
5 February, Gerard G	15	Curro Aquatics-CP	9:41.76	
			1:06.91	2:20.46
			3:35.33	4:49.31
			6:03.55	7:17.65
			8:30.81	9:41.76
6 Roman, Noah P	14	Aqua Dolphin-CP	9:48.26	
			1:11.64	2:27.16
			3:43.49	4:58.19
			6:13.03	7:27.18
			8:39.18	9:48.26
7 Southey, Jamie	15	Aqua Dolphin-CP	9:50.43	
			1:11.05	2:26.08
			3:41.95	4:57.77
			6:12.46	7:28.22
			8:40.64	9:50.43
8 Fernold, AJ	14	Fish Eagle-ED	10:05.70	
			1:09.81	2:24.46
			3:40.79	4:57.55
			6:14.88	7:32.25
			8:49.14	10:05.70

9 Pieterse, Marcelle J	14	Xcel Swim Academ-CP	10:06.85	
			1:13.09	2:29.47
			3:47.51	5:05.38
			6:23.01	7:39.44
			8:54.96	10:06.85
10 Rheeder, Liam M	14	Paarl Aquarius-CE	10:23.25	
			1:11.25	2:28.20
			3:46.54	5:05.69
			6:27.05	7:47.35
			9:06.57	10:23.25
11 Nagendrakumar, Puneet	14	Streamline-CP	10:45.56	
			1:15.15	2:36.44
			3:58.56	5:21.09
			6:43.55	8:05.35
			9:26.82	10:45.56
12 Grobler, Chris I	14	Curro Aquatics-CP	10:52.30	
			1:18.89	2:43.16
			4:05.49	5:27.69
			6:50.10	8:12.62
			9:34.66	10:52.30

Event 507 Men 16 & Over 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Finals Time	
1 Bailey, Ethan J	21	Aqua Dolphin-CP	8:39.24	
			1:02.10	2:07.72
			3:14.07	4:20.17
			5:25.33	6:30.77
			7:36.18	8:39.24
2 Wolson, Daniel A	17	Swimlab-CP	8:44.48	
			1:02.59	2:08.19
			3:14.45	4:20.73
			5:27.16	6:33.85
			7:40.14	8:44.48
3 McWilliam, Benn D	18	Tygers-CP	8:48.72	
			1:02.01	2:07.20
			3:14.41	4:21.56
			5:28.63	6:35.70
			7:43.05	8:48.72
4 Wright, Keegan	18	Tygers-CP	8:48.77	
			1:01.56	2:06.82
			3:13.25	4:20.23
			5:27.26	6:34.98
			7:42.28	8:48.77
5 Levey, Chad	18	Lane Leader-CE	8:50.73	
			1:02.33	2:07.70
			3:13.50	4:19.92
			5:26.82	6:35.19
			7:43.59	8:50.73
6 Forbes, Thomas P	20	Lane Leader-CE	8:56.63	
			1:03.46	2:10.49
			3:18.54	4:26.86
			5:35.32	6:44.22
			7:51.90	8:56.63
7 Bannister, Joshua G	16	Tygers-CP	8:59.80	
			1:03.89	2:12.78
			3:22.16	4:30.66
			5:39.23	6:47.81
			7:54.83	8:59.80
8 Terblanche, Luan L	16	Tygers-CP	9:12.26	
			1:03.79	2:13.20
			3:23.16	4:33.41
			5:43.67	6:54.19
			8:03.83	9:12.26
9 Van Wyk, Wayne E	16	Aqua Sharks-CP	9:19.41	
			1:05.36	2:16.50
			3:29.24	4:39.33
			5:51.10	7:00.58
			8:11.16	9:19.41
10 Solomon, Ethan	16	Aqua Dolphin-CP	9:25.00	
			1:05.56	2:15.51
			3:26.27	4:37.49
			5:48.60	7:01.23
			8:14.01	9:25.00
11 Boonzaaier, Simon F	17	Aquasharks Winel-CE	9:42.72	
			1:07.86	2:20.50
			3:34.58	4:48.74
			6:02.79	7:17.75
			8:31.37	9:42.72

Event 600 Girls 12-13 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
5 Thiart, Annelie S15	13	TaperGo-WC	32.27

Event 600 Women 14-15 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
4 Du Toit, Naseerah S8	15	Uwc-CP	43.98

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 600 Women 16 & Over 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 Bester, Alyssa G S8	17	Quicksilver Wine-CE	36.04
2 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	34.03

Event 600 Boys 12-13 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
3 Terblanche, Tiaan S13	13	Fish Eagle-ED	32.56
5 Pardoe, James N S15	13	SSISA-CP	31.84

Event 601 Girls 12-13 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Els, Lika S10	12	Quicksilver Wine-CE	49.32

Event 601 Women 14-15 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	45.30
	31.69	45.30	

Event 601 Women 16 & Over 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	46.91

Event 601 Boys 12-13 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Pardoe, James N S15	13	SSISA-CP	36.63

Event 602 Girls 12-13 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Finals Time
1 Els, Lika SB9	12	Quicksilver Wine-CE	54.15

Event 602 Women 16 & Over 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Finals Time
*1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	51.34
*1 Bester, Alyssa G SB8	17	Quicksilver Wine-CE	52.48

Event 602 Boys 12-13 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Finals Time
*1 Terblanche, Tiaan SB13	13	Fish Eagle-ED	44.66
*1 Pardoe, James N SB15	13	SSISA-CP	45.69

Event 603 Women 14-15 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	48.49

Event 603 Women 16 & Over 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Finals Time
*1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	39.31
*1 Bester, Alyssa G S8	17	Quicksilver Wine-CE	41.48

Event 603 Boys 12-13 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Finals Time
1 Pardoe, James N S15	13	SSISA-CP	43.99

Event 604 Girls 12-13 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 Thiart, Annelie S15	13	TaperGo-WC	1:15.30
	35.62	1:15.30	

Event 604 Women 14-15 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	1:40.12
	46.62	1:40.12	

Event 604 Women 16 & Over 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	1:19.68
	37.06	1:19.68	

Event 604 Boys 12-13 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
*1 Pardoe, James N S15	13	SSISA-CP	1:11.01
	33.67	1:11.01	
*1 Terblanche, Tiaan S13	13	Fish Eagle-ED	1:20.64
	39.93	1:20.64	

Event 605 Girls 12-13 100 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
2 Els, Lika S10	12	Quicksilver Wine-CE	1:54.13

Event 605 Women 14-15 100 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	1:40.64
	49.75	1:40.64	

Event 605 Boys 12-13 100 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
3 Pardoe, James N S15	13	SSISA-CP	1:23.16
	41.22	1:23.16	

Event 606 Girls 12-13 100 LC Meter Breaststroke Multi-Class

Name	Age	Team	Finals Time
*1 Thiart, Annelie SB15	13	TaperGo-WC	1:36.13
	46.40	1:36.13	
*1 Els, Lika SB9	12	Quicksilver Wine-CE	1:56.53
	53.83	1:56.53	

Event 606 Boys 12-13 100 LC Meter Breaststroke Multi-Class

Name	Age	Team	Finals Time
*1 Terblanche, Tiaan SB13	13	Fish Eagle-ED	1:40.19
	46.91	1:40.19	
*1 Pardoe, James N SB15	13	SSISA-CP	1:41.11
	47.12	1:41.11	

Event 607 Women 14-15 100 LC Meter Butterfly Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	1:53.51

Event 608 Women 14-15 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	3:43.05
	47.60	1:47.74	2:46.96
			3:43.05

Event 608 Women 16 & Over 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 Janse Van Rensburg, Minke S1	20	Fish Eagle-ED	2:54.46
	36.89	1:21.58	2:10.73
			2:54.46

Western Cape LC-A Championship 2024 - 05 Dec 2024 to 09 Dec 2024

Results

Event 608 Boys 12-13 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
*1 Pardoe, James N S15	13	SSISA-CP	2:37.37
36.35	1:16.97	1:57.60	2:37.37
*1 Terblanche, Tiaan S13	13	Fish Eagle-ED	3:03.01
42.12	1:29.79	2:19.18	3:03.01

Event 609 Women 14-15 200 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah S8	15	Uwc-CP	3:34.76
1:46.77	3:34.76		

Event 609 Boys 12-13 200 LC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 Pardoe, James N S15	13	SSISA-CP	2:53.15
1:25.89	2:53.15		

Event 612 Women 14-15 200 LC Meter IM Multi-Class

Name	Age	Team	Finals Time
1 Du Toit, Naseerah SM8	15	Uwc-CP	3:52.67
52.33	1:49.82	2:59.11	3:52.67

Event 612 Women 16 & Over 200 LC Meter IM Multi-Class

Name	Age	Team	Finals Time
1 Janse Van Rensburg, Minke SM	20	Fish Eagle-ED	3:29.72
40.28	1:39.97	2:45.13	3:29.72

Event 612 Boys 12-13 200 LC Meter IM Multi-Class

Name	Age	Team	Finals Time
*1 Pardoe, James N SM15	13	SSISA-CP	3:03.86
43.29	1:27.68	2:23.49	3:03.86
*1 Terblanche, Tiaan SM13	13	Fish Eagle-ED	3:23.69
46.56	1:42.64	2:38.62	3:23.69